

**PERFUME FREE**

**We are a scent-free facility!  
Refrain from any scented products  
in the residence and Chapel.**

**DIANNE'S HAIR SALON**

*Every Wednesday  
Wed: 8:30 a.m. – 4:30 p.m.  
Salon is located in the Village  
across from the dining room.  
To book an appointment:  
  
Call Dianne at 306-374-7378.*

**KATHY'S HAIR SALON**

*Open Thursdays by appointment only.  
8:30 a.m. – 4:30 p.m.  
Salon is located in the Village  
across from the dining room.  
To book an appointment:  
  
Call Kathy at 306-931-4018.*

**MEAL TICKETS:**

**Breakfast ~ \$5  
Lunch ~ \$13  
Dinner ~ \$16**

- **Advance notice is required for residents & guests using meal tickets.**
- **If you plan to attend the evening meal, please contact the office no later than 2:00 p.m. that same day.**
- **This can be done at the General Office or by phoning 306-373-8160 Monday thru Friday.**
- **Saturday, Sundays & holidays, phone the kitchen directly at 306-373-8160. Ext. 5**

**8-1-1 Health Line**

When you call HealthLine 811, a licensed healthcare professional will give you options and information to help you with health or mental health and addictions-related questions or concerns. You will be able to discuss your concerns in a safe, caring and confidential manner.

A Registered Nurse will assess your symptoms and help you decide whether to treat your own symptoms, go to a clinic, see your primary health care provider or access emergency medical care, if necessary.

**Foot Care Clinic**

**Pedicures, manicures & toenail trims.**

Clinics will be every Wednesday in Columbian Manor!

**TO BOOK AN APPOINTMENT CALL KAITLYN AT 306-491-6545**



Our Email Address is: [reception@kccharities.ca](mailto:reception@kccharities.ca)  
Our Website Address is: [www.kccharitieshousing.com](http://www.kccharitieshousing.com)

# **MANOR & VILLAGE NEWS BREAK**

**Columbian Manor News**

**Editor: Michele**

Volume 19 Issue 5

Happy Mother's Day

May 2026

**OFFICE PHONE: 306-373-8160 (9 a.m. – 4:30 p.m.)**



**Emergencies:**

**First On Call:**

**306-373-8160**

**During  
Office Hours**

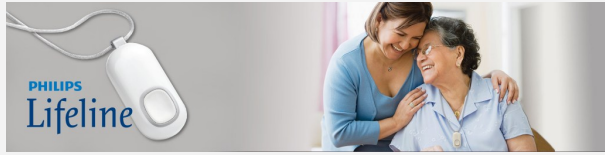
**Please  
Call Office**

**306-373-8160**



**Activity Central:**  
PLEASE REFER TO THE ACTIVITY CALENDAR AS TO WHAT ACTIVITIES ARE TAKING PLACE. ANY ACTIVITIES THAT GET CANCELLED WILL BE POSTED ON THE BULLETIN BOARDS.

- The shuffleboard table is located in the hall on main floor across from the Guest Suites in the Village.
- Cards and puzzles are available to use in the Peter Harvey Room in the Manor, and the Puzzle Room in the Village.
- Everyone is welcome to use the puzzles that are in the closet in the Peter Harvey Room. Please return the puzzles back to the room once you are finished with them.




**LIFELINE & OTHER MEDICAL ALERT SYSTEMS**

If you have a medical alert system, **DO NOT** put Columbian Manor, or ANY staff member as one of your contacts. Contacts **MUST** be family or friends **ONLY**.

Are you having problems with your computer, tablet, cell phone or TV?

Call Glender Technologies to speak with Glen Hauser to set up an appointment for him to do a home visit to help you with your information technology problems.




306-717-3826

If you are interested in getting a medical alert system, please see Michele at the office for information on a monthly discount available for all **NEW CUSTOMERS WHO SIGN UP WITH LIFELINE.**

If you have experienced any falls, you should strongly consider this. It can reduce the length of time you might be lying on the floor waiting for help to arrive. It will protect your health and independence.

