The RESIDENCE AIOLOU HOTEL & SPA

Recharge. Rebalance.

BOOK YOUR APPOINTMENT WITH THE RECEPTION

Massage Therapy

Quick Escape 30 minutes / **40€**
A targeted back, neck and scalp shoulder massage
to release daily tension.

Relaxing Full Body Massage 45 minutes / **60€**
A calming, rhythmic massage
promoting overall wellbeing.

Deep Tissue Massage 45 minutes / **70€**
A targeted technique
to relieve chronic muscle tension.
Optional aromatic oil enhancement available

Hydrotherapy

Jacuzzi Experience 45 minutes / **30€ per room**
A soothing hydrotherapy session
to relax body and mind.

Sauna Session 30 minutes / **30€ per room**
A detoxifying ritual
that promotes circulation and relaxation.

Steam Room Ritual 30 minutes / **30€ per room**
A gentle heat experience
that promotes detoxification,
relaxation and improved circulation.

Hydrotherapy Ritual 45 minutes / **60€ per room**
A complete wellness experience combining
Jacuzzi, Steam Room and Sauna for total

Our Approach

At The Residence Aiolou, we focus on restoring balance through simple, effective rituals.
Each treatment is designed to offer calm, clarity and a sense of renewal.