

PERFUME FREE

We are a scent-free facility!
Refrain from any scented products
in the residence and Chapel.

DIANNE'S HAIR SALON

Every Wednesday
Wed: 8:30 a.m. — 4:30 p.m.
Salon is located in the Village
across from the dining room.
To book an appointment:

Call Dianne at 306-374-7378.

KATHY'S HAIR SALON

Open Thursdays by appointment only.
8:30 a.m. — 4:30 p.m.
Salon is located in the Village
across from the dining room.
To book an appointment:

Call Kathy at 306-931-4018.

MEAL TICKETS:

Breakfast ~ \$5
Lunch ~ \$13
Dinner ~ \$16

- Advance notice is required for residents & guests using meal tickets.
- If you plan to attend the evening meal, please contact the office no later than 2:00 p.m. that same day.
- This can be done at the General Office or by phoning 306-373-8160 Monday thru Friday.
- Saturday, Sundays & holidays, phone the kitchen directly at 306-373-8160. Ext. 5

8-1-1 Health Line

When you call HealthLine 811, a licensed healthcare professional will give you options and information to help you with health or mental health and addictions-related questions or concerns. You will be able to discuss your concerns in a safe, caring and confidential manner.

A Registered Nurse will assess your symptoms and help you decide whether to treat your own symptoms, go to a clinic, see your primary health care provider or access emergency medical care, if necessary.



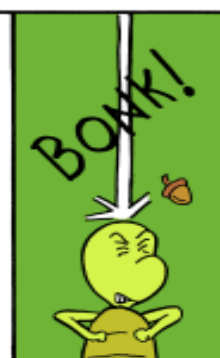
Foot Care Clinic

Pedicures, manicures & toenail trims.

Clinics will be every Wednesday in Columbian Manor!

TO BOOK AN APPOINTMENT CALL KAITLYN AT 306-491-6545

Bear Creek



Joe Murdoch

Our Email Address is: reception@kccharities.ca
Our Website Address is: www.kccharitieshousing.com

MANOR & VILLAGE NEWS BREAK

Columbian Manor News

Editor: Michele

Volume 19 Issue 10

Happy Thanksgiving!

October 2026

OFFICE PHONE: 306-373-8160 (9 a.m. — 4:30 p.m.)



Happy Thanksgiving

Emergencies:

First On Call:

306-373-8160

During
Office Hours

Please
Call Office
306-373-8160



Activity Central:

PLEASE REFER TO THE ACTIVITY CALENDAR AS TO WHAT ACTIVITIES ARE TAKING PLACE. ANY ACTIVITIES THAT GET CANCELLED WILL BE POSTED ON THE BULLETIN BOARDS.

- The shuffleboard table is located in the hall on main floor across from the Guest Suites in the Village.
- Cards and puzzles are available to use in the Peter Harvey Room in the Manor, and the Puzzle Room in the Village.
- Everyone is welcome to use the puzzles that are in the closet in the Peter Harvey Room. Please return the puzzles back to the room once you are finished with them.



LIFELINE & OTHER MEDICAL ALERT SYSTEMS

If you have a medical alert system, DO NOT put Columbian Manor, or ANY staff member as one of your contacts. Contacts MUST be family or friends ONLY.

If you are interested in getting a medical alert system, please see Michele at the office for information on a monthly discount available for all **NEW CUSTOMERS WHO SIGN UP WITH LIFELINE.**

If you have experienced any falls, you should strongly consider this. It can reduce the length of time you might be lying on the floor waiting for help to arrive. It will protect your health and independence.

Are you having problems with your computer, tablet, cell phone or TV?

Call Glender Technologies to speak with Glen Hauser to set up an appointment for him to do a home visit to help you with your information technology problems.



306-717-3826

If you are shut in and unable to attend Sunday Mass, but would still like to receive communion, please contact Sophie Lachapelle before Sunday to make arrangements for them to bring it up to your apartment. You can reach Sophie at 306-220-3121

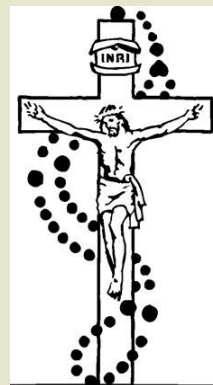


Divine Mercy Chapel Schedule

Sunday Mass: 10:00 a.m.
Weekday Mass: 9:30 a.m.
Confessions: 1st Friday during Adoration
Divine Mercy Chaplet: 3 p.m. daily

Rosary: 9:00 a.m. Mon.—Sat.
 9:30 a.m. Sun.

Holy Water is available from the Chapel.