If you are shut in and unable to attend Sunday Mass, but would still like to receive communion, please contact Sophie Lachapelle before Sunday to make arrangements for them to bring it up to your apartment. You can reach Sophie at 306-249-0530.

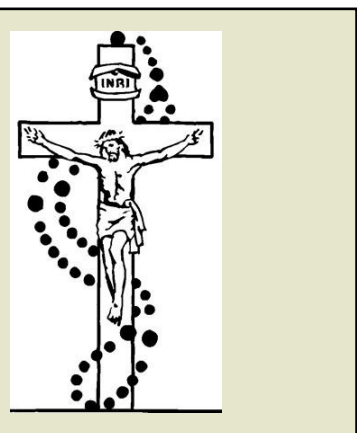


**Divine Mercy Chapel Schedule**

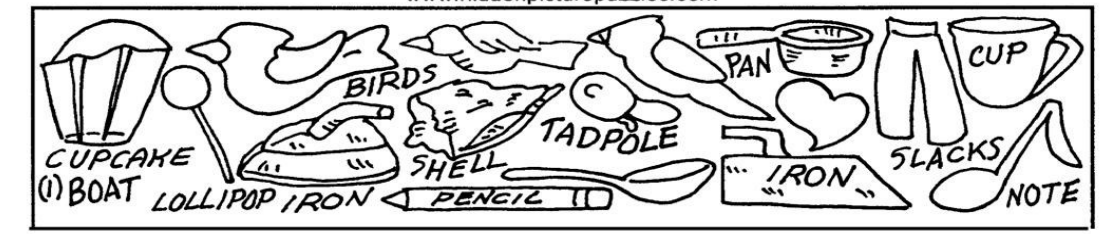
**Sunday Mass:** 10:00 a.m.  
**Weekday Mass:** 9:30 a.m.  
**Confessions:** 1st Friday during Adoration  
**Divine Mercy Chaplet:** 3 p.m. daily

**Rosary:** 9:00 a.m. Mon.—Sat.  
 9:30 a.m. Sun.

**Holy Water is available from the Chapel.**



Chapel donation envelopes are available at Sunday Mass or at the Office. Receipts are issued at the end of the year. Pre-authorized debit is now available.



Deadline to hand in this hidden object search is May 24  
 Everyone who guesses all the answers correctly will go into a draw for one winner of a goodie bag.

### The Moons of May

There will be not one, but two, Full Moons in May! The first Moon, the Full Flower Moon, reaches its peak on Friday, May 1, while the second Moon, the Blue Moon (which is also a Micromoon), peaks on Sunday, May 31.

