

SAMPLE MENU

Applies to Assisted Living/Memory Care and dinner for Independent Living Residents. Independent Living Residents can enjoy a continental breakfast and a served dinner, similar to those offered in Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Danish, broccoli cheese quiche*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Beef brisket, baked sweet potato, cauliflower and parsley*

• **DESSERT:**

• *Fruit Cup*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Sloppy Joe on bun, tater tots, steamed green beans*

• **DESSERT:**

• *Lemon Bar*