Chapel donation envelopes are available at Sunday Mass or at the Office. Receipts are issued at the end of the year. Pre-authorized debit is now available.



www.hiddenpicturepuzzles.com



Deadline to hand in this hidden object search is October 23rd. Everyone who guesses all the answers correctly will go into a draw for one winner of a goodie bag.

Thanksgiving Around the World

The first Canadian Thanksgiving was reportedly first celebrated in 1579, which was before the first Thanksgiving was celebrated in the U.S. in 1621. A feast was organized by English explorer Martin Frobisher to give thanks for a successful voyage to North America. Currently, Thanksgiving in Canada is celebrated in October. The foods on the Thanksgiving table are similar to what we see here in America with turkey, stuffing, and sweet potatoes. Don't forget the pumpkin pie!

Rome celebrates a harvest festival known as Cerelia. This honors the Goddess of Corn and Ceres. It is celebrated annually on October 4th. Roman custom is to present produced fruits, grains, and animals to the goddess in appreciation. Parades and music are also part of the celebration.

As we look at Thanksgiving traditions around the world, Korea's Thanksgiving holiday is known as Chuseok and also Hangawi. It is celebrated on the same day as the Chinese and Vietnamese harvest festivals that are celebrated on the 15th day of the eighth month. During this festival, songpyeon is served. This is a rice cake whose dough is made using finely ground new rice and filled with sesame seeds, chestnuts, red beans, and other ingredients that are made into a small ball. Families gather the night before to make this special dish as a bonding activity.

Germany's Thanksgiving holiday occurs in early October and is called Erntedankfest. Translated, this means "harvest thanksgiving festival". This is mainly celebrated to honor the harvest. Besides Germany, Austria and Switzerland also celebrate Erntedankfest. There are also church services to begin the celebration with lantern parades planned for the evening.

Chinese Thanksgiving is a 3-day feast called Chung Chiu Moon Festival. It occurs on the 15th day of the eighth lunar cycles of the year, which is mid-August. Featured food includes mooncake, a round pastry that typically contains duck egg yolks, lotus seed paste, and sesame seeds. The yolk represents the full moon and the cakes usually have the baker's logo embossed on top. Family and friends share mooncakes with one another to signify unity and peace to come.

Thanksgiving celebrations in Brazil mimic the United States, even down to the same date, the fourth Thursday in November. It is called Dia de Acao de Gracias. The Brazilian ambassador to the U.S. saw Americans enjoying a day of eating delicious food and giving thanks and decided that Brazilians should do the same. Brazil began to mark the day in the 1940s, and it's been an unofficial holiday ever since. Besides the yummy food, there is a parade and a church service to give thanks.



Under no circumstances do you let anyone into Columbian Manor or Village if you do not know them. When you are opening the door, and someone you don't know attempts to follow you in, simply tell them that they must go back to the intercom system and contact the person they are coming to see. If they do not know how to contact the person, they can always buzz the office or the kitchen for assistance. As well, we do not allow door to door salespersons in the building. After office hours, contact the emergency number at 306-373-8160 and our staff will determine if they can enter the facility.

FIRE ALARMS

In the event of a fire alarm, if you are capable of doing the stairs, proceed to the nearest stairwell to exit the building. Once outside, follow everyone to the muster point. (DO NOT LOCK YOUR DOOR WHEN YOU LEAVE YOUR SUITE.) Anyone who cannot safely do the stairs, please stay in your room and make sure your door is unlocked.

- For those who are exiting the building, please proceed to the muster points as follows:
- Village apartment residents go to the north side of the building.
 - Village assisted living residents go to the east side of the building.
 - Manor apartment residents go to the east side of the building.
 - Manor assisted living residents go to the south side of the building.



ONCE THE ALARM STOPS, IT'S SAFE TO RE-ENTER THE BUILDING.

DAILY BINGO

1. Pick up 3 cards at the general office in the Manor at the beginning of the month.
2. 3 numbers will be drawn daily and will be posted on each activity board. If you miss seeing them one day, don't worry, you can always find all the previous numbers called posted on the office door near the dining room.
3. If you have a blackout, bring your card to the office, and submit it to a staff member. Staff will write your name, the date & time you submitted the card on the back of the card. Numbers will be checked to confirm a blackout. A prize will then be awarded to the first winner recorded that day with a valid blackout.
4. The winner will be posted and no more numbers will be drawn.
5. 3 new cards can be picked up on the first of the new month to start a new blackout game.

FULL POWERS OUTAGES

In the event of a power outage in the building, please stay in your suite. If you are in another area of the building at the time of the outage, do not attempt the stairs unless you can safely do so on your own. Just stay put where you are until the power comes back on. Call the City of Saskatoon to inquire about power outages in our area. Call 306-975-2414. Make sure you have a flashlight in your suite to help you get around. If you need to leave the suite in the event of an emergency, bring your flashlight with you because the emergency lights in the halls only stay on for 30 minutes.

