

| SUNDAY                                                                                                                                                                                                                                                                                                                                                                                                           | MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                | SATURDAY                                                                                                                                                                                                                                                                                                                                 |
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| <b>Location Key:</b><br><br>AR - Art Room<br>B - The Bistro<br>C- Clubhouse<br>CC – Com. Center<br>CR – Card Room<br>CY - Courtyard<br>DP - Dog Park<br>FS – Four Seasons<br>GR – Game Room<br>IR – Ivy Room<br>L - Lounge<br><br>LR – Living Room<br>MR – Meeting Room<br>MR & R – Meeting Room & Reflections<br>P - Pool<br>R – Reflections<br>SA – Salon<br>S – Shindigz<br>T – Theater<br>WA – Wellness Area | <b>Contact Information</b><br><br>Hair Stylist, Amber 804.357.3749<br>Hair Stylist, Stefanie 804.873.3369<br>Hair Stylist Elaine & Salon Ext. 259<br>Audiologist 804.818.0000<br>Podiatrist & Nurses Ext. 203<br>Dermatologist 877.345.5300<br>Massage Therapist, Ryan 804.837.4292<br>Broad River Rehab 804.794.4597                                                                                                                                                                                     | <b>Wellness Clinic Hours</b><br><br><b>Monday &amp; Friday</b><br>9:00 a.m. – 11:00 a.m.<br><br><b>Tuesday, Wednesday &amp; Thursday</b><br>1:00 p.m. – 3:00 p.m.                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Nail Technician, Anna**   Hair Stylist Elaine**</b><br><br>9:15 AM Woodcarvers - IR<br><b>10:30 AM Clover Hill Library Assistance - L</b><br>1:00 PM Hand & Foot - CR<br>1:00 PM Mah Jongg - GR<br><b>1:00 PM IT Assistance with Corey - WA</b><br><b>1:00 PM Book Club - IR</b><br>2:00 PM Alzheimer's Caregivers Support Group - R<br><b>2:00 PM Finding Our Ancestors - FS</b><br><b>2:00 PM Richmond Raceway Pace Car - WE</b><br><b>2:00 PM Deluca Gelato - WE</b><br>3:00 PM Dominoes - IR<br>4:00 PM Happy Hour - L<br><b>6:30 PM Oktoberfest - MR</b> | <b>Podiatrist**   Hair Stylist Elaine**</b><br><br><b>9:30 AM Banks (I)**</b><br><b>11:00 AM Dollar Tree &amp; Target (I)**</b><br>12:00 PM Vertically Challenged Group - R<br>1:00 PM Duplicate Bridge - IR<br><b>2:00 PM CVS (I)**</b><br>4:00 PM Happy Hour - L<br><b>6:30 PM Pokeno w/ Mo &amp; Vern - MR</b>                                                                                                                                     | 10:00 AM The Geezers - R<br><b>10:00 AM Open Studio - AR</b><br><b>11:00 AM IT Help w/ Resident Karen Wells - CC</b><br>11:00 AM Yappy Hour - DP<br>1:00 PM Triple Play Card Game - GR<br><b>1:30 PM Movie: October Sky - T</b><br>4:00 PM Happy Hour - L                                                                                |
