

BREAKFAST

available from 8.30 till 11.30am

Breads & Spreads

walnut & sour cherry , multigrain or white
sourdough toast with choice of breakfast
spreads (jam, honey, vegemite, peanut butter)
\$9

Bacon & Egg Roll (gfo,vo)

bacon, fried egg, melted cheese with choice
of aioli, chilli, bbq or tomato sauce
\$14

Gryphons Brekkie Roll

bacon, fried egg, cheese, chilli jam, red onion,
hash brown, baby spinach, aioli
\$18

Eggs Benedict (vo,gfo)

poached eggs on wilted baby spinach,
sourdough, hollandaise sauce with your choice
of bacon, ham, mushroom or salmon
\$26

The Avo (v,vgo,dfo,gfo)

smashed avocado topped with dukkah,
cherry tomatoes, feta, on multigrain
sourdough, with balsamic glaze & lemon
wedge (add poached eggs +4)
\$20

Eggs on Toast

eggs your way (poached, fried or scrambled) on
white or multigrain sourdough toast
\$14

BREAKFAST EXTRAS

mushrooms, roast tomato,
hash brown, egg or feta
+4

bacon, haloumi, avocado, smoked salmon,
chorizo or ham
+5

spinach or hollandaise sauce
+2.5

3 Egg & Cheese Omelette

add 3 fillings of your choice - ham, chorizo,
spinach, tomato, mushroom, salmon, onion.
served with toasted sourdough
\$28

The KETO (gf, df)

grilled scotch fillet minute steak, eggs
your way, roast tomato & baby spinach
\$28

Brekkie Wrap

scrambled eggs, bacon, cheese, baby
spinach, hash brown & aioli
\$19

Veggie Brekkie Wrap (v)

grilled haloumi, baby spinach, hash brown,
chilli jam, sliced tomato, aioli
\$18

Pancakes (vo)

three pancake stack served with bacon,
biscoff cream, berry compote, maple syrup,
persian floss
\$20

Big Breakfast (vo,dfo,gfo)

eggs your way served with bacon, chorizo,
mushrooms, tomato, hash brown, toasted
sourdough
\$32

KIDS BREKKIE (FOR KIDS 13 UNDER)

Melted Cheese on Toast
\$10

Fried Egg, Bacon on Toast
\$12

Pancake with Maple Syrup & Ice Cream
\$14

BREAKFAST BEVERAGES

available all day

Coffee

Long Black – Flat White – Cappuccino – Latte
Chai - Hot Chocolate

6 / 6.5

Mocha – Dirty Chai

6 / 6.5

Espresso – Piccolo – Macchiato

5

Babyccino

4

Personalise Your Coffee +0.5 each

Soy – Almond – Lactose Free – Oat Milk

Caramel – Hazelnut – Vanilla Syrup

Extra Shot – Decaf

Juices

Apple Watermelon Mint

Apple Orange Beetroot Carrot

Orange Carrot Pineapple Ginger

Cloudy Apple

Orange

7

Fruit Juice Smoothies

Immunity + Kick Starter

Recovery Green Power

Defence + Extreme C

7.5

Tea Drop

English Breakfast

Earl Grey

Peppermint

Chamomile

Lemongrass & Ginger

Malabar Chai

Spring Green

5.5

Shakes / Iced

Milkshake

chocolate – strawberry – caramel

banana - vanilla

8

Thickshake

chocolate – strawberry – caramel

banana - vanilla

9

Iced Coffee – Iced Chocolate

(whipped cream & ice cream)

9

Iced Latte - Iced Chai - Iced Long Black

8

Iced Tea

Lemon Iced Tea

Peach Iced Tea

7

LUNCH & DINNER

available daily from 12pm

BAR & SNACK PLATES

Classic Fries

potato fries with sweet chilli
sauce & sour cream

\$15 (gf, dfo)

Edamame

chilli, garlic, salt

\$16 (gf,df,v,vg)

Sweet Potato Chips

rosemary salt & garlic aioli

\$16 (gf,v,vg)

Garlic & Cheese Pizza

10" pizza base, roasted garlic,
oregano & mozzarella

\$18 (gfo)

Calamari

lemon pepper roasted garlic aioli
& lemon wedge

\$19 (gf,df, l)

Duck Pancakes (3)

peking roast duck, shallots,
cucumber, fried onion, hoisin
sauce

\$21

NZ Scallops (4)

garlic butter, cream & shallots

\$20 (gf, l)

Asian Prawn Tacos (3)

spicy grilled prawns with coleslaw,
on jumbo crispy rice paper taco
shell, bang bang sauce with
shallots & furikake

\$24 (gf,df, l)

Nachos

mixed beans, corn salsa, sour
cream, cheese, pickled jalapeños
& guacamole

add pulled pork +6

\$25 (gf,v,dfo)

Baked Brie

baked brie marinated in thyme
and olive oil, served with chilli jam
and baguette crackers

\$26

Fried Chicken Tacos (3)

crispy fried chicken tenders,
coleslaw, corn salsa, topped with
coriander & bang bang sauce on
soft tortilla

\$27

Cheese & Cold Cuts Board

vintage cheddar, brie, prosciutto,
salami, olives, pickles, grapes,
baguette crackers

