

Lucilles BBQ Menu Analysis Book for Core Items

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Values listed are per single serving unless otherwise stated. Nutritional Information: The information listed on our menus and websites is meant to provide a general estimate of the nutritional values associated with our menu items. Nutritional values for some menu items, such as those that are limited time only may not be available at this time

Startin Out Items	Total Calories Rounded (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Brisket Quesadilla (1 serving)	1300	1304	783	87	48	0	260	1958	72	3	19	58	2638	50	824	5
Cracked Out Deviled Bacon Eggs (1 serving)	770	772	567	63	16	0	688	1017	15	2	5	33	1361	12	126	4
Drippin' Chicken Nuggets (1 serving)	1190	1193	746	83	14	0	167	2408	49	4	15	58	450	8	138	4
Drippin' Chicken Nuggets with BBQ Sauce (1 serving)	1430	1433	746	83	14	0	167	2858	106	4	63	58	750	12	198	6
Drippin' Chicken Nuggets with Buffalo Sauce (1 serving)	1320	1320	851	95	21	0	197	6216	53	5	17	59	3342	12	153	4
Drippin' Chicken Nuggets with Garlic Parmesan Sauce (1 serving)	1800	1798	1255	139	50	0	327	2671	59	4	16	70	2460	38	520	4
Drippin' Chicken Nuggets with Hot Honey Butter (1 serving)	1700	1699	849	94	21	0	197	2409	146	5	105	59	1050	8	141	4
Drippin' Chicken Nuggets, Memphis Style (1 serving)	1330	1328	746	83	14	0	167	3518	79	4	39	58	1050	12	198	5
Drippin' Chicken Nuggets, Nashville Style (1 serving)	1930	1929	1427	159	48	0	243	4615	60	8	19	60	1122	10	160	5
Lucille's Onion Straws (1 serving)	1060	1063	471	52	9	0	25	2499	130	7	38	18	415	27	309	5
Lucille's Onion Straws, Half (1 serving)	530	532	235	26	5	0	13	1250	65	3	19	9	207	14	155	2
Pork Belly Burnt Ends (1 serving)	1170	1174	857	95	34	0	150	1822	59	1	34	20	299	2	51	3

Smoked Brisket Queso Dip (1 serving)	940	939	476	53	29	0	128	2355	72	4	8	40	1444	4	683	2
Smokehouse BBQ Nachos (1 serving)	1070	1075	580	64	36	0	198	1965	78	10	10	46	2868	48	1037	4
Smokehouse BBQ Nachos (1 serving) with Chicken	1290	1286	714	79	40	0	252	2199	79	10	10	64	2940	48	1048	5
Smokehouse BBQ Nachos (1 serving) with Pulled Pork	1240	1240	682	76	40	0	254	2203	80	10	11	61	2869	49	1055	5
Smokehouse BBQ Nachos (1 serving) with Smoked Beef Brisket	1290	1288	723	80	43	0	254	2125	80	10	11	62	2869	48	1044	6
Smokehouse Cheese Curds (1 serving)	1090	1093	746	83	44	0	210	1773	40	3	12	43	79	1	1274	0
Southern Favorites Platter (1 serving)	1760	1762	1140	127	49	0	233	5070	93	6	24	61	5381	24	1297	5
Southern Fried Dill Pickles (1 serving)	1410	1408	911	101	16	0	48	6176	107	5	10	17	609	3	151	5
Southern Fried Dill Pickles, Half (1 serving)	700	704	456	51	8	0	24	3088	53	2	5	9	305	1	75	2
Southern Fried Pickles (1 serving)	970	970	507	56	9	0	26	5284	102	4	7	15	573	2	127	5
Spinach and Cheese Dip (1 serving)	1050	1048	451	50	20	0	63	2028	111	9	14	37	9572	22	1033	4

Happy Hour Items	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Happy Hour BLT Wedge Salad (1 serving)	450	450	349	39	8	0	24	745	17	3	13	6	1316	8	108	1
Happy Hour Cracked Deviled Eggs (1 serving)	460	464	327	36	9	0	447	588	13	1	3	20	690	7	84	3
Happy Hour Nashville Chicken Nuggets and Fries (1 serving)	1300	1303	833	93	30	0	163	3078	67	8	6	47	414	11	79	4
Happy Hour Nashville Fried Chicken (1 serving)	860	856	604	67	17	0	157	2300	29	2	15	31	763	15	79	3
Happy Hour Nashville Fried Okra (1 serving)	1080	1081	807	90	29	0	66	2350	56	4	9	8	290	8	101	3
Happy Hour Nashville Hot Chicken Sandwich (1 serving)	2270	2273	1573	175	22	0	169	2732	120	5	38	52	1543	22	222	6
Happy Hour New Orleans Gumbo (1 serving)	350	350	173	19	5	0	69	700	28	1	2	15	531	31	44	2
Happy Hour Pork Belly Burnt Ends (1 serving)	1190	1190	858	95	34	0	150	1896	63	1	37	20	307	2	60	3
Happy Hour Pulled Chicken Nachos (1 serving)	1020	1024	560	62	34	0	212	1653	70	7	18	46	2409	34	932	4
Happy Hour Pulled Pork Sandwich (1 serving)	610	608	300	33	12	0	154	777	43	2	9	34	241	2	63	3
Happy Hour Smoked Brisket Nachos (1 serving)	840	840	463	51	26	0	154	1298	58	7	8	37	1766	28	600	4

Happy Hour Southern Fried Dill Pickles (1 serving)	700	704	456	51	8	0	24	3088	53	2	5	9	305	1	75	2
Happy Hour Spinach and Cheese Dip (1 serving)	580	577	259	29	12	0	36	1202	58	5	9	21	5778	16	597	2
Smoked BBQ Pulled Pork Nachos (1 serving)	1020	1018	588	65	36	0	221	1693	59	7	8	50	2304	33	928	4

Slow Smoked Bar B Que Items	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Beef Ribs, 3 Bones (1 serving)	710	706	173	19	8	0	160	1574	75	0	63	54	724	5	106	9
BBQ Chicken, 1/2 (1 serving)	710	707	331	37	10	0	182	1456	44	0	37	45	935	18	74	4
BBQ Tri Tip Dinner, 6 oz (1 serving)	370	368	148	16	6	0	123	1105	18	0	15	36	106	2	70	3
BBQ Tri Tip Dinner, 9 oz (1 serving)	520	518	221	25	9	0	184	1334	20	0	16	53	107	2	95	5
Baby Back Ribs, 1/3 Rack (1 serving)	640	636	357	40	15	0	136	1139	38	0	32	27	217	3	94	3
Baby Back Ribs, Full Rack (1 serving)	1560	1562	1083	120	45	0	413	2768	29	0	24	82	201	3	195	6
Baby Back Ribs, Half Rack (1 serving)	840	841	542	60	22	0	207	1496	29	0	24	41	176	2	112	3
Black Garlic Baby Back Ribs (1 serving)	830	833	544	60	22	0	207	1891	26	1	19	42	318	3	118	3
Black Garlic Tri Tip (1 serving)	610	608	448	50	27	0	214	682	3	0	2	36	1225	0	52	3
Pulled Pork Dinner, 8 oz (1 serving)	530	530	272	30	10	0	150	1375	23	0	18	40	401	5	89	3
St Louis Spare Ribs, 1/3 Rack (1 serving)	570	566	359	40	15	0	131	767	20	0	16	29	319	1	76	3
St Louis Spare Ribs, Full Rack (1 serving)	1720	1718	1089	121	46	0	398	3167	60	1	49	88	1312	5	235	8
St Louis Spare Ribs, Half Rack (1 serving)	900	899	544	60	23	0	199	1658	39	1	32	44	706	3	128	4
Texas Style Brisket, 6 oz (1 serving)	490	495	287	32	13	0	113	966	19	0	15	31	106	1	34	4
Texas Style Brisket, 9 oz (1 serving)	710	708	430	48	19	0	170	1125	20	0	16	47	106	1	41	5

Bar B Que Platters	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Three Meat Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BBQ Three Meat Combo (1 serving) with BBQ Half Chicken	710	707	331	37	10	0	182	1456	44	0	37	45	935	18	74	4
BBQ Three Meat Combo (1 serving) with BBQ Tri Tip	370	368	148	16	6	0	123	1105	18	0	15	36	106	2	70	3
BBQ Three Meat Combo (1 serving) with Baby Back Ribs	560	558	358	40	15	0	136	1200	19	0	16	27	204	2	76	2
BBQ Three Meat Combo (1 serving) with Beef Ribs	590	591	115	13	5	0	107	1275	79	0	66	36	633	5	101	7
BBQ Three Meat Combo (1 serving) with Fried Chicken with Country Gravy	1370	1374	288	32	10	0	184	5350	184	4	18	90	651	9	471	11
BBQ Three Meat Combo (1 serving) with Jalapeno Cheddar Sausage	720	720	576	64	24	0	160	1560	4	0	0	32	400	0	160	3
BBQ Three Meat Combo (1 serving) with Pork Belly Burnt Ends	980	979	817	91	32	0	120	1540	26	0	23	16	67	1	16	2
BBQ Three Meat Combo (1 serving) with Pulled Chicken	380	378	130	14	4	0	94	389	38	0	32	21	345	5	52	3
BBQ Three Meat Combo (1 serving) with Pulled Pork	400	397	204	23	8	0	113	1031	17	0	14	30	301	4	67	2
BBQ Three Meat Combo (1 serving) with Sliced Brisket	650	655	287	32	13	0	113	1266	57	0	47	31	306	4	74	5
BBQ Three Meat Combo (1 serving) with St Louis Ribs	570	566	359	40	15	0	131	767	20	0	16	29	319	1	76	3
BBQ Three Meat Combo (1 serving) with Texas Red Hot Sausage	600	600	486	54	20	0	130	1540	4	0	2	28	200	0	40	2
BBQ Two Meat Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BBQ Two Meat Combo (1 serving) with BBQ Half Chicken	710	707	331	37	10	0	182	1456	44	0	37	45	935	18	74	4
BBQ Two Meat Combo (1 serving) with BBQ Tri Tip	370	368	148	16	6	0	123	1105	18	0	15	36	106	2	70	3
BBQ Two Meat Combo (1 serving) with Baby Back Ribs	560	558	358	40	15	0	136	1200	19	0	16	27	204	2	76	2
BBQ Two Meat Combo (1 serving) with Beef Ribs	590	591	115	13	5	0	107	1275	79	0	66	36	633	5	101	7
BBQ Two Meat Combo (1 serving) with Fried Chicken with Country Gravy	1370	1374	288	32	10	0	184	5350	184	4	18	90	651	9	471	11
BBQ Two Meat Combo (1 serving) with Jalapeno Cheddar Sausage	720	720	576	64	24	0	160	1560	4	0	0	32	400	0	160	3
BBQ Two Meat Combo (1 serving) with Pork Belly Burnt Ends	980	979	817	91	32	0	120	1540	26	0	23	16	67	1	16	2
BBQ Two Meat Combo (1 serving) with Pulled Chicken	380	378	130	14	4	0	94	389	38	0	32	21	345	5	52	3
BBQ Two Meat Combo (1 serving) with Pulled Pork	400	397	204	23	8	0	113	1031	17	0	14	30	301	4	67	2
BBQ Two Meat Combo (1 serving) with Sliced Brisket	650	655	287	32	13	0	113	1266	57	0	47	31	306	4	74	5
BBQ Two Meat Combo (1 serving) with St Louis Ribs	570	566	359	40	15	0	131	767	20	0	16	29	319	1	76	3
BBQ Two Meat Combo (1 serving) with Texas Red Hot Sausage	600	600	486	54	20	0	130	1540	4	0	2	28	200	0	40	2

Bar B Que Feasts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Lucille's Family Supper (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lucille's Family Supper (1 serving) with Meat Choice BBQ Half Chicken	1410	1414	661	73	21	0	364	2912	87	1	74	91	1869	36	148	8
Lucille's Family Supper (1 serving) with Meat Choice Baby Back Ribs	3700	3698	2170	241	89	0	827	8277	193	1	161	165	1796	15	542	17
Lucille's Family Supper (1 serving) with Meat Choice Beef Ribs	4150	4149	808	90	36	0	746	8947	554	2	464	252	4447	36	708	49
Lucille's Family Supper (1 serving) with Meat Choice Jalapeno Cheddar Sausage	1440	1440	1152	128	48	0	320	3120	8	0	0	64	800	0	320	6
Lucille's Family Supper (1 serving) with Meat Choice Pork Belly Burnt Ends	2300	2305	1639	182	64	0	240	3437	137	1	130	33	8	1	29	3
Lucille's Family Supper (1 serving) with Meat Choice Pulled Chicken	1510	1510	519	58	16	0	377	1558	152	0	128	82	1381	21	207	10