All activities will be cancelled during power outages.

**IF YOU HAVE AN AFTER HOURS
EMERGENCY SUCH AS:**

- running or leaking water in your suite
- no heat in your suite
- you notice an intruder in the building

**PLEASE CALL
306-373-8160**

**If you have a medical emergency
call 9-1-1.**

**If you need help getting off the floor
call 9-1-1.**

**For non-emergency concerns, please call
the office during regular business hours.**

Guest Suites:
We have three guest suites available to rent for family and friends.
Guest suites are to be booked by residents only. Price is \$75/night (includes bed linens, towels and toilet paper).
Please call the General Office to book a suite. 306-373-8160

K.C. CHARTITIES WEBSITE

We are excited to announce that you and your families can now access our monthly newsletters on our website.
kccharitieshousing.com

Any important information that we think families should be informed of will also be posted on the site.

(Residents will still receive a copy of the newsletter delivered to their doors.)

REMINDER:

COLUMBIAN MANOR & VILLAGE ARE SMOKE-FREE FACILITIES.

DO NOT SMOKE IN YOUR SUITES, ON YOUR BALCONIES, OR ANYWHERE ELSE IN THE BUILDING.

YOU MUST BE 30 FEET AWAY FROM THE PREMISES TO SMOKE.

DO NOT PLACE CIGARETTE BUTTS IN THE GARBAGE CANS IN THE PUBLIC WASHROOMS..

PRIVATE FUNCTIONS:

We ask that you do not enter the dining rooms or meeting room when someone is using it for a private function.

If you want to play games or cards, please find a different room to play in during these events.

Thanks for your co-operation!

A taxi passenger tapped the driver on the shoulder to ask him a question. The driver screamed, lost control of the car, nearly hit a bus, went up on the footpath, and stopped inches before hitting a shop window.

For a second everything went quiet in the taxi, then the driver said, "Look mate, don't ever do that again. You scared the daylight out of me!"

The passenger apologized and said, "I didn't realize that a little tap would scare you so much."

The driver replied, "Sorry, it's not really your fault. Today is my first day as a cab driver - I've been driving a funeral van for the past 25 years".

When and Why has Thanksgiving been Observed in Canada?

The first national Thanksgiving in Canada was celebrated in the Province of Canada in 1859. It was organized at the behest of leaders of the Protestant clergy. They appropriated the holiday of American Thanksgiving, which was first officially observed in the US in 1777. It was established as a national day of "public thanksgiving and prayer" there in 1789. It became an annual national holiday in 1863.

In Canada, the holiday was intended for the "public and solemn" recognition of God's mercies. As historian Peter Stevens has noted, some citizens "objected to this government request, saying it blurred the distinction between church and state that was so important to many Canadians." The first Thanksgiving after Confederation was observed on 5 April 1872. A national civic holiday rather than a religious one, it was held to celebrate the recovery of the Prince of Wales (later King Edward VII) from an illness.

Thanksgiving was first observed as an annual event in Canada on 6 November 1879. The date for each of the following years was determined annually by Parliament. It also set a unifying theme for which to give thanks. The theme usually concerned the harvest, though celebrations related to the British monarchy were also very common. The holiday occurred as late in the year as 6 December and even coincided several times with American Thanksgiving. The most popular date to observe Thanksgiving was the third Monday in October, when the fall weather is generally still amenable to outdoor activities.

A man walked into a bar and sat down, and ordered a beer. As he sipped the beer, he heard a soothing voice say "nice tie!"

Looking around, he noticed that the bar was empty except for himself and the bartender at the end of the bar. A few sips later the voice said "beautiful shirt".

Confused, the man called the bartender over. "Hey...I must be losing my mind," he told the bartender. "I keep hearing these voices saying nice things, and there's not a soul in here but us."

"It's the peanuts," answered the bartender.

"The peanuts?" asked the man.

"Yeah, they're complimentary."



Thanksgiving Prayer

by Ralph Waldo Emerson

For each new morning with its light,
For rest and shelter of the night,
For health and food,
For love and friends,
For everything Thy goodness sends.

For flowers that bloom about our feet;
For tender grass, so fresh, so sweet;
For song of bird, and hum of bee;
For all things fair we hear or see,
Father in heaven, we thank Thee!



ALL HALLOWS EVE AND THE FEAST OF ALL SAINTS

The etymology of the term Halloween is "hallows," meaning 'holy' and "e'en," truncated for 'evening.' This holy evening, sometimes known as "All Hallows Eve," was celebrated historically by Christians and other cultures in preparation for the great feast of All Saints Day, which may also be referred to as "Feast of All Hallows," or the Feast of all the Holy ones, which are all of those who made it to Heaven. In a similar way that the great Easter Vigil Feast begins the celebration of Easter Sunday, All Hallows Eve begins the celebration of the great Feast of All Saints.

