

SAMPLE MENU

Applies to Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Pancakes, assorted syrups, bacon*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Hot beef commercial with buttered corn*

• **DESSERT:**

• *Pumpkin Pie with whipped cream*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Homestyle chili with honey cornbread*

• **DESSERT:**

• *Chocolate drizzled ice cream*