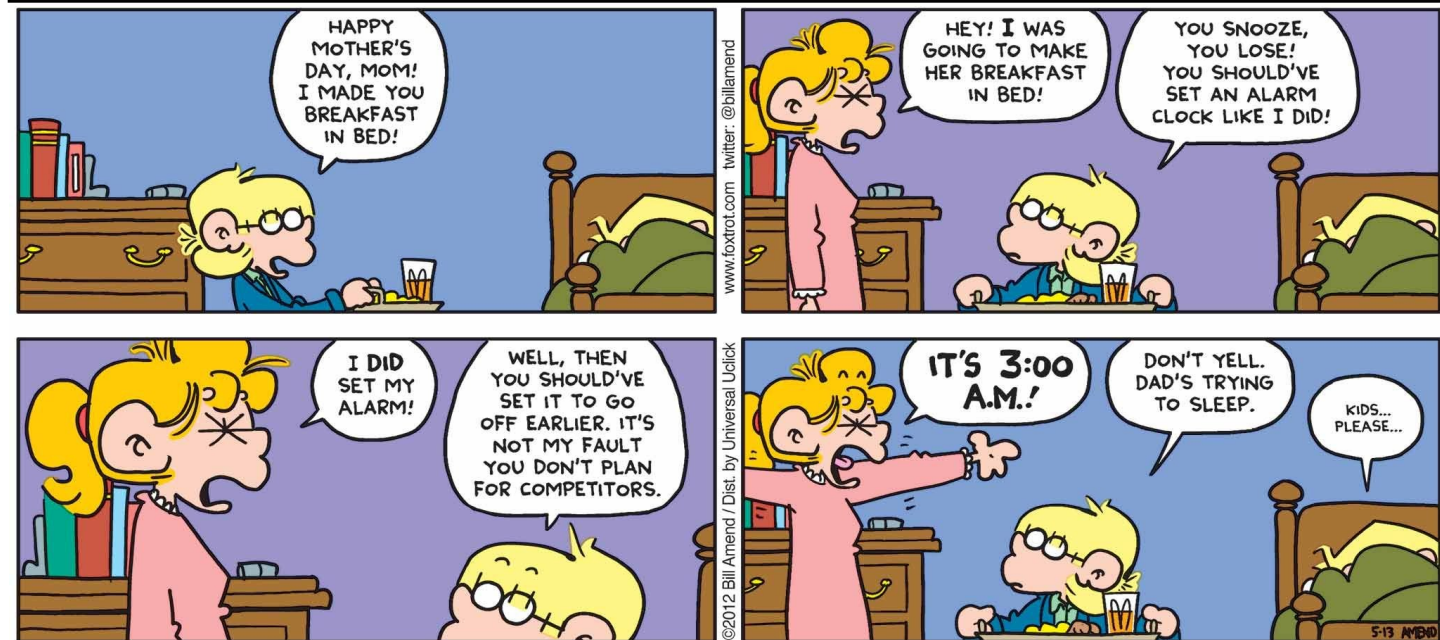
#### Why is it called the Flower Moon?

The May full moon is known as the flower moon because it aligns with the blooming of many flowers during this time of year. The flower moon, also called the budding and seed moon, represents different aspects of nature and seasonal spring-related activities. For example, the budding moon represents the emergence of buds and new growth in plants, while the seed moon symbolizes a time for planting seeds and nurturing new life. All names for the flower moon include themes of renewal, growth, and hope.

#### Why is it called the Blue Moon?

Some believe that the term “blue moon” meaning *something rare* may have originated from when smoke and ashes after a volcanic eruption turned the Moon blue. Others trace the term's origin to over 400 years ago—folklorist Philip Hiscock has suggested that invoking the Blue Moon once meant that something was absurd and would never happen.

Mother’s Day Quiz Answers: 1. The old woman who lived in a shoe. 2. Mother Goose. 3. The mother of invention. 4. Old Mother Hubbard. 5. Mother of Pearl. 6. Mother Nature. 7. Mummy. 8. Her evil step mother. 9. Word. 10. Mater.



Good moms let you lick the beaters after making brownies, great moms turn them off first.

Answers to Saskatchewan Smart Quiz in the April Newsletter:

1. Elbow
2. Cut Knife
3. Biggar
4. Avonlea
5. Buffalo Pound
6. Earl Grey
7. Choiceland
8. Eastend
9. Tisdale
10. Carrot River
11. Swift Current
12. Colgate
13. Success
14. Unity
15. Caragana
16. Filmore
17. Moss Bank
18. Star City
19. Herbert
20. Porcupine Plain
21. Big River
22. Young
23. Sylvania
24. Hubbard
25. Moose Jaw

Under no circumstances do you let anyone into Columbian Manor or Village if you do not know them. When you are opening the door, and someone you don't know attempts to follow you in, simply tell them that they must go back to the intercom system and contact the person they are coming to see. If they do not know how to contact the person, they can always buzz the office or the kitchen for assistance. As well, we do not allow door to door salespersons in the building.

After office hours, contact the emergency number at 306-373-8160 and our staff will determine if they can enter the facility.

### FIRE ALARMS

In the event of a fire alarm, if you are capable of doing the stairs, proceed to the nearest stairwell to exit the building. Once outside, follow everyone to the muster point. (DO NOT LOCK YOUR DOOR WHEN YOU LEAVE YOUR SUITE.)

Anyone who cannot safely do the stairs, please stay in your room and make sure your door is unlocked.

