

October 2026 National Tracking - Generic Ballot

Full Crosstabulations

FIELD DATES	10/4/2026 - 10/6/2026
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SAMPLE SIZE	939 RV
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MARGIN OF ERROR	±3.4%
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WEIGHTING EFFICIENCY	87.40%
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METHODOLOGY	Combination of online panel and SMS survey of adults, weighted to match known demographic and political benchmarks.
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The Honest Poll - @honestpollster / info@thehonestpoll.com

Sample Composition

Unweighted vs. weighted composition of the variables used in weighting.

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · UNWEIGHTED N=939 · WEIGHTED N=939

	Unweighted %	Weighted %
Are you male or female?		
Male	50%	48%
Female	50%	52%
Where do you live?		
Northeast	16%	17%
South	39%	37%
Midwest	22%	22%
West	23%	23%
What is the highest level of education you have completed?		
Attended high school but did not graduate	3%	3%
High school graduate	27%	25%
Attended college but did not complete	24%	29%
College graduate	33%	26%
Graduate school	12%	16%
Not sure	1%	1%

	Unweighted %	Weighted %
Age		
18-29	13%	17%
30-39	15%	16%
40-49	19%	16%
50-64	31%	24%
65+	22%	27%
Combined race		
White	62%	69%
Black or African-American	12%	12%
Hispanic	14%	12%
Asian	7%	5%
Some other race	4%	3%
Party ID, leaned		
Republican	39%	43%
Democrat	49%	51%
Independent	9%	4%
Something else	2%	1%
Not sure	2%	1%

If the election for U.S. House of Representatives were held today, would you vote Republican or Democratic in your district?

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · UNWEIGHTED N=939 · WEIGHTED N=939

	Are you currently a validly registered voter in your state?	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Yes	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
Republican	40%	38%	40%	46%	33%	43%	37%	28%	38%	46%	43%	36%
Democratic	51%	58%	53%	44%	45%	50%	53%	60%	52%	46%	51%	50%
Some other candidate	3%	0%	4%	4%	6%	3%	3%	7%	4%	2%	1%	0%
Not sure	6%	3%	4%	6%	16%	4%	7%	5%	6%	7%	5%	14%
Unweighted n	939	358	239	221	90	466	473	124	245	299	262	9
Weighted n	939	379	242	216	77	446	493	161	231	245	291	11

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
Republican	28%	40%	35%	47%	43%	47%	11%	29%	43%	32%	91%	2%	26%	5%	7%
Democratic	60%	50%	55%	44%	51%	45%	79%	63%	51%	54%	4%	96%	52%	47%	13%
Some other candidate	7%	5%	1%	2%	1%	3%	3%	4%	1%	5%	1%	2%	7%	17%	11%
Not sure	5%	5%	8%	7%	5%	6%	7%	4%	5%	9%	4%	0%	16%	31%	69%
Unweighted n	124	144	177	288	206	585	110	136	66	42	313	372	214	24	16
Weighted n	161	147	150	229	252	648	115	109	42	25	351	383	181	14	10

If the election for U.S. House of Representatives were held today, would you vote Republican or Democratic in your district? (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · UNWEIGHTED N=939 · WEIGHTED N=939

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
Republican	89%	2%	10%	11%	86%	3%	10%	20%
Democratic	4%	94%	36%	12%	7%	93%	51%	59%
Some other candidate	1%	2%	19%	35%	2%	1%	27%	8%
Not sure	5%	2%	36%	42%	6%	3%	13%	13%
Unweighted n	365	461	83	15	376	426	39	83
Weighted n	404	478	41	7	401	423	34	73

Leaned GCB

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · UNWEIGHTED N=939 · WEIGHTED N=939

