

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM-9AM	SELECTION OF CEREALS SERVED WITH WARM ORGANIC MILK & WHOLEMEAL TOAST  CONTAINS DAIRY & WHEAT	SELECTION OF CEREALS SERVED WITH WARM ORGANIC MILK & WHOLEMEAL TOAST  CONTAINS DAIRY & WHEAT	SELECTION OF CEREALS SERVED WITH WARM ORGANIC MILK & WHOLEMEAL TOAST  CONTAINS DAIRY & WHEAT	SELECTION OF CEREALS SERVED WITH WARM ORGANIC MILK & WHOLEMEAL TOAST  CONTAINS DAIRY & WHEAT	SELECTION OF CEREALS SERVED WITH WARM ORGANIC MILK & WHOLEMEAL TOAST  CONTAINS DAIRY & WHEAT
SNACK 10AM	SEASONAL FRUIT PLATTER	SEASONAL FRUIT PLATTER	SEASONAL FRUIT PLATTER	SEASONAL FRUIT PLATTER	SEASONAL FRUIT PLATTER
LUNCH 11.30 AM BABIES & TODDLERS 12PM PRESCHOOL	TURKEY/ QUORN SPAGHETTI BOLOGNESE  CONTAINS WHEAT	FISH/VEGGIE FINGERS SERVED WITH MASHED POTATOES & MIXED VEGETABLES  CONTAINS WHEAT	MIXED BEAN BURRITO  CONTAINS WHEAT & DAIRY	MACARONI CHEESE SERVED WITH GARLIC BREAD  CONTAINS WHEAT & DAIRY	BUTTER CHICKEN/QUORN SERVED WITH RICE
PUDDING	PLAIN YOGHURT WITH SLICED PEACH  CONTAINS DAIRY	HOMEMADE SUGAR FREE OAT & BANANA CAKES  CONTAINS WHEAT	MELON SLICES	HOMEMADE SUGAR FREE SPONGE CAKE  CONTAINS WHEAT & EGG	HOMEMADE HEART SHAPED COOKIES  CONTAINS WHEAT & SUGAR 
SNACK 2PM	CUCUMBER & CARROT STICKS	CRACKERS SERVED WITH CREAM CHEESE  CONTAINS WHEAT & DAIRY	HOMEMADE SAVOURY MUFFINS  CONTAINS WHEAT & EGG	BREADSTICKS SERVED WITH FRUIT SLICES  CONTAINS WHEAT	CARROT STICKS SERVED WITH HOMEMADE HUMMUS
TEA 3.45 PM	CHICKPEA BITES SERVED HERBY BAKED BEANS & PEAS  CONTAINS WHEAT	VEGETABLE BIRYANI	HOMEMADE NUT FREE PESTO & BROCCOLI PASTA  CONTAINS WHEAT	JACKET POTATO SERVED WITH CHEESE, BEANS & SALAD (V)  CONTAINS WHEAT & DAIRY	NAAN BREAD CHARGRILLED VEGETABLES PIZZA (V)  CONTAINS WHEAT & DAIRY
PUDDING	ORANGE WEDGES	MANGO LASSI  CONTAINS DAIRY & SUGAR	PLAIN YOGHURT  CONTAINS DAIRY	PINEAPPLE STICKS	PLAIN YOGHURT  CONTAINS DAIRY
<b>FRESH DRINKING WATER AVAILABLE THROUGHOUT THE DAY</b> <b>DAIRY FREE AND VEGETARIAN OPTIONS PROVIDED FOR ALL DISHES CONTAINING DAIRY PRODUCTS OR MEAT</b>					