

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 NATIONAL ASSISTED LIVING WEEK* SEPTEMBER 13-19, 2026	1 10:00 AM Chair Exercise - 3F 10:30 AM Arts & Crafts w/Veronica - 3F 10:30 AM Scrabble - 3F 1:30 PM Church Service - MR 2:00 PM Hink Pink Rhymes & Riddles - 3F 3:00 PM Singing Group - MR 3:15 PM Movie - 2F	2 10:00 AM Yoga w/Dan Weisman - 3F 10:30 AM Rumikubb - 3F 2:30 PM Joe Loschiavo, Pianist - MR 3:45 PM Happy Hour - FP	3 10:00 AM Chair Exercise - 3F 10:30 AM Pom-Poms w/Ranae - 3F 2:00 PM Bird Bingo - 3F 3:15 PM Movie - 2F 6:00 PM Domino Table - 3F	4 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club - 3F 2:00 PM Debra Dean Band Singer - HC 3:15 PM Movie - 2F 6:00 PM Yahtzee - 3F	5 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Words Within Words - MR 3:00 PM Card Games - 3F
6 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Finish That Phrase - MR 2:00 PM Scrabble - 3F 2:00 PM Crosswords - MR	Labor Day Holiday 7 10:00 AM Chair Exercise - MR 10:30 AM Summer Jingo - MR 1:00 PM Bingo w/your Neighbor - MR	8 10:00 AM Chair Exercise - 3F 10:00 AM Shopping Trip: Kroger 10:30 AM Arts & Crafts w/Veronica - 3F 10:30 AM Scrabble - 3F 11:30 AM Men's Club: Luncheon - MR 1:30 PM Church Service - MR 2:00 PM Song Pictionary - 3F 3:00 PM Singing Group - MR 3:15 PM Movie - 2F	9 10:00 AM Chair Exercise - 3F 10:30 AM Rumikubb - 3F 1:30 PM Movie Matinee, "Christopher Robin" & Popcorn - MR 3:45 PM Happy Hour - FP	10 10:00 AM Chair Exercise - 3F 10:30 AM Balloon Tennis - 3F 2:00 PM Claudia Carawan, Singer - MR 3:15 PM Movie - 2F 6:00 PM Domino Table - 3F	11 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club 10:30 AM Song Quiz: Name That Tune - 3F 11:00 AM Lunch Out: Riptides 2:00 PM Knitting Group - 3F 3:15 PM Movie - 2F	12 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Everyday Life Trivia - 3F 3:00 PM Card Games - 3F
13 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Tea/Coffee & Conversations - MR 2:00 PM Bible Study - 3F 2:00 PM Scrabble - 3F	NATIONAL 14 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club 2:00 PM Sip & Pant - MR 3:00 PM Coloring Club - 3F 3:15 PM Movie - 2F	ASSISTED 15 10:00 AM Chair Exercise - 3F 10:30 AM Arts & Crafts w/Veronica - 3F 10:30 AM Scrabble - 3F 1:30 PM Church Service - MR 2:00 PM Ice Cream Social - MR 3:00 PM Singing Group - MR 3:15 PM Movie - 2F	LIVING 16 10:00 AM Yoga w/Dan Weisman - 3F 10:30 AM Resident Council - 3F 2:00 PM Jonathan the Juggler - HG 3:00 PM Happy Hour and Trivia - MR	WEEK 17 10:00 AM Chair Exercise - 3F 10:30 AM Rummikub - 3F 2:00 PM Carnival Games - HG 3:15 PM Movie - 2F 6:00 PM Domino Table - 3F	2026 18 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club 2:00 PM Down On the Farm - HG 3:15 PM Movie - 2F 6:00 PM Yahtzee - 3F	19 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Hummel Devotions in Front Parlor - CP 3:00 PM Card Games - 3F
20 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Blur! - MR 2:00 PM Bible Study - 3F 2:00 PM Scrabble - 2F	21 10:00 AM Chair Exercise - 3F 10:30 AM Virginia Trivia - 3F 2:00 PM Bingo w/your Neighbor - MR 3:00 PM Coloring Club - 3F 3:15 PM Movie - 2F	22 10:00 AM Chair Exercise - 3F 10:30 AM Arts & Crafts w/Veronica - 3F 10:30 AM Scrabble - 3F 1:30 PM Church Service - MR 2:00 PM Manicures - MR 3:00 PM Singing Group - MR 3:15 PM Movie - 2F	23 10:00 AM Chair Exercise - 3F 10:30 AM Rumikubb - 3F 2:00 PM Kevin Sayler-Singer - MR 3:15 PM Movie - 2F 3:45 PM Happy Hour - FP	24 10:00 AM Chair Exercise - 3F 10:30 AM America Trivia - 3F 2:00 PM Bruce Schoonmaker - MR 3:15 PM Movie - 2F 6:00 PM Domino Table - 3F	25 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club 11:00 AM Lunch Out: Latitude's - 3F 2:00 PM Book Club - 3F 3:15 PM Movie - 2F	26 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Kickball - MR 3:00 PM Card Games - 3F