Lucille's Family Supper (1 serving) with Meat Choice Pulled Pork	1060	1059	543	60	20	0	300	2750	47	1	37	80	803	11	179	6
Lucille's Family Supper (1 serving) with Meat Choice Smoked Beef Brisket	1230	1228	765	85	34	0	302	1713	28	0	23	83	142	2	64	9
Lucille's Family Supper (1 serving) with Meat Choice Smoked Tri Tip	890	890	393	44	16	0	327	2083	28	1	22	95	143	3	160	8
Lucille's Family Supper (1 serving) with Meat Choice St Louis Ribs	3760	3756	2177	242	91	0	796	6933	196	2	161	176	3024	14	551	19
Lucille's Family Supper (1 serving) with Meat Choice Texas Red Hot Sausage	1510	1512	1225	136	50	0	328	3881	10	0	5	71	504	0	101	5
Lucille's Super Feast (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lucille's Super Feast (1 serving) with Meat Choice Baby Back Ribs	5550	5546	3255	362	134	0	1240	12415	290	2	241	248	2695	22	813	26
Lucille's Super Feast (1 serving) with Meat Choice Beef Ribs	6220	6223	1212	135	54	0	1120	13421	832	3	696	378	6670	54	1062	74
Lucille's Super Feast (1 serving) with Meat Choice Jalapeno Cheddar Sausage	2880	2880	2304	256	96	0	640	6240	16	0	0	128	1600	0	640	12
Lucille's Super Feast (1 serving) with Meat Choice Pork Belly Burnt Ends	4610	4610	3278	364	128	0	480	6874	274	1	260	65	16	3	58	5
Lucille's Super Feast (1 serving) with Meat Choice Pulled Chicken	3020	3021	1038	115	33	0	753	3116	304	0	256	164	2763	42	414	21
Lucille's Super Feast (1 serving) with Meat Choice Pulled Pork	2120	2118	1086	121	40	0	600	5500	93	1	73	161	1605	22	358	11
Lucille's Super Feast (1 serving) with Meat Choice Smoked BBQ Half Chicken	2830	2828	1323	147	42	0	727	5824	175	2	147	181	3739	73	296	16
Lucille's Super Feast (1 serving) with Meat Choice Smoked Beef Brisket	2460	2457	1530	170	67	0	604	3426	56	1	47	165	284	4	129	17
Lucille's Super Feast (1 serving) with Meat Choice Smoked Tri Tip	1780	1780	785	87	32	0	653	4167	56	2	45	189	286	5	319	16
Lucille's Super Feast (1 serving) with Meat Choice St Louis Ribs	5630	5634	3266	363	137	0	1194	10400	294	3	242	263	4536	21	826	28
Lucille's Super Feast (1 serving) with Meat Choice Texas Red Hot Sausage	2400	2400	1944	216	80	0	520	6160	16	0	8	112	800	0	160	9
Lucille's Tour of BBQ Platter (1 serving)	950	952	592	66	22	0	212	1664	41	1	24	46	512	7	99	4
Lucille's Tour of BBQ Platter (4 servings)	3810	3806	2369	263	87	0	849	6656	162	4	94	184	2047	27	396	16

Southern Specialties	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chimichurri Top Sirloin (1 serving)	1140	1143	762	85	25	0	142	2690	40	8	9	52	13120	50	180	5
Crispy Lowcountry Shrimp Basket (1 serving)	910	909	486	54	10	0	219	2790	74	6	5	35	659	19	118	5
Grilled Salmon (1 serving)	660	661	450	50	18	0	210	812	6	1	2	47	809	18	79	1
Hot Honey Glazed Salmon (1 serving)	1050	1052	276	31	6	0	134	1070	135	7	67	54	15746	61	99	4
Southern Fried Chicken (1 serving)	1240	1238	415	46	19	0	220	3746	122	11	25	82	16127	61	499	7

Greens	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Chicken Salad (1 salad)	1100	1103	532	59	16	0	153	2550	82	10	43	53	8537	65	487	8
BLT Wedge Salad, Add On (1 serving)	450	450	349	39	8	0	24	745	17	3	13	6	1316	8	108	1

Caesar Salad, Add On (1 serving)	320	316	211	23	7	0	41	997	14	2	3	11	5128	20	328	1
Chicken Caesar Salad (1 salad)	1110	1107	691	77	19	0	186	2667	39	4	6	61	10419	43	722	3
House Salad, Add On (1 serving)	100	97	21	2	0	0	0	207	17	3	3	4	7365	18	38	1
House Salad, Large, Add On (1 serving)	380	383	84	9	0	0	0	829	67	10	13	14	29421	73	150	3
Not Your Mama's Chicken Caesar Salad (1 serving)	1010	1006	585	65	26	0	200	2138	43	6	8	57	14825	74	909	4
Not Your Mama's Chicken Caesar Salad, Half (1 serving)	500	505	292	32	13	0	100	1068	22	3	4	28	7413	41	457	2
Salad Dressings (3 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Salad Dressings (3 fluid ounces) with Dressing Choice Avocado Ranch	390	388	359	40	7	0	18	734	4	1	3	2	389	7	39	0
Salad Dressings (3 fluid ounces) with Dressing Choice BBQ Ranch	430	429	345	38	7	0	18	526	17	0	15	1	135	1	51	1
Salad Dressings (3 fluid ounces) with Dressing Choice Balsamic Vinaigrette	180	180	135	15	2	0	0	600	15	0	12	0	0	0	0	0
Salad Dressings (3 fluid ounces) with Dressing Choice Blue Cheese	350	354	327	36	7	0	32	401	4	0	4	3	63	0	38	0
Salad Dressings (3 fluid ounces) with Dressing Choice Caesar	270	270	216	24	5	0	30	1080	9	0	3	3	0	0	87	0
Salad Dressings (3 fluid ounces) with Dressing Choice Honey Mustard	420	424	380	42	6	0	30	345	15	0	12	0	0	0	10	0
Salad Dressings (3 fluid ounces) with Dressing Choice Ranch	500	500	474	53	9	0	24	554	3	0	2	2	73	0	47	0
Salad Dressings (3 fluid ounces) with Dressing Choice Roasted Pepper Italian Dressing	60	60	0	0	0	0	0	840	18	0	12	0	0	0	0	0
Salad Dressings (3 fluid ounces) with Dressing Choice Spicy Ranch	450	446	422	47	8	0	22	810	3	0	2	1	272	1	43	0
Salad Dressings (3 fluid ounces) with Dressing Choice Thousand Island	390	390	324	36	6	0	30	630	12	0	12	0	0	0	0	0
Salad Dressings (3 fluid ounces) with Dressing Choice Tomato Vinaigrette	360	360	234	26	4	0	0	610	33	0	30	0	100	1	20	1
Southwest Brisket Chopped Salad (1 salad)	1300	1296	795	88	27	0	158	3408	72	16	23	50	5260	111	581	10
Tri Tip Salad (1 salad)	830	826	388	43	9	0	82	1193	79	10	55	30	11564	291	237	11
Tri Tip Wedge Salad (1 serving)	1110	1110	798	89	20	0	131	1805	38	7	29	36	2918	18	260	4
Wedge Salad, Add On (1 serving)	290	288	177	20	9	0	42	835	10	3	6	17	1472	9	196	1

Greens and Bowls	**Total Calories Rounded (kcal) (kcal)**	**Total Calories (kcal)**	**Fat Calories (kcal)**	**Total Fat (g)**	**Saturated Fat (g)**	**Trans Fat (g)**	**Cholesterol (mg)**	**Sodium (mg)**	**Total Carbs (g)**	**Fiber (g)**	**Sugars (g)**	**Protein (g)**	**Vit A (iu)**	**Vit C (mg)**	**Calcium (mg)**	**Iron (mg)**
Brisket Fajita Bowl (1 bowl)	990	990	477	53	17	0	91	1067	93	6	7	30	1010	42	191	8
Jambalaya Bowl (1 bowl)	1300	1295	713	79	24	0	260	2342	90	4	8	53	3879	132	119	8
N'Awlins Gumbo Bowl (1 bowl)	1400	1403	682	76	19	0	245	2977	120	5	8	55	2036	110	162	9
Southwest Chicken Bowl (1 bowl)	1090	1095	395	44	17	0	166	3029	113	9	16	62	1561	25	404	8

Premium Sides	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Brisket Mac (1 serving)	320	323	108	12	6	0	40	1060	41	0	20	13	107	2	173	1
Bacon Queso Fries, Plating (1 serving)	470	473	245	27	12	0	38	1631	39	3	2	16	421	8	213	1
Baked Mac and Cheese (1 serving)	360	356	182	20	13	0	68	1270	27	0	4	18	125	1	389	0
Garlic Parm Okra (1 serving)	620	618	349	39	23	0	96	884	54	3	5	10	1252	16	198	3
Loaded Mashed Potatoes (1 serving)	660	659	504	56	33	0	152	1104	21	2	5	19	1131	4	231	1
Loaded Mashed Potatoes, Super Feast (1 serving)	2630	2634	2014	224	130	0	609	4416	83	9	20	76	4525	15	924	3
Loaded Mashed Potatoes, Super Feast (4 servings)	10540	10538	8057	895	521	0	2434	17664	331	35	80	305	18101	60	3696	12
Loaded Mashed Potatoes, Super Feast (6 servings)	15810	15807	12085	1343	781	0	3651	26496	497	52	121	458	27152	90	5544	19
Loaded Mashed Potatoes, Supper (1 serving)	1320	1317	1007	112	65	0	304	2208	41	4	10	38	2263	7	462	2
Side Loaded Baker (1 serving)	850	850	404	45	27	0	138	573	85	6	5	28	903	93	394	4
Street Corn, Side (1 serving)	490	492	288	32	20	0	85	809	39	4	5	12	1080	10	183	1
Street Corn, Super Feast (1 serving)	490	492	288	32	20	0	85	809	39	4	5	12	1080	10	183	1
Street Corn, Super Feast (4 servings)	1970	1966	1151	128	80	0	338	3237	156	16	20	47	4318	38	730	3
Street Corn, Super Feast (6 servings)	2950	2950	1726	192	120	0	507	4855	234	24	30	71	6477	57	1095	5
Street Corn, Supper Add (1 serving)	1470	1475	863	96	60	0	254	2428	117	12	15	35	3239	29	548	2

Sandwiches and Burgers	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Brisket Smokey Joe Sandwich (1 serving)	1130	1130	590	66	25	0	194	1491	91	3	45	41	759	29	338	5
Lucille's All American Burger (1 serving)	1150	1149	699	78	28	0	245	2504	49	2	17	57	1240	4	298	6
Lucille's BBQ Tri Tip Sandwich (1 serving)	700	698	278	31	12	0	183	1385	59	2	23	45	306	2	100	5
Lucille's Original Pulled Pork Sandwich (1 serving)	610	608	300	33	12	0	154	777	43	2	9	34	241	2	63	3

Memphis Style Pulled Pork Sandwich (1 serving)	1030	1030	578	64	16	0	170	2454	74	5	31	37	3041	42	129	4
Nashville Hot Chicken Sandwich (1 serving)	1360	1356	727	81	11	0	143	2197	106	4	28	50	1450	21	209	5
Smokehouse BBQ Bacon Burger (1 serving)	1410	1405	717	80	32	0	285	2570	98	3	48	68	1639	16	462	8
Southern Fried Chicken Sandwich (1 serving)	1580	1577	691	77	22	0	243	4398	130	5	15	89	3000	19	334	9
Steakhouse Tri Tip Dip Sandwich (1 serving)	1180	1176	665	74	31	0	251	2096	75	3	28	54	927	3	511	5
Texas Style Brisket Sandwich (1 serving)	890	895	450	50	18	0	169	896	69	2	34	39	1226	19	90	5

Swoon Worthy Sides	**Total Calories Rounded (kcal) (kcal)**	**Total Calories (kcal)**	**Fat Calories (kcal)**	**Total Fat (g)**	**Saturated Fat (g)**	**Trans Fat (g)**	**Cholesterol (mg)**	**Sodium (mg)**	**Total Carbs (g)**	**Fiber (g)**	**Sugars (g)**	**Protein (g)**	**Vit A (iu)**	**Vit C (mg)**	**Calcium (mg)**	**Iron (mg)**
BBQ Beans (1 serving)	200	203	13	1	0	0	2	417	41	4	23	6	320	30	48	2
Cornbread (1 serving)	450	448	228	25	10	2	40	619	50	1	19	5	602	1	81	2
Creamy Coleslaw (1 serving)	200	197	103	11	2	0	12	373	21	3	17	2	1850	36	72	1
French Fries (1 serving)	190	194	68	8	2	0	0	565	28	3	0	3	0	6	0	1
French Fries, Family Supper (1 serving)	770	775	274	30	7	0	0	2261	112	11	0	11	0	26	0	4
French Fries, Feast (1 serving)	1550	1550	547	61	13	0	0	4523	224	21	0	21	0	51	0	8
Garlic Mashed Potatoes (1 serving)	240	240	108	12	8	0	32	823	29	3	4	4	104	4	63	1
Macaroni and Cheese (1 serving)	340	345	121	13	7	0	33	538	41	2	5	14	428	1	202	2
Potato Salad (1 serving)	580	577	453	50	9	0	61	726	25	3	3	4	89	29	25	1
Sauteed Seasonal Vegetables (1 serving)	80	78	4	0	0	0	0	452	16	6	7	3	15498	51	61	1
Tomato Slices (1 serving)	10	14	1	0	0	0	0	5	3	1	1	1	1484	14	14	0
Watermelon Slices (1 serving)	30	29	1	0	0	0	0	1	6	0	5	1	484	7	6	0