| <b>4</b><br><b>9:30 AM The Brandermill Church (I)**</b><br><b>10:00 AM The Brandermill Church (I)**</b><br><b>1:30 PM Movie: October Sky - T</b><br>2:00 PM 99 Card Game - FS<br>2:00 PM Yarn Arts - GR                                                                                                                                                                                                          | <b>ALW - Passport to Possibilities</b>   Nail Technician, Anna**<br>8:30 AM Meditation - S<br><b>10:30 AM Drawing w/ Marta** - IR</b><br>1:00 PM Resident Council - R<br><b>1:00 PM Dietician Colleen LaMere - FS</b><br>1:00 PM Hand & Foot - GR<br>1:00 PM Duplicate Bridge - IR<br>1:00 PM Scrabble - CR<br><b>1:00 PM Broad River Rehab Fitness Screening - IR</b><br><b>1:30 PM Movie - Rental Family - T</b><br>4:00 PM Happy Hour - L<br><b>6:45 PM Pacific Arts Troupe Performance - MR</b>       | <b>5</b><br><b>ALW - Passport to Possibilities</b>   Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br><b>9:30 AM Passport Italian Cafe - L</b><br><b>10:45 AM Lunch Bunch Can Can Brasserie and For the Love of Chocolate (I)**</b><br><b>11:00 AM Catholic Service - T</b><br>1:00 PM Social Bridge - GR<br>1:30 PM Wii Bowling w/ Chase - S<br>2:00 PM Rummikub - IR<br><b>2:00 PM CVS (I)**</b><br>3:00 PM IT Assistance with Chase - CC<br><b>3:00 PM Sauerkraut German Band - MR</b><br>4:00 PM Happy Hour - L<br>6:30 PM Euchre - CR<br>7:00 PM Poker - GR | <b>6</b><br><b>ALW - Passport to Possibilities</b>   Hair Stylist Amber**   <b>Massage Therapist Ryan**</b><br>8:00 AM Chair Yoga - MR<br><b>9:30 AM CVS (I)**</b><br>11:00 AM Care Partners: Coping with Neurological Conditions - GR<br><b>11:00 AM Food Lion (I)**</b><br>1:00 PM Cornhole - CY<br><b>1:00 PM Caribbean Minute to Win It Games - MR</b><br>1:30 PM Billiards with Chase - S<br>1:30 PM Spades - GR<br><b>1:30 PM History Club Movie - T</b><br><b>1:30 PM Painting Maracas with Art Factory** - AR</b><br><b>1:30 PM Food Lion (I)**</b><br><b>3:00 PM Writers Group - CR</b><br><b>3:00 PM Ban Caribe - LIVE Caribbean Music - MR</b><br>4:00 PM Happy Hour - L | <b>7</b><br><b>ALW - Passport to Possibilities</b>   Hair Stylist Elaine**   Nail Technician, Anna**<br>9:15 AM Woodcarvers - IR<br>1:00 PM Hand & Foot - CR<br>1:00 PM Mah Jongg - GR<br><b>1:30 PM Movie - The Mask of Zorro - T</b><br><b>1:30 PM Beginner Pottery Class 1** - AR</b><br>2:00 PM Alzheimer's Caregivers Support Group - FS<br>3:00 PM Dominoes - IR<br>4:00 PM Happy Hour - L<br><b>4:30 PM All-American Dinner &amp; Country Line Dance Show - MR</b>                                                                                        | <b>8</b><br><b>ALW - Passport to Possibilities</b>   Fitness & Aquatics Classes Cancelled   Hair Stylist Elaine**<br><b>9:30 AM Active Living Week Finale - MR</b><br><b>11:30 AM A Day of Art at the VMFA (II)**</b><br>1:00 PM Duplicate Bridge - IR<br><b>2:00 PM Reader's Theater - R</b><br>4:00 PM Happy Hour - L                                                                                                                               | <b>10</b><br>10:00 AM Giant Crosswords with Myra - L<br>10:00 AM The Geezers - R<br><b>10:00 AM Open Studio - AR</b><br>11:00 AM Yappy Hour - DP<br>1:00 PM Triple Play Card Game - GR<br><b>1:30 PM Movie: The Sheep Detectives - T</b><br>4:00 PM Happy Hour - L                                                                       |
