Clinifast®

Garments with **StaySoft** fabric

Elasticated Viscose Stockinette

Ready to wear

For wet & dry wrapping and dressing retention

Ready to wear and easy to apply

Clinifast® Garments for Wet and Dry Wrapping

Clinifast® Garments convenient, quick and simple way to wet or dry wrap in the treatment of atopic eczema. Because of **Clinifast®** Garment's ready-made design, there's no longer the need to cut, tie or pin bandages together, which makes it much easier for parents and carers to apply and more discreet to wear.

Clinifast® Garments, made from our breathable *StaySoft* fabric with its two way stretch design, are comfortable to wear whether at night or during the day. They also allow complete freedom of movement so helping the wearer to lead a full and active life.

Wet Wrapping

Wet wrapping is a technique that has been developed to treat the symptoms of atopic eczema. It involves the application of liberal amounts of emollients and then a damp **Clinifast®** Garment followed by a dry garment. The decision to wet wrap or use any other topical preparation such as a steroid cream should only be done one so under the guidance of a Healthcare Professional.

Instructions for Use

Step 1 - Choose the item(s) to be used appropriate to where on the body is to be wrapped.

For example if the affected area is the chest and legs, then you would need two vests and two pairs of pairs of leggings or tights.

Step 2 - After bathing pat dry and then apply emollient in a downward motion to prevent the hair follicles becoming blocked. Steroids or other topical applications should also be applied at this stage as directed by your Healthcare Professional.

Step 3 - Ensure the seams are on the outside and place 1 of each item into a basin/bowl of warm water.

Step 4 - Remove the **Clinifast®** Garment(s) from the water and squeeze out as much of the water as possible applying them damp as you would normal clothing.

Step 5 - Apply the dry **Clinifast®** Garments as the second layer with the seams on the outside.

Step 7 - Then simply dress as normal in day or night wear.

Sometimes, particularly in the summer weather, the garments may dry out. This can be overcome by simply lifting the top layer and either using a spray bottle filled with warm water to spray the garments when they dry out or use a damp flannel to dampen them.

Dry Wrapping

For some, eczema symptoms can be controlled by dry wrapping which is the application of one item to cover the affected area. The decision to dry wrap should only be done so under the guidance of a Healthcare Professional.

Instruction for Use

Step 1 - Alter bathing pat dry and then apply emollient in a downward motion to prevent the hair follicles becoming blocked. Steroids or other topical applications should also be applied at this stage as directed by your Healthcare Professional.

Step 2 - Apply the **Clinifast®** Garments over the emollient/topical applications with seams on the outside as you would normal clothing.

Step 3 - Then simply dress as normal in day or night wear.

Clinifast® Garments for Dressing Retention

To keep primary dressings securely in place, **Clinifast®** Garments are a simple and quick alternative to bandages without the need for tapes or pins. They are excellent for difficult to dress areas and retain the primary dressings without the risk of compression or constriction.

Instructions for Use

Step 1 - Select and apply the appropriate primary dressing.

Step 2 - Select the appropriate garment and apply as you would normal clothing but with the seams on the outside.

Step 3 - Take care not to disturb the primary dressing whilst applying the garment.

Step 4 - Ensure the correct fit to allow complete freedom of movement and to prevent any unnecessary discomfort. If unsure of the size, please select the next size up.

Clinifast® Garment Sizing Guide For Children	
Clava	6 months to 5 years 5-14 years
Vest with fold over Mittens	6 months to 2 years
Vest plain long-sleeve	2-5 years 5 - 8 years 8 -11 years 11 -14 years
Mittens with thumb-hole	Up to 2 years 2 - 8 years
Mittens without thumb-hole	8-14years
Tights	6 months to 2 years
Leggings	2-5 years 5 - 8 years 8 -11 years 11 -14 years
Socks mid length	Upto 8 years 8-14years
Gloves	Small Child Medium Child Large Child

Clinifast® Garment Sizing Guide For Teenagers and Adult	
Long-sleeve Vest (Chest)	Small 28”- 36” (71 - 91 cm) Medium 36”- 46”(91 - 117 cm) Large 46”- 60” (117 - 152 cm)
Short-sleeve Vest (Chest)	Small 28”- 36” (71 - 91 cm) Medium 36”- 46”(91 - 117 cm) Large 46”- 60” (117 - 152 cm)
Leggings (Waist)	Small 28”- 36” (71 - 91 cm) Medium 36”- 46”(91 - 117 cm) Large 46”- 60” (117 - 152 cm)
Cycle Shorts (Waist)	Small 28”- 36” (71 - 91 cm) Medium 36”- 46”(91 - 117 cm) Large 46”- 60” (117 - 152 cm)
Gloves (Hands)	Small Adult Medium Adult Large Adult

Washing Instructions

Clinifast® Garments can be machine washed. They will retain their shape and softness even after repeated washing providing the instructions set out below are followed.



Ideally, wash garments separately.

Symptoms may improve by using a non-biological washing powder and avoiding the use of fabric conditioner. Seek advice from your Healthcare Professional.

Storage

Store in dry conditions out of direct sunlight

Fabric Content

86% Viscose, 11% Nylon, 3% Elastane
LATEX FREE

Precautions

- Keep **Clinifast®** Garments away from naked flames.
- Only wet or dry wrap if advised to do so and instructed by a Healthcare Professional.
- When dry wrapping, always use an emollient.
- Do not use if you think the child’s/adult’s skin is infected or the child/adult is unwell and seek immediate medical advice.
- Ensure the correct fit to allow complete freedom of movement

For further information on **Clinifast®** Garments for wet or dry wrapping or dressing retention, contact our Customer Services on **020 8863 4168** or visit our website at **www.clinisupplies.co.uk.**

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