Beverages	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Abita Root Beer (1 bottle)	180	176	0	0	0	0	0	16	44	0	38	0	0	0	0	0
Barq's Root Beer (12 fluid ounces)	100	100	0	0	0	0	0	22	27	0	27	0	0	0	0	0
Barq's Root Beer (32 fluid ounces)	270	266	0	0	0	0	0	58	72	0	72	0	0	0	0	0
Chocolate Milk (1 drink)	450	445	79	9	5	0	44	293	73	0	61	18	875	4	613	1
Coca Cola (12 fluid ounces)	90	89	0	0	0	0	0	5	24	0	24	0	0	0	0	0
Coca Cola (32 fluid ounces)	240	238	0	0	0	0	0	14	65	0	65	0	0	0	0	0
Coke Zero (12 fluid ounces)	0	1	0	0	0	0	0	25	0	0	0	0	0	0	0	0
Coke Zero (32 fluid ounces)	0	2	0	0	0	0	0	67	0	0	0	0	0	0	0	0
Decaf Coffee (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Decaf Coffee (1 serving) with Half and Half	80	80	54	6	4	0	30	30	2	0	2	2	200	0	80	0
Decaf Coffee (1 serving) with Sugar Packets	60	64	0	0	0	0	0	0	16	0	16	0	0	0	0	0
Diet Coke (12 fluid ounces)	0	0	0	0	0	0	0	9	0	0	0	0	0	0	0	0
Diet Coke (32 fluid ounces)	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0
Dr Pepper (12 fluid ounces)	100	99	0	0	0	0	0	32	24	0	24	0	0	0	0	0
Dr Pepper (32 fluid ounces)	260	264	0	0	0	0	0	84	65	0	65	0	0	0	0	0
Fiji Water (1 bottle)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Ginger Ale (12 fluid ounces)	90	90	0	0	0	0	0	32	23	0	22	0	0	0	0	0
Ginger Ale (32 fluid ounces)	240	240	0	0	0	0	0	84	60	0	58	0	0	0	0	0
Iced Tea (32 fluid ounces)	20	16	1	0	0	0	0	1	3	2	1	0	10	25	20	0
Low Fat Milk (1 drink)	250	245	79	9	5	0	44	263	25	0	23	18	875	4	613	0
Lucille's Fresh Ground Coffee (1 drink)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lucille's Fresh Ground Coffee (1 drink) with Half and Half	80	80	54	6	4	0	30	30	2	0	2	2	200	0	80	0
Lucille's Fresh Ground Coffee (1 drink) with Sugar Packets	60	64	0	0	0	0	0	0	16	0	16	0	0	0	0	0
Lucille's Peach Lemonade (40 fluid ounces)	430	431	0	0	0	0	0	11	107	1	99	1	1137	90	17	0
Lucille's Sidewalk Fresh Lemonade (40 fluid ounces)	370	368	1	0	0	0	0	13	91	1	84	1	24	61	31	0
Lucille's Strawberry Lemonade (40 fluid ounces)	430	431	2	0	0	0	0	11	106	2	97	1	27	98	31	0

Matcha Lemonade (1 beverage)	330	329	0	0	0	0	0	16	82	0	68	0	259	58	29	0
Mexican Coke (1 bottle)	160	159	0	0	0	0	0	86	40	0	40	0	0	0	0	0
Muddy Waters (32 fluid ounces)	160	159	1	0	0	0	0	6	39	2	34	1	17	43	27	0
Peach Iced Tea (32 fluid ounces)	20	21	1	0	0	0	0	17	6	1	3	0	81	19	14	0
Peach Palmer (1 beverage)	180	181	0	0	0	0	0	14	46	0	41	0	474	38	7	0
Red Bull Energy Drink (1 can)	110	110	0	0	0	0	0	100	28	0	27	0	0	0	0	0
San Pellegrino Sparkling Mineral Water (1 bottle)	0	0	0	0	0	0	0	32	0	0	0	0	0	0	127	0
Sprite (12 fluid ounces)	90	87	0	0	0	0	0	20	23	0	23	0	0	0	0	0
Sprite (32 fluid ounces)	230	233	0	0	0	0	0	53	62	0	62	0	0	0	0	0
Strawberry Symphony (1 beverage)	230	229	0	0	0	0	0	30	59	1	54	0	26	43	10	0
Sweet N Dirty Cola (1 beverage)	370	368	11	1	1	0	0	40	92	0	92	0	0	0	70	0
Sweet Tea (32 fluid ounces)	190	194	0	0	0	0	0	1	48	0	48	0	6	0	1	0
Watermelon Iced Tea (32 fluid ounces)	10	7	1	0	0	0	0	17	3	0	1	0	81	1	1	0

Desserts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Ala Mode Ice Cream Scoop (1 serving)	120	115	56	6	4	0	18	40	13	0	10	2	266	0	71	0
Churro Beignets (1 serving)	860	857	277	31	12	0	0	577	107	7	80	12	5	0	44	5
Classic Beignets (1 serving)	710	712	271	30	12	0	0	510	73	4	50	12	3	19	36	4
Deep Dish Peach Cobbler (1 serving)	1870	1870	655	73	42	0	201	1639	278	2	200	21	2067	8	380	5
Midnight Chocolate Crumble (1 serving)	1030	1032	337	37	22	0	67	960	165	7	124	11	735	0	246	5
Old-Fashioned Banana Pudding (1 serving)	1310	1313	719	80	46	0	245	735	138	1	105	8	2453	108	246	2
Snickers Ice Cream Pie (1 serving)	1080	1085	532	59	30	0	116	417	124	2	95	14	1211	0	281	1

Lunch Slow Smoked BBQ Items	Total Calories Rounded (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Build Your Own Bar-B-Que Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice BBQ Chicken	350	353	165	18	5	0	91	728	22	0	18	23	467	9	37	2
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice BBQ Tri Tip	230	234	98	11	4	0	82	629	10	0	8	24	53	1	43	2
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Baby Back Ribs	460	464	272	30	11	0	103	1246	24	0	20	21	311	2	69	2
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Beef Ribs	300	295	58	6	3	0	53	637	39	0	33	18	316	3	50	3
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Fried Chicken with Country Grav	690	687	144	16	5	0	92	2675	92	2	9	45	326	4	235	5
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage	360	360	288	32	12	0	80	780	2	0	0	16	200	0	80	1
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pork Belly Burnt Ends	490	490	408	45	16	0	60	770	13	0	12	8	34	0	8	1
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pulled Chicken	380	378	130	14	4	0	94	389	38	0	32	21	345	5	52	3
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pulled Pork	260	265	136	15	5	0	75	688	12	0	9	20	201	3	45	1
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Smoked Beef Brisket	610	615	287	32	13	0	113	1191	47	0	39	31	256	3	64	5
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice St Louis Ribs	470	468	272	30	11	0	100	655	24	0	20	22	291	2	67	2
Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Texas Red Hot Sausage	300	300	243	27	10	0	65	770	2	0	1	14	100	0	20	1

Lunch Salads and Specialties	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Stuffed Baked Potato and Salad (1 serving)	1040	1041	454	50	19	0	96	947	119	10	21	29	8444	116	507	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice BBQ Ranch	1180	1184	569	63	21	0	102	1122	125	10	26	29	8489	116	524	6
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Blue Cheese	1160	1159	563	63	21	0	107	1081	120	10	22	30	8465	116	520	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Caesar	1130	1131	526	58	20	0	106	1307	122	10	22	30	8444	116	536	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Honey Mustard	1180	1182	581	65	21	0	106	1062	124	10	25	29	8444	116	511	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice House	1210	1209	609	68	20	0	96	982	122	10	23	29	8451	116	509	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Ranch	1210	1207	612	68	22	0	104	1132	120	10	22	29	8468	116	523	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Spicy Ranch	1190	1190	595	66	22	0	104	1217	120	10	22	29	8534	116	522	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Thousand Island	1170	1171	562	62	21	0	106	1157	123	10	25	29	8444	116	507	5
Stuffed Baked Potato and Salad (1 serving) with Dressing Choice Tomato Vinaigrette	1160	1161	532	59	20	0	96	1150	130	10	31	29	8477	116	514	6

Lunch Southern Specialties	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cheese Crusted Brisket Tacos (1 serving)	1030	1028	662	74	29	0	142	3252	55	6	7	37	2699	27	443	4
Crispy Lowcountry Shrimp (1 serving)	560	560	259	29	5	0	191	2208	45	3	4	31	703	12	125	5
Lunch Brisket Chili and Cornbread (1 serving)	970	972	497	55	25	2	142	6295	88	7	31	33	2539	42	357	5

Lunch Gumbo Ramen (1 serving)	910	908	466	52	15	0	181	2934	67	4	5	44	1041	53	113	4
Lunch Pulled Pork Plate (1 serving)	1040	1035	579	64	24	0	183	1760	75	4	45	37	2370	40	181	4
New Orleans Gumbo (1 serving)	680	681	302	34	9	0	138	1191	61	2	3	31	916	52	80	4
Southern Fried Chicken (1 serving)	750	748	250	28	12	0	122	2408	80	10	17	44	15851	58	304	5

Lunch Greens	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Chicken Salad, Half (1 serving)	710	708	348	39	11	0	88	1542	56	5	32	29	3148	28	298	5
Southwest Brisket Chopped Salad, Lunch (1 salad)	650	648	397	44	14	0	79	1704	36	8	11	25	2630	56	290	5
Tri Tip Wedge Salad, Half (1 serving)	560	557	399	44	10	0	65	900	20	3	15	18	1542	10	130	2

Family Menu Starters	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Deviled Eggs (1 egg)	110	111	81	9	2	0	112	130	2	0	1	5	170	2	19	1
Deviled Eggs (12 eggs)	1330	1327	968	108	26	0	1342	1566	27	2	8	57	2041	18	227	7
Fried Chicken Nuggets (1 serving)	230	232	105	12	2	0	48	552	12	1	2	19	49	1	28	1
Fried Chicken Nuggets (6 servings)	1390	1394	631	70	12	0	290	3315	72	6	9	114	296	7	169	6
Lucille's Onion Straws (1 serving)	410	413	140	16	3	0	8	1103	60	3	15	9	170	13	141	2
Lucille's Onion Straws (6 servings)	2480	2476	837	93	17	0	47	6621	361	20	90	53	1020	79	843	14
Southern Fried Pickles (1 serving)	240	239	117	13	2	0	6	1369	27	1	2	4	151	1	33	1
Southern Fried Pickles (6 servings)	1440	1436	703	78	13	0	35	8216	162	7	10	24	907	4	197	8
Spinach and Cheese Dip (1 serving)	1570	1567	617	69	25	0	75	2624	187	14	19	50	12696	30	1286	6
Spinach and Cheese Dip (6 servings)	9400	9402	3703	411	151	0	450	15741	1122	86	114	299	76175	180	7719	37

Family Menu Sandwiches	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Brisket Sandwiches (1 serving)	770	772	356	40	14	0	140	914	71	3	33	30	1017	14	90	4
Brisket Sandwiches (6 servings)	4630	4630	2135	237	87	0	837	5483	428	18	199	181	6103	82	539	26
Pulled Pork Sandwiches (1 serving)	640	641	266	30	11	0	135	894	64	2	27	29	401	3	81	3
Pulled Pork Sandwiches (6 servings)	3850	3849	1598	178	63	0	810	5365	386	13	163	175	2404	19	488	19
Tri Tip Sandwiches (1 serving)	580	575	229	25	10	0	142	1016	53	2	18	33	271	1	77	4
Tri Tip Sandwiches (6 servings)	3450	3452	1374	153	57	0	850	6099	320	13	108	197	1626	6	460	22

Family Menu Dinners	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Grilled Salmon (1 serving)	360	358	242	27	9	0	113	444	3	0	1	26	411	7	39	1
Grilled Salmon (6 servings)	2150	2148	1452	161	56	0	681	2666	16	2	5	157	2467	45	235	3
Jambalaya Me-Oh-My-A (1 serving)	920	919	541	60	16	0	153	1508	59	3	5	32	2844	98	75	5
Jambalaya Me-Oh-My-A (6 servings)	5510	5511	3247	361	94	0	918	9048	356	19	32	194	17066	585	447	30
New Orleans Gumbo (1 serving)	680	678	301	33	9	0	136	1187	61	2	3	31	913	52	78	4
New Orleans Gumbo (6 servings)	4070	4065	1806	201	55	0	816	7119	365	12	16	184	5480	313	468	27
Southern Fried Chicken (1 serving)	730	732	173	19	6	0	99	2775	94	2	11	47	367	5	269	5
Southern Fried Chicken (6 servings)	4390	4393	1039	115	36	0	597	16647	566	11	63	281	2202	27	1615	33

Family Menu Easy Feasts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Baby Back Ribs and Tri Tip Easy Feast (1 serving)	880	877	438	49	22	0	141	1787	77	0	42	32	833	3	119	4
Baby Back Ribs and Tri Tip Easy Feast (6 servings)	5260	5260	2628	292	133	0	847	10723	462	2	255	195	5000	16	712	26
Chicken and Baby Back Ribs Easy Feast (1 serving)	940	942	483	54	23	0	147	1993	81	0	46	32	1112	8	111	4
Chicken and Baby Back Ribs Easy Feast (6 servings)	5650	5650	2898	322	139	0	884	11957	488	3	278	191	6674	47	667	26
Chicken and Pulled Pork Easy Feast (1 serving)	810	807	393	44	19	0	128	1640	72	0	40	32	1046	9	99	4
Chicken and Pulled Pork Easy Feast (6 servings)	4840	4840	2357	262	114	0	771	9839	433	3	242	189	6278	52	595	25