For those who are exiting the building, please proceed to the muster points as follows:

- Village apartment residents go to the north side of the building.
- Village assisted living residents go to the east side of the building.
- Manor apartment residents go to the east side of the building.
- Manor assisted living residents go to the south side of the building.



ONCE THE ALARM STOPS, IT'S SAFE TO RE-ENTER THE BUILDING.

### DAILY BINGO

1. Pick up 3 cards at the general office in the Manor at the beginning of the month.
2. 3 numbers will be drawn daily and will be posted on each activity board. If you miss seeing them one day, don't worry, you can always find all the previous numbers called posted on the office door near the dining room.
3. If you have a blackout, bring your card to the office, and submit it to a staff member. Staff will write your name, the date & time you submitted the card on the back of the card. Numbers will be checked to confirm a blackout. A prize will then be awarded to the first winner recorded that day with a valid blackout.
4. The winner will be posted and no more numbers will be drawn.
5. 3 new cards can be picked up on the first of the new month to start a new blackout game.

### FULL POWERS OUTAGES

In the event of a power outage in the building, please stay in your suite. If you are in another area of the building at the time of the outage, do not attempt the stairs unless you can safely do so on your own. Just stay put where you are until the power comes back on.

Call the City of Saskatoon to inquire about power outages in our area. Call 306-975-2414.

Make sure you have a flashlight in your suite to help you get around.

If you need to leave the suite in the event of an emergency, bring your flashlight with you because the emergency lights in the halls only stay on for 30 minutes.

**All activities will be cancelled during power outages.**

**IF YOU HAVE AN AFTER HOURS EMERGENCY SUCH AS:**

- running or leaking water in your suite
- no heat in your suite
- you notice an intruder in the building

**PLEASE CALL  
306-373-8160**

**If you have a medical emergency call 9-1-1.**

**If you need help getting off the floor call 9-1-1.**

**For non-emergency concerns, please call the office during regular business hours.**

Guest Suites:  
We have three guest suites available to rent for family and friends.  
Guest suites are to be booked by residents only. Price is \$75/night (includes bed linens, towels and toilet paper).  
Please call the General Office to book a suite. 306-373-8160

**Mother's Day Quiz**

Answers on page 10

1. Who had so many children she didn't know what to do?  
\_\_\_\_\_
2. Which mother is famous for fairy tales?  
\_\_\_\_\_
3. Necessity is?  
\_\_\_\_\_
4. Who lived in a cupboard?  
\_\_\_\_\_
5. What is Nacre?  
\_\_\_\_\_
6. Which mother holds the power of the world?  
\_\_\_\_\_
7. A preserved Egyptian?  
\_\_\_\_\_
8. Who wanted to kill Snow White?  
\_\_\_\_\_
9. Mum's the \_\_\_\_\_
10. Latin for Mother?  
\_\_\_\_\_

Son: "Mom, can I get \$20?" Mom: "Does it look like I'm made of money?" Son: "Well, isn't that what M.O.M stands for?"



First child eats dirt, mom calls the doctor. Second child eats dirt, mom cleans out their mouth. Third child eats dirt, mom wonders if she still needs to make lunch.

**WE ARE STILL HAVING PROBLEMS WITH PEOPLE RECYCLING. PLEASE READ THE FOLLOWING LIST CAREFULLY AND PLACE A COPY ON YOUR FRIDGE.**

**Items you can recycle:**

- Newspapers
- Magazines
- Cardboard (flattened)
- Juice boxes
- Plastic juice bottles
- Tin foil
- Foil pie plates
- Tin cans
- Clear plastic bakery containers
- Pop & beer cans
- Glass liquor bottles
- Plastic food containers
- Plastic pop/water bottles
- Plastic boost/ensure bottles
- Cardboard & plastic milk containers
- Plastic food bottles
- Plastic cleaning product bottles
- Shredded paper put into a clear bag

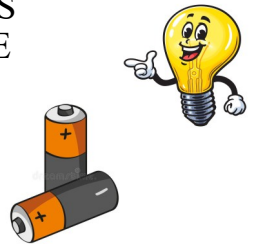


Please do not put the following items in our recycle bins. They MUST be dropped off at Sarcan if you want to recycle them:

