



WINSLOW DINING

# Menu

Sunday Brunch – July 5<sup>th</sup>

## Starters

### New England Clam Chowder (2)

Tender Baby Clams, Bacon & Potatoes in a Rich Cream Broth  
\*Low Sodium Option Available\*

### House Salad (2)

Chopped Romaine, Tomatoes, Cucumber, Carrots, Onion, Choice of Dressing

### Grilled Watermelon Salad (3)

Grilled Watermelon Wedges, Field Greens,  
Served with Balsamic Vinaigrette

### Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

### Chickpea & Vegetable Soup (2)

Chickpeas, Summer Vegetables, Vegetable Broth, Olive Oil, Parmesan, Rosemary & Lemon  
\*Low Sodium Option Available\*

### Antipasto Salad (2)

Chopped Romaine, Tomatoes, Red Onion, Provolone, Salami & Olives  
Served with Italian Vinaigrette

## Entrées

### Challah French Toast (12)

Served with (2) Bacon OR (2) Sausage

### Chef's Brunch Creation (15)

Ask Your Server about Today's Culinary Creation

### Baked Salmon (12)

Sweet Dijon Glaze

### Egg Benedict (12)

English Muffin, Canadian Bacon & Hollandaise

Served with a Crispy Breakfast Hashbrown

### Mayflower Breakfast (15)

Over Easy or Scrambled Eggs, Bacon or Sausage, Breakfast Potatoes, Jam, Toast

### Herb Roasted Ribeye (12)

Garlic Butter

## Accompaniments

### Crispy Breakfast Hash Brown (2)

Buttered Grits (2)

Applewood Smoked Bacon (3)

Scrambled Eggs (2)

Sage Maple Sausage (3)

Steamed Asparagus (2)

Baked Sweet Potato (2)

Herb Roasted Potatoes (2)

## Beverages

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale, Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange, V8 Juice (*low sodium*)

Milk (1): Whole, Skim



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# Menu

Monday – Saturday July 6<sup>th</sup> – July 11<sup>th</sup>

## *Bread & Butter:*

Artisan Sourdough Bread  
Rosemary Butter

## *Sauces:*

Beef Jus,  
Warm Artichoke Green Olive Garlic Dressing,  
Roasted Red Pepper Tomato Sauce

## *Starters*

### **New England Clam Chowder (2)**

Tender Baby Clams, Bacon & Potatoes in a  
Rich Cream Broth  
\*Low Sodium Option Available\*

### **House Salad (2)**

Chopped Romaine, Tomatoes,  
Cucumber, Carrots, Onion,  
Choice of Dressing

### **Grilled Watermelon Salad (3)**

Grilled Watermelon Wedges,  
Field Greens,  
Served with Balsamic Vinaigrette

### **Chickpea & Vegetable Soup (2)**

Chickpeas, Summer Vegetables, Vegetable  
Broth, Olive Oil, Parmesan,  
Rosemary & Lemon  
\*Low Sodium Option Available\*

### **Antipasto Salad (2)**

Chopped Romaine, Tomatoes, Red Onion,  
Provolone, Salami & Olives  
Served with Italian Vinaigrette

## *Entrées*

### **Slow Roasted Brisket (12)**

Beef Jus

### **Chef's Creation (15)**

Ask Your Server about  
Today's Culinary Creation

### **Fresh Catch (12)**

Fresh Fish of the Day

### **Chicken Pontchartrain (12)**

Breaded Chicken Breast  
Served with a  
Warm Artichoke~Green Olive~Garlic Dressing

### **Grilled/Steamed Protein**

Chicken (7)  
Shrimp or Salmon (15)

### **Ratatouille Lasagna (12)**

Eggplant, Zucchini, Squash, Ricotta, Mozzarella,  
Pasta Layers, Roasted Pepper Tomato Sauce  
\*Vegetarian\*

## *Accompaniments*

### **Lemon Roasted Potatoes (2)**

Whipped Potatoes (2)

Baked Potato (2)

Baked Sweet Potato (2)

### **Steamed Corn (2)**

Steamed Broccolini (2)

Grilled Asparagus (2)

Honey Glazed Carrots (2)

## *Beverages*

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,

Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,  
V8 Juice (*low sodium*)

Milk (1): Whole, Skim

For reservations call 407-543-8248



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# Menu

## *Weekly Theme Entrées*

### **MONDAY – Homestyle Day (15)**

Chicken Pot Pie – Tender Chicken, Peas, Carrots, Potatoes, Chicken Gravy & Crisp Pastry

### **TUESDAY – International Day (15)**

Jerk Chicken with Mango Salad, Cabbage & “Rice & Peas”

### **WEDNESDAY– Shrimp Day (15)**

Garlic Shrimp with Vegetable & Lo Mein Stir Fry

### **THURSDAY– Specialty Sandwich Day (15)**

Italian Hoagie – Salami, Ham, Pepperoni, Provolone, Lettuce, Tomato, Onions & Vinaigrette – Sweet Potato Fries

### **FRIDAY– Favorites Day (15)**

Spaghetti & Meatballs with Garlic Knots

### **SATURDAY– Hearty Salad Day (15)**

Field Greens, Roasted Cauliflower, Roasted Peppers, Shredded Cheddar, Crumbled Bacon, Ranch & Blackened Chicken

## *Deli Sandwich Selections*

*Fries, Chips, or side of Fruit (2)*

*(Choice of White, Wheat & Rye Breads are Available for Substitution)*

### **The Club (8.5)**

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

### **BLT (7.5)**

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

### **Chicken, Tuna, or Egg Salad (8)**

Served on Toasted Wheat Bread

### **The Mayflower Burger (12)**

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun  
*Substitute Turkey, Chicken, or Beyond Meat for (2)*

### **All Beef Hot Dog (7)**

## *To Go Info*

### **Hours of Operation**

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

*Delivery charge \$6.00*

### **Place an order**

407-672-1603

or

321-397-1152



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## Desserts

### **Dessert of the Day (3)**

Ask your server

### **Ice Cream (3)**

Vanilla, Chocolate, Strawberry, *Variety*

### **Frozen Yogurt (3)**

Vanilla (*No Sugar Added*), *Yogurt of the Day*

### **Cookies (3)**

Chocolate Chip, Oatmeal Raisin, *Variety*

### **No Sugar Added (3)**

Cheesecake, *Variety*

### **Fruit (5)**

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