Chicken and St Louis Ribs Easy Feast (1 serving)	950	947	484	54	23	0	145	1881	82	1	46	33	1215	8	112	4
Chicken and St Louis Ribs Easy Feast (6 servings)	5680	5679	2902	322	140	0	869	11285	490	3	279	197	7287	47	671	26
Chicken and Tri Tip Easy Feast (1 serving)	770	770	368	41	18	0	133	1766	67	1	34	34	1028	7	90	4
Chicken and Tri Tip Easy Feast (6 servings)	4620	4618	2208	245	110	0	797	10598	402	3	204	204	6166	42	542	25
Fried Chicken Easy Feast (1 serving)	770	769	419	47	19	0	149	2422	55	1	15	34	1288	15	80	4
Fried Chicken Easy Feast (6 servings)	4620	4615	2517	280	112	0	894	14534	328	7	87	205	7726	88	478	25
St Louis Ribs and Tri Tip Easy Feast (1 serving)	860	858	439	49	22	0	139	1602	72	0	38	33	869	2	113	4
St Louis Ribs and Tri Tip Easy Feast (6 servings)	5150	5149	2631	292	135	0	831	9611	429	3	227	200	5214	13	677	26

Family Menu Salads	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Chicken Salad (1 serving)	780	775	347	39	11	0	113	1130	62	6	37	39	5497	41	328	6
BBQ Chicken Salad (6 servings)	4650	4652	2080	231	65	0	676	6779	369	36	222	235	32984	247	1970	34
House Salad (1 serving)	400	397	330	37	6	0	16	508	13	2	4	3	4952	12	56	1
House Salad (6 servings)	2380	2381	1979	220	36	0	97	3046	78	10	22	20	29712	75	337	3

Family Menu Swoon Worthy Sides	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Beans (1 pint)	560	561	35	4	1	0	6	1156	115	12	65	17	885	83	134	6
BBQ Beans (1 quart)	1120	1123	70	8	2	0	12	2313	229	24	130	34	1771	167	269	12
BBQ Beans (0.5 gallons)	2250	2245	139	15	4	0	24	4625	458	47	260	69	3541	334	537	23
Cornbread, 12 (1 piece)	380	382	178	20	8	2	42	614	46	0	16	5	338	1	80	2
Cornbread, 12 (12 pieces)	4580	4580	2133	237	91	20	507	7369	551	4	188	59	4054	14	954	22
Cornbread, 6 (1 piece)	380	382	178	20	8	2	42	614	46	0	16	5	338	1	80	2
Cornbread, 6 (6 pieces)	2290	2290	1066	118	46	10	253	3685	275	2	94	30	2027	7	477	11
Creamy Coleslaw (1 pint)	530	525	276	31	5	0	33	996	56	7	46	6	4934	95	192	2
Creamy Coleslaw (1 quart)	1050	1051	552	61	10	0	65	1991	113	14	93	12	9868	189	384	3
Creamy Coleslaw (0.5 gallons)	2100	2102	1104	123	19	0	130	3983	226	27	186	23	19737	379	767	7
Homemade Biscuits with Apple Butter (1 biscuit)	290	290	155	17	10	0	12	625	34	0	8	3	365	0	31	1
Homemade Biscuits with Apple Butter (6 biscuits)	1740	1742	928	103	59	0	73	3751	202	1	50	18	2189	0	186	8

Homemade Biscuits with Apple Butter (12 biscuits)	3480	3484	1856	206	119	0	146	7502	404	2	100	36	4378	0	371	17
Loaded Mashed Potatoes (1 pint)	1320	1317	1007	112	65	0	304	2208	41	4	10	38	2263	7	462	2
Loaded Mashed Potatoes (1 quart)	2630	2634	2014	224	130	0	609	4416	83	9	20	76	4525	15	924	3
Loaded Mashed Potatoes (0.5 gallons)	5270	5269	4028	448	260	0	1217	8832	166	17	40	153	9051	30	1848	6
Macaroni and Cheese (1 pint)	500	499	184	20	14	0	68	2584	59	0	9	23	0	0	462	0
Macaroni and Cheese (1 quart)	1000	997	367	41	27	0	136	5167	118	0	18	45	0	0	925	0
Macaroni and Cheese (0.5 gallons)	1990	1994	734	82	54	0	272	10334	236	0	36	91	0	0	1849	0
Potato Salad (1 pint)	1150	1154	906	101	17	0	122	1451	50	5	5	8	167	58	50	3
Potato Salad (1 quart)	2310	2308	1813	201	34	0	245	2903	99	11	11	17	334	116	99	5
Potato Salad (0.5 gallons)	4620	4616	3625	403	68	0	489	5805	199	22	21	33	668	232	198	11
Roasted Garlic Mashed Potatoes (1 pint)	480	479	216	24	15	0	63	1645	57	7	7	9	208	7	127	2
Roasted Garlic Mashed Potatoes (1 quart)	960	958	432	48	31	0	127	3291	114	14	15	17	417	15	254	4
Roasted Garlic Mashed Potatoes (0.5 gallons)	1920	1916	865	96	62	0	254	6581	228	27	29	34	834	29	508	9
Sauteed Seasonal Vegetables (1 pint)	170	174	8	1	0	0	0	1005	35	13	15	7	34439	114	136	2
Sauteed Seasonal Vegetables (1 quart)	350	349	16	2	0	0	0	2010	69	26	30	14	68878	228	271	4
Sauteed Seasonal Vegetables (0.5 gallons)	700	698	31	3	1	0	0	4020	139	51	59	28	137756	455	542	9
Watermelon Feast (1 serving)	120	116	5	1	0	0	0	3	26	1	21	2	1936	28	24	1
Watermelon Slices (1 serving)	60	58	2	0	0	0	0	2	13	1	11	1	968	14	12	0

Family Menu A La Carte Meats	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Beef Brisket, 1 Lb (1 serving)	1620	1617	766	85	34	0	302	2959	120	1	101	83	647	8	165	12
Grilled Salmon, 8 oz (1 serving)	460	457	270	30	6	0	134	614	1	0	0	45	119	10	34	1
Jalapeno Cheddar Sausage Links, 1 Lb (1 serving)	1760	1760	1152	128	48	0	320	3720	84	0	64	64	1200	5	400	9
Pork Belly Burnt Ends, 1 Lb (1 serving)	1960	1958	1633	181	64	0	240	3080	51	0	47	32	134	2	33	3
Pulled Chicken, 1 Lb (1 serving)	1510	1510	519	58	16	0	377	1558	152	0	128	82	1381	21	207	10
Pulled Pork, 1 Lb (1 serving)	1060	1059	543	60	20	0	300	2750	47	1	37	80	803	11	179	6
Red Hot Sausage Links, 1 Lb (1 serving)	1830	1832	1225	136	50	0	328	4481	86	0	69	71	904	5	181	8
Smoked Ham, 1 Lb (1 serving)	660	663	217	24	5	0	240	4835	32	0	31	80	24	0	3	4

Smoked Turkey, 1 Lb (1 serving)	790	786	375	42	5	0	240	4704	9	0	8	88	10	0	3	3
Tri Tip, 1 Lb (1 serving)	960	958	394	44	16	0	327	2730	44	1	36	95	249	4	180	9

Family Menu Desserts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Apple Cobbler (1 serving)	2130	2133	780	87	51	0	244	1955	310	3	216	23	2066	7	389	6
Apple Cobbler (16 servings)	34130	34133	12474	1386	810	0	3905	31278	4964	51	3462	372	33048	118	6232	94
Harvest Cobbler (1 serving)	7730	7726	2733	304	177	0	842	7128	1144	12	800	84	7102	27	1397	21
Harvest Cobbler (8 servings)	61810	61808	21861	2429	1415	0	6737	57025	9155	99	6401	674	56815	215	11177	171
Midnight Chocolate Crumble (1 serving)	340	340	128	14	9	0	23	399	50	1	35	4	211	0	80	2
Midnight Chocolate Crumble (15 servings)	5100	5099	1923	214	128	0	343	5992	752	19	532	66	3160	4	1206	23
Old Fashioned Banana Pudding (1 serving)	2380	2382	1294	144	84	0	461	1334	252	3	192	15	4519	218	481	2
Old Fashioned Banana Pudding, Large (1 serving)	600	596	323	36	21	0	115	334	63	1	48	4	1130	55	120	1
Old Fashioned Banana Pudding, Large (4 servings)	2380	2382	1294	144	84	0	461	1334	252	3	192	15	4519	218	481	2
Old-Fashioned Banana Pudding (1 serving)	660	661	360	40	23	0	123	368	70	1	53	4	1227	55	123	1
Old-Fashioned Banana Pudding (20 servings)	13230	13229	7197	800	461	0	2454	7351	1403	13	1058	78	24530	1092	2467	15
Whole Snickers Pie (1 piece)	720	717	356	40	19	0	69	286	80	1	62	10	698	0	176	1
Whole Snickers Pie (10 pieces)	7170	7172	3555	395	188	1	690	2864	805	15	623	97	6981	0	1763	7

Family Menu Gallon Beverages	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Iced Tea, Gallon (1 gallon)	70	65	3	0	0	0	0	4	14	6	4	2	38	100	79	1
Lucille's Peach Lemonade, Gallon (1 gallon)	1380	1379	0	0	0	0	0	36	342	3	318	3	3637	289	54	0
Lucille's Sidewalk Fresh Lemonade, Gallon (1 gallon)	1180	1178	2	0	0	0	0	41	292	5	267	2	78	194	101	1
Lucille's Strawberry Lemonade, Gallon (1 gallon)	1380	1379	8	1	0	0	0	35	340	6	310	3	87	315	100	1
Lucille's Watermelon Lemonade, Gallon (1 gallon)	1490	1488	0	0	0	0	0	210	372	7	362	0	7	18	41	0

Peach Iced Tea, Gallon (1 gallon)	80	82	3	0	0	0	0	68	25	3	13	1	324	77	57	0
Sweet Tea, Gallon (1 gallon)	770	775	0	0	0	0	0	3	194	0	194	0	24	0	4	0
Watermelon Iced Tea, Gallon (1 gallon)	30	27	2	0	0	0	0	69	12	0	4	0	323	5	4	0

Kids Menu Items	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Abita Root Beer Float (1 serving)	270	270	84	9	5	0	27	81	46	0	41	3	399	0	106	0
Buttermilk Fried Chicken (1 serving)	410	412	216	24	6	0	132	1478	17	1	6	31	685	14	57	2
Chocolate Cookies 'n Cream (1 serving)	560	558	245	27	16	0	86	167	78	0	60	4	1904	0	155	1
Grandma's Noodles (1 serving)	260	265	44	5	2	0	13	159	42	2	2	12	100	0	184	2
Grandma's Noodles (1 serving) with Alfredo Sauce	590	593	341	38	23	0	121	657	46	2	6	15	728	1	260	2
Grandma's Noodles (1 serving) with Parmesan Butter Sauce	580	577	308	34	20	0	98	419	42	2	2	22	1110	0	534	2
Grandpa Joe's Tri Tip Supper (1 serving)	150	150	73	8	3	0	61	229	1	0	1	18	0	0	25	1
Homemade Macaroni-n-Cheese (1 serving)	290	286	126	14	9	0	49	1294	28	0	4	14	18	1	292	0
Jr. Banana Pudding (1 serving)	510	515	297	33	19	0	112	241	50	1	34	4	1008	35	106	1
Jr. Sundae (1 serving)	300	298	165	18	10	0	43	98	29	0	24	4	441	0	97	0
Kids Apple Juice (1 drink)	190	193	0	0	0	0	0	61	49	0	49	0	0	126	0	0
Kids Cheese Pizza (1 pizza)	380	380	144	16	8	0	25	680	46	2	10	13	0	0	250	4
Kids Cheese Quesadilla (1 serving)	720	720	385	43	26	0	129	1246	48	1	2	34	1444	5	720	2
Kids Fries (1 serving)	250	252	89	10	2	0	0	735	36	3	0	3	0	8	0	1
Kids House Salad (1 serving)	80	85	20	2	0	0	0	192	15	2	2	3	4126	12	25	1
Kids Side of Sliced Tomatoes (1 serving)	10	14	1	0	0	0	0	5	3	1	1	1	1484	14	14	0
Kids St Louis Ribs Plate (1 serving)	470	468	272	30	11	0	100	655	24	0	20	22	291	2	67	2
Kids Watermelon (1 serving)	30	29	1	0	0	0	0	1	6	0	5	1	484	7	6	0
Lil' Chicken Corn Dawgs (1 serving)	350	346	194	22	6	0	37	756	28	0	10	10	0	0	148	3

Lil' Chicken Nuggets (1 serving)	670	668	375	42	7	0	116	1405	28	2	4	43	132	3	77	2
Lucy's Cheeseburger (1 serving)	530	531	240	27	11	0	104	1031	42	2	10	30	216	0	176	4
Mama's Grilled Cheese Sandwich (1 serving)	550	546	271	30	18	0	97	801	46	2	6	21	801	2	350	3

