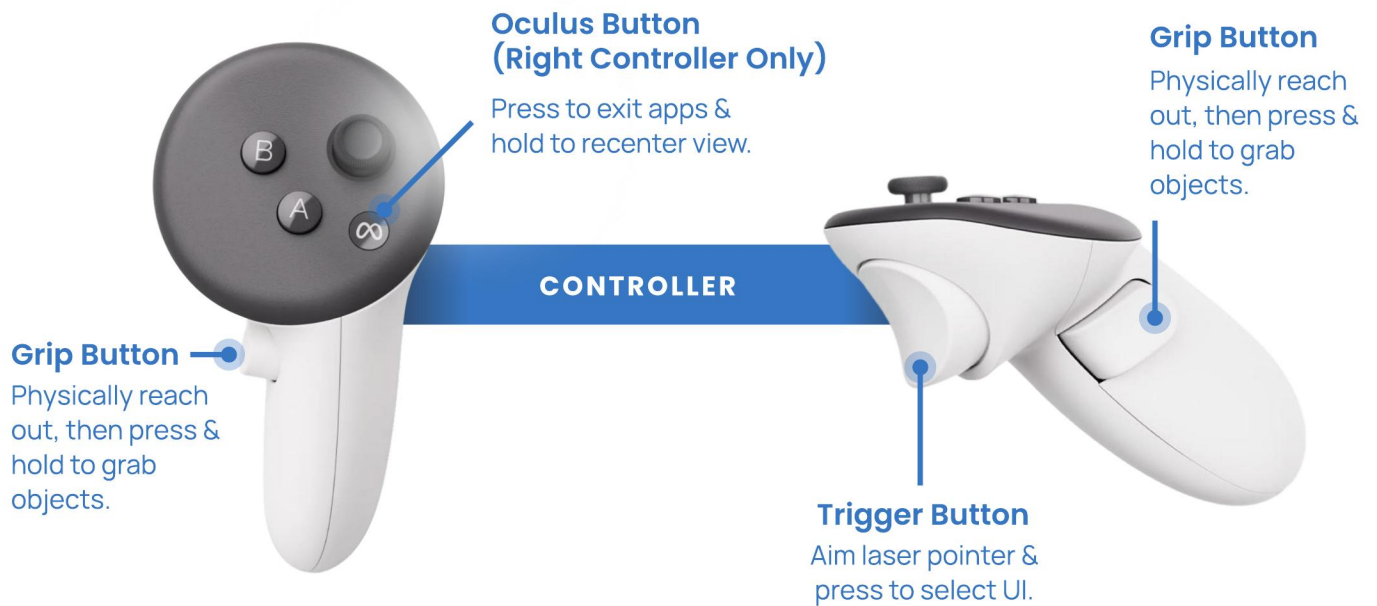
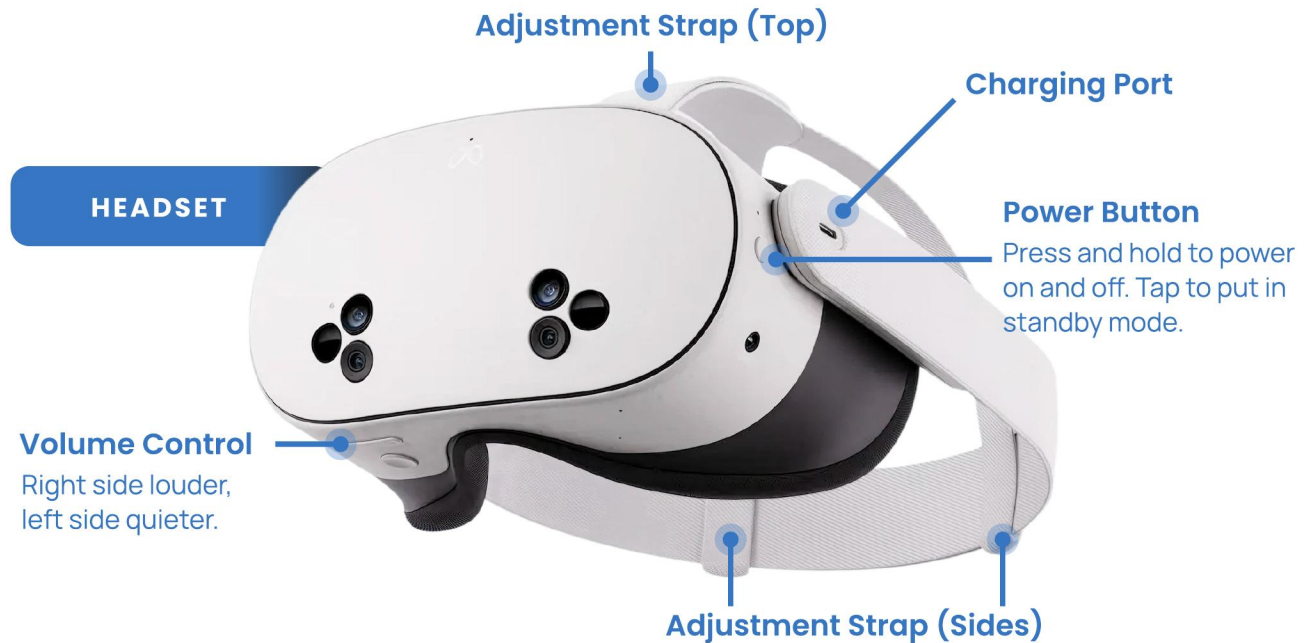


Meta Quest 3S

Hardware Guide

See back side for step by step instructions on getting started.



Quick Start Guide

Step by step instructions on getting started. See back side for hardware guide.

1 Power On

Action: Press and hold the **Power Button** on the right side of the headset.

Status: If the LED is solid or blinking **Red**, you must charge the headset. **Orange** indicates partial charge, and **Green** is fully charged.

2 Headset Fit & Clarity

Fit: Put the headset over your eyes, then pull the straps over your head. Tighten the **Side Straps** first, then the **Top Strap** to balance the weight.

Clarity: Adjust the headset up/down on your face until the text is sharp. If still blurry, move the lenses closer or farther apart (3 positions) until clear.

3 Holding the Controllers

Positioning: Place your **index finger** on the **Trigger** and your **middle finger** on the **Grip Button**.

Orientation: Ensure the tracking ring is facing away from you.



4 Boundary Setup

Floor Level: Place a controller on the floor until the virtual grid matches. Aim the controller's laser pointer at the confirm button and press the **Trigger**.

Boundary Type: If prompted for "Roomscale," select **"Switch to Stationary Boundary"**. Confirm your stationary boundary to proceed.

5 Navigation & Wi-Fi Setup

Navigation: Aim the laser pointer at UI elements and pull the **Trigger** to select. Use the **Oculus Button** on the right controller to exit submenus and applications.

Wi-Fi: Select the **Wi-Fi symbol** in the bottom settings bar. Choose your network, enter password with the virtual keyboard, and select **Connect**.

6 Audio & Launching Transfr

Volume: Use the **Volume Control** buttons to ensure audio is **at least 50%**.

Open App: Aim the laser pointer at the Transfr application and pull the **Trigger**.

Log In: Enter your Transfr login credentials via the prompts, then select your content and enjoy!



Launch App