The Feast of All Saints is the day in the Church when we celebrate the lives of all of those who have made it to Heaven. During the month of October, we celebrated several great saints such as Pope St. John Paul II and St. Therese of Lisieux, who have their own dedicated feast days in the Church. However, the Church also recognizes that we are surrounded by "a cloud of witnesses" as St. Paul puts it, which is made up of people who may not have their own feast day on the liturgical calendar, but chose to live their lives as witnesses to Christ here on Earth and made it to Heaven. This includes loved ones and friends of our families and community who have "won the race" as St. Paul would say.

As we celebrate All Hallows Eve, All Saints Day, and All Souls Day this year, may we enjoy the traditions of our families, and all the candy and treats. May we also celebrate with great joy the saints who surround us and accompany us in this life, and pray for all of those who have gone before us that they may be a part of the Heavenly banquet.

Two dogs and a cat die and go to heaven.

They are brought before God, who interviews them to determine their fate. He asks the first dog, "What did you do when you were alive on earth?"

The first dog answers, "For 15 years I was a guide dog for a blind person. I was killed protecting them from being hit by a taxi."

"Very good," says God. "You will sit at my left side."

God turns his attention to the second dog and asks, "What did you do when you were alive on earth?"

The second dog responds, "I was a police dog for 12 years. I was shot and killed trying to subdue an armed bank robber."

God smiles and nods. "Very good. You will sit at my right side."

God now looks at the cat and begins to ask, "What did you --"

The cat interrupts, "You're in my chair."

The enormous diamond ring a woman wore on a luxury cruise attracted much attention from fellow passengers.

"It's the Beaumont diamond," she told her table companions, "and like the notorious Hope diamond, it carries a terrible curse."

"What's the curse?" they asked.

"Mr Beaumont," she explained.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
OCTOBER 2026				830am Hair Care 930am Mass 1030am Exercises 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass followed by Adora- tion/Confessions 1-3pm Hand & Foot Canasta (CV) 1-3pm Cards/Games (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
4	5	6	7	8	9	10
10am Mass 3pm Coffee	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) 2pm Bingo (CV) 3pm Coffee	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises 2-3pm Ice Cream with Home In- stead in the Village 330pm Sing-a-long (CM) 7pm Kaiser \$1 (CM)	830am Hair Care 930am Mass 1030am Exercises 2pm Brian Kendal entertains (CM) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Hand & Foot Canasta (CV) 1-3pm Cards/Games (CM) 3pm Coffee/Happy Hour (CM) 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
11	12	13	14	15	16	17
10am Mass 3pm Coffee	Thanksgiving Stat Office Closed 930am Mass 1-3pm Cards/Games (CM) 3pm Coffee 7pm Taize Prayer	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises 3pm Coffee 330pm Sing-a-long (CM) 7pm Bingo \$1/card (CM) BUS DAY	830am Hair Care 930am Mass 1030am Exercises 2pm Waltzing Matildas entertain (CV) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Hand & Foot Canasta (CV) 1-3pm Cards/Games (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
18	19	20	21	22	23	24
10am Mass 3pm Coffee	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) 2pm Bingo (CV) 3pm Coffee	930am Mass 1030am Exercises (CV) 1030am Tenant Mtg. (CM) 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises (CM) 1030am Tenant Mtg. (CV) 3pm Coffee 330pm Sing-a-long (CM) 7pm Kaiser \$1 (CM)	830am Hair Care 930am Mass 1030am Exercises 2pm Rich Dube entertains (CM) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Hand & Foot Canasta (CV) 1-3pm Cards/Games (CM) 3pm Coffee/Happy Hour (CV) 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee
25	26	27	28	29	30	31
10am Mass 3pm Coffee	930am Mass 1030am Exercises 11am Knit-a-Bit (CM) 1-3pm Cards/Games (CM) 2pm Bingo (CV) 3pm Coffee	930am Mass 1030am Exercises 2pm Bingo (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	830am Hair Care 9am Foot Care 930am Mass 1030am Exercises 230pm Birthday Party 3pm Sing-a-long (CM) 7pm Bingo \$1/card (CM) BUS DAY	830am Hair Care 930am Mass 1030am Exercises 2pm Don Balzer entertains (CV) 3pm Coffee 7pm Kaiser \$1 (CV)	930am Mass 1030am Mindful Movement Exercises (CV) 1-3pm Hand & Foot Canasta (CV) 1-3pm Cards/Games (CM) 3pm Coffee 7pm Bingo \$1/card (CV)	930am Mass 2pm Kaiser (CV) 3pm Coffee