

# *Columbian Place*

## *In-House News*

May 2026

“Providing Faith Based  
Affordable Housing for Seniors”



“Happy Mother’s Day”



Office Hours

Mon-Fri

10am-3pm

Unless other-  
wise posted

For all calls  
including  
emergencies  
call

306-952-5206



[www.kccharitieshousing.com](http://www.kccharitieshousing.com)

### Kaitlyn's Nail Care

- Pedicures-
- Manicures-
- Toenail Trims-

By Appointment Only

Call 306-491-6545



### Kathy's Hair Salon

Kathy will be at Columbian Place on Wednesday's to provide hair care services.

By Appointment Only

Call 306-931-4018



### MESSAGE FROM ADRIEN

- 1 Saturday, May 2, the Knights of Columbus (4th Degree) will have a Master's meeting in the common room from 10 a.m. to 3 p.m.
- 2 Starting May 4, 5 and 6 "Gibbon" will be here to clean all 75 dryer vents in our building. This will be done from the outside of the building; they are also bringing a crane to get to the 4th and 3rd floor. The work is estimated to take 3 days.
- 3 May 7, from 1-5 p.m, there will be a clothes swap and sale in the common room. Please come and participate and have fun.
- 4 Sunday, May 10 is Mother's Day. I want to wish all Mothers here at Columbian Place a very blessed day and thank you for being Mothers and for everything you have done for your families and community.
- 5 Monday, May 11, the "Ukelele Ladies" will be here to entertain us with their presence. Everyone is welcome to this free event. Please join us.
- 6 Thursday, May 15, we will have a "Music Jubilee" in the common room. Please come and join us for fun and singing.
- 7 We want to welcome a NEW tenant to our family, Jeannette Stout. Please welcome her as one of our family.
- 8 I expect there will be activities in May with people planting their gardens. Have fun.
- 9 Finally, SPRING has arrived. Thank God for that!

God Bless You  
All,  
Adrien



## WHEELCHAIRS & SHOPPING CARTS

Wheelchairs and shopping carts in the coffee room are for the public and residents to use anytime.

Wheelchairs and walkers that are left in the T.V. room are private and should not be moved away by anyone.

Please do not move out any mobility items from the T.V. room. They are privately owned and usually there just temporarily.

This procedure has been in effect for many years.

Thanks—Adrien



## May Birthdays:

**3 Elizabeth Prystupa**

**6 Maureen Blom**

**7 Don Lavallee**

**9 Agnes Pelletier**

**15 Doug Einsiedler**

**16 Eva Dawson**



## *Mother's Day Prayer*

Dear Lord,  
We thank You for the gift of mothers, for their love, guidance, and care. Please bless them with Your grace, strength, and wisdom as they continue to nurture and support their families. Surround them with Your love and peace, and let them know how deeply they are appreciated and cherished. In Jesus' name, we pray. Amen.

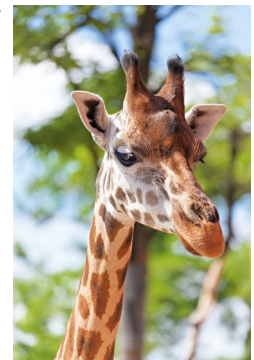
Son: "Mom, can I get \$20?"

Mom: "Does it look like I'm made of money?" Son: "Well, isn't that what M.O.M stands



First child eats dirt, mom calls the doctor. Second child eats dirt, mom cleans out their mouth. Third child eats dirt, mom wonders if she still needs to make lunch.

Giraffes in the wild only sleep for around five minutes at a time. Because of the dangers they face in the wild, not only do they sleep while standing, but they also sleep intermittently so that they're prepared to run at any given moment.



## Mother's Day Quiz

Answers on page 8

1. Who had so many children she didn't know what to do?  
\_\_\_\_\_
2. Which mother is famous for fairy tales?  
\_\_\_\_\_
3. Necessity is?  
\_\_\_\_\_
4. Who lived in a cupboard?  
\_\_\_\_\_
5. What is Nacre?  
\_\_\_\_\_
6. Which mother holds the power of the world?  
\_\_\_\_\_
7. A preserved Egyptian?  
\_\_\_\_\_
8. Who wanted to kill Snow White?  
\_\_\_\_\_
9. Mum's the \_\_\_\_\_
10. Latin for Mother?  
\_\_\_\_\_



In the 1960s, the CIA launched "Operation Acoustic Kitty," an effort to train cats to become foreign spies by implanting microphones in their ears and radio transmitters at the base of their skulls. The hope was to train the cats to sit near foreign officials to capture any private conversations. The operation came to a halt when they realized that cats aren't really trainable and will do whatever the heck they want.