| <b>11</b><br>Name Tag Week Begins   Food Service Appreciation Week Begins<br><b>9:30 AM The Brandermill Church (I)**</b><br><b>10:00 AM The Brandermill Church (I)**</b><br><b>1:30 PM Movie: The Sheep Detectives - T</b><br>2:00 PM 99 Card Game - FS<br><b>2:00 PM Redeemer Lutheran Church Service - MR</b><br>2:00 PM Yarn Arts - GR<br><b>3:00 PM Redeemer Lutheran Church Fellowship Reception - R</b>    | <b>12</b><br>Nail Technician, Anna**   Hair Stylist Stefanie**<br>8:30 AM Meditation - S<br><b>11:00 AM Presented by the Men's Club** - MR</b><br>1:00 PM Hand & Foot - GR<br>1:00 PM Duplicate Bridge - IR<br>1:00 PM Scrabble - CR<br><b>1:30 PM History Club: Medical Practices of the Civil War - R</b><br><b>3:00 PM iPhone Help w/ Resident Betty Mooney - CC</b><br>4:00 PM Happy Hour - L<br>4:30 PM Social Trivia - MR<br>6:45 PM Non-Denominational Christian Book Study - FS                   | <b>13</b><br>Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br><b>9:30 AM CVS (I)**</b><br><b>11:00 AM Food Lion (I)**</b><br>1:00 PM Social Bridge - GR<br><b>1:00 PM Beading w/ Kathy** - FS</b><br>1:30 PM Wii Bowling w/ Chase - S<br><b>1:30 PM Food Lion (I)**</b><br>2:00 PM Rummikub - IR<br><b>2:30 PM Birthday and Anniversary Social - MR</b><br>4:00 PM Happy Hour - L<br>6:30 PM Euchre - CR<br>7:00 PM Poker - GR                                                                                                                                   | <b>14</b><br>Fitness Classes – IR   Hair Stylist Amber**   <b>Massage Therapist Ryan**</b><br><b>9:30 AM Autumn Getaway**</b><br><b>10:00 AM Holiday Crafters Fair - MR</b><br><b>11:00 AM Movers &amp; Shakers - IR</b><br><b>1:00 PM Cornhole - CY</b><br>1:30 PM Billiards with Chase - S<br>1:30 PM Spades - GR<br><b>1:30 PM History Club Movie - T</b><br>1:30 PM Mending Hearts Grief Support - FS<br>4:00 PM Happy Hour - L                                                                                                                                                                                                                                                 | <b>15</b><br>Nail Technician, Anna**   Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br>10:30 AM Pottery - AR<br>1:00 PM Hand & Foot - CR<br>1:00 PM Mah Jongg - GR<br><b>1:00 PM IT Assistance with Corey - WA</b><br><b>1:00 PM Lettuce Talk w/ Restaura - MR</b><br><b>1:30 PM Beginner Pottery Class 2** - AR</b><br>2:00 PM Alzheimer's Caregivers Support Group - R<br>3:00 PM Dominoes - IR<br><b>3:00 PM Secret Richmond with Annie Tobey - MR</b><br>4:00 PM Happy Hour - L<br><b>4:30 PM Dinner Diners O'Toole's (I)**</b>                         | <b>16</b><br>Hair Stylist Elaine**<br><b>9:30 AM Banks (I)**</b><br><b>10:00 AM Hot Glue Painting w/ The Possibilities Artist** - AR</b><br><b>11:00 AM Food Lion (I)**</b><br>1:00 PM Duplicate Bridge - IR<br><b>1:00 PM Cool Dog Club - R</b><br><b>1:30 PM Photography Group - GR</b><br><b>1:30 PM Estate Planning with Jim Cooke - T</b><br>4:00 PM Happy Hour - L<br><b>4:00 PM Oktoberfest Accordion Program w/ Resident Richard Ols - MR</b> | <b>17</b><br><b>9:30 AM Richmond Quilters Guild Quilt Show (III)**</b><br>10:00 AM The Geezers - R<br><b>10:00 AM Open Studio - AR</b><br><b>11:00 AM IT Help w/ Resident Karen Wells - CC</b><br>11:00 AM Yappy Hour - DP<br>1:00 PM Triple Play Card Game - GR<br><b>1:30 PM Movie: Young Washington - T</b><br>4:00 PM Happy Hour - L |
