

SAMPLE MENU

Applies to Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Ham and cheese omelet, bacon*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Spaghetti and meat sauce, vegetable blend, Texas toast*

• **DESSERT:**

• *Pudding Parfait*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple, cranberry, and orange juice*

• **MAIN ENTREE:**

• *Fried chicken, mashed potatoes, gravy, vegetable blend*

• **DESSERT:**

• *Strawberry Ice Cream*