- Household paint
- Electronics
- Flex plastics such as grocery bags, chip bags, bread bags, etc.
- Styrofoam packaging material
- Glass jars and bottles



**LIGHTBULBS & BATTERIES CAN BE RECYCLED IN THE BINS THAT ARE LOCATED BY THE GENERAL OFFICE IN THE MANOR.**



**REMEMBER:**

1. WASH & RINSE ALL ITEMS BEFORE PLACING THEM INTO THE BINS
2. REMOVE ALL LIDS AND THROW THEM IN YOUR HOUSEHOLD GARBAGE CONTAINERS
3. ALL CARBOARD MUST BE FLATTENED
4. LARGER CARDBOARD PIECES MUST BE PLACED IN THE BLUE BINS OUTSIDE (VILLAGE EAST ALLEY & MANOR SOUTH ALLEY)
5. IF YOU ARE UNCERTAIN ABOUT ANY ITEMS, CALL DOWN TO THE OFFICE AND CHECK IF YOU CAN RECYCLE THE ITEM

**Items you cannot recycle:**

- Cardboard pizza/food boxes
- Tissues & paper towel
- Aerosol cans
- Small appliances
- Styrofoam containers
- Packing peanuts
- Glass food jars & bottles
- Incontinence products
- Candy/food wrappers & bags
- Black plastic food containers
- Soup broth boxes



Hello everyone,

I want to start by saying **I hear you**. Many of your recent concerns really come down to something that has always made our community special: that strong *family feeling* between residents and staff. Some of you remember that culture well, and some of you are newer and haven't had the chance to experience it yet — but we're committed to bringing that feeling back. The last while has been... quite a whirlwind. Between major construction, doubling in size, and all the growing pains that come with it, both residents and staff have been adjusting to a *lot* of change. Now that the dust is settling, it's time to refocus on what matters most: **connection, communication, and community**.

To help with that, we're making a few changes:

- I've removed the "Go to Administration" sign from my office door. A new sign will simply read **Executive Director Office**.
- The Rental Office will also have clear signage, and we'll be using "**Open — Come In**" or "**Meeting in Progress**" indicators so you know when we're available.

We also have some staffing updates. Joan and Gladys will be retiring at the end of May — they shared one full-time position, and we will miss them dearly. To celebrate their many years of dedication, we will be hosting a **Retirement Party on Thursday, May 21st from 2:00 to 3:30 pm**. Everyone is welcome to join us in thanking them and wishing them well.

Michele will be taking over the Rental Office along with her other duties, supported by Janet as a part-time assistant. On May 15, a new full-time front-office staff member will join us, bringing excellent customer service experience.

Behind the scenes, Nancy will be working with me part-time to help manage the exceptional amount of paperwork that comes with running a corporation. Her support will allow me to be more present and more available to all of you — which is exactly what we want moving forward.

We've also hired a full-time maintenance worker to support Al, who has been absolutely indispensable with the huge responsibility of buildings and grounds. Looking ahead, landscaping work will begin in June to beautify the entrances of both the Manor and the Village. We're also updating our webpage so residents and families can easily access newsletters, menus, activities, and announcements.

Thank you for your patience, your honesty, and your continued trust as we grow. We're excited to bring back the family culture that makes this place feel like home.

Norma J Denis  
Executive Director of Operations



**A Brief History of Mother's Day:** In the late 1850s, Ann Jarvis, widely considered the 'mother' of Mother's Day, established Mother's Work Day, a day dedicated to teaching mothers how to better prepare food and clean so as to prevent disease. This mission was driven by personal experience, as seven of her eleven children died before adulthood. Though personal, this experience was anything but unique in a time before vaccines and a widespread understanding of germ theory.

Jarvis's work took on new meaning during the Civil War. Her home was in close proximity to a major battlefield and the county was flooded with wounded Confederate and Union soldiers. She organized groups of mothers to visit the wounded and ailing of both Union and Confederate loyalty, tending to their injuries and instructing soldiers and camp staff about basic sanitation strategies. Jarvis was not only concerned with the well-being of the young soldiers and sons, but also with that of a post-war, unified, country.

