

ALLERTON COVE CALENDAR SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Balloon Exercise 1 10:30 Tina in Concert 1:30 Nail Spa 3:00 Bingo Club	9:30 Virtual Chair Yoga 2 10:30 Our Daily Bread Devotions & Hymns 1:30 Rummikub 3:00 Craig in Concert	9:30 Zumba Gold Class 3 10:30 Erik in Concert 1:30 Board Game Hour 3:00 Bingo Club	9:30 Virtual Stretch & Flex 4 10:30 Pre-Shabbot w/ Rabbi Dubov 1:30 Rummikub 2:30 Memory Chi	9:30 IN2L Virtual Exercises 5 10:30 Music & Melodies 1:30 Mail Delivery 3:00 Ginger! in Concert
9:30 St. Margaret Live Stream Mary Service 6 10:30 Victoria in Concert 1:30 Puzzle Hour 3:00 Tommy in Concert	9:30 Virtual Mindfulness 7 10:30 Hands That Built America Craft 1:30 Crafty Kitchen Cooking Class 3:00 Outdoor Stroll	9:30 Chair Yoga w/ Bevalie 8 10:30 Emily's Ukuele Singalong 1:30 Activity Cart Visits 2:30 Pet Therapy Visit 3:00 Bingo Club	9:30 Virtual Chair Yoga 9 10:30 Spritual Devotions w/ Reverand Garvey 1:30 Rummikub 3:00 Charlie Russo in Concert	9:30 Moving to Music 10 10:30 Nail Spa 1:30 Board Game Hour 3:00 Resident Council 3:30 Bingo Club	9:30 Virtual Stretch & Flex 11 10:30 Pre-Shabbot w/ Rabbi Dubov 2:00 Pet Therapy Visit 2:30 Mr. Morgan in Concert	9:30 IN2L Virtual Exercises 12 10:30 Mike & Erik in Concert 1:30 Mail Delivery 3:00 AC Karaoke
9:30 St. Margaret Live Stream Mary Service 13 10:30 Robert in Concert 1:30 Activity Cart Visits 3:00 Donnie Rox in Concert & Sweet Treat	9:30 Coffee & Current Events 14 10:30 Ballroom Dancers 1:30 Crafty Kitchen Cooking Class 3:00 Music & Mocktails	9:30 Balloon Exercise 15 10:30 Art w/ Howard 11:00 Lunch Outing 1:30 Rummikub 3:00 Bingo Club	9:30 Virtual Chair Yoga 16 10:30 Our Daily Bread Devotions & Hymns 1:30 Rummikub 3:00 David in Concert	9:30 Parachute Movement 17 10:30 Nail Spa 1:30 Board Game Hour 3:00 Bingo Club	9:30 Mindful Stretch w/ Kayleigh 18 10:30 Pre-Shabbot w/ Rabbi Dubov 1:30 Rummikub 2:00 Donny Rox in Concert	9:30 IN2L Virtual Exercises 19 10:30 Music & Melodies 1:30 Mail Delivery 3:00 Ginger! in Concert
9:30 St. Margaret Live Stream Mary Service 20 10:30 Ron in Concert 1:30 Puzzle Hour 3:00 Ice Cream Sundae Social	9:30 Virtual Mindfulness 21 10:30 Janies Variety Show 1:30 Crafty Kitchen Cooking Class 3:00 Outdoor Stroll	9:30 Balloon Exercise 22 10:30 Crafts w/ Jackie 2:00 Mayflower Fall Festival w/ Mini Ponies & Live Music	9:30 Virtual Chair Yoga 23 10:30 Our Daily Bread Devotions & Hymns 1:30 Rummikub 3:00 Patty & Rick in Concert	9:30 Moving to Music 24 10:30 Nail Spa 2:00 Bingo Club 3:00 Harmony Music	9:30 Virtual Stretch & Flex 25 10:30 Pre-Shabbot w/ Rabbi Dubov 1:30 Rummikub 2:30 Resident Birthday w/ Nora in Concert	9:30 IN2L Virtual Exercises 26 10:30 Nick in Concert 1:30 Mail Delivery 3:00 AC Karaoke
9:30 St. Margaret Live Stream Mary Service 27 10:30 Victoria in Concert 1:30 Activity Cart Visits 3:00 Tommy in Concert	9:30 Coffee & Current Events 28 10:30 Ballroom Dancers 1:30 Crafty Kitchen Cooking Class 3:00 Trivia	9:30 Balloon Exercise 29 10:30 Card/Letter Making 2:00 Cru Quarters Movie Outing 2:30 Pet Therapy Visit	9:30 Virtual Chair Yoga 30 10:30 Spritual Devotions w/ Reverand Hensley 1:30 Rummikub 3:00 Art Therapy w/ Rachel	Salon is open every Thursday and it is located on the 1st floor of Allerton Cove. Red - Guest Instructors & Entertainment Blue - Religious Services Green - Out of the Building		

Activities are subject to change based on new circumstances, weather, or resident request. Alternatives will be provided as appropriate. Please contact Kayleigh Price at Kayleigh@themayflower.com with any questions you may have.