Catering BBQ Buffet Packages	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Four Item Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Four Item Combo (1 serving) with Meat Choice BBQ Chicken Breast	230	232	8	1	0	0	43	331	36	0	30	17	204	3	46	2
Four Item Combo (1 serving) with Meat Choice BBQ Half Chicken	260	260	109	12	3	0	60	532	21	0	18	15	342	6	31	2
Four Item Combo (1 serving) with Meat Choice Baby Back Ribs	460	464	272	30	11	0	103	1246	24	0	20	21	311	2	69	2
Four Item Combo (1 serving) with Meat Choice Bayou Shrimp	250	247	119	13	7	0	203	520	8	1	3	24	890	13	92	4
Four Item Combo (1 serving) with Meat Choice Beef Ribs	370	374	58	6	3	0	53	785	58	0	49	18	415	4	70	4
Four Item Combo (1 serving) with Meat Choice Grilled Salmon	100	100	59	7	1	0	29	134	0	0	0	10	26	2	7	0
Four Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage	360	360	288	32	12	0	80	780	2	0	0	16	200	0	80	1
Four Item Combo (1 serving) with Meat Choice Pulled Chicken	280	283	97	11	3	0	71	292	29	0	24	15	259	4	39	2
Four Item Combo (1 serving) with Meat Choice Pulled Pork	200	199	102	11	4	0	56	516	9	0	7	15	150	2	34	1
Four Item Combo (1 serving) with Meat Choice Red Hot Link Sausage	300	300	243	27	10	0	65	770	2	0	1	14	100	0	20	1
Four Item Combo (1 serving) with Meat Choice Smoked Beef Brisket	610	615	287	32	13	0	113	1191	47	0	39	31	256	3	64	5
Four Item Combo (1 serving) with Meat Choice Smoked Ham	120	124	41	5	1	0	45	906	6	0	6	15	5	0	1	1
Four Item Combo (1 serving) with Meat Choice Smoked Tri Tip	170	167	74	8	3	0	61	391	5	0	4	18	27	1	30	1
Four Item Combo (1 serving) with Meat Choice Smoked Turkey	150	147	70	8	1	0	45	882	2	0	2	17	2	0	1	1
Four Item Combo (1 serving) with Meat Choice St Louis Ribs	470	468	272	30	11	0	100	655	24	0	20	22	291	2	67	2
Three Item Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Three Item Combo (1 serving) with Meat Choice BBQ Chicken Breast	230	232	8	1	0	0	43	331	36	0	30	17	204	3	46	2
Three Item Combo (1 serving) with Meat Choice BBQ Half Chicken	350	353	165	18	5	0	91	728	22	0	18	23	467	9	37	2
Three Item Combo (1 serving) with Meat Choice BBQ Tri Tip	270	268	99	11	4	0	82	952	18	0	14	24	106	1	54	2
Three Item Combo (1 serving) with Meat Choice Baby Back Ribs	460	464	272	30	11	0	103	1246	24	0	20	21	311	2	69	2
Three Item Combo (1 serving) with Meat Choice Bayou Shrimp	250	247	119	13	7	0	203	520	8	1	3	24	890	13	92	4
Three Item Combo (1 serving) with Meat Choice Beef Ribs	370	374	58	6	3	0	53	785	58	0	49	18	415	4	70	4
Three Item Combo (1 serving) with Meat Choice Grilled Salmon	100	100	59	7	1	0	29	134	0	0	0	10	26	2	7	0
Three Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage	360	360	288	32	12	0	80	780	2	0	0	16	200	0	80	1
Three Item Combo (1 serving) with Meat Choice Pulled Chicken	380	378	130	14	4	0	94	389	38	0	32	21	345	5	52	3
Three Item Combo (1 serving) with Meat Choice Pulled Pork	260	265	136	15	5	0	75	688	12	0	9	20	201	3	45	1
Three Item Combo (1 serving) with Meat Choice Red Hot Link Sausage	300	300	243	27	10	0	65	770	2	0	1	14	100	0	20	1
Three Item Combo (1 serving) with Meat Choice Smoked Beef Brisket	430	433	192	21	8	0	76	1009	37	0	31	21	206	2	50	3
Three Item Combo (1 serving) with Meat Choice Smoked Ham	170	166	54	6	1	0	60	1209	8	0	8	20	6	0	1	1
Three Item Combo (1 serving) with Meat Choice Smoked Turkey	200	196	94	10	1	0	60	1176	2	0	2	22	2	0	1	1
Three Item Combo (1 serving) with Meat Choice St Louis Ribs	470	468	272	30	11	0	100	655	24	0	20	22	291	2	67	2

Two Item Combo (1 serving)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Two Item Combo (1 serving) with Meat Choice BBQ Chicken Breast	230	232	8	1	0	0	43	331	36	0	30	17	204	3	46	2
Two Item Combo (1 serving) with Meat Choice BBQ Half Chicken	260	260	109	12	3	0	60	532	21	0	18	15	342	6	31	2
Two Item Combo (1 serving) with Meat Choice BBQ Tri Tip	370	368	148	16	6	0	123	1105	18	0	15	36	106	2	70	3
Two Item Combo (1 serving) with Meat Choice Baby Back Ribs	610	609	361	40	15	0	138	1088	31	0	26	27	177	2	87	3
Two Item Combo (1 serving) with Meat Choice Bayou Shrimp	370	370	179	20	11	0	305	780	12	1	5	36	1335	19	138	6
Two Item Combo (1 serving) with Meat Choice Beef Ribs	590	588	115	13	5	0	107	1270	78	0	65	36	630	5	100	7
Two Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage	360	360	288	32	12	0	80	780	2	0	0	16	200	0	80	1
Two Item Combo (1 serving) with Meat Choice Pulled Chicken	570	566	195	22	6	0	141	584	57	0	48	31	518	8	78	4
Two Item Combo (1 serving) with Meat Choice Pulled Pork	400	397	204	23	8	0	113	1031	17	0	14	30	301	4	67	2
Two Item Combo (1 serving) with Meat Choice Red Hot Links	600	600	486	54	20	0	130	1540	4	0	2	28	200	0	40	2
Two Item Combo (1 serving) with Meat Choice Salmon	200	200	118	13	3	0	59	269	1	0	0	20	52	4	15	0
Two Item Combo (1 serving) with Meat Choice Smoked Beef Brisket	610	615	287	32	13	0	113	1191	47	0	39	31	256	3	64	5
Two Item Combo (1 serving) with Meat Choice Smoked Ham	250	249	81	9	2	0	90	1813	12	0	12	30	9	0	1	1
Two Item Combo (1 serving) with Meat Choice Smoked Turkey	290	295	140	16	2	0	90	1764	3	0	3	33	4	0	1	1
Two Item Combo (1 serving) with Meat Choice St Louis Ribs	620	618	362	40	15	0	133	864	31	0	26	29	382	2	88	3

Catering Appetizers	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Bayou Spicy Shrimp Platter (1 serving)	260	262	121	13	8	0	211	528	10	1	4	25	981	22	101	4
Bayou Spicy Shrimp Platter (10 servings)	2620	2625	1207	134	75	0	2108	5282	101	13	42	251	9805	223	1013	40
Cheese Platter, Large (1 serving)	380	380	260	29	18	0	93	690	1	0	1	22	96	0	58	0
Cheese Platter, Large (50 servings)	18990	18985	13003	1445	883	0	4659	34519	73	0	64	1106	4800	0	2888	0
Crab Cake Platter (1 serving)	1120	1122	813	90	16	0	181	1817	52	2	11	24	1717	92	108	3
Crab Cake Platter (12 servings)	13460	13463	9756	1084	187	0	2173	21806	624	29	127	291	20601	1109	1290	33
Cracker Tray (1 serving)	290	286	71	8	2	0	2	524	45	2	3	7	0	0	11	2
Cracker Tray (30 servings)	8580	8581	2130	237	50	0	70	15707	1353	55	95	208	0	0	326	75
Deviled Eggs (1 egg)	80	83	65	7	2	0	109	94	0	0	0	4	147	1	14	0
Deviled Eggs (60 eggs)	4980	4983	3894	433	103	0	6524	5661	19	2	15	225	8820	44	824	29
Fresh Fruit Platter, Large (1 serving)	50	50	2	0	0	0	0	7	11	1	9	1	635	29	11	0
Fresh Fruit Platter, Large (50 servings)	2510	2513	95	11	2	0	0	353	570	72	450	34	31754	1442	547	15
Grilled Hot Links (1 serving)	1120	1120	840	93	32	0	213	3403	24	3	19	43	2100	4	127	4
Grilled Hot Links (12 servings)	13440	13440	10080	1120	384	0	2560	40840	292	32	224	512	25200	53	1520	43
Mini Crab Cakes, 1 oz (1 serving)	70	70	42	5	1	0	14	103	5	0	1	2	115	8	10	0
Mini Crab Cakes, 1 oz (60 servings)	4220	4217	2500	278	50	0	847	6153	281	12	44	136	6892	480	600	15

Mini Crab Cakes, 2 oz (1 serving)	140	141	83	9	2	0	28	205	9	0	1	5	230	16	20	1
Mini Crab Cakes, 2 oz (30 servings)	4220	4217	2500	278	50	0	847	6153	281	12	44	136	6892	480	600	15
Southern Chicken Strips (1 serving)	340	341	196	22	3	0	50	556	21	1	6	17	519	9	32	1
Southern Chicken Strips (12 servings)	4090	4088	2350	261	39	0	605	6669	250	8	77	202	6234	104	386	15
Spinach and Cheese Dip (1 serving)	780	784	309	34	13	0	38	1312	94	7	10	25	6348	15	643	3
Spinach and Cheese Dip (12 servings)	9400	9402	3703	411	151	0	450	15741	1122	86	114	299	76175	180	7719	37
Vegetable Platter, Large (1 serving)	20	21	1	0	0	0	0	32	4	1	2	1	2815	37	20	0
Vegetable Platter, Large (50 servings)	1030	1031	60	7	1	0	0	1613	206	71	110	40	140768	1839	978	19

Catering Sandwiches	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Grilled Veggie Burger (1 serving)	1210	1212	823	91	24	0	127	1870	75	6	17	22	1731	10	284	4
Pulled Chicken Sandwich Platter (1 sandwich)	600	602	293	33	11	0	178	392	41	2	8	35	382	3	45	3
Pulled Pork Sandwich Platter (1 sandwich)	580	578	246	27	10	0	109	1017	51	2	4	31	241	2	53	4
Texas Style Beef Brisket Sandwich Platter (1 sandwich)	860	864	421	47	17	0	160	882	73	3	34	36	1226	19	98	5
Tri Tip Sandwich Platter (1 sandwich)	670	671	254	28	11	0	162	1524	64	2	27	39	341	2	99	5

Catering Salads and Specialties	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BBQ Chicken Salad Platter (1 serving)	920	917	557	62	12	0	107	1308	47	5	22	37	5186	18	181	6
BBQ Chicken Salad Platter (12 servings)	11010	11007	6688	743	140	0	1286	15698	565	56	270	444	62235	217	2173	69
Jambalaya Me-Oh-My-A (1 serving)	1510	1511	874	97	31	0	212	2631	113	4	15	46	4144	130	129	8
Jambalaya Me-Oh-My-A (12 servings)	18130	18127	10489	1165	367	0	2547	31576	1352	53	185	547	49733	1559	1548	97
New Orleans Gumbo Platter (1 serving)	530	527	232	26	7	0	95	942	50	2	2	22	712	41	64	3
New Orleans Gumbo Platter (12 servings)	6330	6328	2788	310	85	0	1139	11306	595	23	27	266	8544	497	768	40
Smoked Chicken Pasta (1 serving)	1040	1041	698	78	29	1	189	1283	54	3	10	29	1431	83	324	3
Tri Tip Salad Platter (1 serving)	590	592	276	31	7	0	68	835	53	8	34	26	11013	281	202	10
Tri Tip Salad Platter (12 servings)	7100	7104	3311	368	79	0	816	10022	640	100	404	308	132156	3376	2427	118

Veggie Pasta (1 serving)	200	202	120	13	4	0	14	324	16	1	2	4	386	22	71	1

Catering Desserts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chocolate Chunk Cookie (1 cookie)	220	220	90	10	6	0	20	180	31	1	19	3	0	0	10	1
Fudge Brownie, Individual (1 serving)	400	402	90	10	3	0	0	386	74	0	50	3	0	0	0	4
Old Fashioned Banana Pudding (1 serving)	1320	1323	720	80	46	0	245	735	140	1	106	8	2453	109	247	2
Whole Apple Cobbler (1 serving)	2130	2133	780	87	51	0	244	1955	310	3	216	23	2066	7	389	6
Whole Berry Cobbler (1 serving)	290	285	57	6	3	0	21	59	54	3	38	3	289	49	38	1
Whole Peach Cobbler (1 serving)	710	713	257	29	17	0	79	669	104	1	73	8	773	3	131	2
Whole Texas Sheet Cake (1 piece)	1330	1329	613	68	32	0	85	1038	166	6	133	16	693	1	286	6
Whole Texas Sheet Cake (10 pieces)	13290	13286	6129	681	324	0	854	10385	1664	56	1333	158	6929	6	2859	61

Celebration Menu Appetizers	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cracked Out Deviled Eggs (1 serving)	180	182	126	14	4	0	168	337	5	1	2	9	573	17	34	1
Onion Straws (1 serving)	200	198	83	9	2	0	4	482	25	1	7	4	78	5	60	1
Spinach and Cheese Dip (1 serving)	420	420	158	18	6	0	21	637	51	4	4	14	3047	16	357	2

Celebration Menu Soups and Salads	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
New Orleans Gumbo (1 serving)	200	203	90	10	3	0	40	356	18	1	1	9	274	16	23	1

Celebration Menu Southern Specialties	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Jambalaya (1 serving)	940	942	545	61	16	0	189	1543	60	3	5	37	2887	98	87	6
Southern Fried Chicken (1 serving)	750	748	250	28	12	0	122	2408	80	10	17	44	15851	58	304	5

