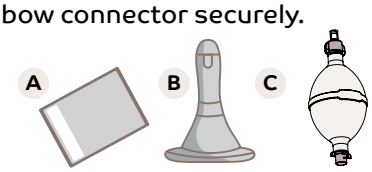
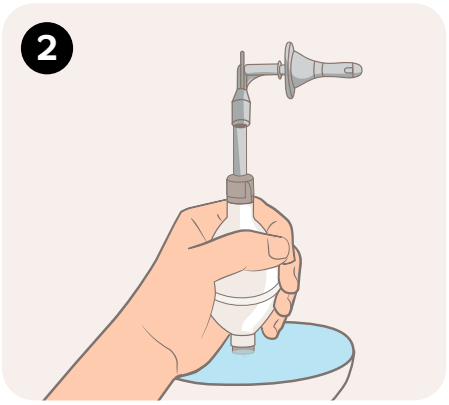
Quick start guide
Aquaflush® Compact

Aquaflush®



1. Wash and dry your hands before starting. Ensure all equipment is close by. Attach the cone to the elbow connector securely.

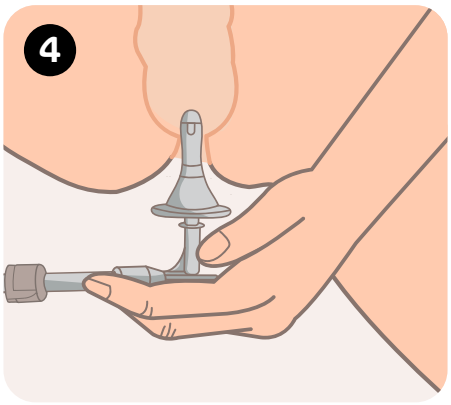




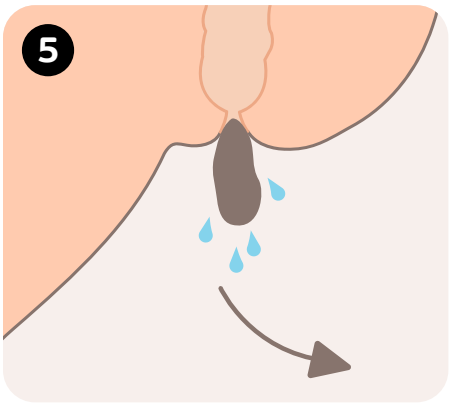
2. Fill a bowl or basin with **lukewarm water** (close to body temperature). Dip the pump in the water and squeeze until a steady stream flows through the cone. If using an extension tube, pump water through to remove air.



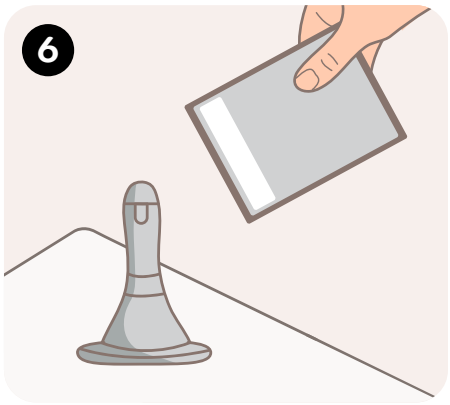
3. Apply water-based lubricant to the cone and anus if needed. Sit on the toilet with your feet flat, insert the cone from between your legs. Sitting further back can help with insertion.



4. Tilt the pump slightly upwards and **gently squeeze** to allow water to flow into your rectum. Continue until you have instilled the full amount of water.



5. Remove the cone and remain seated on the toilet. A quick release of water is normal, though it may take a few minutes. Full evacuation can take up to 10 minutes.



6. Cones are single use. Dispose of the cone in the bag provided. Shake out excess water from the pump and tubing and leave to air dry. If washing the system, use mild soap and rinse thoroughly.

Cones are single use. Dispose of them in the provided bag per local guidelines. Shake out excess water from the bottle and tubing and let it air dry. If washing the device use mild soap and rinse well.

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Nightingale Home Delivery Service is part of **Clinisupplies**, helping you and your healthcare professional to find and order the bladder and bowel products you may need.

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www.nightingaledelivery.co.uk

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or phone: **0800 304 7434**

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Nightingale by Clinisupplies

Aquaflush®

Need a bit more support?

Learning Transanal irrigation (TAI) can take time.

It's normal to have questions, need small adjustments, or feel unsure in the early days.

If you order your TAI products through **Nightingale Home Delivery Service**, you can access our optional **TAI Support Programme**.

How we can help.

Our trained specialists and nurses can:

- Check in with you after you start
- Help you feel confident using your equipment
- Talk through common issues and practical tips
- Support you with re-ordering and supplies
- Guide you on when to contact your healthcare professional
- Support is personal, confidential, and tailored to you

Support, working alongside your healthcare team.

Taking part is entirely optional. You can use as much or as little support as you need, whenever it suits you.

We work alongside your healthcare team and do not replace your clinician's advice. If a medical review is needed, we will guide you back to your healthcare professional.

If you'd like support:

Speak to our team when placing your order, call **0800 304 7434**, or email **hello@nightingale.co.uk**



Supporting you alongside your healthcare team.

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