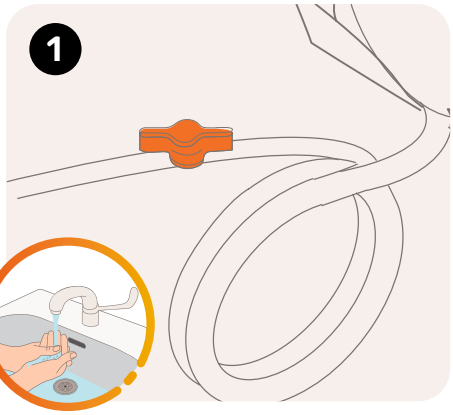
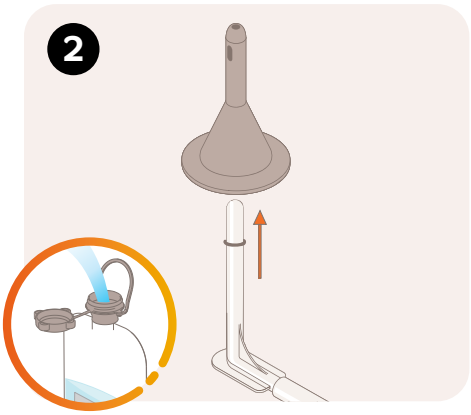
Quick start guide
Aquaflush® Maxi

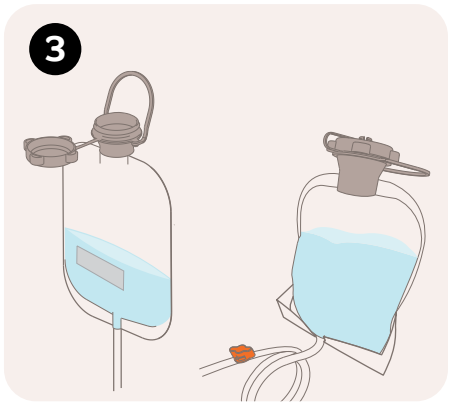
Aquaflush®



1. Wash and dry your hands before starting. Make sure the orange tap is in the horizontal (closed) position. Have all equipment nearby.

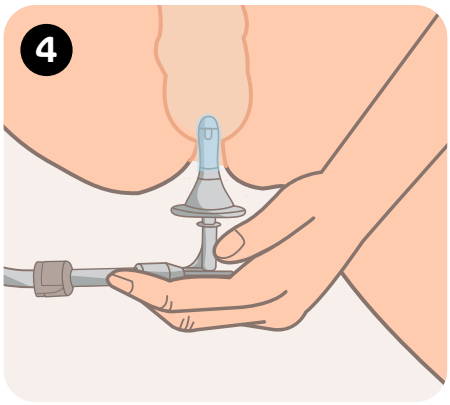


2. Attach the cone to the elbow connector. Unscrew the water bag cap and fill with lukewarm water (close to body temperature). Replace the cap securely.

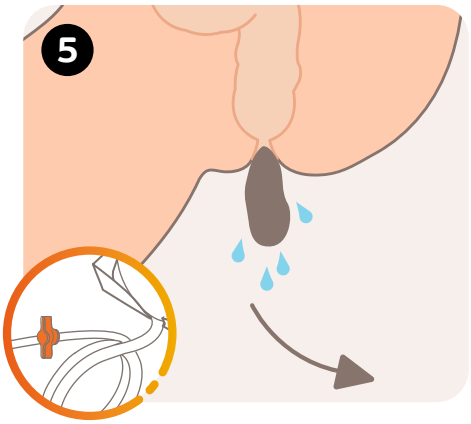


3. Gravity-fed: Hang the water bag above shoulder height using the hanger and 'S' hook.

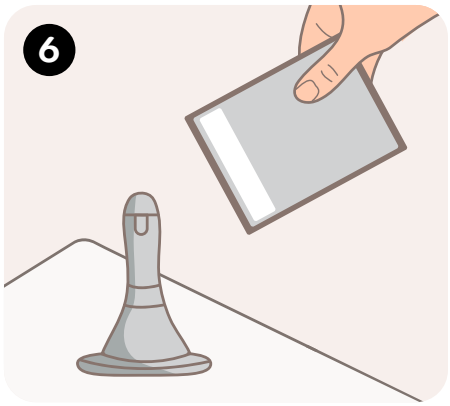
Floor-standing: Place the bag on a flat surface or use the stand provided. Open the tap briefly to get a steady stream of water through the cone. Your system is now ready.



4. Apply water-based lubricant to the cone and anus. Sit on the toilet with feet flat. Insert the cone from between your legs. For Self Retaining Cones (SRC), insert fully, then gently pull back until it stays in place.



5. Turn the orange tap to the vertical (open) position. Gently squeeze the pump or allow water to flow naturally. Once instilled, turn of the tap, remove the cone and stay seated. Water may release quickly or take a few minutes.



6. Dispose of the used cone in the bag provided. Shake out excess water from the pump and tubing and leave to air dry. If washing the system, use mild soap and rinse thoroughly before drying.

Cones are single use. Dispose of them in the provided bag per local guidelines. Shake out excess water from the bottle and tubing and let it air dry. If washing the device use mild soap and rinse well.

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Nightingale Home Delivery Service is part of **Clinisupplies**, helping you and your healthcare professional to find and order the bladder and bowel products you may need.

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Nightingale by Clinisupplies

Aquaflush®

Need a bit more support?

Learning Transanal irrigation (TAI) can take time.

It's normal to have questions, need small adjustments, or feel unsure in the early days.

If you order your TAI products through **Nightingale Home Delivery Service**, you can access our optional **TAI Support Programme**.

How we can help.

Our trained specialists and nurses can:

- Check in with you after you start
- Help you feel confident using your equipment
- Talk through common issues and practical tips
- Support you with re-ordering and supplies
- Guide you on when to contact your healthcare professional
- Support is personal, confidential, and tailored to you

Support, working alongside your healthcare team.

Taking part is entirely optional. You can use as much or as little support as you need, whenever it suits you.

We work alongside your healthcare team and do not replace your clinician's advice. If a medical review is needed, we will guide you back to your healthcare professional.

If you'd like support:

Speak to our team when placing your order, call **0800 303 7434**, or email **hello@nightingale.co.uk**



Supporting you alongside your healthcare team.

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