



WINSLOW DINING

Menu

Sunday Brunch – August 16th

Starters

New England Clam Chowder (2)

Tender Baby Clams, Bacon & Potatoes in a Rich Cream Broth

Low Sodium Option Available

House Salad (2)

Chopped Romaine, Tomatoes, Cucumber, Carrots, Onion, Choice of Dressing

Grilled Watermelon Salad (3)

Grilled Watermelon Wedges, Field Greens, Served with Balsamic Vinaigrette

Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

Chickpea & Vegetable Soup (2)

Chickpeas, Summer Vegetables, Vegetable Broth, Olive Oil, Parmesan, Rosemary & Lemon

Low Sodium Option Available

Antipasto Salad (2)

Chopped Romaine, Tomatoes, Red Onion, Provolone, Salami & Olives Served with Italian Vinaigrette

Entrées

Challah French Toast (12)

Served with (2) Bacon OR (2) Sausage

Chef's Brunch Creation (15)

Ask Your Server about Today's Culinary Creation

Baked Salmon (12)

Sweet Dijon Glaze

Egg Benedict (12)

English Muffin, Canadian Bacon & Hollandaise

Served with a Crispy Breakfast Hashbrown

Mayflower Breakfast (15)

Over Easy or Scrambled Eggs, Bacon or Sausage, Breakfast Potatoes, Jam, Toast

Herb Roasted Ribeye (12)

Garlic Butter

Accompaniments

Crispy Breakfast Hash Brown (2)

Buttered Grits (2)

Applewood Smoked Bacon (3)

Scrambled Eggs (2)

Sage Maple Sausage (3)

Steamed Asparagus (2)

Steamed Broccolini (2)

Baked Sweet Potato (2)

Beverages

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale, Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange, V8 Juice (*low sodium*)

Milk (1): Whole, Skim



WINSLOW DINING

Menu

Monday – Saturday August 17th – August 22nd

Bread & Butter:

Artisan Sourdough Bread
Rosemary Butter

Sauces:

Beef Jus,
Warm Artichoke Green Olive Garlic Dressing,
Roasted Red Pepper Tomato Sauce

Starters

New England Clam Chowder (2)

Tender Baby Clams, Bacon & Potatoes in a
Rich Cream Broth
Low Sodium Option Available

House Salad (2)

Chopped Romaine, Tomatoes,
Cucumber, Carrots, Onion,
Choice of Dressing

Grilled Watermelon Salad (3)

Grilled Watermelon Wedges,
Field Greens,
Served with Balsamic Vinaigrette

Chickpea & Vegetable Soup (2)

Chickpeas, Summer Vegetables, Vegetable
Broth, Olive Oil, Parmesan,
Rosemary & Lemon
Low Sodium Option Available

Antipasto Salad (2)

Chopped Romaine, Tomatoes, Red Onion,
Provolone, Salami & Olives
Served with Italian Vinaigrette

Entrées

Slow Roasted Brisket (12)

Beef Jus

Chef's Creation (15)

Ask Your Server about
Today's Culinary Creation

Fresh Catch (12)

Fresh Fish of the Day

Chicken Pontchartrain (12)

Breaded Chicken Breast
Served with a
Warm Artichoke~Green Olive~Garlic Dressing

Ratatouille Lasagna (12)

Eggplant, Zucchini, Squash, Ricotta, Mozzarella,
Pasta Layers, Roasted Pepper Tomato Sauce
Vegetarian

Grilled/Steamed Protein

Chicken (7)
Shrimp or Salmon (15)

Accompaniments

Lemon Roasted Potatoes (2)

Whipped Potatoes (2)

Baked Potato (2)

Baked Sweet Potato (2)

Steamed Corn (2)

Steamed Broccolini (2)

Grilled Asparagus (2)

Honey Glazed Carrots (2)

Beverages

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (*low sodium*)

Milk (1): Whole, Skim

For reservations call 407-543-8248



WINSLOW DINING

Menu

Weekly Theme Entrées

MONDAY – Homestyle Day (15)

Chicken Pot Pie – Tender Chicken, Peas, Carrots, Potatoes, Chicken Gravy & Crisp Pastry

TUESDAY – International Day (15)

Jerk Chicken with Mango Salad, Cabbage & “Rice & Peas”

WEDNESDAY– Shrimp Day (15)

Garlic Shrimp with Vegetable & Lo Mein Stir Fry

THURSDAY– Specialty Sandwich Day (15)

Italian Hoagie – Salami, Ham, Pepperoni, Provolone, Lettuce, Tomato, Onions & Vinaigrette – Sweet Potato Fries

FRIDAY– Favorites Day (15)

Spaghetti & Meatballs with Garlic Knots

SATURDAY– Hearty Salad Day (15)

Field Greens, Roasted Cauliflower, Roasted Peppers, Shredded Cheddar, Crumbled Bacon, Ranch & Blackened Chicken

Deli Sandwich Selections

Fries, Chips, or side of Fruit (2)

(Choice of White, Wheat & Rye Breads are Available for Substitution)

The Club (8.5)

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

BLT (7.5)

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

Chicken, Tuna, or Egg Salad (8)

Served on Toasted Wheat Bread

The Mayflower Burger (12)

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun

Substitute Turkey, Chicken, or Beyond Meat for (2)

All Beef Hot Dog (7)

To Go Info

Hours of Operation

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

Delivery charge \$6.00

Place an order

407-672-1603

or

321-397-1152



WINSLOW DINING

Menu

Desserts

Dessert of the Day (3)

Ask your server

Ice Cream (3)

Vanilla, Chocolate, Strawberry, *Variety*

Frozen Yogurt (3)

Vanilla (*No Sugar Added*), *Yogurt of the Day*

Cookies (3)

Chocolate Chip, Oatmeal Raisin, *Variety*

No Sugar Added (3)

Cheesecake, *Variety*

Fruit (5)

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

