



WINSLOW DINING

# Menu

Sunday Brunch – July 12<sup>th</sup>

## Starters

### Tomato Bisque (2)

Plum Tomato & Basil Cream  
\*Low Sodium Option Available\*

### Cherry Tomato & Goat Cheese Tart (3)

Roasted Cherry Tomatoes, Goat Cheese,  
Crisp Pastry, Field Greens  
Topped with a Balsamic Reduction

### Italian Wedding Soup (2)

Meatballs, Escarole, Vegetables,  
Orzo Pasta, Chicken Broth & Parmesan  
\*Low Sodium Option Available\*

### House Salad (2)

Chopped Romaine, Tomatoes,  
Carrots, Cucumber, Onion,  
Choice of Dressing

### Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

### Chopped Salad (2)

Chopped Iceberg, Red Onions, Carrots,  
Roasted Red Peppers, Shaved Parmesan &  
House Croutons  
Served with Vinaigrette

## Entrées

### Cinnamon Roll (12)

Maple Walnut Glaze  
Served with (2) Bacon OR (2) Sausage

### Chef's Brunch Creation (15)

Ask Your Server about  
Today's Culinary Creation

### Everything Crusted Salmon (12)

### Bacon, Potato & Cheese Frittata (12)

Served with (2) Bacon OR (2) Sausage

### Mayflower Breakfast (15)

Over easy or Scrambled Eggs,  
Bacon or Sausage, Breakfast Potatoes,  
Jam, Toast

### Beef Tenderloin (12)

Chimichurri Sauce

## Accompaniments

### Crispy Breakfast Hash Browns (2)

### Buttered Grits (2)

### Applewood Smoked Bacon (3)

### Scrambled Eggs (2)

### Steamed Broccoli (2)

### Sage Maple Sausage (3)

### Baked Sweet Potato (2)

### Herb Roasted Potatoes (2)

## Beverages

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,  
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,  
V8 Juice (*low sodium*)

Milk (1): Whole, Skim



WINSLOW DINING

# Menu

Monday – Saturday July 13<sup>th</sup> – July 18<sup>th</sup>

## *Bread & Butter:*

Parker House Rolls  
Cinnamon Brown Sugar Butter

### **Tomato Bisque (2)**

Plum Tomato & Basil Cream  
\*Low Sodium Option Available\*

### **House Salad (2)**

Chopped Romaine, Tomatoes,  
Carrots, Cucumber, Onion,  
Choice of Dressing

### **London Broil (12)**

Rosemary Beef Jus

### **Cilantro Lime Grilled Chicken Breast (12)**

Pico de Gallo

### **Herb Roasted Fingerling Potatoes (2)**

Spanish Rice (2)

Baked Potato (2)

Baked Sweet Potato (2)

### **Coffee – Regular or Decaf**

**Cappuccino (3), Latte (3), Espresso (3)**

**Sodas (2):** Coke, Diet Coke, Sprite, Ginger Ale,

Tonic, Sparkling Water

## *Starters*

### **Cherry Tomato & Goat Cheese Tart (3)**

Roasted Cherry Tomatoes, Goat  
Cheese,  
Crisp Pastry, Field Greens  
Topped with a Balsamic Reduction

## *Entrées*

### **Chef's Creation (15)**

Ask Your Server about  
Today's Culinary Creation

### **Grilled/Steamed Protein**

Chicken (7)

Shrimp or Salmon (15)

## *Accompaniments*

## *Sauces:*

House Marinara, Pico de Gallo,  
Rosemary Beef Jus

### **Italian Wedding Soup (2)**

Meatballs, Escarole, Vegetables,  
Orzo Pasta, Chicken Broth & Parmesan  
\*Low Sodium Option Available\*

### **Chopped Salad (2)**

Chopped Iceberg, Red Onions, Carrots,  
Roasted Red Peppers, Shaved Parmesan &  
House Croutons  
Served with Vinaigrette

### **Fresh Catch (12)**

Fresh Fish of the Day

### **Penne Primavera (12)**

Whole Wheat Penne Pasta, Cauliflower,  
Broccoli, Zucchini, Carrots, Peas,  
Marinara & Basil  
\*Vegetarian\*

### **Steamed Broccoli (2)**

Steamed Edamame (2)

Italian Braised Haricot Verts (2)

Zucchini & Squash w/ Onions (2)

## *Beverages*

### **Hot/Iced Tea, Lemonade**

**Juices (2):** Cranberry, Orange,  
V8 Juice (*low sodium*)

**Milk (1):** Whole, Skim

For reservations call 407-543-8248



## WINSLOW DINING

# Menu

### *Weekly Theme Entrées*

#### **MONDAY – Homestyle Day (15)**

Stuffed Peppers, (Rice, Ground Beef, Mozzarella) with Marinara, Sauteed Zucchini & Onions

#### **TUESDAY – International Day (15)**

Chicken Provencal – Chicken Leg Quarters Braised in Fresh Tomatoes, Artichokes, Olives & Herbes de Provence  
Served with Roasted Potatoes & Haricot Verts

#### **WEDNESDAY– Shrimp Day (15)**

Shrimp Etouffee with White Rice & Fried Okra

#### **THURSDAY– Specialty Sandwich Day (15)**

Crisp Chicken Cordon Blue Sandwich, Breaded Chicken, Ham, Swiss Cheese, Mayo, Lettuce, Tomato, Onion & Fries

#### **FRIDAY– Favorites Day (15)**

Sesame Chicken with Asian Vegetables & Fried Rice

#### **SATURDAY– Hearty Salad Day (15)**

Chef Salad with Choice of Dressing

### *Deli Sandwich Selections*

#### *Fries, Chips, or side of Fruit (2)*

*(Choice of White, Wheat & Rye Breads are Available for Substitution)*

#### **The Club (8.5)**

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

#### **BLT (7.5)**

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

#### **Chicken, Tuna, or Egg Salad (8)**

Served on Toasted Wheat Bread

#### **The Mayflower Burger (12)**

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun  
*Substitute Turkey, Chicken, or Beyond Meat for (2)*

#### **All Beef Hot Dog (7)**

### *To Go Info*

#### **Hours of Operation**

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30pm, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

#### **Place an order**

407-672-1603

or

321-397-1152

*Delivery charge \$6.00*



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# Menu

## Desserts

### **Dessert of the Day (3)**

Ask your server

### **Ice Cream (3)**

Vanilla, Chocolate, Strawberry, *Variety*

### **Frozen Yogurt (3)**

Vanilla (*No Sugar Added*), *Yogurt of the Day*

### **Cookies (3)**

Chocolate Chip, Oatmeal Raisin, *Variety*

### **No Sugar Added (3)**

Cheesecake, *Variety*

### **Fruit (5)**

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

