

THE MAYFLOWER ASSISTED LIVING ACTIVITIES SEPTEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
		1 10:30 TRIVIA TUESDAY 2:00 GET STRONG WITH SARAH 3:00 FLORAL ARRANGMENTS 4:00 FRIENDLY VISITS	2 10:30 BINGO! 2:00 CHAIR DANCE WITH LESLIE! 3:00 JEOPARDY 4:00 SNACK CART	3 10:30 CHAIR EXERCISE! 2:00 NATURE DOCUMENTARY 3:00 MUSIC WITH SIXTIES BY THREE! 4:15 FRIENDLY VISITS	4 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 11:00 DONUTS & DAILY CHRONICLES 2:00 CHAIR EXERCISE 3:00 SPA NAILS	5 11:00 MUSIC & MOVEMENT WITH CAMILLE 11:00 JEWISH PAVILION - IL 3:00 AFTERNOON MOVIE
6 9:30 CATHOLIC MASS LIVE STREAM 10:30 CRAFT CORNER 3:00 MATINEE MOVIE	7 LABOR DAY 10:30 TRAVELOGUE 2:00 LIVE MUSIC WITH CRIAG THOMAS! 3:00 MOVIN' WITH MADDIE! 4:00 REFRESHMENTS	8 10:30 ART WITH HOWARD 2:00 GET STRONG WITH SARAH 3:00 RUMMIKUB	9 10:30 JEWELRY WITH JACKIE! 2:00 CHAIR DANCE WITH LESLIE! 3:00 MUSIC WITH DONNY ROX!	10 10:30 SIT 'N STRETCH 2:00 COOKING CLUB: APPLE CRISP 3:00 FREE PAINTING 4:00 FRIENDLY VISITS	11 ROSH HASHANAH BEGINS 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 10:30 SPA NAILS 2:30 CRU QUARTERS MOVIE MATINEE 4:00 ICE CREAM SANDWICHES PATRIOT DAY	12 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 SNACK CART 3:00 PUZZLE HOUR
13 ALF WEEK 9:30 CATHOLIC MASS LIVE STREAM 10:30 BINGO! 2:00 FLOWER DELIVERY 3:00 LIVE MUSIC WITH GINGER! GRANDPARENTS DAY	14 ALF WEEK 10:00 TIE DYE! 11:00 OLD WEST PORTRAITS 2:00 MUSIC WITH KEVIN MOYNIHAN! 3:00 MOVIN' WITH MADDIE 4:00 REFRESHMENTS	15 ALF WEEK 10:30 CARD MAKING: THANK YOU CARDS 2:00 GET STRONG WITH SARAH 3:00 LIVE MUSIC WITH MIKE & ERIK!	16 ALF WEEK 10:00 SIT 'N STRETCH 12:00 ALOMA BOWL OUTING! 2:30 TV TIME 3:30 MUSIC WITH SENTIMENTAL JOURNEY!	17 ALF WEEK 10:30 CHAIR DANCE WITH LESLIE 2:00 PORCH TIME 3:00 MUSIC WITH JOHN MORGAN! 4:15 POPCORN CART	18 ALF WEEK 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 10:30 SPA NAILS 2:00 FAMILY FEUD 3:00 FUNNEL CAKE BAR! 3:30 MUSIC WITH TINA STEFANOS!	19 ALF WEEK 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 SNACK CART 3:00 UCF CARE VISIT
20 YOM KIPPUR BEGINS 9:30 CATHOLIC MASS LIVE STREAM 10:30 TRAVELOGUE 2:00 FRIENDLY VISITS 3:00 JANIE'S VARIETY SHOW!	21 10:30 BALLROOM DANCING WITH JASON & HELEN! 2:00 PUZZLE HOUR 3:00 MOVIN' WITH MADDIE! 4:00 REFRESHMENTS	22 AUTUMN BEGINS 10:00 CATHOLIC MASS - IL 10:30 MUSIC BINGO 2:00 GET STRONG WITH SARAH 3:00 LIVE MUSIC WITH GINGER!	23 10:30 FAMILY FEUD 2:00 CHAIR DANCE WITH LESLIE! 3:00 RUMMIKUB 4:15 SNACK CART	24 11:00 LUNCH OUTING TO SONNY'S BBQ 2:00 FREE PAINTING 3:00 CHAIR EXERCISE 4:10 HARMONY 123 PERFORMANCE	25 SUKKOT 10:00 PRE-SHABBAT PROGRAM WITH RABBI DUBOV 2:00 JEOPARDY 3:00 SPA NAILS	26 11:00 MUSIC & MOVEMENT WITH CAMILLE 2:00 FRIENDLY VISITS 3:00 BINGO!
27 9:30 CATHOLIC MASS LIVE STREAM 10:30 OUTDOOR STROLL 2:00 FRIENDLY VISITS 3:00 MOVIE & POPCORN	28 10:30 MUSIC BINGO! 2:00 LIVE MUSIC WITH DAVID SCOTT! 3:00 MOVIN' WITH MADDIE! 4:00 REFRESHMENTS	29 10:30 TRIVIA TUESDAY 11:15 EPISCOPAL SERVICE - IL 2:00 GET STRONG WITH SARAH 3:00 RUMMIKUB	30 10:30 WHEEL OF FORTUNE 2:00 RESIDENT MEETING 3:00 CHAIR DANCE WITH LESLIE! 4:15 POPCORN CART			