	Are you currently a validly registered voter in your state?	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Yes	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
Republican	41%	38%	42%	47%	36%	44%	39%	28%	40%	47%	44%	50%
Democratic	52%	59%	53%	45%	48%	50%	54%	60%	53%	47%	52%	50%
Some other candidate	3%	0%	4%	4%	6%	3%	3%	7%	4%	2%	1%	0%
Not sure	4%	3%	1%	4%	10%	3%	5%	4%	3%	5%	4%	0%
Unweighted n	939	358	239	221	90	466	473	124	245	299	262	9
Weighted n	939	379	242	216	77	446	493	161	231	245	291	11

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
Republican	28%	42%	37%	48%	45%	49%	12%	30%	44%	32%	93%	2%	29%	5%	7%
Democratic	60%	50%	58%	44%	52%	45%	80%	64%	53%	55%	4%	96%	55%	52%	13%
Some other candidate	7%	5%	1%	2%	1%	3%	3%	4%	1%	5%	1%	2%	7%	17%	11%
Not sure	4%	3%	4%	5%	3%	4%	5%	3%	2%	7%	2%	0%	10%	26%	69%
Unweighted n	124	144	177	288	206	585	110	136	66	42	313	372	214	24	16
Weighted n	161	147	150	229	252	648	115	109	42	25	351	383	181	14	10

Leaned GCB (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · UNWEIGHTED N=939 · WEIGHTED N=939

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
Republican	91%	2%	12%	11%	88%	3%	10%	23%
Democratic	4%	95%	41%	12%	8%	94%	53%	59%
Some other candidate	1%	2%	19%	35%	2%	1%	27%	8%
Not sure	3%	1%	29%	42%	3%	2%	11%	9%
Unweighted n	365	461	83	15	376	426	39	83
Weighted n	404	478	41	7	401	423	34	73

If the election for U.S. House of Representatives were held today, would you vote Republican or Democratic in your district?

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Likely voter	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Likely voter	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
Republican	41%	39%	42%	47%	33%	44%	38%	30%	39%	47%	44%	27%
Democratic	53%	58%	51%	45%	56%	50%	56%	60%	55%	48%	52%	58%
Some other candidate	2%	0%	4%	2%	3%	3%	2%	6%	3%	1%	0%	0%
Not sure	4%	3%	3%	6%	7%	3%	4%	4%	3%	4%	4%	16%
Unweighted n	780	349	215	167	39	391	389	96	191	248	237	8
Weighted n	780	360	214	162	36	373	407	125	182	202	262	9

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
Republican	30%	43%	33%	49%	43%	48%	12%	28%	44%	36%	93%	2%	26%	3%	20%
Democratic	60%	52%	60%	46%	52%	46%	81%	68%	52%	58%	4%	96%	55%	64%	36%
Some other candidate	6%	4%	1%	2%	0%	2%	3%	3%	1%	1%	1%	2%	4%	17%	17%
Not sure	4%	1%	6%	4%	4%	4%	4%	1%	4%	4%	2%	0%	15%	16%	27%
Unweighted n	96	113	136	249	186	499	86	107	55	33	270	326	163	16	5
Weighted n	125	116	117	196	227	547	92	86	35	20	298	329	139	10	3

If the election for U.S. House of Representatives were held today, would you vote Republican or Democratic in your district? (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
Republican	90%	2%	13%	9%	87%	3%	10%	17%
Democratic	4%	95%	44%	21%	7%	93%	53%	75%
Some other candidate	1%	1%	14%	45%	1%	1%	23%	2%
Not sure	4%	2%	30%	25%	4%	3%	14%	5%
Unweighted n	314	401	53	8	327	381	30	39
Weighted n	343	405	26	4	345	373	26	35

Leaned GCB

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 · 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Likely voter	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Likely voter	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
Republican	42%	39%	44%	48%	33%	45%	39%	30%	40%	47%	44%	42%
Democratic	54%	58%	51%	46%	56%	51%	56%	61%	55%	49%	53%	58%
Some other candidate	2%	0%	4%	2%	3%	3%	2%	6%	3%	1%	0%	0%
Not sure	3%	3%	1%	4%	7%	2%	3%	3%	1%	3%	3%	0%
Unweighted n	780	349	215	167	39	391	389	96	191	248	237	8
Weighted n	780	360	214	162	36	373	407	125	182	202	262	9