27 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Presidential Trivia - MR 2:00 PM Scrabble - 3F 2:00 PM Target Game Shootout - MR	28 10:00 AM Chair Exercise - 3F 10:30 AM Strollers Club 2:00 PM Bingo w/your Neighbor - MR 3:00 PM Coloring Club - 3F 3:15 PM Movie - 2F	29 10:00 AM Chair Exercise - 3F 10:30 AM Arts & Crafts w/Veronica - 3F 10:30 AM Scrabble - 3F 1:30 PM Church Service - MR 2:00 PM Birthday Social - MR 3:00 PM Singing Group - MR 3:15 PM Movie - 2F	30 10:00 AM Chair Exercise - 3F 10:30 AM Rumikubb - 3F 2:00 PM Craig Anders- Keyboard - HC 3:15 PM Movie - 2F 3:45 PM Happy Hour - FP	Location Key 3F – 3 RD Floor Activity Room 2F – 2 ND Floor Living Area C – Courtyard CF – Chesterfield Dining Room FL – Florida Room FP – Foundation Pub G – Garden HC – Haven Dining Room HG – Haven Garden MR – Media Room S – Salon		Calendar Color Key  Religious/Spiritual  Clubs  Special Events

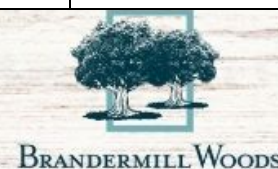
SEPTEMBER 2026



THE CHESTERFIELD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 AM Sensory Room - SR 10:00 AM Exercise W/Weights - AR 10:30 AM Mix & Match - AR 1:30 PM Church Service - MR 2:00 PM Rummikub - AR	2 10:00 AM Java Music Club - AR 1:30 PM Bridge Club 2:30 PM Joe Loschiavo- Piano - MR 3:45 PM Happy Hour - FP	3 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:00 AM Mary Stella - HC 2:00 PM Rhyme Jingo - AR 3:15 PM Movie - AR	4 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Book Club - AR 2:00 PM Debra Dean Band Singer - MR	5 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Words Within Words - MR 3:00 PM Card Games/Puzzles - 3F
6 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Finish That Phrase - MR 2:00 PM Crosswords - MR	7 Labor Day Holiday 10:00 AM Exercise - MR 10:30 AM Summer Jingo - MR 1:00 PM Bingo w/your Neighbor - MR	8 10:00 AM Sensory Room - SR 10:00 AM Exercise W/Weights - AR 10:30 AM Autumn Hangman - AR 11:30 AM Men's Club Luncheon - MR 1:30 PM Church Service - MR 2:00 PM Rummikub - AR	9 10:00 AM Java Music Club - AR 1:30 PM Bridge Club - 1:30 PM Movie Matinee & Popcorn: Christopher Robin - MR 3:45 PM Happy Hour - FP	10 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Balloon Tennis - AR 2:00 PM Claudia Carawan Singer - MR 3:15 PM Movie - AR	11 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM UNO - AR 11:00 AM Lunch Out: Riptides 2:00 PM Crazy 8's & Chitchat - AR	12 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Everyday Life Trivia - MR 3:00 PM Card Games/Puzzles - 3F