The carnage of the war spurred women, like Jarvis, around the country to find ways to help where they could. After the war, Julia Ward Howe, helped to reshape what Mother's Day could mean. As a volunteer for the United States Sanitary Commission during the Civil War, she helped alleviate the effects of disease and injury. After the War, Julia wrote her "Appeal to womanhood throughout the world", later the "Mother's Day Proclamation", which attempted to unite women around the world together to bring about a lasting peace:

*Our sons shall not be taken from us to unlearn all that we have been able to teach them of charity, mercy, and patience. We, women of one country, will be too tender of those of another country, to allow our sons to be trained to injure theirs.*

Mother's Day continued to be celebrated as a movement for peace, but was only celebrated at local levels until the turn of the century. In 1908, Anna Jarvis, daughter of the aforementioned Ann Jarvis, began to campaign to make Mother's Day a federally recognized day in honor of her mother who had died in 1905. The first nationally celebrated Mother's Day was in May of 1914. But what had been a day dedicated first to cleanliness and later to peace was again repurposed, this time to celebrate mothers themselves.

As we celebrate the devoted and loving mothers in our lives, we think back to the origins of the holiday and remember the goals of the mothers who began this tradition: to keep their children safe, prevent the spread of disease, to reduce suffering, and to work for peace. Today we share these goals, and wish you all a Mother's Day full of love, peace and remembrance.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
MAY 2026					930am Mass followed by Adoration/ Confessions 1-3pm Cards/Games (CM) 1-3pm Hand & Foot Canasta (CV) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
3	4	5	6	7	8	9
10am Mass 3pm Coffee	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) 2pm Bingo (CV) 3pm Coffee	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises 2pm Indoor Games (CM) 3pm Coffee 330pm Sing-a-long (CM) 7pm Kaiser \$1 (CM)	830am Hair Care 1030am Exercises 2pm Just Us entertains (CM) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Cards/Games (CM) 1-3pm Hand & Foot Canasta (CV) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
10	11	12	13	14	15	16
10am Mass 3pm Coffee  <b>HAPPY MOTHER'S DAY!</b>	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) <b>BINGO IN VILLAGE CANCELLED</b> 2pm Mother's Day Tea (CM) 3pm Coffee 7pm Taize Prayer	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care <b>BUS DAY</b> 930am Mass <b>DAY</b> 1030am Exercises 2pm Indoor Games (CM) 3pm Coffee 330pm Sing-a-long (CM) 7pm Bingo \$1/card (CM)	830am Hair Care 1030am Exercises 2pm Vanessa Heffner entertains (CV) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Cards/Games (CM) 1-3pm Hand & Foot Canasta (CV) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee 7pm Charismatic Prayer Meeting
17	18	19	20	21	22	23
10am Mass 3pm Coffee	VICTORIA DAY STAT OFFICE CLOSED 930am Mass 11am Knit-a-Bit 1-3pm Cards/Games (CM) 3pm Coffee	930am Mass 1030am Exercises (CV) 1030am Tenant Mtg. (CM) 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises (CM) 1030am Tenant Mtg.(CV) 2pm Indoor Games (CM) 3pm Coffee 330pm Sing-a-long (CM) 7pm Kaiser \$1 (CM)	830am Hair Care 1030am Exercises 2-330pm Retirement Party for Joan & Gladys (CM) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Cards/Games (CM) 1-3pm Hand & Foot Canasta (CV) 3pm Coffee/Happy Hour (CV) 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
24	25	26	27	28	29	30
10am Mass 3pm Coffee	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) 2pm Bingo (CV) 3pm Coffee	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care <b>BUS DAY</b> 930am Mass <b>DAY</b> 1030am Exercises 2pm Birthday Party 3pm Sing-a-long (CM) 7pm Bingo \$1/card (CM)	830am Hair Care 1030am Exercises 2pm Wes Froese entertains (CV) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Cards/Games (CM) 1-3pm Hand & Foot Canasta (CV) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
31						
10am Mass 3pm Coffee						