

# Cookie Policy

goldentouchcoaching.com

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*Last updated: May 2026*

## About This Policy

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This Cookie Policy explains what cookies are, how Golden Touch Coaching and Consultancy uses them on goldentouchcoaching.com, and how you can manage your cookie preferences.

## 1. What Are Cookies

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Cookies are small text files that are placed on your device when you visit a website. They are widely used to make websites work efficiently and to provide information to website owners. Cookies do not give us access to your device or any information about you beyond what you choose to share with us.

## 2. How We Use Cookies

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goldentouchcoaching.com uses the following types of cookies:

### Essential Cookies

These cookies are necessary for goldentouchcoaching.com to function correctly. They cannot be switched off as they are set in response to actions you take such as setting your privacy preferences or filling in forms. These cookies do not store any personally identifiable information.

- Session cookies — maintain your session as you navigate the website
- Security cookies — protect the website and its users from malicious activity

*These cookies do not require your consent as they are strictly necessary for the site to function.*

### Analytics Cookies

These cookies allow us to count visits and understand how visitors move around goldentouchcoaching.com so we can improve the site. All information collected is aggregated and anonymous.

- Google Analytics — tracks page views, session duration, and visitor behaviour to help us understand how the site is used. Google's privacy policy can be viewed at [policies.google.com/privacy](https://policies.google.com/privacy)

*These cookies are only placed with your explicit consent via the cookie banner.*

## 3. Cookies We Do Not Use

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goldentouchcoaching.com does not use:

- Advertising or targeting cookies

- Social media tracking cookies
- Any cookies that track you across other websites

#### **4. How Long Cookies Last**

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Session cookies expire when you close your browser. Analytics cookies typically last between one month and two years depending on the specific cookie. Your cookie consent preference is stored for twelve months after which you will be asked again.

#### **5. Managing Your Cookie Preferences**

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When you first visit [goldentouchcoaching.com](http://goldentouchcoaching.com) you will see a cookie banner giving you the option to accept all cookies, accept essential cookies only, or manage your preferences. You can change your preferences at any time.

You can also control cookies through your browser settings. Most browsers allow you to refuse cookies, delete existing cookies, or be notified when a cookie is set. Please note that disabling cookies may affect the functionality of [goldentouchcoaching.com](http://goldentouchcoaching.com).

#### **6. Third Party Cookies**

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Where we use third party services such as Google Analytics, those services may set their own cookies on your device. We do not control these cookies and they are governed by the privacy policies of the respective third parties. Links to relevant third party privacy policies are provided in Section 2 above.

#### **7. Changes to This Cookie Policy**

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We may update this Cookie Policy from time to time to reflect changes in technology, legislation, or our use of cookies. When we do we will update the date at the top of this page.

#### **8. Contact Us**

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If you have any questions about our use of cookies please contact us at [enquiries@goldentouchcoaching.com](mailto:enquiries@goldentouchcoaching.com).