13 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Tea/Coffee & Conversations - MR 2:00 PM Bible Study - 3F	14 NATIONAL 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Golden Songbirds Choir Practice - AR 2:00 PM Paint & Sip - MR	15 ASSISTED 10:00 AM Sensory Room - SR 10:00 AM Exercise W/Weights - AR 10:00 AM Bus Ride: City Point Historic District 10:30 AM Umbrella Toss - AR 1:30 PM Church Service - MR 2:00 PM Ice Cream Social - HC	16 LIVING 10:00 AM Java Music Club - AR 1:30 PM Bridge Club 2:00 PM Jonathan the Juggler - MR 3:00 PM Happy Hour and Trivia - MR	17 WEEK 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Resident Council Meeting 2:00 PM Carnival Games - HG 3:15 PM Movie - AR	18 2026 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Book Club - AR 2:00 PM Down On the Farm - HG	19 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Hummels Devotions in the Front Parlor - 3:00 PM Card Games/Puzzles - 3F
20 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Blur! - MR 2:00 PM Bible Study - 3F	21 10:00 AM Exercise - AR - 10:00 AM Sensory Room - SR 10:30 AM Golden Songbirds Choir Practice - AR 2:00 PM Bingo w/your Neighbor - MR	22 10:00 AM Sensory Room - SR 10:00 AM Exercise W/Weights - AR 10:30 AM Collect the Cup - AR 1:30 PM Church Service - MR 2:00 PM Manicure's - MR	23 10:00 AM Java Music Club - AR 1:30 PM Bridge Club 2:00 PM Kevin Saylor Singer - MR 3:45 PM Happy Hour - FP	24 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Roll & Grab - AR 2:00 PM Bruce Shoonmaker Singer - MR 3:15 PM Movie - AR	25 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Throwdown - AR 11:00 AM Lunch Out: Latitude's 2:00 PM Rummikub - AR	26 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Kickball - MR 3:00 PM Card Games/Puzzles - 3F
27 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 2:00 PM Bible Study - 3F 2:00 PM Presidential Trivia - MR 2:00 PM Target Game Shootout - MR	28 10:00 AM Exercise - AR 10:00 AM Sensory Room - SR 10:30 AM Golden Songbirds Choir Practice - AR 2:00 PM Bingo w/your Neighbor - MR	29 10:00 AM Sensory Room - SR 10:00 AM Exercise W/Weights - AR 10:00 AM Bus Ride: Donuts & Winsor Farms 10:30 AM Spooky Arts & Crafts - AR 1:30 PM Church Service - MR 2:00 PM Birthday Social - MR	30 10:00 AM Java Music Club - AR 1:30 PM Bridge Club 2:00 PM Craig Anders- Keyboard - MR 3:15 PM Movie - AR 3:45 PM Happy Hour - FP -	Location Key 3F – 3 RD Floor Activity Room 2F – 2 ND Floor Living Area C - Courtyard CF – Chesterfield Dining Room FL – Florida Room FP – Foundation Pub G – Garden HC – Haven Dining Room HG – Haven Garden MR – Media Room S – Salon	Calendar Color Key Religious/Spiritual Clubs Special Events	

SEPTEMBER 2026



THE HAVEN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 NATIONAL ASSISTED LIVING WEEK* SEPTEMBER 15-19, 2026	1 9:30 AM Exercise 10:00 AM Story Time 10:30 AM Trivia 1:30 PM Snacks and Hydration 1:30 PM Church Service - MR 2:00 PM Roll and Plate 3:00 PM Movie	2 9:30 AM Yoga w/Dan Weisman 10:00 AM Balloon Tennis 10:30 AM Kickball 1:30 PM Snacks and Hydration 2:30 PM Joe Loschiavo - MR 3:00 PM Movie	3 9:30 AM Exercise 10:00 AM Pom-Poms with Ranae 10:30 AM General Knowledge 1:30 PM Snacks and Hydration 2:00 PM High Rollers 3:00 PM Movie	4 9:30 AM Exercise 10:00 AM Ball Toss 10:30 AM Mary Stella 2:00 PM Debra Dean Band Singer - HC 3:00 PM Movie	5 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Coloring Corner and Puzzles 3:00 PM Evening Movie