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
Republican	30%	44%	34%	49%	45%	49%	13%	28%	44%	36%	93%	2%	29%	3%	20%
Democratic	61%	52%	62%	46%	53%	46%	83%	68%	55%	60%	4%	96%	58%	64%	36%
Some other candidate	6%	4%	1%	2%	0%	2%	3%	3%	1%	1%	1%	2%	4%	17%	17%
Not sure	3%	0%	2%	3%	2%	3%	2%	1%	1%	2%	2%	0%	8%	16%	27%
Unweighted n	96	113	136	249	186	499	86	107	55	33	270	326	163	16	5
Weighted n	125	116	117	196	227	547	92	86	35	20	298	329	139	10	3

Leaned GCB (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
Republican	91%	2%	15%	9%	89%	3%	10%	17%
Democratic	4%	96%	48%	21%	7%	94%	53%	76%
Some other candidate	1%	1%	14%	45%	1%	1%	23%	2%
Not sure	3%	0%	23%	25%	2%	2%	14%	4%
Unweighted n	314	401	53	8	327	381	30	39
Weighted n	343	405	26	4	345	373	26	35

How likely are you to vote this November — definitely, probably, may or may not, probably not, or definitely not?

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Likely voter	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Likely voter	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
You have already voted or will definitely vote	58%	76%	45%	36%	41%	61%	55%	41%	49%	57%	70%	91%
Probably will vote	42%	24%	55%	64%	59%	39%	45%	59%	51%	43%	30%	9%
Unweighted n	780	349	215	167	39	391	389	96	191	248	237	8
Weighted n	780	360	214	162	36	373	407	125	182	202	262	9

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
You have already voted or will definitely vote	41%	52%	44%	63%	72%	59%	52%	54%	63%	55%	57%	59%	57%	66%	17%
Probably will vote	59%	48%	56%	37%	28%	41%	48%	46%	37%	45%	43%	41%	43%	34%	83%
Unweighted n	96	113	136	249	186	499	86	107	55	33	270	326	163	16	5
Weighted n	125	116	117	196	227	547	92	86	35	20	298	329	139	10	3

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
You have already voted or will definitely vote	57%	58%	54%	66%	56%	65%	23%	26%
Probably will vote	43%	42%	46%	34%	44%	35%	77%	74%
Unweighted n	314	401	53	8	327	381	30	39
Weighted n	343	405	26	4	345	373	26	35

How do you plan to vote — or how did you vote, if you already have — in person on Election Day, in person before Election Day, or by mail?

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Likely voter	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Likely voter	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
In person on Election Day	52%	52%	53%	55%	48%	52%	52%	51%	66%	52%	44%	37%
In person before Election Day	23%	25%	25%	18%	26%	23%	24%	36%	22%	19%	22%	0%
By mail	23%	22%	21%	23%	26%	23%	23%	9%	10%	26%	34%	63%
Not sure	2%	1%	1%	4%	0%	3%	2%	4%	2%	4%	0%	0%
Unweighted n	780	349	215	167	39	391	389	96	191	248	237	8
Weighted n	780	360	214	162	36	373	407	125	182	202	262	9

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
In person on Election Day	51%	68%	54%	54%	42%	53%	47%	52%	47%	57%	60%	46%	49%	48%	17%
In person before Election Day	36%	19%	27%	18%	21%	21%	33%	28%	23%	24%	21%	24%	26%	30%	40%
By mail	9%	11%	16%	25%	37%	24%	14%	19%	28%	19%	17%	27%	22%	22%	43%
Not sure	4%	2%	3%	3%	0%	2%	5%	0%	2%	0%	2%	2%	2%	0%	0%
Unweighted n	96	113	136	249	186	499	86	107	55	33	270	326	163	16	5
Weighted n	125	116	117	196	227	547	92	86	35	20	298	329	139	10	3

