

SAMPLE MENU

Applies to Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Hashbrown egg bake, fresh fruit, toast*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Bratwurst with Kraut, coleslaw, baked beans*

• **DESSERT:**

• *Ice Cream Sandwich*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Fish sandwich with cheese, curly fries, tartar sauce*

• **DESSERT:**

• *Bread Pudding*