

SAMPLE MENU

Applies to Assisted Living/Memory Care.

Each community provides an always available menu with basic food options for residents during breakfast, lunch, and dinner.

BREAKFAST

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *French toast, sausage links*

LUNCH

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Country fried steak, mashed potatoes, green beans*

• **DESSERT:**

• *Pecan Pie*

DINNER

• **BEVERAGE OPTIONS:**

• *Coffee, milk, water, hot chocolate, and/or apple,*
• *cranberry, and orange juice*

• **MAIN ENTREE:**

• *Tomato basil soup, turkey sub, 3-bean salad*

• **DESSERT:**

• *Cookie*