Celebration Menu Desserts	Total Calories Rounded (kcal) (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Apple Cobbler (1 serving)	1170	1168	408	45	26	0	125	1031	174	2	124	13	1124	4	232	3
Fudge Brownie, Individual (1 serving)	400	402	90	10	3	0	0	386	74	0	50	3	0	0	0	4
Old Fashioned Banana Pudding (1 serving)	660	661	360	40	23	0	123	368	70	1	53	4	1227	55	123	1
Snickers Ice Cream Pie (1 serving)	360	361	181	20	9	0	34	149	40	1	30	5	370	0	92	0
Almost World Famous Rum Punch (1 drink)	270	265	0	0	0	0	0	18	36	1	27	1	309	63	31	0
Back Porch Strawberry Lemonade (1 drink)	270	266	1	0	0	0	0	3	35	1	32	0	10	36	15	0
Bardstown Sling (1 drink)	290	292	1	0	0	0	0	6	46	1	35	1	589	40	3	0
Barrel Aged Manhattan (1 drink)	210	208	0	0	0	0	0	0	9	0	7	0	0	0	0	0
Blood and Sand (1 drink)	150	152	0	0	0	0	0	1	12	0	8	0	60	14	5	0
Bloody Mary (1 drink)	280	284	51	6	1	0	5	2730	29	2	9	5	660	8	63	2
Blueberries Oh My (1 drink)	180	176	1	0	0	0	0	1	19	1	16	0	14	6	3	0
Blueberries and Basil (1 drink)	300	297	1	0	0	0	0	961	40	1	34	0	81	14	10	0
Blueberry Mule (1 drink)	220	224	0	0	0	0	0	0	26	0	24	0	15	5	3	0
Boulevardier Lucille's (1 drink)	190	194	0	0	0	0	0	0	6	1	2	0	57	14	10	0
Bourbon Milk Punch (1 drink)	370	369	109	12	8	0	45	50	35	1	21	2	1258	0	123	0
Brown Derby (1 drink)	160	160	0	0	0	0	0	4	14	0	13	0	0	15	0	0

Captain and Coke (1 drink)	130	130	0	0	0	0	0	2	12	0	10	0	0	0	0	0
Cherry Blossom (1 drink)	260	262	0	0	0	0	0	0	34	0	33	0	6	14	2	0
Cherry Condition (1 drink)	210	205	0	0	0	0	0	1	28	0	24	0	21	13	10	0
Chocolate Manhattan (1 drink)	240	245	0	0	0	0	0	0	16	0	3	0	0	0	0	0
Citrus Harvest (1 drink)	240	238	1	0	0	0	0	975	27	1	23	0	36	23	9	0
Classic Smash (1 drink)	280	277	0	0	0	0	0	1	28	0	26	0	24	14	3	0
Classic Whiskey Sour (1 drink)	230	230	1	0	0	0	0	55	18	0	16	4	4	11	4	0
Cucumber Jalapeno Rita (1 drink)	290	288	1	0	0	0	0	1921	39	0	33	0	58	11	7	0
Cucumber Mule (1 drink)	170	171	0	0	0	0	0	0	10	0	9	0	21	7	3	0
Cucumber Watermelon Martini (1 drink)	220	219	0	0	0	0	0	1	18	0	16	0	77	8	3	0
Dark and Stormy (1 drink)	310	306	0	0	0	0	0	0	29	0	27	0	16	8	6	0
Drink Before Midnight (1 drink)	360	362	94	10	6	0	38	47	53	0	45	1	688	0	52	0
El Pepino (1 drink)	260	265	1	0	0	0	0	161	38	1	34	0	44	13	14	0
Espresso Tini (1 drink)	290	289	0	0	0	0	0	0	30	0	21	0	0	0	0	0
Fancy (1 drink)	150	149	0	0	0	0	0	1	21	1	18	0	89	28	16	0
Five Rum Punch (1 drink)	300	302	0	0	0	0	0	19	41	1	34	1	333	64	23	0
Gentleman's Old Fashioned (1 drink)	200	198	0	0	0	0	0	1	16	0	15	0	43	10	8	0
Gin and Sin Martini (1 drink)	240	237	0	0	0	0	0	1	23	0	20	0	38	10	8	0
Gold Rush (1 drink)	200	196	0	0	0	0	0	0	22	1	20	0	7	17	7	0
High Five (1 drink)	210	206	1	0	0	0	0	1	24	1	20	0	57	25	13	0
Hot Honey Sour (1 drink)	220	219	0	0	0	0	0	1	31	1	28	0	9	22	9	0
Hummingbird Sangria (1 drink)	220	217	1	0	0	0	0	1	26	1	15	0	121	28	21	0
Hummingbird Sangria, Batch (1 drink)	210	210	0	0	0	0	0	1	24	1	15	0	103	23	16	0
Hummingbird Sangria, Batch (3 drinks)	630	630	1	0	0	0	0	2	73	2	44	1	308	68	48	1

Irish Mule (1 drink)	200	196	0	0	0	0	0	0	27	0	25	0	16	8	6	0
Jack and Coke (1 drink)	240	238	0	0	0	0	0	2	10	0	10	0	0	0	0	0
Jack and the Giant Peach (1 drink)	260	265	0	0	0	0	0	2	33	1	31	1	589	26	0	0
Jameson and Ginger (1 drink)	130	129	0	0	0	0	0	13	9	0	9	0	0	0	0	0
Kentucky Cooler (1 drink)	240	237	0	0	0	0	0	1	25	0	23	0	27	14	5	0
Lemon Drop Martini (1 drink)	230	233	0	0	0	0	0	1	25	1	23	0	7	17	7	0
Let's Do The Twist (1 drink)	280	282	0	0	0	0	0	4	50	1	41	1	591	44	4	0
Long Island Iced Tea (1 drink)	270	273	0	0	0	0	0	2	43	1	40	0	19	18	11	0
Louisiana Lemonade (1 drink)	300	303	1	0	0	0	0	50	40	1	31	0	26	23	13	0
Lucille's Classic Caddy (1 drink)	390	391	0	0	0	0	0	635	49	0	43	0	24	14	9	0
Lucille's Classic Caddy, Shareable (1 drink)	890	889	1	0	0	0	0	5	138	0	124	0	55	33	18	0
Lucille's Top Shelf Rita (1 drink)	330	327	1	0	0	0	0	1922	31	1	19	0	40	22	14	0
Lucille's Woodford Old Fashioned (1 drink)	180	179	0	0	0	0	0	0	9	0	9	0	14	3	2	0
Mango Cart Michelada (1 drink)	190	186	2	0	0	0	1	1370	30	2	11	3	436	15	42	2
Maple Milk Punch (1 drink)	370	371	82	9	6	0	45	47	39	1	21	3	314	0	171	1
Margarita (1 drink)	270	268	1	0	0	0	0	1	40	1	36	0	27	16	12	0
Margarita (1 drink) with Salt Rim	270	268	1	0	0	0	0	961	40	1	36	0	27	16	12	0
Mint Julep (1 drink)	80	78	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Booker's Bourbon Whiskey	290	288	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Buffalo Trace Bourbon Whiskey	220	222	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Bulleit Rye Whiskey	220	223	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Gentleman Jack	210	207	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with High West Double Rye Whiskey	210	212	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Jack Daniels Tennessee Whiskey	210	212	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Jim Beam Bourbon Whiskey	210	211	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Knob Creek Bourbon Whiskey	240	238	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Makers Mark Bourbon Whiskey	220	218	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Michter's US1 Single Rye	240	240	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Templeton Rye Whiskey	220	223	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Whistle Pig Rye Whiskey	230	230	0	0	0	0	0	1	19	0	19	0	15	0	2	0
Mint Julep (1 drink) with Woodford Reserve Bourbon Whiskey	220	223	0	0	0	0	0	1	19	0	19	0	15	0	2	0

Modelo Michelada (1 drink)	170	171	1	0	0	0	0	1139	29	1	10	1	328	19	38	2
Moody Blue (1 drink)	270	271	0	0	0	0	0	1	37	1	29	0	66	26	11	0
Moscow Mule (1 drink)	200	204	0	0	0	0	0	0	27	0	25	0	16	8	6	0
New York Sour (1 drink)	190	191	0	0	0	0	0	1	18	1	15	0	7	17	8	0
One Of Each (1 drink)	180	179	0	0	0	0	0	0	21	0	19	0	4	11	2	0
Paloma in Pearadise (1 drink)	310	307	0	0	0	0	0	13	44	0	40	0	147	29	6	0
Penicillin Cocktail (1 drink)	190	192	0	0	0	0	0	0	22	1	20	0	7	17	7	0
Rhythm and Blues (1 drink)	220	223	0	0	0	0	0	1	28	0	26	0	25	10	5	0
Ruby Red Berry Rita (1 drink)	340	337	1	0	0	0	0	1925	48	1	43	0	24	31	9	0
Rye Berry Smash (1 drink)	220	221	0	0	0	0	0	7	28	0	25	0	13	21	5	0
Sazerac Lucille's (1 drink)	180	176	0	0	0	0	0	0	11	0	10	0	3	7	6	0
Scarlet (1 drink)	320	324	0	0	0	0	0	1	46	1	43	0	133	37	19	0
Smokehouse Rita (1 drink)	310	310	3	0	0	0	0	281	39	1	44	1	256	26	14	0
Southern Sangria (1 drink)	240	241	1	0	0	0	0	7	30	1	25	1	151	39	31	1
Southern Sangria (1 drink) with Merlot Wine	310	315	1	0	0	0	0	11	32	1	25	1	151	39	38	1
Southern Sangria (1 drink) with Pinot Grigio	310	315	1	0	0	0	0	7	31	1	25	1	151	39	31	1
Southern Sangria, Batch (1 drink)	230	234	0	0	0	0	0	7	28	1	24	1	122	31	25	1
Southern Sangria, Batch (3 drinks)	700	701	1	0	0	0	0	21	84	3	71	2	365	94	75	2
Spiced Rum Punch, Glass (1 drink)	260	260	2	0	0	0	0	4	36	2	30	1	163	37	37	0
Spiced Rum Punch, Half Carafe (1 pitcher)	690	686	3	0	0	0	0	13	114	4	98	2	617	141	80	1
Sunset Over Texas Martini (1 drink)	240	242	0	0	0	0	0	0	30	0	24	0	65	16	6	0
Suntory Highball (1 drink)	110	106	0	0	0	0	0	40	1	0	1	0	14	3	2	0
Sweet Georgia Peach (1 drink)	290	287	0	0	0	0	0	4	39	0	28	1	281	18	5	0
Sweet Melondee (1 drink)	210	209	1	0	0	0	0	509	28	1	25	0	50	22	14	0
Texas Goes Tiki, Bottle (1 serving)	270	268	0	0	0	0	0	10	37	0	32	0	144	27	14	0

Texas Goes Tiki, Bottle (3 servings)	800	803	1	0	0	0	0	29	112	1	97	0	433	82	43	1
Texas Goes Tiki, Glass (1 drink)	270	274	0	0	0	0	0	14	39	0	34	0	146	27	15	1
Twisted Jimmy (1 drink)	440	437	0	0	0	0	0	8	74	1	60	1	884	60	4	0
Velvet Vibes (1 drink)	430	425	134	15	9	0	51	68	44	0	36	2	960	0	71	0
Vodka Martini (1 drink)	280	283	27	3	0	0	0	339	1	0	0	0	0	0	0	0
Watermelon Crush, Bottle (1 serving)	370	372	0	0	0	0	0	56	58	1	51	0	43	8	4	0
Watermelon Crush, Bottle (3 servings)	1110	1115	1	0	0	0	0	168	175	3	154	0	130	23	13	0
Watermelon Crush, Glass (1 drink)	370	372	0	0	0	0	0	56	58	1	51	0	59	8	4	0
Watermelon Margarita (1 drink)	320	323	1	0	0	0	0	647	43	1	35	0	85	12	8	0
Watermelon Margarita, Shareable (1 drink)	870	867	1	0	0	0	0	54	152	2	135	0	49	30	16	0
Watermelon Tea (1 drink)	260	264	0	0	0	0	0	36	30	2	27	0	38	11	5	0
Whiskey Barrel Cooler (1 drink)	300	295	0	0	0	0	0	40	37	2	34	0	49	14	4	0
Winter Old Fashioned (1 drink)	190	194	0	0	0	0	0	3	12	0	12	0	27	6	8	0
Witch Doctor's Punch (1 drink)	380	376	16	2	2	0	0	25	52	3	44	1	253	53	27	1
Witch Doctor's Punch, Bottle (1 serving)	360	363	16	2	2	0	0	20	49	2	42	1	224	46	22	1
Witch Doctor's Punch, Bottle (3 servings)	1090	1090	48	5	5	0	0	61	147	7	125	2	673	137	66	2

Beers	Total Rounded Calories (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Ambers and Reds (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Ambers and Reds (16 fluid ounces) with New Belgium Fat Tire Amber Ale	210	213	0	0	0	0	0	0	19	0	0	3	0	0	0	0
Ambers and Reds (16 fluid ounces) with Shiner Bock	190	189	0	0	0	0	0	0	17	0	0	2	0	0	0	0
Ambers and Reds (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Ambers and Reds (21 fluid ounces) with New Belgium Fat Tire Amber Ale	280	280	0	0	0	0	0	0	24	0	0	4	0	0	0	0
Ambers and Reds (21 fluid ounces) with Shiner Bock	250	248	0	0	0	0	0	0	23	0	0	2	0	0	0	0
Bottled Beer (12 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Bottled Beer (12 fluid ounces) with Bud Light	110	110	0	0	0	0	0	9	7	0	0	1	0	0	0	0
Bottled Beer (12 fluid ounces) with Coors Light	100	102	0	0	0	0	0	10	5	0	1	1	0	0	0	0
Bottled Beer (12 fluid ounces) with Corona	150	148	0	0	0	0	0	0	14	0	0	0	0	0	0	0
Bottled Beer (12 fluid ounces) with Dos Equis Lager	130	131	0	0	0	0	0	32	11	0	3	1	0	0	0	0

