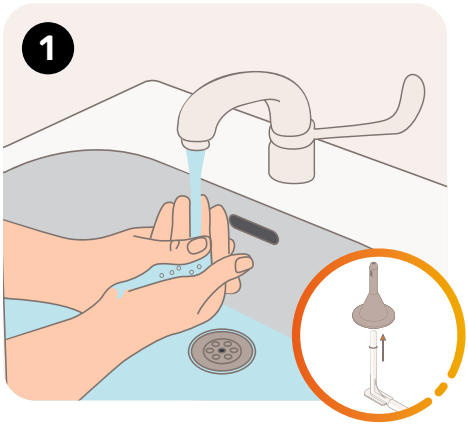
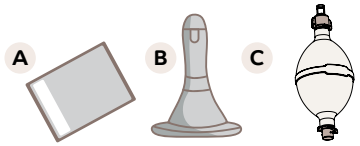
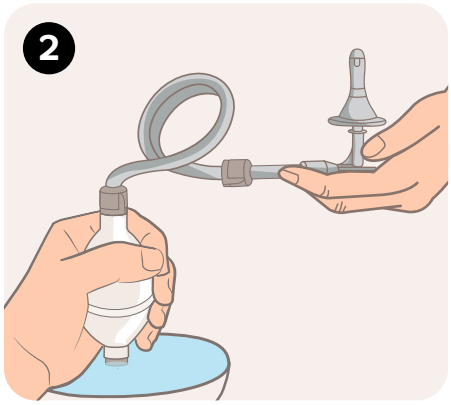
Quick start guide
Aquaflush® Compact+

Aquaflush®

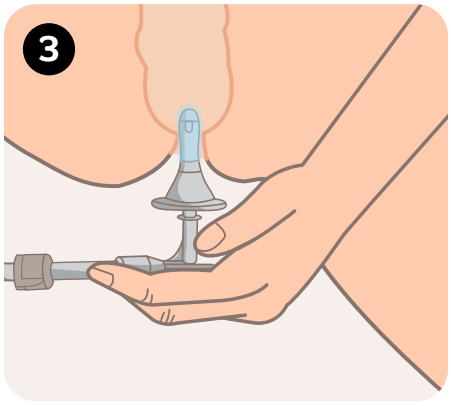


1. Wash and dry your hands before starting. Ensure all equipment is nearby. Attach the cone to the elbow connector securely.





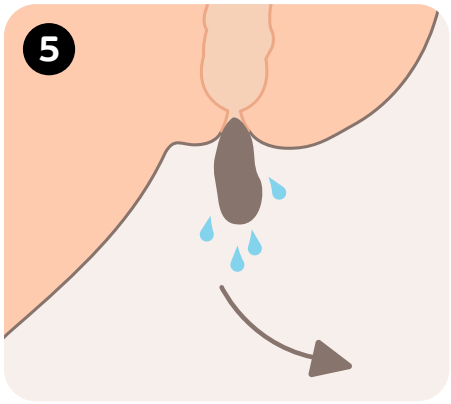
2. Fill a bowl or basin with **lukewarm** water (close to body temperature). Dip the pump into the water and squeeze until a steady stream flows through the cone. Your system is now ready to use.



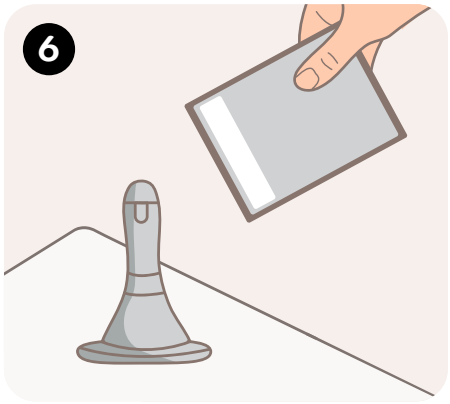
3. Apply water-based lubricant to the cone and anus if needed. Sit on the toilet with feet flat and insert the cone from between your legs. Sitting further back on the seat may help.



4. Gently squeeze the pump to allow water into your rectum. If using the gravity-fed method, keep the pump lower than the cone while inserting. Then raise it above your waist to start irrigation.



5. Once the water is instilled, remove the cone and remain seated. A quick release is normal, but full evacuation may take up to 10 minutes.



6. Cones are single use. Dispose of them in the bag provided. Disconnect the tubing and pump, shake out excess water, and leave to air dry. If washing, use mild soap and rinse thoroughly.

Cones are single use. Dispose of them in the provided bag per local guidelines. Shake out excess water from the bottle and tubing and let it air dry. If washing the device use mild soap and rinse well.

Clinisupplies | Nightingale

Nightingale Home Delivery Service is part of **Clinisupplies**, helping you and your healthcare professional to find and order the bladder and bowel products you may need.

To order, register or login online or via the app:
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Nightingale by Clinisupplies

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Need a bit more support?

Learning Transanal irrigation (TAI) can take time.

It's normal to have questions, need small adjustments, or feel unsure in the early days.

If you order your TAI products through **Nightingale Home Delivery Service**, you can access our optional **TAI Support Programme**.

How we can help.

Our trained specialists and nurses can:

- Check in with you after you start
- Help you feel confident using your equipment
- Talk through common issues and practical tips
- Support you with re-ordering and supplies
- Guide you on when to contact your healthcare professional
- Support is personal, confidential, and tailored to you

Support, working alongside your healthcare team.

Taking part is entirely optional. You can use as much or as little support as you need, whenever it suits you.

We work alongside your healthcare team and do not replace your clinician's advice. If a medical review is needed, we will guide you back to your healthcare professional.

If you'd like support:

Speak to our team when placing your order, call **0800 304 7434**, or email **hello@nightingale.co.uk**



Supporting you alongside your healthcare team.

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