| <b>18</b><br><b>9:30 AM The Brandermill Church (I)**</b><br><b>10:00 AM The Brandermill Church (I)**</b><br><b>1:30 PM Movie: Young Washington - T</b><br>2:00 PM 99 Card Game - FS<br>2:00 PM Yarn Arts - GR                                                                                                                                                                                                    | <b>19</b><br>Nail Technician, Anna**   Fitness Classes<br>8:30 AM Meditation - S<br><b>11:30 AM Women's Club** - MR</b><br>1:00 PM Hand & Foot - GR<br>1:00 PM Duplicate Bridge - IR<br>1:00 PM Scrabble - CR<br><b>1:30 PM Living History Presentation: Richard Henry Lee - T</b><br>4:00 PM Happy Hour - L<br>4:30 PM Social Trivia - MR<br>6:45 PM Non-Denominational Christian Book Study - FS                                                                                                        | <b>20</b><br>Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br><b>9:30 AM Metro Richmond Zoo (III)**</b><br><b>11:00 AM Catholic Service - T</b><br>1:00 PM Social Bridge - GR<br>1:30 PM Wii Bowling w/ Chase - S<br>2:00 PM Rummikub - IR<br><b>3:00 PM Alzheimer's Association Talk: New Advances in Treatment - MR</b><br>4:00 PM Happy Hour - L<br>6:30 PM Euchre - CR<br>7:00 PM Poker - GR                                                                                                                                                                 | <b>21</b><br>Hair Stylist Amber**   No History Club Film   <b>Massage Therapist Ryan**</b><br>8:00 AM Chair Yoga - MR<br><b>9:30 AM CVS (I)**</b><br><b>10:00 AM One and Done Painting with Art Factory** - AR</b><br><b>11:00 AM Food Lion (I)**</b><br>1:30 PM Billiards with Chase - S<br>1:30 PM Spades - GR<br>1:30 PM Mending Hearts Grief Support - R<br><b>1:30 PM History Club Movie - T</b><br><b>1:30 PM Fall Foliage Pontoon Boat Ride (III)**</b><br><b>2:00 PM Genealogy Group - IR</b><br>4:00 PM Happy Hour - L<br><b>6:30 PM Pokeno w/ Mo &amp; Vern - MR</b>                                                                                                      | <b>22</b><br>Nail Technician, Anna**   Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br><b>10:30 AM Don Vaught, Financial Advisor - T</b><br>10:30 AM Pottery - AR<br>1:00 PM Hand & Foot - CR<br>1:00 PM Mah Jongg - GR<br><b>1:00 PM Chat with Charmaine - MR</b><br>2:00 PM Alzheimer's Caregivers Support Group - R<br>3:00 PM Dominoes - IR<br>4:00 PM Happy Hour - L<br><b>6:30 PM Bingo w/ Chase - MR</b>                                                                                                                                             | <b>23</b><br>Hair Stylist Elaine**<br><b>11:00 AM Publix (I)**</b><br>1:00 PM Duplicate Bridge - IR<br><b>1:30 PM Tea Drinkers - GR</b><br><b>2:00 PM CVS (I)**</b><br>4:00 PM Happy Hour - L<br><b>4:00 PM R&amp;R Band, Resident Band - MR</b><br><b>6:30 PM Movie: The Birds - T</b>                                                                                                                                                               | <b>24</b><br>10:00 AM The Geezers - R<br><b>10:00 AM Open Studio - AR</b><br>11:00 AM Yappy Hour - DP<br>1:00 PM Triple Play Card Game - GR<br><b>1:30 PM Movie: Rear Window - T</b><br>4:00 PM Happy Hour - L                                                                                                                           |
