American Bank & Trust
Frequent Contact List

	Company	Contact	Email	Phone
Benefits Assistance Claims Questions, Etc.	American Bank & Trust	Kelli Ruggeberg	hr@goambank.com	563-441-6584
Medical	Iowa Bankers & Wellmark BCBS	Customer Service	N/A	800-258-1415
Dental	Delta Dental of Iowa	Customer Service	N/A	800-544-0718
Vision	Avesis	Customer Service	N/A	800-828-9341
Life & Disability	Mutual of Omaha	Customer Service	N/A	800-877-5176
Accident & Critical Illness	Mutual of Omaha	Customer Service	N/A	800-877-5176
Flex/Dependent Care	BPC	Member Services	N/A	217-531-9000
Health Savings Account	American Bank & Trust	In House	N/A	In House
401k Retirement	GoRetire	Customer Service	N/A	800-716-3742

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