Bottled Beer (12 fluid ounces) with Michelob Ultra	100	95	0	0	0	0	0	9	3	0	0	1	0	0	0	0
Bottled Beer (12 fluid ounces) with Miller Lite	100	96	0	0	0	0	0	5	3	0	0	0	0	0	0	0
Bottled Beer (12 fluid ounces) with Truly Strawberry Lemonade Hard Seltzer	100	100	0	0	0	0	0	0	3	0	1	0	0	0	0	0
Bottled Beer (12 fluid ounces) with White Claw Mango Hard Seltzer	100	100	0	0	0	0	0	0	2	0	2	0	0	0	0	0
Bottled Beer (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Bottled Beer (16 fluid ounces) with Bud Light	150	147	0	0	0	0	0	12	9	0	0	1	0	0	0	0
Bottled Beer (16 fluid ounces) with Coors Light	140	136	0	0	0	0	0	13	7	0	1	1	0	0	0	0
Bottled Beer (16 fluid ounces) with Corona	200	197	0	0	0	0	0	0	19	0	0	0	0	0	0	0
Bottled Beer (16 fluid ounces) with Dos Equis Lager	170	175	0	0	0	0	0	43	15	0	4	1	0	0	0	0
Bottled Beer (16 fluid ounces) with Michelob Ultra	130	127	0	0	0	0	0	12	3	0	0	1	0	0	0	0
Bottled Beer (16 fluid ounces) with Miller Lite	130	128	0	0	0	0	0	7	4	0	0	0	0	0	0	0
Bottled Beer (16 fluid ounces) with Truly Strawberry Lemonade Hard Seltzer	130	133	0	0	0	0	0	0	4	0	1	0	0	0	0	0
Bottled Beer (16 fluid ounces) with White Claw Mango Hard Seltzer	130	133	0	0	0	0	0	0	3	0	3	0	0	0	0	0
Common Space Familiar Friend Pale Ale (16 fluid ounces)	260	260	0	0	0	0	0	0	20	0	0	0	0	0	0	0
Common Space Familiar Friend Pale Ale (22 fluid ounces)	360	358	0	0	0	0	0	0	28	0	0	0	0	0	0	0
Dark Ales (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dark Ales (16 fluid ounces) with Modern Times Black House Nitro	280	279	0	0	0	0	0	44	28	0	0	3	0	0	0	0
Dark Ales (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dark Ales (21 fluid ounces) with Modern Times Black House Nitro	370	366	0	0	0	0	0	58	37	0	0	4	0	0	0	0
Fieldwork Pulp IPA (16 fluid ounces)	290	293	0	0	0	0	0	13	27	1	0	4	0	0	0	0
Fieldwork Pulp IPA (22 fluid ounces)	400	403	0	0	0	0	0	18	37	2	0	6	0	0	0	0
Firestone Cerveza Michelada (1 drink)	200	197	2	0	0	0	1	1281	29	2	9	1	436	15	42	2
Gold (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Gold (16 fluid ounces) with Victory Golden Monkey Belgian Tripel	350	347	0	0	0	0	0	20	24	1	0	3	0	0	0	0
Gold (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Gold (21 fluid ounces) with Victory Golden Monkey Belgian Tripel	450	455	0	0	0	0	0	26	32	2	0	4	0	0	0	0
Hard Cider (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Hard Cider (16 fluid ounces) with Ace Pineapple Hard Cider	230	233	0	0	0	0	0	0	16	0	12	0	0	0	0	0
Hard Cider (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Hard Cider (21 fluid ounces) with Ace Pineapple Hard Cider	310	306	0	0	0	0	0	0	21	0	16	0	0	0	0	0
Lighter Styles (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lighter Styles (16 fluid ounces) with Bud Light	150	147	0	0	0	0	0	12	9	0	0	1	0	0	0	0
Lighter Styles (16 fluid ounces) with Coors Light	140	136	0	0	0	0	0	13	7	0	1	1	0	0	0	0
Lighter Styles (16 fluid ounces) with Firestone 805 Blonde Ale	200	199	0	0	0	0	0	0	17	0	0	0	0	0	0	0
Lighter Styles (16 fluid ounces) with Firestone 805 Cerveza	200	199	0	0	0	0	0	0	17	0	0	0	0	0	0	0
Lighter Styles (16 fluid ounces) with Kona Big Wave Golden Ale	180	176	0	0	0	0	0	12	13	0	0	2	0	0	0	0
Lighter Styles (16 fluid ounces) with Michelob Ultra	130	127	0	0	0	0	0	12	3	0	0	1	0	0	0	0
Lighter Styles (16 fluid ounces) with Modelo Especial	160	162	0	0	0	0	0	0	15	0	0	1	0	0	0	0
Lighter Styles (16 fluid ounces) with Stella Artois	200	200	0	0	0	0	0	23	15	0	0	0	0	0	0	0
Lighter Styles (16 fluid ounces) with Stone Buenaveza	190	187	0	0	0	0	0	43	13	0	0	3	0	0	0	0

Lighter Styles (16 fluid ounces) with Trumer Pilsner	200	199	0	0	0	0	0	9	14	0	0	2	0	0	0	0
Lighter Styles (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Lighter Styles (21 fluid ounces) with Bud Light	190	193	0	0	0	0	0	16	12	0	0	2	0	0	0	0
Lighter Styles (21 fluid ounces) with Coors Light	180	179	0	0	0	0	0	18	9	0	2	1	0	0	0	0
Lighter Styles (21 fluid ounces) with Firestone 805 Blonde Ale	260	261	0	0	0	0	0	0	22	0	0	0	0	0	0	0
Lighter Styles (21 fluid ounces) with Firestone 805 Cerveza	260	261	0	0	0	0	0	0	22	0	0	0	0	0	0	0
Lighter Styles (21 fluid ounces) with Kona Big Wave Golden Ale	230	231	0	0	0	0	0	16	18	0	0	3	0	0	0	0
Lighter Styles (21 fluid ounces) with Michelob Ultra	170	166	0	0	0	0	0	16	5	0	0	1	0	0	0	0
Lighter Styles (21 fluid ounces) with Modelo Especial	210	213	0	0	0	0	0	0	20	0	0	2	0	0	0	0
Lighter Styles (21 fluid ounces) with Stella Artois	260	263	0	0	0	0	0	30	20	0	0	0	0	0	0	0
Lighter Styles (21 fluid ounces) with Stone Buenaveza	250	245	0	0	0	0	0	56	18	0	0	3	0	0	0	0
Lighter Styles (21 fluid ounces) with Trumer Pilsner	260	261	0	0	0	0	0	12	19	0	0	2	0	0	0	0
New Belgium Voodoo Ranger Juice Force IPA (16 fluid ounces)	250	253	0	0	0	0	0	13	20	0	0	0	0	0	36	0
Pacifico Clara Lager (16 fluid ounces)	190	192	0	0	0	0	0	0	18	0	1	0	0	0	0	0
Pacifico Clara Lager (22 fluid ounces)	260	264	0	0	0	0	0	0	25	0	2	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Almanac Beer Company Love Hazy IPA	100	102	0	0	0	0	0	6	9	0	1	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Ballast Point Sculpin IPA	140	143	0	0	0	0	0	9	14	0	0	1	0	0	8	0
Pale Ales and IPAs (7 fluid ounces) with Beachwood BBQ Citraholic IPA	100	102	0	0	0	0	0	6	9	1	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Brouwerij West Picnic Lightning Hazy IPA	120	123	0	0	0	0	0	0	11	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Drakes Denogginizer Double IPA	160	159	0	0	0	0	0	0	9	0	0	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with El Segundo Broken Skull	120	123	0	0	0	0	0	6	8	0	1	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Elysian Space Dust IPA	130	134	0	0	0	0	0	0	9	0	0	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Firestone Brewing Mind Haze IPA	120	120	0	0	0	0	0	0	9	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Four Peaks Hopknot IPA	120	117	0	0	0	0	0	15	9	0	1	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Fremont Sky Kraken	100	96	0	0	0	0	0	9	9	0	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Garage Brewing Supercharged IPA	120	122	0	0	0	0	0	0	9	0	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Gunwhale Bait Ball IPA	130	134	0	0	0	0	0	12	12	0	0	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Hangar 24 Mango Island IPA	110	108	0	0	0	0	0	0	9	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Kern River Just Outstanding IPA	110	111	0	0	0	0	0	6	9	1	0	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with King Harbor Tiki Hut IPA	100	99	0	0	0	0	0	6	6	0	0	2	0	0	12	0
Pale Ales and IPAs (7 fluid ounces) with Knee Deep Breaking Bud	110	106	0	0	0	0	0	7	7	0	0	1	0	0	12	0
Pale Ales and IPAs (7 fluid ounces) with Lovelady Love Juice Hazy IPA	120	125	0	0	0	0	0	0	12	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Modern Times Orderville	120	124	0	0	0	0	0	17	9	0	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with New Belgium Voodoo Ranger IPA	110	111	0	0	0	0	0	6	9	0	0	0	0	0	16	0
Pale Ales and IPAs (7 fluid ounces) with Offshoot Relax It's Just A Hazy IPA	120	120	0	0	0	0	0	2	8	0	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA	110	112	0	0	0	0	0	16	10	0	0	2	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Revision Disco Ninja	130	134	0	0	0	0	0	0	13	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Sierra Nevada Hazy Little Thing	120	125	0	0	0	0	0	0	12	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Sierra Nevada Pale Ale	100	102	0	0	0	0	0	0	8	0	0	1	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Smog City Hoptonic IPA	100	96	0	0	0	0	0	0	6	0	0	0	0	0	0	0
Pale Ales and IPAs (7 fluid ounces) with Societe The Pupil IPA	120	117	0	0	0	0	0	6	7	0	0	2	0	0	0	0
Pale Ales and IPAs (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Almanac Beer Company Love Hazy IPA	230	233	0	0	0	0	0	13	20	0	1	4	0	0	0	0

Pale Ales and IPAs (16 fluid ounces) with Ballast Point Sculpin IPA	330	326	0	0	0	0	0	20	32	0	0	2	0	0	18	0
Pale Ales and IPAs (16 fluid ounces) with Beachwood BBQ Citraholic IPA	230	233	0	0	0	0	0	13	20	1	0	3	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Brouwerij West Picnic Lightning Hazy IPA	280	280	0	0	0	0	0	0	24	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Drakes Denogginizer Double IPA	360	363	0	0	0	0	0	0	22	0	0	4	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with El Segundo Broken Skull	280	280	0	0	0	0	0	13	19	0	1	3	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Elysian Space Dust IPA	310	305	0	0	0	0	0	0	20	0	0	4	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Firestone Brewing Mind Haze IPA	270	273	0	0	0	0	0	0	21	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Four Peaks Hopknot IPA	270	268	0	0	0	0	0	33	20	0	3	3	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Fremont Sky Kraken	220	220	0	0	0	0	0	20	20	0	0	3	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Garage Brewing Supercharged IPA	280	280	0	0	0	0	0	0	21	0	0	2	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Gunwhale Bait Ball IPA	310	307	0	0	0	0	0	27	27	0	0	4	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Hangar 24 Mango Island IPA	250	247	0	0	0	0	0	0	21	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Kern River Just Outstanding IPA	250	253	0	0	0	0	0	13	21	1	0	4	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with King Harbor Tiki Hut IPA	230	227	0	0	0	0	0	13	13	0	0	4	0	0	27	0
Pale Ales and IPAs (16 fluid ounces) with Knee Deep Breaking Bud	240	242	0	0	0	0	0	17	15	0	0	3	0	0	28	0
Pale Ales and IPAs (16 fluid ounces) with Lovelady Love Juice Hazy IPA	290	285	0	0	0	0	0	0	27	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Modern Times Orderville	280	284	0	0	0	0	0	39	21	0	0	3	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with New Belgium Voodoo Ranger IPA	250	253	0	0	0	0	0	13	20	0	0	0	0	0	36	0
Pale Ales and IPAs (16 fluid ounces) with Offshoot Relax It's Just A Hazy IPA	270	273	0	0	0	0	0	4	19	0	0	1	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA	260	256	0	0	0	0	0	37	23	0	0	4	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Revision Disco Ninja	310	305	0	0	0	0	0	0	30	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Sierra Nevada Hazy Little Thing	290	285	0	0	0	0	0	0	27	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Sierra Nevada Pale Ale	230	233	0	0	0	0	0	0	19	0	0	2	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Smog City Hoptonic IPA	220	220	0	0	0	0	0	0	14	0	0	0	0	0	0	0
Pale Ales and IPAs (16 fluid ounces) with Societe The Pupil IPA	270	267	0	0	0	0	0	13	16	0	0	4	0	0	0	0
Pale Ales and IPAs (20 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Almanac Beer Company Love Hazy IPA	290	292	0	0	0	0	0	17	25	0	2	5	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Ballast Point Sculpin IPA	410	408	0	0	0	0	0	25	39	0	0	3	0	0	23	0
Pale Ales and IPAs (20 fluid ounces) with Beachwood BBQ Citraholic IPA	290	292	0	0	0	0	0	17	25	2	0	3	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Brouwerij West Picnic Lightning Hazy IPA	350	350	0	0	0	0	0	0	30	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Drakes Denogginizer Double IPA	450	453	0	0	0	0	0	0	27	0	0	4	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with El Segundo Broken Skull	350	350	0	0	0	0	0	17	23	0	2	3	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Elysian Space Dust IPA	380	382	0	0	0	0	0	0	25	0	0	5	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Firestone Brewing Mind Haze IPA	340	342	0	0	0	0	0	0	26	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Four Peaks Hopknot IPA	340	335	0	0	0	0	0	42	25	0	3	3	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Fremont Sky Kraken	280	275	0	0	0	0	0	25	25	0	0	3	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Garage Brewing Supercharged IPA	350	350	0	0	0	0	0	0	26	0	0	2	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Gunwhale Bait Ball IPA	380	383	0	0	0	0	0	33	33	0	0	5	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Hangar 24 Mango Island IPA	310	308	0	0	0	0	0	0	27	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Kern River Just Outstanding IPA	320	317	0	0	0	0	0	17	27	2	0	5	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with King Harbor Tiki Hut IPA	280	283	0	0	0	0	0	17	17	0	0	5	0	0	33	0
Pale Ales and IPAs (20 fluid ounces) with Knee Deep Breaking Bud	300	302	0	0	0	0	0	21	19	0	0	3	0	0	35	0
Pale Ales and IPAs (20 fluid ounces) with Lovelady Love Juice Hazy IPA	360	357	0	0	0	0	0	0	34	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Modern Times Orderville	360	355	0	0	0	0	0	49	26	0	0	4	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with New Belgium Voodoo Ranger IPA	320	317	0	0	0	0	0	17	25	0	0	0	0	0	45	0
Pale Ales and IPAs (20 fluid ounces) with Offshoot Relax It's Just A Hazy IPA	340	342	0	0	0	0	0	5	23	0	0	2	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA	320	320	0	0	0	0	0	47	29	0	0	5	0	0	0	0

