

Discussion Guide

December 14, 2025

Who, Me? I'm Still at Peace

Hope Has A Name: Week 2

Pastor Daniel Groves

Main Idea

This weekend, we were reminded that peace is not something we manufacture, chase, or fake. Biblical peace is not a mood or a moment. It is a Person. Jesus is the Lord of peace, and when we remain connected to Him, peace becomes fruit rather than effort. In a season where life feels louder and heavier, God does not invite us to perform joy but to receive sustaining peace. Hope has a name, and peace flows from knowing Him.

Anchor Passage

"Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you." (2 Thessalonians 3:16 NIV)

1. Peace Is a Person, Not a Feeling

Peace does not originate in our circumstances, emotions, or ability to stay in control. If peace only shows up when life behaves, it is fragile and temporary. Jesus is called the Lord of peace because peace flows from relationship, not results. When we remain connected to Him, peace becomes the byproduct of abiding, not striving. Feelings rise and fall, but Christ remains steady. True peace is anchored in who Jesus is, not what life is doing.

Scripture: John 15:4, John 14:27

Discussion: When life feels calm, it is easy to believe we have peace. How can you tell the difference between real peace and simply having things under control? In what ways have you tied your sense of peace to circumstances rather than to Jesus? What does remaining in Christ look like practically in your daily rhythm right now?

2. Sustained Peace Is Available at All Times

God's peace is not limited to good seasons or answered prayers. Scripture promises peace at all times and in every way, which means peace is available even when joy feels complicated. Sustained peace is not the absence of storms but the presence of God within them. Trust keeps the mind steady, and steady trust keeps peace alive. Jesus does not promise a storm-free life, but He does promise authority within the storm.

Scripture: Isaiah 26:3, Mark 4:39

Discussion: Where do you find it hardest to experience peace right now? How does trusting God challenge your need to understand or control outcomes? Can you recall a season where peace showed up even though the situation did not improve right away?

3. M = It's MY House

Peace is not meant to stay private. When believers walk calmly through chaos, it points others to something greater than self-control or personality. Our peace may be the loudest sermon someone hears this season. In a world fueled by anxiety and reaction, a steady spirit stands out. When peace guards our hearts, it also opens doors for testimony. Without saying a word, our lives begin to point people toward Jesus.

Scripture: Philippians 4:7, 2 Thessalonians 3:16

Discussion: How do people typically see you respond under pressure? In what ways could your peace point others to Christ this season? Why do you think peace can be more powerful than words when it comes to sharing faith?

SUMMARY

Peace is not found in escape, distraction, or pretending everything is fine. It is found in surrender. Jesus offers a peace that lasts beyond seasons, emotions, and outcomes. As the lights fade and the holidays pass, hope remains because Jesus remains. Peace that sustains hope does not come from circumstances changing, but from Christ never leaving. Hope has a name, and His name is Jesus.

CALL TO ACTION

This week, choose to remain rather than react. Pay attention to what steals your peace and intentionally reconnect to Christ in those moments. Release the need to control outcomes and receive the peace Jesus freely gives. Let your calm, steady presence be a witness to those around you. Do not place your hope in a season. Place it in the Savior who walks with you through every season.

GROUP LEADER RESOURCE

Activity: "What Steals My Peace?"

Ask each participant to write down one thing that most often disrupts their peace during the holidays. This could be people, expectations, memories, finances, or pressure. Invite volunteers to share if comfortable. Close by praying specifically that each person would learn to remain in Christ when those triggers show up, rather than reacting to them.

Leader Tip:

Do not rush this moment. Peace is personal, and honesty creates space for healing. Let silence work if needed.