WINSLOW DINING

Menu

Sunday Brunch – August 9th

Starters

Summer Vegetable Beef Soup (2)
Tender Beef Tips, Summer Vegetables & Fresh Herbs in a Beef Broth
Low Sodium Option Available

Caprese (3)
Ripe Tomatoes, Fresh Mozzarella, Basil, Olive Oil & Balsamic Glaze

Cream Asparagus Soup (2)
Asparagus, Garlic Broth & Cream
Low Sodium Option Available

House Salad (2)
Chopped Romaine, Cherry Tomatoes, Cucumber, Shaved Carrots, Red Onion, Choice of Dressing

Fresh Fruit Display (5)
Sliced Fresh Fruit & Garden Berries

Spinach Salad (2)
Fresh Spinach, Onions, Hard Boiled Egg Crumbles & Bacon
Served with Honey Mustard Dressing

Entrées

Choice of one

Belgium Waffle (12)
Berries & Cream
Served with (2) Bacon OR (2) Sausage

Chef's Brunch Creation (15)
Ask Your Server about Today's Culinary Creation

Roasted Salmon (12)
Lemon Basil Cream

Artichoke, Goat Cheese & Tomato Omelet (12)
Served with (2) Bacon OR (2) Sausage

Mayflower Breakfast (15)
Over easy or Scrambled Eggs, Bacon or Sausage, Breakfast Potatoes, Jam, Toast

Beef Tenderloin (12)
Bearnaise

Accompaniments

Crispy Breakfast Hashbrown (2)
Buttered Grits (2)
Applewood Smoked Bacon (3)
Scrambled Eggs (2)
Sage Maple Sausage (3)
Steamed Peas (2)
Baked Sweet Potato (2)
Herb Roasted Potatoes (2)

Beverages

Coffee – Regular or Decaf
Cappuccino (3), Latte (3), Espresso (3)
Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale, Tonic, Sparkling Water

Hot/Iced Tea, Lemonade
Juices (2): Cranberry, Orange, V8 Juice (*low sodium)*
Milk (1): Whole, Skim

WINSLOW DINING

Menu

Monday – Saturday August 10th – August 15th

Bread & Butter:
Soft Yeast Rolls
Honey Lavendar Butter

Sauces:
Persillade, Citrus White Wine Sauce,
Tarragon Tartar Sauce

Starters

Summer Vegetable Beef Soup (2)
Tender Beef Tips, Summer Vegetables & Fresh Herbs in a Beef Broth
Low Sodium Option Available

House Salad (2)
Chopped Romaine, Cherry Tomatoes, Cucumber, Shaved Carrots, Red Onion, Choice of Dressing

Caprese (3)
Ripe Tomatoes, Fresh Mozzarella, Basil, Olive Oil & Balsamic Glaze

Cream Asparagus Soup (2)
Asparagus, Garlic Broth & Cream
Low Sodium Option Available

Spinach Salad (2)
Fresh Spinach, Onions, Hard Boiled Egg Crumbles & Bacon
Served with Honey Mustard Dressing

Entrées

Grilled Pork Ribeye (12)
Topped with Persillade

Chef's Creation (15)
Ask Your Server about Today's Culinary Creation

Fresh Catch (12)
Ask your server for the Fresh Fish of the Day

Lemon Thyme Roasted Chicken (12)
Bone In Chicken, Fresh Thyme, Lemon Zest
Served with a Citrus White Wine Sauce

Grilled/Steamed Protein
Chicken (7)
Shrimp or Salmon (15)

Cheese Ravioli (12)
Garlic, Olive Oil, Heirloom Tomatoes, Spinach, Peas & Parmesan
Vegetarian

Accompaniments

Herb Rice Pilaf (2)
Herb Mashed Potatoes (2)
Baked Potato (2)
Baked Sweet Potato (2)

Steamed Carrots (2)
Steamed Peas (2)
Green Beans Almondine (2)
Garlic Broccoli (2)

Beverages

Coffee – Regular or Decaf
Cappuccino (3), Latte (3), Espresso (3)
Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale, Tonic, Sparkling Water

Hot/Iced Tea, Lemonade
Juices (2): Cranberry, Orange, V8 Juice (*low sodium)*
Milk (1): Whole, Skim

For reservations call 407-543-8248

WINSLOW DINING

Menu

Weekly Theme Entrées

MONDAY – Homestyle Day (15)
Meatloaf & Mashed Potatoes with Gravy Served with Glazed Carrots

TUESDAY – International Day (15)
"Pernil" Puerto Rican Slow Roasted Pork Shoulder – "Maduro" Sweet Plantain – "Arroz Con Gandules" Rice & Pigeon Peas

WEDNESDAY– Shrimp Day (15)
Coconut Shrimp with Orange Sauce & Apple Slaw

THURSDAY– Specialty Sandwich Day (15)
Blackened Grouper Sandwich – Lettuce, Tomato, Tartar Sauce on a Kings Hawaiian Bun Served with Fries

FRIDAY– Favorites Day (15)
Fried Catfish with Cole Slaw & Hushpuppies

SATURDAY– Hearty Salad Day (15)
Trio Salad – Chicken Salad, Egg Salad, Tuna Salad with Field Greens & Choice of Dressing

Deli Sandwich Selections

Fries, Chips, or side of Fruit ***(2)***
(Choice of White, Wheat & Rye Breads are Available for Substitution

The Club (8.5)
Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

BLT (7.5)
Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

Chicken, Tuna, or Egg Salad (8)
Served on Toasted Wheat Bread

The Mayflower Burger (12)
Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun
Substitute Turkey, Chicken, or Beyond Meat for (2)

All Beef Hot Dog (7)

To Go Info

Hours of Operation
Monday – Saturday 11am – 7:30pm
Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30, 5:30pm
Last Pick Up 5:30pm / Sundays -2pm

Delivery charge $6.00

Place an order
407-672-1603
or
321-397-1152

WINSLOW DINING

Menu

Desserts

Dessert of the Day (3)
Ask your server

Ice Cream (3)
Vanilla, Chocolate, Strawberry, *Variety*

Frozen Yogurt (3)
Vanilla *(No Sugar Added)*, *Yogurt of the Day*

Cookies (3)
Chocolate Chip, Oatmeal Raisin, *Variety*

No Sugar Added (3)
Cheesecake, *Variety*

Fruit (5)
Seasonal Assortment

(Ask your server for the days *Variety Selections!*)