



CYBER ESSENTIALS

This learning journey equips leaders and professionals with the foundational knowledge to understand, govern, and manage cyber risk within their organisations.

Build Organisational Resilience Through Cyber Awareness

This learning journey builds the essential cyber security capability that organisations need to protect their operations, data, and reputation. It equips participants with a solid understanding of risk management fundamentals, key cyber security concepts, and core principles including confidentiality, integrity, and availability.

By exploring governance frameworks such as ISO 27001 and NIST, participants learn to align cyber strategy with organisational objectives. The learning journey covers cyber risk management, enterprise-wide security journeys, and incident response planning. The focus is on practical application, enabling professionals to embed cyber resilience into business processes and respond effectively to security incidents.

KEY OUTCOMES

- Understand Cyber Risk Management Fundamentals
- Apply Core Cyber Security Principles
- Navigate Cyber Governance Frameworks Confidently
- Identify, Assess & Prioritise Cyber Risks
- Conceptualise Enterprise-Wide Security Journeys
- Conceptualise Incident Response & Recovery Capability

WHO IT'S FOR

- Professionals responsible for information security, risk management, compliance, or
- IT governance within their organisations
- Business leaders and managers seeking cyber literacy
- IT and technical staff transitioning into security roles
- Risk, audit, and compliance professionals

DURATION

4 half-days (online)

Four half-day live sessions delivered over two weeks. The first three sessions are scheduled within the first week, with the fourth session following a break to allow participants to apply their learning in the workplace.