Australia is wider than the moon. The moon's diameter is around 2,112 miles, while Australia's is 2,485 miles.

A Brief History of Mother's Day: In the late 1850s, Ann Jarvis, widely considered the 'mother' of Mother's Day, established Mother's Work Day, a day dedicated to teaching mothers how to better prepare food and clean so as to prevent disease. This mission was driven by personal experience, as seven of her eleven children died before adulthood. Though personal, this experience was anything but unique in a time before vaccines and a widespread understanding of germ theory.

Jarvis's work took on new meaning during the Civil War. Her home was in close proximity to a major battlefield and the county was flooded with wounded Confederate and Union soldiers. She organized groups of mothers to visit the wounded and ailing of both Union and Confederate loyalty, tending to their injuries and instructing soldiers and camp staff about basic sanitation strategies. Jarvis was not only concerned with the well-being of the young soldiers and sons, but also with that of a post-war, unified, country.

The carnage of the war spurred women, like Jarvis, around the country to find ways to help where they could. After the war, Julia Ward Howe, helped to reshape what Mother's Day could mean. As a volunteer for the United States Sanitary Commission during the Civil War, she helped alleviate the effects of disease and injury. After the War, Julia wrote her "Appeal to womanhood throughout the world", later the "Mother's Day Proclamation", which attempted to unite women around the world together to bring about a lasting peace:

*Our sons shall not be taken from us to unlearn all that we have been able to teach them of charity, mercy, and patience. We, women of one country, will be too tender of those of another country, to allow our sons to be trained to injure theirs.*

Mother's Day continued to be celebrated as a movement for peace, but was only celebrated at local levels until the turn of the century. In 1908, Anna Jarvis, daughter of the aforementioned Ann Jarvis, began to campaign to make Mother's Day a federally recognized day in honor of her mother who had died in 1905. The first nationally celebrated Mother's Day was in May of 1914. But what had been a day dedicated first to cleanliness and later to peace was again repurposed, this time to celebrate mothers themselves.

As we celebrate the devoted and loving mothers in our lives, we think back to the origins of the holiday and remember the goals of the mothers who began this tradition: to keep their children safe, prevent the spread of disease, to reduce suffering, and to work for peace. Today we share these goals, and wish you all a Mother's Day full of love, peace and remembrance.

## The Moons of May

There will be not one, but two, Full Moons in May! The first Moon, the Full Flower Moon, reaches its peak on Friday, May 1, while the second Moon, the Blue Moon (which is also a Micromoon), peaks on Sunday, May 31.

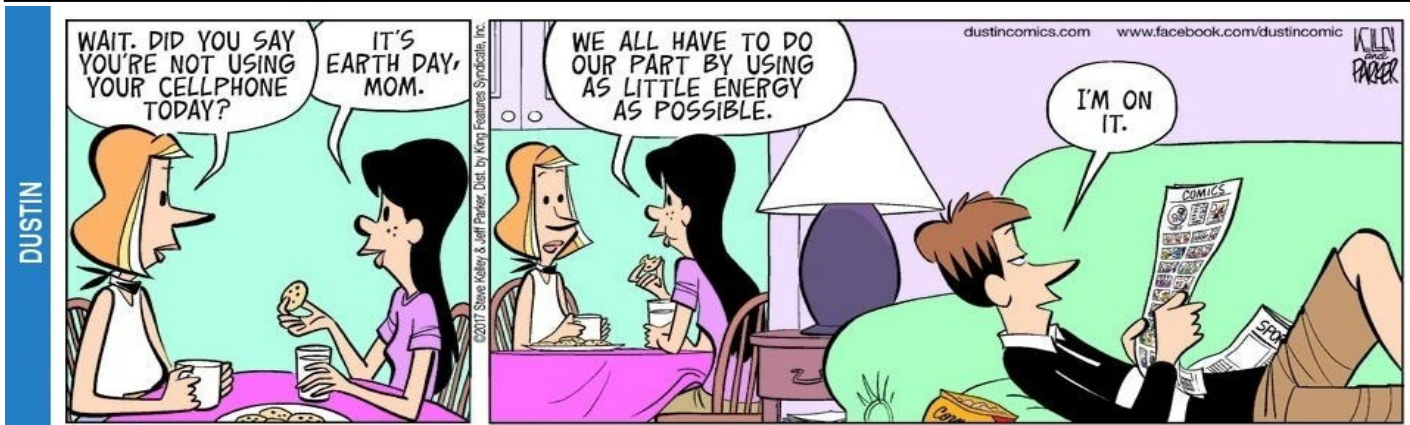
Why is it called the Flower Moon?

