

Keravive™ Scalp Pre & Post Care

Pre-Treatment Care

To ensure optimal results:

- Avoid sun exposure for 1 week prior and apply SPF 30+ daily to protect the scalp
- Do not wash your hair the day of treatment
- Avoid heavy styling products prior to your appointment
- Arrive with a clean, dry scalp when possible

Post-Treatment Care

Keravive is a scalp-focused treatment designed to cleanse, hydrate, and stimulate healthier hair growth—proper aftercare supports these results.

Immediately After Treatment

- Mild redness or sensitivity of the scalp is normal
- Avoid:
 - Hair dryers or heat styling for at least 1 hour
 - Touching or irritating the scalp

First 4–24 Hours

- Do not wash your hair for at least 4 hours
- For best results, wait up to 24 hours before washing
- Avoid excessive sweating, heat, or friction to the scalp

First Few Days

- Mild flaking or dryness may occur—this is normal
- Avoid:
 - Tight hairstyles (ponytails, buns, braids)
 - Excessive tension or pulling on the scalp

At-Home Care (Important for Results)

- Use the Keravive Peptide Complex Spray once daily
 - Apply directly to the scalp
 - Gently massage for 30 seconds
 - Do not rinse—allow to absorb

| Consistent use is key to maintaining hydration and supporting hair follicle health

What to Avoid

- Avoid chemical hair treatments (color, bleach, keratin, perms) for at least 2 weeks
- Avoid combining with PRFM or other scalp treatments for 2 weeks unless directed by your provider

When to Contact RN Esthetics

Please notify us if you experience:

- Persistent irritation, redness, or discomfort
- Signs of infection
- Any unusual or concerning reaction

Pro Tip

Think of Keravive as a “facial for your scalp.” A series of treatments combined with daily peptide spray use will support hydration, circulation, and healthier-looking hair over time.