\$38

CLASSICS

ALL SERVED WITH CHIPS & SALAD

Schnitzel

panko crumbed chicken breast
schnitzel with your choice of sauces
gravy, mushroom, dienne or pepper
\$30

Beer Battered Fish

beer battered hake fillet served with
dill tartare sauce, lemon wedge
\$30 (dfo, l)

Classic Parm

breast schnitzel topped with napoli
sauce, leg ham, bacon, mozzarella cheese
\$34

Mexican Parm

napoli sauce, chorizo, jalapeños,
capsicum, mozzarella cheese
\$35

Pulled Pork Parm

napoli sauce, slow cooked pulled
pork in BBQ sauce, bacon,
caramelised onion
\$35

BURGERS

ALL SERVED WITH CHIPS

Classic Burger

cos lettuce, tomato, caramelised
onion, dill pickles, cheese,
guacamole and bbq sauce.
choice of beef pattie or chicken breast
\$26 (dfo,gfo)

Double Bacon & Cheese

Beef pattie, double cheese, double
bacon, dill pickles, American mustard,
tomato sauce, & burger cheese
\$26 (dfo, gfo)

Halloumi

grilled pumpkin, cos lettuce, tomato,
red onion, mustard pickle relish, aioli
\$26 (v,gfo)

Schnitzel Burger

chicken schnitzel with bacon, slaw,
onion ring, jalapeno & peri peri aioli
\$27

Pulled Pork Burger

pulled pork with cheese, slaw,
onion ring, peri peri aioli
\$27 (gfo,dfo)

Steak Sandwich

tender minute steak with cos
lettuce, tomato, caramelised onion,
cheese, fried egg, seeded mustard
aioli on sourdough
\$30 (gfo,dfo)

FROM THE GRILL

250g Sirloin Steak

Grain Fed MS 2+
\$44 (dfo, gfo)

300g Scotch Fillet

Grain Fed YG
\$55 (dfo, gfo)

served with chips & salad OR chips & veg

choice of – gravy, dianne, pepper, mushroom sauce,
selecton of mustards, aioli, bbq or tomato sauce

PIZZA

SMALL 10 INCH / LARGE 13 INCH

GLUTEN FREE BASES +3

Cheese pizza

napoli sauce, mozzarella
\$18 / \$28 (v)

Margherita

cherry tomatoes,
bocconcini, fresh basil,
napoli sauce, mozzarella
\$23 / \$32 (v)

Pepperoni

pepperoni, napoli sauce
base, mozzarella,
\$24 / \$34

Hawaiian

ham, bacon, pineapple,
napoli sauce base,
mozzarella
\$24 / \$34

Tandoori Chicken

red onion, capsicum,
napoli sauce, papadum,
mint yoghurt drizzle
\$25 / \$35

Supreme

capsicum, mushroom, ham
pepperoni, red onion, olives
cherry tomatoes, pineapple,
shallots, napoli sauce,
mozzarella
\$25 / \$35

Pumpkin

pumpkin purée, bocconcini,
baby spinach, roasted
pumpkin slices, plum sauce,
mozzarella
\$25 / \$35 (v)

Diablo

spanish salami, cherry
tomato, red onion, fresh
chilli, capsicum, napoli
sauce, mozzarella
\$25 / \$35

Gryphon

chorizo, bacon, ham
pepperoni, capsicum,
bbq & napoli sauce base,
mozzarella
\$26 / \$36

Prosciutto

shaved prosciutto,
bocconcini, cherry tomato,
red onion, napoli sauce,
mozzarella, topped with
fresh rocket & aioli drizzle
\$26 / \$36

Prawn & Chorizo

garlic prawns, chorizo, red
onion, fresh basil, napoli
sauce, mozzarella (l)
\$26 / \$36

SALADS

Calamari Salad

lemon pepper & sea salt calamari,
mesclun lettuce, cherry tomatoes,
red onion, cucumber, lemon aioli
\$29 (gf, dfo, l)

Thai Beef Salad

marinated beef strips, red onion,
cherry tomatoes, cucumber, rice
noodles, mesclun lettuce,
cashews, with a thai herb dressing
\$33

Asian Prawn Salad

marinated grilled prawns, chinese
& red cabbage, carrot, capsicum,
coriander, cashews, crispy rice
noodles with garlic, oyster &
sesame dressing
\$33 (df, gf, l)

Caesar Salad

cos lettuce, crispy bacon bits,
croutons, boiled egg, parmesan
cheese, caesaar dressing
add chicken +6
\$25 (v, dfo, gfo)

Roast Pumpkin Salad

roasted pumpkin, baby spinach,
rocket, red onion, feta, roasted
pepita seeds, balsamic vinaigrette
add chicken +6 / add haloumi +4
\$26 (v,gf,dfo,vgo)

SIDES

Potato fries
\$7

**Seasonal
vegetables**
\$9

**Sweet potato
fries**
\$9

**Garden
Salad**
\$8

Extra Sauces

Gravy, pepper,
mushroom, dianne, aioli
\$2

KIDS MEALS \$15

Cheese pizza

Napoli sauce & mozzarella cheese

Nuggets & chips

with your choice of tomato or bbq
sauce

Nachos

Melted cheese, mixed beans
& sour cream

**SERVED WITH COMPLIMENTARY
VANILLA ICE-CREAM WITH SYRUP OF
YOUR CHOICE**