

# Glütee GF

## The GF Starter Kit

8 Essential Products for GF Living

CURATED BY GLÜTEE

One top pick per category — independently reviewed & scored

FLOUR

BREAD

PASTA

SNACKS

COOKIES

TORTILLAS

FROZEN

SNACK BARS

**Every product includes a Glutee Score**

Scored on taste, texture, ingredients, value & safety

[glutee.com](https://glutee.com) • Contains affiliate links • Free to share

# King Arthur GF Measure for Measure

King Arthur Baking Co.

9.0  
GLÜTEE  
SCORE

## Our Take

The best 1:1 GF flour I've tested. I swap it cup-for-cup in any non-yeasted recipe and you'll barely notice the difference. I use it in everything.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/dp/B01JJ9H1Q8?tag=glutee-20](https://amazon.com/dp/B01JJ9H1Q8?tag=glutee-20)

# Mountain White Bread

Canyon Bakehouse

8.0

GLÜTEE  
SCORE

## Our Take

Soft, sliceable, and holds together — the three things GF bread almost never does. Best toasted. Holds up in a sandwich without falling apart.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=canyon+bakehouse+mountain+white&tag=glutee-20](https://amazon.com/s?k=canyon+bakehouse+mountain+white&tag=glutee-20)

# Brown Rice Spaghetti

Jovial

9.0

GLÜTEE  
SCORE

## Our Take

The closest thing to regular pasta I've found. Cooks to al dente, doesn't turn to mush, and has real texture. A GF pantry staple.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=jovial+brown+rice+pasta&tag=glutee-20](https://amazon.com/s?k=jovial+brown+rice+pasta&tag=glutee-20)

# Almond Flour Crackers

Simple Mills

9.0  
GLÜTEE  
SCORE

## Our Take

Crunchy, flavorful, and made with clean ingredients. These pass the non-GF guest test — serve them at a party and nobody will know.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=simple+mills+almond+flour+crackers&tag=glutee-20](https://amazon.com/s?k=simple+mills+almond+flour+crackers&tag=glutee-20)

# GF Chocolate Chip Cookies

Tate's Bake Shop

9.0  
GLÜTEE  
SCORE

## Our Take

Thin, crispy, buttery — exactly what a chocolate chip cookie should be. One of the few GF products that's genuinely better than its competition.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=tates+gluten+free+cookies&tag=glutee-20](https://amazon.com/s?k=tates+gluten+free+cookies&tag=glutee-20)

# Grain-Free Tortillas

Siete

9.0  
GLÜTEE  
SCORE

## Our Take

Flexible, flavorful, and made with cassava flour. Warm them slightly and they wrap like the real thing. The almond flour variety is my favorite.

## Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=siete+grain+free+tortillas&tag=glutee-20](https://amazon.com/s?k=siete+grain+free+tortillas&tag=glutee-20)

# Cauliflower Pizza

## Caulipower

8.0

GLÜTEE  
SCORE

### Our Take

A solid GF frozen pizza option. The crust crisps up nicely without the cardboard texture of most GF alternatives. I add my own toppings for best results.

### Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=caulipower+pizza&tag=glutee-20](https://amazon.com/s?k=caulipower+pizza&tag=glutee-20)

# Protein Bars

## RXBar

8.0

GLÜTEE  
SCORE

### Our Take

Clean ingredients — dates, egg whites, nuts. No weird fillers. The chocolate sea salt flavor is my favorite. Great for travel and on-the-go.

### Score Breakdown



[Buy on Amazon](#)

[amazon.com/s?k=rxbar+gluten+free&tag=glutee-20](https://amazon.com/s?k=rxbar+gluten+free&tag=glutee-20)

# Glutee

GF

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Real GF recipes that actually work

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### GF Muffin Recipe

King Arthur flour + Greek yogurt = magic

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