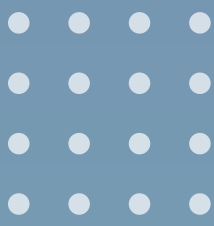


Team Coaching

SUPPORT TEAMS WITH THE INTERPERSONAL SKILLS
THEY NEED TO SUCCEED AND THRIVE



Team coaching works by engaging the team as a system, rather than focusing solely on individuals within it.

A BOLDLY coach partners with the team over time to surface patterns in how they think, interact, and make decisions, linking these directly to performance outcomes.

Through structured sessions, reflection, and real-time application, teams build shared clarity on goals, strengthen ways of working, and take collective ownership of results.

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Teams are the unit where work actually happens. Their collective effectiveness is a defining moment for performance. Most organisations under-invest in the development required for teams to function well together.

And yet, every team shapes delivery, culture, engagement & business outcomes.

Let's set them up to perform.



► Who Should Join?

- In-tact teams
- 4-6 members ideally
- Motivated individuals!

► What's Included?

- Live f2f coaching sessions
- Qualified team coach
- Team skills toolkit
- LIVE ADAPTIVE CHALLENGE*
- OPTIONAL 1:1 leader coaching
- OPTIONAL assessment

► Sample Themes:

- Shared purpose
- Collective goal setting
- Accountability
- Decision-making
- Team prioritisation
- Role clarity
- Psychological safety
- Constructive conflict
- Feedback culture
- Collaboration
- Team communication
- Meeting effectiveness

The coaching journey typically moves between insight and action—using **live adaptive challenges***, peer input, and experimentation to embed more effective behaviours in the flow of work.

An adaptive challenge is a complex issue with no clear solution, where progress depends on shifts in mindset, behaviour, and how the team works together. A BOLDLY team coach helps by creating the conditions for the team to examine underlying assumptions, surface competing perspectives, and test new ways of responding to this real-time team issue.



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