The May full moon is known as the flower moon because it aligns with the blooming of many flowers during this time of year. The flower moon, also called the budding and seed moon, represents different aspects of nature and seasonal spring-related activities. For example, the budding moon represents the emergence of buds and new growth in plants, while the seed moon symbolizes a time for planting seeds and nurturing new life. All names for the flower moon include themes of renewal, growth, and hope.

Why is it called the Blue Moon?

Some believe that the term “blue moon” meaning *something rare* may have originated from when smoke and ashes after a volcanic eruption turned the Moon blue. Others trace the term's origin to over 400 years ago—folklorist Philip Hiscock has suggested that invoking the Blue Moon once meant that something was absurd and would never happen.

Good moms let you lick the beaters after making brownies, great moms turn them off first.



### Fun Dog Facts:

Your dog can smell your feelings. In fact, your dog's sense of smell is approximately 100,000 times better than yours. So it shouldn't be shocking that they can in fact, smell things such as fear. When a human is fearful, they perspire, and a dog is easily able to pick up on this change.

Dalmatian puppies are born completely white, they develop their spots as they get older.

Petting a dog can actually benefit your physical and mental health. Studies have shown that petting a dog for 15 minutes can lower blood pressure by 10%, can help lower feelings of stress, depression, and combat loneliness.

# Mother's Day

WORD SEARCH

S Y A M R M E M O R I E S T A S O  
 U E P A O L V E S T A R U L P E T  
 N L P S G N I V I G L I N S M O R  
 F O R U M E T R A I D S R T O A S  
 R C E L E B R A T E I L O V I N G  
 G A C E S L O V A I N G L T A P N  
 N R I L U K P E M R H A E R S H I  
 I E A K M A P R O S U K M O E S R  
 R K T I A L U F T H G U O H T I A  
 I M I N G K S A H M S E D S P R C  
 P A O S F I V L E O R L E N I A L  
 S U N D A Y A S R E W O L F S M E  
 N Y E L M E N D A G I V I S E D S  
 I S A K I C E R W O M U M V G I V  
 N E V O L A S A Y R T Y O O R T A  
 T R A T Y M E C S I K S E L M O M

