



Stafford Shores Activities

September 2026

CALENDAR KEY

Red - Out of building
Blue - Visitors encouraged
Green - Loved ones only,
no residents
(HC) - Upstairs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Always available for independent engagement Dominoes, puzzles, playing cards, books to borrow, instruments for public use, IN2L activities (see staff to turn on IN2L TV), art supplies, & more!		10:30 Songs From the Screen 1 1:30 Assorted Table Games 3:00 Stay Fit with Sarah 3:45 "Cover The Board" Dice Toss 5:45 Driving Simulator	10:00 Balloon Baseball 2 11:15 Nature Activities with Leif 1:30 Button Art 3:00 Vitality in Motion 4:00 Men's Hour 5:45 Virtual Art Gallery	10:30 Zumba Gold with Elena 3 11:15 This Month in History 1:30 Manicures 2:45 BINGO 4:00 Bowling Party Practice! 5:45 "Club World" Radio Garden	10:30 USA Armchair Travel 4 2:00 Memory Chi! 2:45 Origami Class 4:00 Water Balloon Emily & Romina! 5:45 Jenga Blocks	10:30 Mocktails & Good News 5 2:00 Music with Rachel 3:15 Making Shepherd's Pie for Dinner 4:15 Saturday Streeetch 5:45 Balloon Burst IN2L Game
10:45 Devotion & Hymn Sing 6 1:30 Best Friends 1-on-1 Hour 2:30 Musical Ball Toss 3:45 Crafting with Michelle 5:45 Tri-Bond Brain Games	10:45 Seated Cardio 7 1:30 LEGO Construction  2:30 Musical BINGO! 3:45 Labor Day: Who/What/When/Where/Why? 5:45 Spa Night & Pajama Party	10:00 Lotion Hand Massages 8 11:15 Twister Mat Toss 1:30 Rummikub Corner 2:00 Dog Therapy with Lily 3:00 Stay Fit with Sarah 3:45 Resident Council Meeting 5:45 Resident "Pick" Singalong	10:15 Prepping Slow Cooker Applesauce 9 11:15 Chair Circuit Exercise 2:00 Applesauce & You be the Judge! 3:30 Ukulele Singalong 5:45 Broom Ball	10:00 Finish the Lyrics 10 11:15 Balloon Volleyball 1:30 Manicures 2:45 BINGO! 4:00 Men's Hour 5:45 Colorful Dominoes	10:30 Moment of Silence & Patriotic Singalong 11 1:30 Memory Chi! 2:30 Movie Matinee at Cru Quarters Cinema 3:30 Cornhole Toss 5:45 Mystery IN2L Activity 	10:00 Dog Therapy with Moose! 12 10:30 Coffee & Good News 1:45 MadLibs & Milkshakes! 3:00 Allerton Cove Karaoke (HC) 4:15 Saturday Streeetch 5:45 Table Tennis
10:45 Devotion & Hymn Sing 13 1:30 Best Friends 1-on-1 Hour & Pawfection Dog Therapy 2:30 Scarf Dance & Flower Delivery 3:45 Grandparent's Day Handprint Craft & Cookies!  5:45 Timeline Trivia	10:45 Seated Cardio 14 1:30 Guess Who?! 2:30 Snack & Social 3:45 BINGO! 5:45 IN2L Karaoke Happy Hour & Singalong	10:00 Putt Putt Golf Practice 15 11:00 Bracelet Making 1:30 Assorted Table Games 3:00 Stay Fit with Sarah 3:45 Music & Legacy: Dolly Parton 5:45 Guided Reminiscing	10:30 Pictionary 16 11:30 Pizza Party & Bowling with Assisted Living at Aloma Bowl! 1:30 Guitar with Fred Hodes 3:00 Vitality in Motion 5:45 Giant Connect Four 	10:30 Rhythm Circle 17 1:30 Ballroom Dance with Joe 2:45 BINGO! 3:00 Caregiver Support Group 4:00 Manicures 5:45 One Word Per Letter	10:30 Free Painting 18 2:00 Memory Chi! 3:00 ALF Week Funnel Cake Bar! 4:00 Electric Car Silliness 5:45 Hodgepodge Variety Hour	10:30 Family Feud! 19 1:30 Baking Cinnamon Rolls with C.A.R.E. 3:00 Ginger in Concert (HC) 4:15 Saturday Streeetch 5:45 Good News Network
10:45 Devotion & Hymn Sing 20 1:30 Best Friends 1-on-1 Hour 2:30 GIANT BEACH BALL! 3:45 Crafting with Michelle 5:45 Puzzles with Friends	10:45 Seated Cardio 21 2:00 Music with the Joy Ukulele Club 3:00 Wheel of Fortune 4:00 Indoor Croquet 5:45 Picture Book Look	10:30 Cup Pong Competition 22 1:30 First Day of Fall Festival - Music, Photobooth, Mini Horse Visit! 3:00 Stay Fit with Sarah 3:45 Assorted Table Games  5:45 Word Scrambles	10:30 International Armchair Travel 23 1:30 Cru Quarters Pool Table Visit 2:00 "Try It" Club: Apple Tasting! 3:30 Fall Wreaths & Table Arrangements 5:45 Sensory Station Rotation	10:00 Chair Circuit Exercise 24 11:15 Basketball Freethrow 1:30 Manicures 2:45 BINGO! 4:00 Men's Hour 5:45 Adult Coloring 	10:30 Name That Tune 25 2:00 Memory Chi! 2:45 UNO 3:45 Leaf Paint Prints 5:45 Qwirkle Matching	10:30 Nick in Concert (HC) 26 1:30 Baking Apple Cider Donuts 2:45 Donuts & Good News 4:00 Saturday Streeetch 5:45 The Tale of Johnny Appleseed!
10:45 Devotion & Hymn Sing 27 1:30 Best Friends 1-on-1 Hour 2:30 Parachute Play 3:45 Unfinished Craft Time 5:45 September Jeopardy!	10:30 Ballroom Dancers (HC) 28 1:30 Color Ball Match 2:45 Seated Cardio 3:45 BINGO! 5:45 IN2L Crossword Puzzles	10:30 Instrument Jam Session 29 1:30 Rummikub Corner 2:00 Dog Therapy with Lily 3:00 Stay Fit with Sarah 3:45 Putt Putt Golf Practice 5:45 Happy Hour at Sue's Casino!	10:00 Balloon Volleyball 30 11:15 Nature Activities with Leif 1:30 Monthly Birthday Party & Karaoke with Emily! 3:00 Singing Smart with Leigh 5:45 Yarnwork Club			

All activities are subject to change based on new circumstances or resident request. Alternates are provided as appropriate. Contact Emily at ESmith@TheMayflower.com with any questions regarding activities in Stafford Shores.