Choosing the correct bandage

Size (Limb)	Child	Small	Medium	Large	Extra Large
Wrist/ Elbow	A	B	C	D	E
Ankle	A/B	C	D	E	F
Knee	C	D	E	F	G
Thigh	D	E	F	G	J
Trunk	G	J	K	L	M

WRIST AND LOWER ARM

1. Measure the length of the Clini**grip** bandage to twice the size of the affected area. Then cut to size.
2. Fold the bandage in half to make two small 1cm cuts for the thumbhole. Ensure that you make these cuts approximately 2-5cm from the fold depending on the size of your wrist.
3. Pull the first layer of the Clini**grip** bandage up the arm. Push the thumb through the first hole.
4. Now place the thumb through the second hole. Ensure the thumb is placed through the first and second hole. Now double back over the first layer to produce the second layer. Ensure the bandage is secured into place by smoothing over it gently.

ELBOW, KNEE AND THIGH

1. Measure the length of the Clini**grip** bandage to twice the size of the affected area. Then cut to size.
2. Pull the first layer of the Clini**grip** bandage up the limb.
3. Double back over the first layer to produce the second layer. Ensure the bandage is secured into place by smoothing over it gently.

ANKLE AND LOWER LEG

1. Measure the length of the Clini**grip** bandage to twice the size of the affected area. Then cut to size.
2. Pull the first layer of the Clini**grip** bandage up the limb.
3. Double back over the first layer to produce the second layer. Ensure the bandage is secured into place by smoothing over it gently.

IMPORTANT INFORMATION:
Clini**grip** bandages should always be applied as a double layer.

UK CA CE



Non-sterile


Consult instructions for use


Caution



Contains or presence of natural latex


Do not use if package is damaged


Manufacturer


Keep dry


Keep away from sunlight

LOT **Batch code**


Date of manufacture


Use by date

REF **Catalogue number**

MD **Medical device**

UDI **Unique device identifier**

CE **European conformity mark**

UK CA **UK conformity mark**

EC REP **Authorized representative in the European Community/European Union**

CLINIgrip®

Elasticated Tubular Bandage BP





From standing to stretch

A	9 - 12 cm
B	13 - 16 cm
C	16 - 20 cm
D	20 - 24 cm
E	24 - 28 cm
F	28 - 36 cm
G	36 - 46 cm
J	46 - 62 cm

Fibre Content:

- 83% Cotton
- 9% Elastodiene
- 8% Polyester

Clinigrip® is an elasticated tubular bandage to provide light support for muscle sprains and strains.

Clinigrip elasticated bandage will:

- Enable complete freedom of movement
- Remain securely in position without pins or tape
- Ensure comfort whilst wearing
- Contribute to effective support treatment
- Provide a cost-effective solution as it is washable and re-usable

Washing icons and temperature:



Washing instructions:

Hand wash only

Instructions for use:

1. Cut Clini**grip** to double the length required.
2. Pull Clini**grip** onto the limb.
3. Double the bandage back onto itself, pulling the outer layer further up the limb than the bottom layer.

Clinisupplies

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