

Airline Policy for Passengers Medical Condition - Travel Guidelines

General Information

Air travel can expose you to a number of factors that can impact your health and well-being. If you suffer from any underlying health conditions, the effects of flying could be challenging to you.

Airline restrictions on flying

Before planning your trip make sure it is medically safe for you to fly.

Please inform us in advance about any health conditions you have, that may worsen during the flight.

If you think your health might be affected by flying, you should contact your GP or specialist before you book a flight.

Travel by air is not advised in some cases and you may need medical clearance before you are allowed to fly. The airline reserves the right to refuse carriage of passengers in the following cases. Please note, that the list is only a guideline:

- Healthy new-born babies, not prematurely born, within the first seven (7) days after birth;
- Women after the 35th week of pregnancy or the 32nd week for multiple pregnancy
- Women who have given birth within 7 days before flight
- If you suffer from or have experienced:
 - angina or chest pain at rest
 - an infectious disease (e.g. chickenpox, flu), including COVID-19 (in the last 7 days)
 - decompression sickness after diving (sometimes called 'the bends')
 - increased pressure in the brain (due to bleeding, injury or infection)
 - infection of your ears or sinuses
 - recent heart attack
 - recent stroke
 - recent operation or injury where trapped air or gas may be present in the body (e.g. stomach, bowel, eyes, face, brain)
 - severe long-term diseases that affect your breathing
 - breathlessness at rest
 - unresolved pneumothorax (punctured lung)
 - sickle cell anemia
 - unstable mental health or psychotic illness
- If you have a plaster cast, that has been fitted on any limb for less than 48 hours before the flight, then the cast needs to be split (the split needs to run along the entire length of the cast).
If the plaster cast has been fitted for more than 48 hours there is no requirement for the cast to be split.

In specific cases, according to the airline's procedures, before flight, the crew may request a Fit to Fly certificate or authorization by a doctor. Despite that, upon crew discretion and in the interest of the safety of the flight you might be refused carriage.

If the crew on board considers, that your health condition may worsen during the flight, you will be asked to sign an Indemnity Form, certifying, that you will travel at your own risk.