Pale Ales and IPAs (20 fluid ounces) with Revision Disco Ninja	380	382	0	0	0	0	0	0	38	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Sierra Nevada Hazy Little Thing	360	357	0	0	0	0	0	0	34	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Sierra Nevada Pale Ale	290	292	0	0	0	0	0	0	23	0	0	3	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Smog City Hoptonic IPA	280	275	0	0	0	0	0	0	18	0	0	0	0	0	0	0
Pale Ales and IPAs (20 fluid ounces) with Societe The Pupil IPA	330	333	0	0	0	0	0	17	20	0	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Almanac Beer Company Love Hazy IPA	310	306	0	0	0	0	0	18	26	0	2	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Ballast Point Sculpin IPA	430	428	0	0	0	0	0	27	41	0	0	3	0	0	24	0
Pale Ales and IPAs (21 fluid ounces) with Beachwood BBQ Citraholic IPA	310	306	0	0	0	0	0	18	26	2	0	4	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Brouwerij West Picnic Lightning Hazy IPA	370	368	0	0	0	0	0	0	32	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Drakes Denogginizer Double IPA	480	476	0	0	0	0	0	0	28	0	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with El Segundo Broken Skull	370	368	0	0	0	0	0	18	24	0	2	4	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Elysian Space Dust IPA	400	401	0	0	0	0	0	0	26	0	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Firestone Brewing Mind Haze IPA	360	359	0	0	0	0	0	0	27	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Four Peaks Hopknot IPA	350	352	0	0	0	0	0	44	26	0	4	4	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Fremont Sky Kraken	290	289	0	0	0	0	0	26	26	0	0	4	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Garage Brewing Supercharged IPA	370	367	0	0	0	0	0	0	28	0	0	2	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Gunwhale Bait Ball IPA	400	402	0	0	0	0	0	35	35	0	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Hangar 24 Mango Island IPA	320	324	0	0	0	0	0	0	28	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Kern River Just Outstanding IPA	330	333	0	0	0	0	0	18	28	2	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with King Harbor Tiki Hut IPA	300	298	0	0	0	0	0	18	18	0	0	5	0	0	35	0
Pale Ales and IPAs (21 fluid ounces) with Knee Deep Breaking Bud	320	317	0	0	0	0	0	22	20	0	0	4	0	0	37	0
Pale Ales and IPAs (21 fluid ounces) with Lovelady Love Juice Hazy IPA	370	375	0	0	0	0	0	0	36	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Modern Times Orderville	370	373	0	0	0	0	0	51	27	0	0	4	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with New Belgium Voodoo Ranger IPA	330	333	0	0	0	0	0	18	26	0	0	0	0	0	47	0
Pale Ales and IPAs (21 fluid ounces) with Offshoot Relax It's Just A Hazy IPA	360	359	0	0	0	0	0	5	24	0	0	2	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA	340	336	0	0	0	0	0	49	31	0	0	5	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Revision Disco Ninja	400	401	0	0	0	0	0	0	40	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Sierra Nevada Hazy Little Thing	370	375	0	0	0	0	0	0	36	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Sierra Nevada Pale Ale	310	306	0	0	0	0	0	0	25	0	0	3	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Smog City Hoptonic IPA	290	289	0	0	0	0	0	0	18	0	0	0	0	0	0	0
Pale Ales and IPAs (21 fluid ounces) with Societe The Pupil IPA	350	350	0	0	0	0	0	18	21	0	0	5	0	0	0	0
Pale Ales and IPAs (30 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Almanac Beer Company Love Hazy IPA	440	438	0	0	0	0	0	25	38	0	3	8	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Ballast Point Sculpin IPA	610	611	0	0	0	0	0	38	59	0	0	4	0	0	35	0
Pale Ales and IPAs (30 fluid ounces) with Beachwood BBQ Citraholic IPA	440	438	0	0	0	0	0	25	37	3	0	5	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Brouwerij West Picnic Lightning Hazy IPA	530	525	0	0	0	0	0	0	45	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Drakes Denogginizer Double IPA	680	680	0	0	0	0	0	0	40	0	0	7	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with El Segundo Broken Skull	530	525	0	0	0	0	0	25	35	0	3	5	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Elysian Space Dust IPA	570	573	0	0	0	0	0	0	38	0	0	8	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Firestone Brewing Mind Haze IPA	510	513	0	0	0	0	0	0	38	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Four Peaks Hopknot IPA	500	503	0	0	0	0	0	62	38	0	5	5	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Fremont Sky Kraken	410	413	0	0	0	0	0	38	38	0	0	5	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Garage Brewing Supercharged IPA	520	525	0	0	0	0	0	0	40	0	0	3	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Gunwhale Bait Ball IPA	570	575	0	0	0	0	0	50	50	0	0	8	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Hangar 24 Mango Island IPA	460	463	0	0	0	0	0	0	40	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Kern River Just Outstanding IPA	480	475	0	0	0	0	0	25	40	3	0	8	0	0	0	0

Pale Ales and IPAs (30 fluid ounces) with King Harbor Tiki Hut IPA	430	425	0	0	0	0	0	25	25	0	0	8	0	0	50	0
Pale Ales and IPAs (30 fluid ounces) with Knee Deep Breaking Bud	450	453	0	0	0	0	0	32	28	0	0	5	0	0	53	0
Pale Ales and IPAs (30 fluid ounces) with Lovelady Love Juice Hazy IPA	540	535	0	0	0	0	0	0	52	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Modern Times Orderville	530	533	0	0	0	0	0	73	39	0	0	6	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with New Belgium Voodoo Ranger IPA	480	475	0	0	0	0	0	25	38	0	0	0	0	0	68	0
Pale Ales and IPAs (30 fluid ounces) with Offshoot Relax It's Just A Hazy IPA	510	513	0	0	0	0	0	8	35	0	0	3	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA	480	480	0	0	0	0	0	70	44	0	0	8	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Revision Disco Ninja	570	573	0	0	0	0	0	0	57	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Sierra Nevada Hazy Little Thing	540	535	0	0	0	0	0	0	52	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Sierra Nevada Pale Ale	440	438	0	0	0	0	0	0	35	0	0	4	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Smog City Hoptonic IPA	410	413	0	0	0	0	0	0	26	0	0	0	0	0	0	0
Pale Ales and IPAs (30 fluid ounces) with Societe The Pupil IPA	500	500	0	0	0	0	0	25	30	0	0	8	0	0	0	0
Pizza Port Shark Bite Red Ale (16 fluid ounces)	230	232	0	0	0	0	0	41	19	0	0	2	0	0	0	0
Pizza Port Shark Bite Red Ale (22 fluid ounces)	320	319	0	0	0	0	0	57	26	0	0	3	0	0	0	0
Sam Adams Boston Lager (16 fluid ounces)	240	240	0	0	0	0	0	0	25	0	1	3	0	0	6	0
Sam Adams Boston Lager (22 fluid ounces)	330	330	0	0	0	0	0	0	34	0	2	4	0	0	8	0
Stone Buenaveza Michelada (1 drink)	190	191	2	0	0	0	1	1386	28	2	9	2	436	15	42	2
Twisted Tea, Draft (1 drink)	260	260	0	0	0	0	0	13	37	0	23	0	2	4	2	0
Twisted Tea, Happy Hour (1 drink)	200	196	0	0	0	0	0	10	28	0	18	0	2	4	2	0
Twisted Tea, Small (1 drink)	200	196	0	0	0	0	0	10	28	0	18	0	2	4	2	0
Wheats and Whites (16 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheats and Whites (16 fluid ounces) with Blue Moon Belgian White	220	219	0	0	0	0	0	10	17	0	0	3	0	0	0	0
Wheats and Whites (16 fluid ounces) with Golden Road Mango Cart	180	179	0	0	0	0	0	13	17	0	4	3	0	0	0	0
Wheats and Whites (16 fluid ounces) with Hangar 24 Orange Wheat	210	213	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheats and Whites (16 fluid ounces) with Karl Strauss Windansea	220	220	0	0	0	0	0	13	21	0	0	2	0	0	0	0
Wheats and Whites (16 fluid ounces) with Refuge Blood Orange Wit	190	189	0	0	0	0	0	37	15	0	0	4	0	0	0	0
Wheats and Whites (21 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheats and Whites (21 fluid ounces) with Blue Moon Belgian White	290	287	0	0	0	0	0	13	23	0	0	4	0	0	0	0
Wheats and Whites (21 fluid ounces) with Golden Road Mango Cart	230	235	0	0	0	0	0	18	23	0	5	4	0	0	0	0
Wheats and Whites (21 fluid ounces) with Hangar 24 Orange Wheat	280	280	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheats and Whites (21 fluid ounces) with Karl Strauss Windansea	290	289	0	0	0	0	0	18	28	0	0	3	0	0	0	0
Wheats and Whites (21 fluid ounces) with Refuge Blood Orange Wit	250	248	0	0	0	0	0	49	19	0	0	6	0	0	0	0

Wines	Total Rounded Calories (kcal)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Wines (6 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wines (6 fluid ounces) with Cabernet Sauvignon	150	148	0	0	0	0	0	0	5	0	0	0	0	0	0	0

Wines (6 fluid ounces) with Champagne	160	156	0	0	0	0	0	0	7	0	2	0	0	0	0	0
Wines (6 fluid ounces) with Chardonnay	110	114	0	0	0	0	0	6	4	0	2	1	0	0	0	0
Wines (6 fluid ounces) with Merlot	150	148	0	0	0	0	0	7	4	0	1	0	0	0	14	1
Wines (6 fluid ounces) with Pinot Grigio	150	148	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Wines (6 fluid ounces) with Pinot Noir	150	146	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Wines (6 fluid ounces) with Riesling	140	144	0	0	0	0	0	0	7	0	0	0	0	0	0	0
Wines (6 fluid ounces) with Sauvignon Blanc	150	145	0	0	0	0	0	0	4	0	0	0	0	0	0	0
Wines (9 fluid ounces)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wines (9 fluid ounces) with Cabernet Sauvignon	220	221	0	0	0	0	0	0	7	0	0	0	0	0	0	0
Wines (9 fluid ounces) with Champagne	230	234	0	0	0	0	0	0	11	0	4	0	0	0	0	0
Wines (9 fluid ounces) with Chardonnay	170	171	0	0	0	0	0	9	5	0	3	1	0	0	0	0
Wines (9 fluid ounces) with Merlot	220	221	0	0	0	0	0	11	7	0	2	0	0	0	22	1
Wines (9 fluid ounces) with Pinot Grigio	220	221	0	0	0	0	0	0	5	0	0	0	0	0	0	0
Wines (9 fluid ounces) with Pinot Noir	220	220	0	0	0	0	0	0	6	0	0	0	0	0	0	0
Wines (9 fluid ounces) with Riesling	220	216	0	0	0	0	0	0	10	0	0	0	0	0	0	0
Wines (9 fluid ounces) with Sauvignon Blanc	220	218	0	0	0	0	0	0	5	0	0	0	0	0	0	0
Wines (750 milliliters)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wines (750 milliliters) with Cabernet Sauvignon	620	624	0	0	0	0	0	0	19	0	0	1	0	0	0	0
Wines (750 milliliters) with Champagne	660	659	0	0	0	0	0	0	30	0	10	0	0	0	0	0
Wines (750 milliliters) with Chardonnay	480	482	0	0	0	0	0	25	15	0	7	3	0	0	0	0
Wines (750 milliliters) with Merlot	620	624	0	0	0	0	0	30	19	0	5	1	0	0	61	3
Wines (750 milliliters) with Pinot Grigio	620	624	0	0	0	0	0	0	15	0	0	1	0	0	0	0
Wines (750 milliliters) with Pinot Noir	620	619	0	0	0	0	0	0	17	0	0	1	0	0	0	0
Wines (750 milliliters) with Riesling	610	609	0	0	0	0	0	0	28	0	0	1	0	0	0	0
Wines (750 milliliters) with Sauvignon Blanc	610	614	0	0	0	0	0	0	15	0	0	1	0	0	0	0