



Behavior Frontiers  
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# Water Safety Tips for Children with Autism

A Quick Guide for a Safer, More Confident Summer



1

**Assign a water watcher**—one adult who is always supervising with no distractions

2

**Stay within arm's reach**, close enough to help immediately when your child is near water

3

**Practice safety during everyday routines** like bath time to build comfort & awareness

4

**Use simple, repeated rules** like “ask before going in” and “stay close”

5

**Remove toys, floaties, and sensory items** from pools or tubs when not in use to avoid temptations

6

**Support sensory needs** with goggles, swim shirts, ear protection, breaks, or gradual water entry as needed

7

**Secure water access at home** with fences, door alarms, or pool covers to prevent unsupervised access

8

**Use visual supports** like a red “Stop” sign or picture schedule to make water routines clear and predictable

9

**Look for local adaptive swim lessons** designed for children with autism



*In-Network with Most Major Insurance Plans.*

**Ready to help your child achieve meaningful progress?**

Call us at 888.922.2843 or visit [www.behaviorfrontiers.com](http://www.behaviorfrontiers.com) to learn more.



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