6 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Finish That Phrase - MR 2:00 PM Coloring Corner and Puzzles	7 Labor Day Holiday 10:00 AM Exercise - MR 10:30 AM Summer Jingo - MR 1:00 PM Bingo w/your Neighbor - MR	8 9:30 AM Exercise 10:00 AM Java Music - MR 10:00 AM Story Time 11:30 AM Men's Club: Luncheon - MR 1:30 PM Snacks and Hydration 1:30 PM Church Service - MR 2:00 PM Fishing Hole 3:00 PM Movie	9 9:30 AM Exercise 10:00 AM Rachael Holliday 10:30 AM Guess the Animal 1:30 PM Movie Matinee & Popcorn: Christopher Robin - MR 1:30 PM Snacks & Hydrations 2:00 PM Movie 3:00 PM Evening Strolls	10 9:30 AM Exercise 10:00 AM Bus Rides 10:00 AM Listening to the Oldies 1:30 PM Snacks and Hydration 2:00 PM Claudia Carawan Singer - MR 3:00 PM Movie	11 9:30 AM Exercise 10:00 AM Healing Sounds 11:00 AM Lunch Out: Riptides 1:30 PM Snacks and Hydration 2:00 PM Bingo 3:00 PM Movie	12 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Coloring Corner and Puzzles 3:00 PM Evening Movie
13 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Tea/Coffee & Conversations - MR 2:00 PM Bible Study - 3F 2:00 PM Coloring Corner and Puzzles	14 NATIONAL 9:30 AM Exercise 10:00 AM Spa Day with Mindy 1:30 PM Snacks and Hydration 2:00 PM Bingo w/your Neighbor - MR 2:00 PM Sip & Paint - MR 3:00 PM Movie	15 ASSISTED 9:30 AM Exercise 10:00 AM Story Time 10:30 AM Trivia 1:30 PM Snacks and Hydration 1:30 PM Church Service - MR 2:00 PM Ice Cream Social - HG 3:00 PM Movie	16 LIVING 9:30 AM Exercise 9:30 AM Yoga w/Dan Weisman 10:00 AM Food Jingo 1:30 PM Snacks and Hydration 2:00 PM Jonathan the Juggler - MR 3:00 PM Movie	17 WEEK 9:30 AM Exercise 10:00 AM Fanfare 10:30 AM Name the Opposite 1:30 PM Snacks and Hydration 2:00 PM Carnival Games - HG 3:00 PM Movie	18 2026 9:30 AM Exercise 10:00 AM Past Times 10:30 AM Ring Toss 1:30 PM Snacks and Hydration 2:00 PM Down On the Farm - HG 3:00 PM Movie	19 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Coloring Corner and Puzzles 3:00 PM Evening Movie
20 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Blur! 2:00 PM Bible Study - 3F 2:00 PM Coloring Corner and Puzzles	21 9:30 AM Exercise 10:00 AM Spa Day with Mindy 1:30 PM Snacks and Hydration 2:00 PM Bingo w/your Neighbor - MR 3:00 PM Movie	22 9:30 AM Exercise 10:00 AM Java Music - MR 10:00 AM Sing-along 1:30 PM Snacks and Hydration 1:30 PM Church Service - MR 2:00 PM Umbrella Ring Toss 3:00 PM Movie	23 9:30 AM Exercise 10:00 AM Rachael Holliday 10:30 AM Blur! 1:30 PM Snacks and Hydration 2:00 PM Kevin Salyer- Singer - MR 3:00 PM Movie	24 9:30 AM Exercise 10:00 AM Bus Rides 10:30 AM Jamming to the 50's & 60's 1:30 PM Snacks and Hydration 2:00 PM Bruce Schoonmaker Singer - MR 3:00 PM Movie	25 9:30 AM Exercise 10:00 AM Healing Sounds 11:00 AM Lunch Out: Latitude's 1:30 PM Snacks and Hydration 2:00 PM High Rollers 3:00 PM Movie	26 9:45 AM Bingo w/your Neighbor - MR 2:00 PM Coloring Corner and Puzzles 3:00 PM Evening Movie
27 10:00 AM Dr. Stanley - TV 10:00 AM Exercise - MR 10:30 AM Presidential Trivia - MR 2:00 PM Coloring Corner and Puzzles	28 9:30 AM Exercise 10:00 AM Spa Day with Mindy 1:30 PM Snacks and Hydration 2:00 PM Bingo w/your Neighbor - MR 3:00 PM Movie	29 9:30 AM Exercise 10:00 AM Story Time 1:30 PM Snacks and Hydration 1:30 PM Church Service - MR 2:00 PM Birthday Social - MR 3:00 PM Movie	30 9:30 AM Exercise 10:00 AM Sports Trivia 10:30 AM Expressions 1:30 PM Snacks and Hydration 2:00 PM Craig Anders Keyboard - HC 3:00 PM Movie	Location Key 3F – 3RD Floor Activity Room 2F – 2ND Floor Living Area C – Courtyard CF – Chesterfield Dining Room FL – Florida Room FP – Foundation Pub G – Garden HC – Haven Dining Room HG – Haven Garden MR – Media Room S – Salon		Calendar Color Key Religious/Spiritual Clubs Special Events