| <b>25</b><br><b>9:30 AM The Brandermill Church (I)**</b><br><b>10:00 AM The Brandermill Church (I)**</b><br><b>1:00 PM Sunday Symphony Series: Brahms &amp; Strauss (II)**</b><br><b>1:30 PM Movie: Rear Window - T</b><br><b>2:00 PM Redeemer Lutheran Church Service - MR</b><br>2:00 PM 99 Card Game - FS<br>2:00 PM Yarn Arts - GR<br><b>3:00 PM Redeemer Lutheran Church Fellowship Reception - R</b>       | <b>26</b><br>Audiologist**   Nail Technician, Anna**   Hair Stylist Stefanie**<br>8:30 AM Meditation - S<br><b>9:00 AM COVID Vaccine Clinic** - L</b><br><b>10:30 AM Drawing w/ Marta** - IR</b><br>1:00 PM Hand & Foot - GR<br>1:00 PM Duplicate Bridge - IR<br>1:00 PM Scrabble - CR<br><b>2:00 PM Chorus Practice - MR</b><br><b>3:00 PM iPhone Help w/ Resident Betty Mooney - CC</b><br>4:00 PM Happy Hour - L<br>4:30 PM Social Trivia - MR<br>6:45 PM Non-Denominational Christian Book Study - FS | <b>27</b><br>Dermatologist**   Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br><b>9:15 AM Historic Hollywood Cemetery Tour (IV)**</b><br>1:00 PM Social Bridge - GR<br><b>1:00 PM BRR Balance Screening - R</b><br>1:30 PM Wii Bowling w/ Chase - S<br><b>1:30 PM Alfred Hitchcock Lecture Series w/ Josh Pachter - T</b><br>2:00 PM Rummikub - IR<br><b>2:00 PM Therapy Talk w/ BRR: Life as a Caregiver - R</b><br><b>3:00 PM Exploring the Life of Virginia Clem Poe - MR</b><br>4:00 PM Happy Hour - L<br>6:30 PM Euchre - CR<br>7:00 PM Poker - GR         | <b>28</b><br>Hair Stylist Amber**   <b>Massage Therapist Ryan**</b><br><b>9:30 AM CVS (I)**</b><br><b>11:00 AM Food Lion (I)**</b><br><b>11:00 AM Movers &amp; Shakers - IR</b><br>1:30 PM Billiards with Chase - S<br><b>1:30 PM Food Lion (I)** -</b><br>1:30 PM Spades - GR<br>1:30 PM Mending Hearts Grief Support - R<br><b>1:30 PM History Club Movie - T</b><br><b>2:30 PM Investment Group - CR</b><br><b>3:30 PM Resident and Team Member Volleyball - P</b><br>4:00 PM Happy Hour - L                                                                                                                                                                                     | <b>29</b><br>Nail Technician, Anna**   Aquatics Classes Cancelled   Hair Stylist Elaine**<br>9:15 AM Woodcarvers - IR<br>10:30 AM Pottery - AR<br>1:00 PM Hand & Foot - CR<br>1:00 PM Mah Jongg - GR<br>2:00 PM Alzheimer's Caregivers Support Group - R<br><b>2:00 PM National Cat Day Celebration - MR</b><br>3:00 PM Dominoes - IR<br>4:00 PM Happy Hour - L<br><b>4:30 PM Dinner Diners O'Toole's (I)**</b><br><b>6:30 PM Movie: That Darned Cat! - T</b>                                                                                                    | <b>30</b><br>Aquatics Classes Cancelled   Hair Stylist Elaine**<br><b>9:30 AM Banks (I)**</b><br><b>11:00 AM Wegman's (I)**</b><br><b>11:15 AM Line Dance Class - MR</b><br><b>12:00 Team Member Costume Parade - B</b><br>1:00 PM Duplicate Bridge - IR<br><b>2:00 PM CVS (I)**</b><br>4:00 PM Happy Hour - L<br><b>6:45 PM Resident Costume Party - MR</b>                                                                                          | <b>31</b><br>Halloween<br>10:00 AM The Geezers - R<br><b>10:00 AM Open Studio - AR</b><br>11:00 AM Yappy Hour - DP<br>1:00 PM Triple Play Card Game - GR<br><b>1:30 PM Movie: The Lady Vanishes - T</b><br>4:00 PM Happy Hour - L<br><b>6:00 PM Community Trick or Treating - MR</b>                                                     |