## WORD BANK:

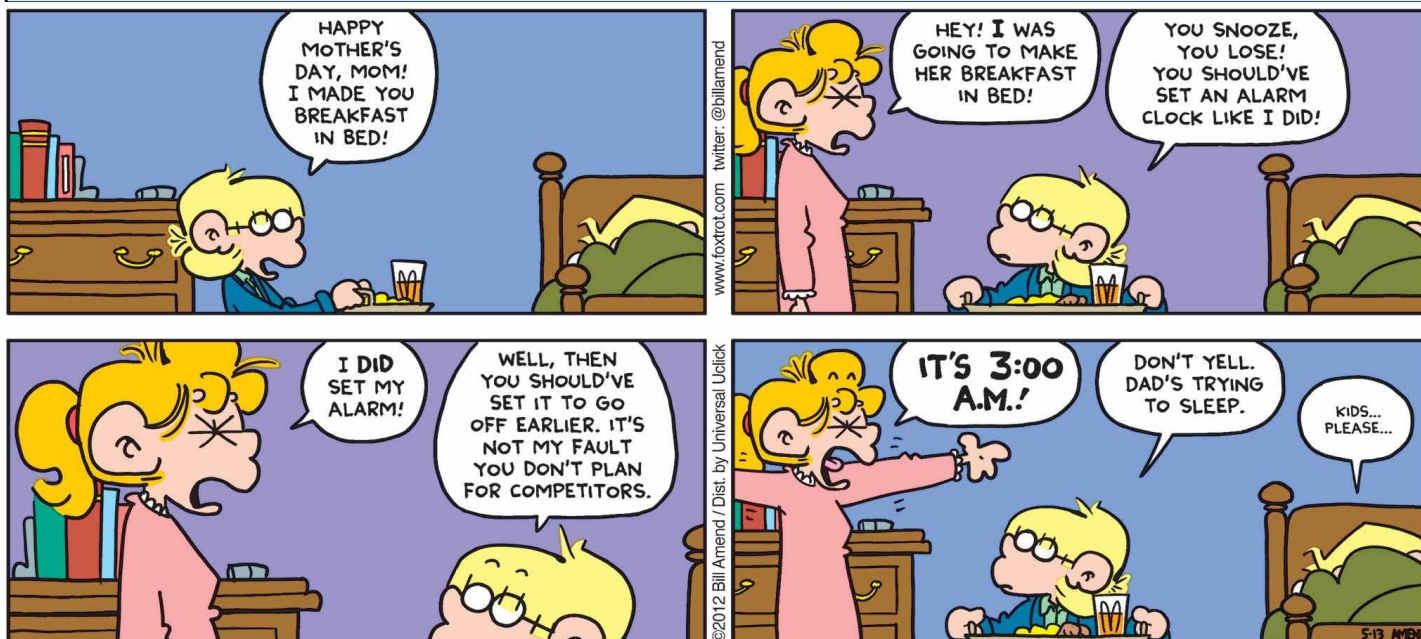
APPRECIATION  
 CARDS  
 CARING  
 CELEBRATE  
 FAMILY

FLOWERS  
 GIVING  
 HUGS  
 INSPIRING  
 LOVE

LOVING  
 MAY  
 MEMORIES  
 MOM  
 MOTHER

MUM  
 SUNDAY  
 SUPPORTIVE  
 ROLE MODEL  
 THOUGHTFUL

Mother's Day Quiz Answers: 1. The old woman who lived in a shoe. 2. Mother Goose. 3. The mother of invention. 4. Old Mother Hubbard. 5. Mother of Pearl. 6. Mother Nature. 7. Mummy. 8. Her evil step mother. 9. Word. 10. Mater.



Answers to Saskatchewan Smart Quiz in the April Newsletter:

1. Elbow    2. Cut Knife    3. Biggar    4. Avonlea    5. Buffalo Pound    6. Earl Grey
7. Choiceland    8. Eastend    9. Tisdale    10. Carrot River    11. Swift Current
12. Colgate    13. Success    14. Unity    15. Caragana    16. Filmore
17. Moss Bank    18. Star City    19. Herbert    20. Porcupine Plain    21. Big River
22. Young    23. Sylvania    24. Hubbard    25. Moose Jaw

The Olympic rings were first produced in 1913, and they were designed to include all participating nations. The rings' colors, along with the white background, reflect the colors found on all of the countries' flags. How wholesome!



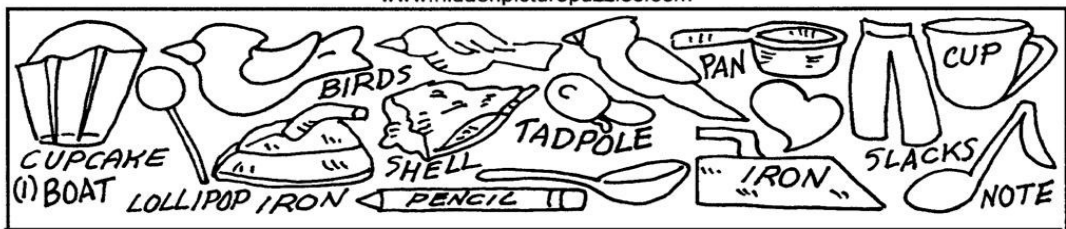
## Pleasant Hill Community Garden



Are you interested in having a plot this spring (\$25 fee or \$12 for half a plot)? Contact the Garden Coordinator, Bernice Daratha at 306-281-7980. Folks have already signed up! The early bird gets the worm!



www.hiddenpicturepuzzles.com



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
MAY 2026						10am-3pm District Master Meeting/4 <sup>th</sup> Degree
3	4	5	6	7	8	9
	9am Gibbon Dryer Vent Cleaning	9am Gibbon Dryer Vent Cleaning	9am Gibbon Dryer Vent Cleaning 7pm CWL	1-5pm Clothes Swap & Sale		
10	11	12	13	14	15	16
	2pm Ukulele Ladies	9am Kaitlyn	OFFICE CLOSED Adrien @ Columbian Manor 7pm Bingo	7pm Music Jubilee	Fr. Benedict-back from holidays	9am Mass 11am-330pm Private Fuction
17	18	19	20	21	22	23
	VICTORIA DAY OFFICE CLOSED 12-4pm Private Function	730pm 4 <sup>th</sup> Degree K of C Knights	11am Adrien meeting @ Columbian Manor			
24	25	26	27	28	29	30
			OFFICE CLOSED Adrien @ Columbian Manor 7pm Bingo			
31						