How do you plan to vote — or how did you vote, if you already have — in person on Election Day, in person before Election Day, or by mail? (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
In person on Election Day	59%	46%	57%	41%	60%	45%	43%	49%
In person before Election Day	21%	25%	27%	19%	22%	25%	32%	19%
By mail	18%	27%	11%	40%	16%	28%	22%	20%
Not sure	2%	2%	5%	0%	1%	2%	3%	12%
Unweighted n	314	401	53	8	327	381	30	39
Weighted n	343	405	26	4	345	373	26	35

How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Likely voter	How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all?				Are you male or female?		Generation				
	Likely voter	Extremely	Very	Somewhat	Not at all	Male	Female	Gen Z	Millennial	Gen X	Boomer	Silent
Extremely enthusiastic	46%	100%	0%	0%	0%	49%	44%	39%	39%	41%	58%	57%
Very enthusiastic	27%	0%	100%	0%	0%	29%	26%	36%	31%	25%	22%	43%
Somewhat enthusiastic	21%	0%	0%	100%	0%	18%	23%	19%	25%	24%	17%	0%
Not enthusiastic at all	5%	0%	0%	0%	100%	3%	6%	5%	5%	7%	2%	0%
Not sure	1%	0%	0%	0%	0%	1%	2%	1%	0%	3%	1%	0%
Unweighted n	780	349	215	167	39	391	389	96	191	248	237	8
Weighted n	780	360	214	162	36	373	407	125	182	202	262	9

	Age					Combined race					Do you usually think of yourself as a Republican, a Democrat, an independent, or something else?				
	18-29	30-39	40-49	50-64	65+	White	Black/Af-Am	Hispanic	Asian	Other race	Republican	Democrat	Ind.	Something else	Not sure
Extremely enthusiastic	39%	43%	31%	47%	59%	49%	32%	44%	47%	51%	47%	48%	41%	37%	20%
Very enthusiastic	36%	26%	37%	22%	24%	24%	37%	34%	33%	29%	28%	28%	23%	30%	0%
Somewhat enthusiastic	19%	27%	24%	22%	15%	21%	24%	19%	18%	17%	22%	17%	28%	4%	17%
Not enthusiastic at all	5%	4%	8%	6%	1%	5%	6%	3%	0%	3%	2%	5%	7%	23%	47%
Not sure	1%	0%	1%	2%	1%	1%	1%	0%	2%	1%	1%	1%	1%	6%	17%
Unweighted n	96	113	136	249	186	499	86	107	55	33	270	326	163	16	5
Weighted n	125	116	117	196	227	547	92	86	35	20	298	329	139	10	3

How enthusiastic are you about voting this November — extremely, very, somewhat, or not at all? (continued)

OCTOBER 2026 NATIONAL TRACKING - GENERIC BALLOT · FIELD 10/4/2026 - 10/6/2026 · WEIGHT: WEIGHT_RV · FILTER: LV = LIKELY VOTER · UNWEIGHTED N=780 · WEIGHTED N=780

	Party ID, leaned				Who did you vote for president in 2024?			
	Rep.	Dem.	Ind.	Other	Trump	Harris	Someone else	You did not vote
Extremely enthusiastic	45%	48%	33%	30%	45%	51%	22%	16%
Very enthusiastic	28%	28%	22%	0%	28%	25%	55%	35%
Somewhat enthusiastic	23%	18%	36%	11%	22%	18%	12%	41%
Not enthusiastic at all	3%	5%	9%	42%	4%	5%	10%	5%
Not sure	1%	1%	0%	17%	1%	1%	1%	4%
Unweighted n	314	401	53	8	327	381	30	39
Weighted n	343	405	26	4	345	373	26	35