

W E L C O M E
to

NEW FREEDOM FAMILY MEDICINE

New
Freedom
Family Medicine



DR. JENNIFER ALLEN

C O N T E N T S

GETTING CONNECTED
COMMUNICATION

Getting connected to all the right apps and portals so that communication is simple and efficient.

ALL THE THINGS.
PRACTICE PRICING

Here, we will go over all the things you need to know.

THERE IS MORE
SPECIAL SERVICES

Here is a run down of all the special things we offer here at NFFM.

GETTING CONNECTED

HEALTH CARE AT YOUR FINGER TIPS



spruce

On the day of your welcome visit, you will be sent a secure link to download our secure texting app. It is SO easy and truly makes communication with your health care team seamless and efficient.

When to Use:

If you have a concern that needs attention right away with response, spruce is the way to go. We can answer questions, schedule appointments and communicate after hours through this texting app. It really is as easy as it sounds! Text your concern and expect a reply within the hour.



cerbo
by MD HQ

Our patient portal is used to communicate lab results, request refill requests, non-urgent medical questions, paying invoices and keeping your chart up-to-date in our system.

How to Access:

We will send you an invite to your email that will prompt you to set up an account.

You can also visit www.mynffm.md-hq.com

If you have any issues or questions about using our communication portals, please call our office at 573-271-2927 and we are happy to assist you.



PRACTICE PRICING

NFFM

ENROLLMENT FEE \$75

This is a one time fee applied to your welcome visit.
This is per family/individual. It is reduced to
\$50/child member alone.

ONE TIME VISIT FEE \$150

This is not for chronic care, only urgent care visits
for non members.

CHILDREN 0-18 YEARS \$20/MONTH

This applies to children of parents who are not
members. For children with parents that are
members, the monthly fee is reduced to \$15/month.

ADULTS 19-45 YEARS \$60/MONTH

ADULTS 46-99 YEARS \$80/MONTH

100 YEARS YOUNG AND OVER \$1.00/MONTH

HOME VISIT ONLY PLAN \$105

This is a home visit only plan that is for patients who
are physically not able to come into the office.



SPECIAL
SERVICES

-Medical
Marijuana

-Allergy
Testing

-PRP/PRF

-DOT
Physicals

-Urgent
Care