Stafford Shores Activities November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:45** Devotion & Hymn Sing **1:30** Best Friends 1-on-1 Hour & Pawfection Dog Therapy **2:30** Scarf Dancing **3:45** 3D Pumpkin Painting **5:45** Driving Simulator	**2** **10:45** Seated Cardio **2:00** Pictionary **3:30** What is Dia de los Muertos? **5:45** Sugar Skull Coloring & Traditional Music	**3** **10:00** Morning Dance Break **11:15** Lunch Outing to Bob Evans **1:30** Table Games **3:00** Stay Fit with Sarah **4:00** Resident Council Meeting **5:45** Broom Ball	**4** **10:00** Putt Putt Golf Practice **11:15** Balloon Burst Word Game **1:30** Biscuit & Spreads Social **3:00** Vitality in Motion **4:00** Lotion Hand Massages **5:45** Find the Difference	**5** **10:00** Outdoor Stroll & Chat **11:15** Rhythm Circle **1:30** Manicures **2:45** BINGO! **4:00** Men's Hour **5:45** Giant Connect Four	**6** **10:30** International Armchair Travel **2:00** Memory Chi! **2:45** MadLibs **4:00** Basketball Freethrow **5:45** Hodgepodge Variety Hour	**7** **10:30** Mocktails & Good News **1:30** Baking Zucchini Bread with C.A.R.E. **3:00** Ginger in Concert **(HC)** **4:15** Saturday Streeeetch **5:45** "Club World" Radio Garden
8 **10:45** Devotion & Hymn Sing **1:30** Best Friends 1-on-1 Hour & Zucchini Bread **2:30** Balloon Volleyball **3:45** Diwali Lesson & Rangoli Art **5:45** Name That Tune!	**9** **10:45** Seated Cardio **2:00** Musical BINGO! **3:30** This Month in History **5:45** Guided Reminiscing	**10** **10:30** Outside Sun Paper Fun **1:30** Table Games **2:00** Dog Therapy with Lily **3:00** Stay Fit with Sarah **3:45** Pinecone Turkeys Craft **5:45** Wheel of Fortune	**11** **10:30** Veteran's Day Ceremony **(HC)** **1:30** Fresh Flower Arranging **2:45** Zumba Dancercise **4:00** Resident Pick Military Trivia **5:45** Music & Spa Masks	**12** **10:30** Guitar with Fred Hodes **1:30** Manicures **2:45** BINGO! **3:00** Caregiver Support Group **4:00** Men's Hour **5:45** Libations & Learning: The History of Happy Hour	**13** **10:30** November Jeopardy **1:30** Memory Chi! **2:30** Movie Matinee at Cru Quarters Cinema **3:30** Disco Bowling League **5:45** Electric Car Silliness	**14** **10:30** Mike & Erik in Concert **(HC)** **1:15** Festival of Trees at OMA **1:30** Baking Cran-Orange Cookies with C.A.R.E. **3:00** Cookies & Good News **5:45** Saturday Streeeetch
15 **10:45** Devotion & Hymn Sing **1:30** Best Friends 1-on-1 Hour **2:30** Cornhole Toss **3:45** Beaded Corn Cobs **5:45** Tri-Bond Brain Games	**16** **10:45** Seated Cardio **2:00** Music with the Joy Ukulele Club! **3:30** "Cover the Board" Dice Game **5:45** Mystery IN2L Activity	**17** **10:45** Outdoor Stroll & Chat **2:00** November Birthday Party with Music by Rob Kastrinos! **3:30** Table Games **5:45** Timeline Trivia	**18** **10:45** Twister Mat Games **11:15** Nature Activities with Leif **1:30** Thankful Tree Craft **3:00** Vitality in Motion **5:45** Disney Music Singalong	**19** **10:45** Musical Ball Toss **1:30** Ballroom Dance with Joe **2:45** Manicures & Men's Hour **4:00** Bracelet Making **5:45** BINGO!	**20** **10:30** USA Armchair Travel **2:00** Memory Chi! **2:45** Music & Legacy: John Denver **4:00** Putt Putt Golf Practice **5:45** Adult Coloring	**21** **10:00** BY VOTE: Baking Stuffing **OR** Corn Casserole **11:15** Good News Network **2:00** Bakesgiving Potluck Party! **3:45** Saturday Streeeetch **5:45** Happy Hour Piano Singalong
22 **10:45** Devotion & Hymn Sing **1:30** Best Friends 1-on-1 Hour **2:30** Parachute Play **3:45** Unfinished Craft Time **5:45** Puzzles with Friends	**23** **10:45** Seated Cardio **2:00** Fresh Fruit & IN2L Karaoke Sing **3:30** BINGO! **5:45** Guess Who?!	**24** **10:00** Finish the Lyrics **11:15** Chair Circuit Exercise **1:30** Table Games **2:00** Dog Therapy with Lily **3:00** Thanksgiving Placecards **5:45** Guided Reminiscing	**25** **10:00** Water Gun "Turkey" Hunt in the Garden! **11:00** UNO! **2:00** Zumba Gold with Elena **3:00** Manicures **4:00** Men's Hour **5:45** Sensory Stations	**26** **9:30** Donuts & Macy's Thanksgiving Day Parade **12:00** Thanksgiving Luncheon **2:00** BINGO & Apple Cider **5:45** Resident Pick Christmas Movie!	**27** **10:30** Balloon Volleyball **2:00** Memory Chi! **3:30** Black Friday Black Out Paintings **5:45** Crossword Puzzles	**28** **10:30** Coffee & Good News **1:30** Baking Apple Crumble **3:00** Allerton Cove Karaoke **(HC)** **5:45** Saturday Streeeetch
29 **10:45** Devotion & Hymn Sing **1:30** Best Friends 1-on-1 Hour **2:30** GIANT BEACH BALL! **3:45** One Word Per Letter **5:45** Picture Book Look	**30** **10:45** Seated Cardio **2:00** Instrument Jam Session **3:30** Christmas Ornament Craft **5:45** Color Ball Match					



CALENDAR KEY
RED - OUT OF BUILIDING
BLUE - VISITORS ENCOURAGED
GREEN - LOVED ONES ONLY
(HC) - UPSTAIRS



ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT: DOMINOES, PUZZLES, PLAYING CARDS, BOOKS TO BORROW, INSTRUMENTS FOR PUBLIC USE, IN2L ACTIVITIES, CRDL SOUND MACHINE, ART SUPPLIES, & MORE!
(SEE ACTIVITIES TEAM FOR CRDL OR IN2L)



All activities are subject to change based on new circumstances or resident request. Alternatives are provided as appropriate. Email Emily at ESmith@TheMayflower.com with any questions.