

Wingslow

Sunday Brunch – September 13th



-Gluten Free



-Vegan



-Vegetarian

Starters

Butternut Squash~Chicken Noodle (2)

Tender Pulled Chicken, Chicken Broth,
Roasted Butternut Squash, Vegetables,
Egg Noodles, Cilantro

Feta in Filo (3)

Feta Cheese, Crispy Filo,
Toasted Sesame Seeds, Honey

Cream of

Roasted Mushroom (2)

Roasted Oyster Mushrooms,
Crimini Mushrooms, Thyme, Garlic Cream

House Salad (3)



Chopped Romaine, Tomatoes, Carrots,
Cucumber, Onion, Choice of Dressing

Fresh Fruit Display (5)

Sliced Fresh Fruit and Garden Berries

Blackberry

Goat Cheese Salad (3)



Field Greens, Blackberries, Green
Apples, Goat Cheese, Toasted Pecans,
Blackberry~Sherry Vinaigrette

Entrées

Pancakes (12)

2 Pancakes with

Butternut Squash~Maple~Sage Compote &
Crème Fraiche, Bacon or Sausage

Chef's Creation (15)

Ask Your Server about
Today's Culinary Creation

Salmon (12)

Baked Salmon with Orange Glaze

Avocado Toast (12)

Avocado Toast, Eggs of Choice
with Bacon or Sausage

Mayflower Breakfast (15)

Over Easy or Scrambled Eggs,
Bacon or Sausage,
Breakfast Potatoes, Jam, Toast

Ribeye (12)

Herb Crusted Ribeye with Bearnaise

Accompaniments

Applewood Smoked Bacon (3)

Sage Maple Sausage (3)

Scrambled Eggs (2)

Steamed Asparagus (2)

French Green Beans (2)

Buttered Grits (2)

Baked Sweet Potato (2)

Crispy Breakfast Hashbrowns (2)

Beverages

Coffee - Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (low sodium)

Milk (1): Whole, Skim

Winslow

Monday – Saturday September 14th – September 19th

Bread & Butter:

Molasses~Honey Loaf
Fig Butter



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Sauces:

Apricot~Sage Beurre Blanc,
Salsa Verde,
Lemon~Parsley Butter Sauce

Cream of

Roasted Mushroom (2)



Roasted Oyster Mushrooms,
Crimini Mushrooms, Thyme, Garlic Cream

Starters

Feta in Filo (3)

Feta Cheese, Crispy Filo,
Toasted Sesame Seeds, Honey

Blackberry

Goat Cheese Salad (3)



Baby Arugula, Shredded Beets, Orange
Segments, Pistachios, Goat Cheese,
Balsamic Vinaigrette

House Salad (3)



Chopped Romaine, Tomatoes, Carrots,
Cucumber, Onion, Choice of Dressing

Entrées

Pork Schnitzel (12)

Pork Schnitzel with Lemon~Parsley
Butter Sauce

Chef's Creation (15)

Ask Your Server about
Today's Culinary Creation

Fresh Catch (12)

Ask your server for the
Fresh Fish of the Day

Peruvian Rotisserie Chicken (12)



Peruvian Rotisserie Chicken, Peruvian Spices
with Salsa Verde

Grilled/Steamed Protein

Chicken (7)
Shrimp or Salmon (15)

Harvest Bowl (12)



Roasted Acorn Squash, Sautéed
Collard Greens, Rice, Black Beans,
Tomato~Pepper~Onion Vinaigrette

Accompaniments

Steamed Asparagus (2)

Steamed Broccoli (2)

Baked Sweet Potato (2)

Honey~Walnut Brussels Sprouts (2)

Potato Gratin (2)

Baked Potato (2)

Green Beans with Roasted Peppers (2)

Brown Butter~Rosemary Spätzle (2)

Beverages

Coffee - Regular or Decaf

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,
Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,
V8 Juice (low sodium)

Milk (1): Whole, Skim

For reservations call 407-543-8248

Winslow

Weekly Theme Entrées

MONDAY - Homestyle Day (15)

Shepard's Pie with Carrots, Peas, Beef, Gravy, Gratin Mash Potatoes

TUESDAY - International Day (15)

Swedish Meatballs, Mash Potatoes, Steamed Carrots

WEDNESDAY- Shrimp Day (15)



"Shrimp n' Grits" Cajun Shrimp, Cheddar Grits, Andouille Sausage

THURSDAY- Specialty Sandwich Day (15)

"French Dip" Sliced Prime Rib, Baguette, Beef Jus, Fries

FRIDAY- Favorites Day (15)

Braised Lamb Shank, Minted Pea Risotto

SATURDAY- Hearty Salad Day (15)

Grilled Salmon Ceasar Salad, Romain Hearts, Shaved Parmesan, Croutons, Caesar Dressing

Deli Sandwich Selections

Fries, Chips, or side of Fruit (2)

(Choice of White, Wheat & Rye Breads are Available for Substitution)

The Club (8.5)

Turkey, Ham, Bacon, American & Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

BLT (7.5)

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

Chicken, Tuna, or Egg Salad (8)

Served on Toasted Wheat Bread

The Mayflower Burger (12)

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun

Substitute Turkey, Chicken, or Beyond Meat for (2)

Kosher All Beef Hot Dog (7)



-Gluten Free



-Vegan



-Vegetarian

Place an order

407-672-1603

or

321-397-1152

To Go Info

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

Delivery charge \$6.00

Hours of Operation

Monday - Saturday 11am - 7:30pm

Sunday 11am - 2pm

Wingslow

Desserts

Dessert of the Day (3)

Ask your server

Ice Cream (3)

Vanilla, Chocolate, Strawberry, Variety

Frozen Yogurt (3)

Vanilla (Sugar Free), Yogurt of the Day

Cookies (3)

Chocolate Chip, Oatmeal Raisin, Variety

No Sugar Added (3)

Cheesecake, Variety

Fruit (5)

Seasonal Assortment

(Ask your server for the days Variety Selections!)



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