

THE MAYFLOWER ASSISTED LIVING ACTIVITIES

JULY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
INDEPENDENT LEISURE SUPPLIES AVAILABLE! *ACTIVITIES SUBJECT TO CHANGE PLEASE REFER TO WEEKLY SHCEDULES* EMAIL LUISA@THEMAYFLOWER.COM FOR ANY QUESTIONS OR CONCERNS			1 10:30 INDEPENDENCE DAY BANNER DECORATING 2:00 CHAIR DANCE WITH LESLIE! 3:00 BINGO! 	2 10:30 CHAIR EXERCISE 2:00 WATERCOLOR HOUR 3:00 MUSIC WITH PATTI & RICK	3 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 10:30 CARD MAKING WITH UCF C.A.R.E. 2:00 BOMB POPS! 3:00 PIANO MUSIC WITH ISAIAH	INDEPENDENCE DAY 4 10:30 MUSIC WITH PATTY & MICHAEL 11:00 JEWISH PAVILLION -IL 2:00 INDEPENDENCE DAY TRIVIA 3:00 ICE CREAM SOCIAL 
5 9:30 CATHOLIC MASS LIVE STREAM 10:30 MUSIC BINGO 2:00 COFFEE & CHAT 3:00 CHAIR EXERCISE!	6 10:30 HAND & NAIL SPA 2:00 PET VISITS 3:00 MOVIN' WITH MADDIE 4:00 REFRESHMENTS 	7 10:30 TRIVIA TUESDAY 11:15 EPISCOPAL SERVICE - IL 2:00 GET STRONG WITH SARAH 3:00 LIVE MUSIC WITH DAVE DELUCA!	8 10:00 DEVOTIONS & HYMNS - IL 10:30 TRAVELOGUE  2:00 CHAIR DANCE WITH LESLIE! 3:00 LIVE MUSIC WITH DONNY ROX!	9 10:30 SIT 'N STRETCH 2:00 COOKING CLUB: MILKSHAKE BAR 3:00 MUSIC WITH SIXTIES BY THREE!	10 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 2:30 MATINEE MOVIE AT CRU QUARTERS! 3:30 CHAIR EXERCISE 	11 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 BINGO! 3:00 DANCE WITH NATACHA!
12 9:30 CATHOLIC MASS LIVE STREAM 10:30 SIT 'N STRETCH 2:00 MEET ANNITA! 3:00 LIVE MUSIC WITH GINGER! 	13 10:30 JEWELRY WITH JACKIE! 2:00 WORLD CUP ANNIVERSARY TRIVIA 3:00 MOVIN' WITH MADDIE 4:00 REFRESHMENTS	14 9:30 SUPERVISED VOTING 10:30 ART WITH HOWARD! 11:15 EPISCOPAL SERVICE - IL 2:00 GET STRONG WITH SARAH 3:00 MUSIC WITH TINA STEFANOS! 	15 10:30 MUSIC WITH SHAWN GARVEY! 2:00 CHAIR DANCE WITH LESLIE! 3:00 BINGO!	16 10:00 CHAIR EXERCISE 10:30 MUSIC BINGO! 2:00 WATERCOLOR HOUR 3:00 MUSIC WITH JOHN MORGAN! 	17 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 10:30 MORNING WALK 2:00 ROOT BEER FLOATS 3:00 HAND & NAIL SPA	18 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 SILK FLORAL ARRANGEMENTS  3:00 TABLE GAMES WITH UCF C.A.R.E.
19 9:30 CATHOLIC MASS LIVE STREAM 10:30 MUSIC BINGO! 2:00 CRAFT CORNER: DIY COASTERS! 3:00 MUSIC WITH JANIE!	20 10:30 BALLROOM DANCE WITH JASON AND HELEN 2:00 JEOPARDY 3:00 MOVIN' WITH MADDIE 4:00 REFRESHMENTS 	21 10:30 TRIVIA TUESDAY 11:15 EPISCOPAL SERVICE - IL 2:00 GET STRONG WITH SARAH 3:00 LIVE MUSIC WITH CRIAG!	22 11:00 LUNCH OUTING TO OLIVE GARDEN 2:00 CHAIR DANCE WITH LESLIE! 3:00 HAND & NAIL SPA 	23 10:00 SIT 'N STRETCH 10:30 CARD MAKING 2:00 TRAVELOGUE 3:00 MUSIC WITH SIXTIES BY THREE!	24 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 2:00 ICE CREAM SOCIAL  3:00 MATINEE MOVIE & POPCORN	25 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 SNACK CART 3:00 BINGO!
 26 9:30 CATHOLIC MASS LIVE STREAM 10:30 OUTDOOR STROLL 2:00 CHAIR EXERCISE 3:00 CRAFT CORNER: MAKE YOUR OWN BEADS!	27 10:30 WHEEL OF FORTUNE 2:00 MUSIC WITH DAVID SCOTT! 3:15 MOVIN' WITH MADDIE 4:00 REFRESHMENTS	28 10:30 RUMMIKUB 11:15 EPISCOPAL SERVICE - IL 2:00 GET STRONG WITH SARAH 3:00 MUSIC WITH GINGER! 	29 10:00 DEVOTIONS & HYMNS - IL 10:30 BINGO! 2:00 RESIDENT MEETING 3:00 CHAIR DANCE WITH LESLIE!	30 10:00 CHAIR EXERCISE 10:30 MUSIC BINGO! 2:00 WATERCOLOR HOUR 3:00 JEOPARDY 	31 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 2:00 FAMILY FEUD 3:00 HAND & NAIL SPA	