



WINSLOW DINING

Menu

Sunday Brunch – August 23rd

Starters

Tomato Bisque (2)

Plum Tomato & Basil Cream
Low Sodium Option Available

Cherry Tomato & Goat Cheese Tart (3)

Roasted Cherry Tomatoes, Goat Cheese,
Crisp Pastry, Field Greens
Topped with a Balsamic Reduction

Italian Wedding Soup (2)

Meatballs, Escarole, Vegetables,
Orzo Pasta, Chicken Broth & Parmesan
Low Sodium Option Available

House Salad (2)

Chopped Romaine, Tomatoes,
Carrots, Cucumber, Onion,
Choice of Dressing

Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

Chopped Salad (2)

Chopped Iceberg, Red Onions, Carrots,
Roasted Red Peppers, Shaved Parmesan &
House Croutons
Served with Vinaigrette

Entrées

Cinnamon Roll (12)

Maple Walnut Glaze
Served with (2) Bacon OR (2) Sausage

Chef's Brunch Creation (15)

Ask Your Server about
Today's Culinary Creation

Everything Crusted Salmon (12)

Bacon, Potato & Cheese Frittata (12)

Served with (2) Bacon OR (2) Sausage

Mayflower Breakfast (15)

Over easy or Scrambled Eggs,
Bacon or Sausage, Breakfast Potatoes,
Jam, Toast

Beef Tenderloin (12)

Chimichurri Sauce

Accompaniments

Crispy Breakfast Hash Browns (2)

Buttered Grits (2)

Applewood Smoked Bacon (3)

Scrambled Eggs (2)

Sage Maple Sausage (3)

Steamed Broccoli (2)

Steamed Edamame (2)

Baked Sweet Potato (2)

Beverages

Coffee – Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (*low sodium*)

Milk (1): Whole, Skim



WINSLOW DINING

Menu

Monday – Saturday August 24th – August 29th

Bread & Butter:

Parker House Rolls
Cinnamon Brown Sugar Butter

Sauces:

House Marinara, Pico de Gallo,
Rosemary Beef Jus

Starters

Tomato Bisque (2)
Plum Tomato & Basil Cream
Low Sodium Option Available

**Cherry Tomato & Goat Cheese
Tart (3)**
Roasted Cherry Tomatoes, Goat
Cheese,
Crisp Pastry, Field Greens
Topped with a Balsamic Reduction

Italian Wedding Soup (2)
Meatballs, Escarole, Vegetables,
Orzo Pasta, Chicken Broth & Parmesan
Low Sodium Option Available

House Salad (2)
Chopped Romaine, Tomatoes,
Carrots, Cucumber, Onion,
Choice of Dressing

Chopped Salad (2)
Chopped Iceberg, Red Onions, Carrots,
Roasted Red Peppers, Shaved Parmesan &
House Croutons
Served with Vinaigrette

London Broil (12)
Rosemary Beef Jus

Chef's Creation (15)
Ask Your Server about
Today's Culinary Creation

Fresh Catch (12)
Fresh Fish of the Day

**Cilantro Lime Grilled Chicken Breast
(12)**
Pico de Gallo

Grilled/Steamed Protein
Chicken (7)
Shrimp or Salmon (15)

Penne Primavera (12)
Whole Wheat Penne Pasta, Cauliflower,
Broccoli, Zucchini, Carrots, Peas,
Marinara & Basil
Vegetarian

Accompaniments

Herb Roasted Fingerling Potatoes (2)
Spanish Rice (2)
Baked Potato (2)
Baked Sweet Potato (2)

Steamed Broccoli (2)
Steamed Edamame (2)
Italian Braised Haricot Verts (2)
Zucchini & Squash w/ Onions (2)

Beverages

Coffee – Regular or Decaf
Cappuccino (3), Latte (3), Espresso (3)
Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade
Juices (2): Cranberry, Orange,
V8 Juice (*low sodium*)
Milk (1): Whole, Skim

For reservations call 407-543-8248



WINSLOW DINING

Menu

Weekly Theme Entrées

MONDAY – Homestyle Day (15)

Stuffed Peppers, (Rice, Ground Beef, Mozzarella) with Marinara, Sautéed Zucchini & Onions

TUESDAY – International Day (15)

Chicken Provencal – Chicken Leg Quarters Braised in Fresh Tomatoes, Artichokes, Olives & Herbes de Provence
Served with Roasted Potatoes & Haricot Verts

WEDNESDAY– Shrimp Day (15)

Shrimp Etouffee with White Rice & Fried Okra

THURSDAY– Specialty Sandwich Day (15)

Crisp Chicken Cordon Blue Sandwich, Breaded Chicken, Ham, Swiss Cheese, Mayo, Lettuce, Tomato, Onion & Fries

FRIDAY– Favorites Day (15)

Sesame Chicken with Asian Vegetables & Fried Rice

SATURDAY– Hearty Salad Day (15)

Chef Salad with Choice of Dressing

Deli Sandwich Selections

Fries, Chips, or side of Fruit (2)

(Choice of White, Wheat & Rye Breads are Available for Substitution)

The Club (8.5)

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

BLT (7.5)

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

Chicken, Tuna, or Egg Salad (8)

Served on Toasted Wheat Bread

The Mayflower Burger (12)

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun
Substitute Turkey, Chicken, or Beyond Meat for (2)

All Beef Hot Dog (7)

To Go Info

Hours of Operation

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 2pm

Delivery Times 1:30pm, 4:30pm, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

Delivery charge \$6.00

Place an order

407-672-1603

or

321-397-1152



WINSLOW DINING

Menu

Desserts

Dessert of the Day (3)

Ask your server

Ice Cream (3)

Vanilla, Chocolate, Strawberry, *Variety*

Frozen Yogurt (3)

Vanilla (*No Sugar Added*), *Yogurt of the Day*

Cookies (3)

Chocolate Chip, Oatmeal Raisin, *Variety*

No Sugar Added (3)

Cheesecake, *Variety*

Fruit (5)

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

