

## YOUR EXISTING MEDICATION: WHAT YOU NEED TO KNOW

**Please verify that your medical record is accurate -- including MEDICAL HISTORY, SURGICAL HISTORY, CURRENT MEDICATIONS, ALLERGIES, and PHARMACY during ALL office encounters.**

- **NO ASPIRATIONS OR INJECTIONS (CORTISONE/GEL) INTO THE JOINT THAT WILL BE REPLACED – THERE NEEDS TO BE A 3 MONTH WINDOW BETWEEN ANY INJECTIONS AND DAY OF SURGERY.**
- **VACCINES - It is safe to get ALL vaccines before or after your surgery, should you choose to get vaccinated prior to surgery you should get it at least a week before surgery in case there are any side effects.**
- **BLOOD THINNERS -- will need to be stopped prior to surgery – IF you are taking medication such as Coumadin, Eliquis, Plavix, Pradaxa, Xarelto, Savaysa or others. **PLEASE CALL THE OFFICE 914 787 2468 AT LEAST 10 DAYS PRIOR TO YOUR SURGICAL DATE TO CLARIFY WHEN THESE MEDS NEED TO BE STOPPED.****
- **Aspirin you may continue taking this medication up until the day of surgery.**
- **Diabetes / Weight loss medication – may need to be stopped prior to surgery.**
- **SGLT2 Inhibitors (Sodium-Glucose Cotransporter-2 Inhibitors) like Dapagliflozin (Farxiga) Empagliflozin (Jardiance) Canagliflozin (Invokana) – **These meds will need to be stopped for 3 days prior to your surgical procedure.****
- **Ertugliflozin (Steglatro) -- it will need to be stopped 4 days prior to your surgical procedure.**
- **GLP-1 Agonists ONCE OR TWICE DAILY -- (Glucagon-Like Peptide 1 Receptor Agonists) -- like Liraglutide (Victoza, Saxenda) Exenatide (Byetta) Semaglutide oral tablet (Rybelsus) -- **PLEASE DO NOT TAKE THEM THE MORNING OF SURGERY. Fast from solid foods after 12 Noon the day prior surgery. Fast from liquids after midnight.****
- **GLP-1 Agonists ONCE WEEKLY -- (Glucagon-Like Peptide 1 Receptor Agonists) -- like Dulaglutide (Trulicity), Exenatide (Bydureon BCise), Semaglutide Injection (Ozempic, Wegovy), tirzepatide (Mounjaro) **DO NOT TAKE FOR ONE WEEK PRIOR TO YOUR SURGERY. Fast from solid foods after 12 Noon the day prior surgery. Fast from liquids after midnight.****
- **Oral diabetes medications– **PLEASE DO NOT TAKE THE MORNING OF SURGERY****
- **HCTZ (hydrochlorothiazide) -- **PLEASE DO NOT TAKE THE MORNING OF SURGERY.****
- **ACE Inhibitors – (Angiotensin-converting enzyme) for your blood pressure such as Enalapril, Captopril, Lisinopril, Ramipril, Quinapril, or Benazepril -- **PLEASE DO NOT TAKE THE MORNING OF SURGERY****
- **DMARDs -- (Disease-modifying antirheumatic drugs) such as sulfasalazine (Azulfidine) leflunomide (Arava), etanercept (Enbrel), infliximab (Remicade), adalimumab (Humira), certolizumab pegol (Cimzia), golimumab (Simponi), abatacept (Orencia), rituximab (Rituxan), tocilizumab (Actemra), anakinra (Kineret), antimalarials (e.g. Plaquenil) – **THEY WILL NEED TO BE STOPPED 2 WEEKS PRIOR TO YOUR SURGICAL DATE, AND CAN BE RESUMED 2 WEEKS AFTER YOUR SURGICAL DATE.****