

Dr. Mushroom®

Dr. Mushroom makes functional mushrooms approachable for everyday life, blending science and modern wellness to support you where you need it most.



SKINNY SKINNY

Crafted with Lion's Mane, L-Theanine, and Inulin. **SKINNY SKINNY** is designed to support metabolism, energy, and a balanced daily routine.

RELAX

Crafted with Reishi, L-Theanine, and Magnesium. **RELAX** is designed to help calm the mind, support stress recovery, and promote better rest as part of your daily routine.

IMMUNITY

Crafted with Reishi, Zinc, and Ginger. **IMMUNITY** is designed to help support immune function and provide antioxidant support for everyday wellness.

BRAINFUEL™

Crafted with Lion's Mane, Cordyceps, and Bacopa. **BRAINFUEL™** is designed to support focus, mental clarity, and sustained energy throughout your day.

Rooted in Tradition. Powered by Science.

SALES DETAILS

- Unit Size: 2 fl oz
- SRP: \$3.99 per unit
- Case Pack: 6 units
- Shelf Life: 12 months
- Storage: Refrigerated (*ships ambient*)
- Distribution: Hi-Touch DSD

DIFFERENTIATORS

- Great-tasting functional mushrooms with no earthiness or medicinal aftertaste!
- Up to **2,400mg** functional mushrooms/shot
- Only **3g sugar** per serving
- Made with **U.S.-grown organic mushrooms** and premium functional ingredients
- Manufactured in California

“Not Your Grandmother’s Medicine”

Deborah Dworkin
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Dr. Mushroom®

Four Shots. Four Intentions.

Each formula is precision-crafted for a specific goal.

Nutrition Facts
About 1 Serving Per Container
Serving size 2 fl oz (59mL)

Amount per serving
Calories 20

% Daily Value*

Total Fat 0 g 0%
Saturated Fat 0 g 0%
Trans Fat 0 g 0%
Cholesterol 0 mg 0%
Sodium 0 mg 0%
Total Carbohydrate 8 g 3%
Dietary Fiber 4 g 16%
Total Sugars 3 g
Includes 3 g Added Sugars 7%
Protein 0 g

Vitamin D 0 mcg 0%
Calcium 0 mg 0%
Iron 0 mg 0%
Potassium 20 mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Filtered Water, Cane Sugar*, Inulin*, Lion's Mane Mushroom Extract*, Organic and Natural Flavors, Gum Acacia*, Citric Acid, Dymyleria Dygolfi*, Rowanberry Extract, L-Theanine, Monk Fruit Extract. *Organic Ingredient.

Dr. Mushroom®
SKINNY SKINNY®
MANDARIN ORANGE
Energize • Clean • Lean
Lion's Mane • L-Theanine • Inulin



Functional Mushroom Shot
1000mg Per Shot
2 FL OZ (59mL)

ENERGIZE
LEAN
SLIM

HOW TO USE:
Refrigerate for best taste. Shake well before drinking.

Nutrition Facts
About 1 Serving Per Container
Serving size 2 fl oz (59mL)

Amount per serving
Calories 20

% Daily Value*

Total Fat 0 g 0%
Saturated Fat 0 g 0%
Trans Fat 0 g 0%
Cholesterol 0 mg 0%
Sodium 0 mg 0%
Total Carbohydrate 5 g 2%
Dietary Fiber 2 g 6%
Total Sugars 3 g
Includes 3 g Added Sugars 7%
Protein 0 g

Vitamin D 0 mcg 0%
Calcium 0 mg 0%
Iron 0 mg 0%
Potassium 20 mg 0%
Magnesium 50 mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Filtered Water, Cane Sugar*, Reishi Mushroom Extract Powder*, Organic and Natural Flavor, Gum Acacia*, Lion's Mane Mushroom Extract*, Citric Acid, Magnesium Citrate, Rowanberry Extract, L-Theanine, Monk Fruit Extract. *Organic Ingredient.

Dr. Mushroom®
RELAX
LAVENDER
Calm • Recover • Recharge
Reishi • L-Theanine • Magnesium



Functional Mushroom Shot
1700mg Per Shot
2 FL OZ (59mL)

CALM MIND
STRESS RELIEF
BETTER REST

HOW TO USE:
Refrigerate for best taste. Shake well before drinking.

Nutrition Facts
About 1 Serving Per Container
Serving size 2 fl oz (59mL)

Amount per serving
Calories 15

% Daily Value*

Total Fat 0 g 0%
Saturated Fat 0 g 0%
Trans Fat 0 g 0%
Cholesterol 0 mg 0%
Sodium 0 mg 0%
Total Carbohydrate 5 g 2%
Dietary Fiber 1 g 5%
Total Sugars 3 g
Includes 3 g Added Sugars 7%
Protein 0 g

Vitamin D 0 mcg 0%
Calcium 0 mg 0%
Iron 0 mg 0%
Potassium 20 mg 0%
Caffeine 30 mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Filtered Water, Cane Sugar*, Lion's Mane Mushroom Extract*, Cordyceps Mushroom Extract*, Organic and Natural Flavors, Gum Acacia*, Citric Acid, Rowanberry Extract, Bacopa Monnieri Extract, Green Tea Extract*, Monk Fruit Extract. *Organic Ingredient.

Dr. Mushroom®
BRAINFUEL™
MINT
Focus • Memory • Energy
Lion's Mane • Cordyceps • Bacopa



Functional Mushroom Shot
2400mg Per Shot
2 FL OZ (59mL)

FOCUS
MEMORY
ENERGY

HOW TO USE:
Refrigerate for best taste. Shake well before drinking.

Nutrition Facts
About 1 Serving Per Container
Serving size 2 fl oz (59mL)

Amount per serving
Calories 15

% Daily Value*

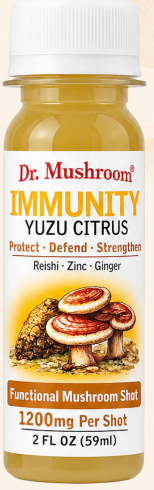
Total Fat 0 g 0%
Saturated Fat 0 g 0%
Trans Fat 0 g 0%
Cholesterol 0 mg 0%
Sodium 0 mg 0%
Total Carbohydrate 5 g 2%
Dietary Fiber 1 g 5%
Total Sugars 3 g
Includes 3 g Added Sugars 7%
Protein 0 g

Vitamin D 0 mcg 0%
Calcium 0 mg 0%
Iron 0 mg 0%
Potassium 20 mg 0%
Zinc 9.9 mg 90%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Filtered Water, Cane Sugar*, Reishi Mushroom Extract*, Organic and Natural Flavor, Gum Acacia*, Ginger Extract*, Citric Acid, Rowanberry Extract, Zinc Gluconate, Monk Fruit Extract. *Organic Ingredient.

Dr. Mushroom®
IMMUNITY
YUZU CITRUS
Protect • Defend • Strengthen
Reishi • Zinc • Ginger



Functional Mushroom Shot
1200mg Per Shot
2 FL OZ (59mL)

PROTECT DAILY
ANTIOXIDANTS
STRENGTHEN

HOW TO USE:
Refrigerate for best taste. Shake well before drinking.



ABOUT DR. MUSHROOM

After discovering Lion's Mane at her local farmers' market, Debbie began growing mushrooms at home in Utah and crafting delicious beverages to enjoy their everyday benefits. Inspired by what she learned, she founded Dr. Mushroom to make functional mushrooms simple, joyful, and approachable for everyone.

CONTACT

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