somenté

where neuroscience *meets* nurture

SEARCHING FOR CLARITY · THE ENTRY POINT

You know your child needs more than the usual supports.
You just do not know where to start.

One complete picture of your child. No diagnosis needed, or expected.

Clarity doesn't require a label.

You know your child needs more than the usual supports. You just don't know where to start. Searching for Clarity is where we figure that out together — building a grounded, holistic understanding of what is most likely going on with your child, across every major developmental and sensory system, whether a diagnosis is on the horizon, under consideration, or simply not part of your plan.

Please note: Searching for Clarity does not provide, constitute, or replace a clinical diagnosis. The written profile and clinical pathway recommendations are specialist-informed observations — not diagnostic assessments. If a formal diagnosis is sought, Lauren will identify the appropriate assessment pathway and professionals as part of the program's Next Steps.

WHERE YOU ARE NOW

Googling at midnight, collecting half-answers that never quite fit your child.

Waitlists and referrals, with nobody explaining what you are actually seeing.

Quietly wondering whether you are imagining it. You are not.

WHERE YOU FINISH

A complete picture of your child, system by system, in plain language.

A written profile any professional can pick up and act on.

You know exactly who to see next, in what order, and why.

HOW IT WORKS

8 SESSIONS × 60 MINUTES · NO DIAGNOSIS REQUIRED · COMPLETE AS A STANDALONE

Lauren works through your child's full neurological and sensory profile using her signature method, The Clarity Map: system by system, one complete picture. The sequence is clinically intentional — each system builds on the one before it. Sensory lays the foundation for understanding regulation. Regulation connects to interoception. Interoception explains what drives focus and attention. Focus and attention sits alongside gross motor and proprioception to complete the developmental picture. Communication and social connection then gives that picture language. By the time you reach Next Steps, nothing is standing alone — every piece of what you have been seeing at home has a place in the map.

HOW EVERY SESSION IS STRUCTURED: LEARN · DO · BE

Every session moves through three stages. Most information parents receive stops at LEARN — you leave an appointment knowing something new but without it changing anything about how the next hard

moment unfolds. DO moves that knowledge into specific application for your child, with a guided resource and profile worksheet after every session. BE is where it begins to shift how you see your child entirely — not just in the session, but in the moments nobody planned for.

THE MILESTONE MAP

Seven milestones in one continuous arc of discovery — moving system by system from what you can see on the outside to what is happening on the inside. One initial consultation plus seven milestone sessions.

01 Your Child's Sensory World

Map what activates your child and what settles them, at home and out in the community.

02 Transitions and Regulation

Learn to read your child's nervous system: the triggers, the patterns, and what each one signals.

03 Interoception, the Invisible System

The system behind hunger, fatigue, toileting and the dysregulation you see on the outside.

04 Focus and Attention

Attention, hyperfocus and dopamine in plain language, and why regulation always comes first.

05 Gross Motor and Proprioception

Why movement, balance and coordination can be hard, and the path through it.

06 Communication and Social Connection

Why connection flows from every system above, and what actually works for your child.

07 Your Child's Profile and Pathway

Lauren prepares your child's full written profile, then walks you through every page of it.

System by system. One complete picture.

WHAT YOU LEAVE WITH

THE WRITTEN PROFILE

Your child's complete profile across all six systems, collated by Lauren in plain language.

THE CLARITY MAP

The signature method. System by system, one complete picture no single assessment can provide.

PRACTICAL STEPS

Two things to implement for every system, starting now. Not someday, after the next waitlist.

THE CLINICAL PATHWAY

A personalised recommendation: which professionals to see next, in what order, and why.

SESSIONS WITH LAUREN

Every resource is walked through together in session, connected to what you see at home.

A NEW LENS

You finish knowing more about your child's nervous system than most parents ever get the chance to.

EVERY RESOURCE IS YOURS TO KEEP

- The sensory systems resource and profile table
- The transitions and regulation resource
- The interoception resource
- The focus and attention resource
- The gross motor and proprioception resource
- The communication and connection resource
- Your child's full written profile
- Your personalised clinical next steps plan

Not generic handouts — the same resources Lauren walks through with you in session, yours to keep, share with any professional, or take into any future assessment.

PROGRAM DETAILS

FORMAT — 8 x 60-minute 1:1 sessions via Zoom (initial consultation + 7 milestone sessions)

DURATION — Flexible — weekly or fortnightly, scheduled at a pace that suits your family

DELIVERY — 1:1 with Lauren Quirke

ENTRY — No diagnosis required. Open to any presentation or concern.

SUPPORT — Structured check-in at the start and end of every session, a guided resource and profile worksheet after every session, and email access to Lauren between sessions. Session recordings included.

NEXT STEP — Standalone and complete. If a diagnosis follows, or if you want to continue into deeper diagnosis-specific support, Lauren will advise on the right next step for your family at the end of the program.

IS THIS YOU?

"I don't even know what I'd be asking for. I just know something is going on."

"I've read everything I can find, and I still can't put the pieces together."

"I know my child needs more. I just don't know where to start."

WHAT PARENTS OFTEN ASK BEFORE THEY BOOK

We are still waiting for an assessment. Is it too early to start?

The waiting period is often the hardest part. You know something is going on, nothing is confirmed, and you have very few tools to work with in the meantime. Searching for Clarity is specifically designed for that window. You do not need a diagnosis to start understanding your child — and the clarity you build here will also make any future assessment more informed and more useful for everyone involved.

What if the written profile just confirms what I already know?

If you already know, you need someone to validate and name it in a way that is actually useable. Most parents arrive with good instincts and no language for what they are observing. The written profile does not just confirm — it maps, sequences, and contextualises what you are seeing in a way that gives you something to work from. If it turns out you were right all along, you will leave with the words, the framework, and the next step you have been missing.

My child's presentation is quite complex or mixed. Will this be specific enough?

Searching for Clarity is intentionally built to hold complexity. Many families arrive with a child whose profile does not fit neatly into one category — and that ambiguity is exactly what the program is designed to map. You do not need a clear picture going in. That is the point of coming.

YOUR INVESTMENT

FOUNDING FAMILY INVESTMENT

$599 + GST

Somenté's most accessible entry point.

Payment options are outlined in the separate pricing and payment guide.

HOW TO GET STARTED

01 Book your free Discovery Call — 30 minutes with Lauren to hear about your child and confirm this is the right fit.

02 Receive your welcome pack — Once you decide to proceed, you receive everything you need — including your intake form and your initial consultation booking.

03 Begin your initial consultation — Lauren gives a full program overview and begins building the picture of your child before Milestone 1. You will not be starting from zero.

Ready to get clarity?

Book your free 30-minute Discovery Call at www.neurodivergentneuroscience.com — no commitment, just a conversation.

You do not need a diagnosis to start understanding your child.

Searching for Clarity is part of the Mastering the Moments in Between program suite by Somenté.