



SALE DENTAL SPA

Porcelain Veneers

Your guide to a complete smile transformation

Reviewed by Dr Hamza Mirza, Clinical Lead · GDC 298973 · Last reviewed August 2026

Creating beautiful natural smiles since 2005

Porcelain veneers are **thin, custom-made shells of porcelain that are attached to the front surface of teeth to improve their appearance**

How does it work?

Porcelain veneers are thin, custom-made porcelain shells that are **permanently bonded** to the **front of your natural teeth to improve their appearance**. The process involves our dentist **removing a small amount of enamel**, taking scans of your teeth, and then attaching the veneers with a strong dental adhesive. Once in place, they can make teeth look whiter, straighter, more even, and free from minor chips, cracks, or gaps while maintaining a natural appearance.

What Can Porcelain Veneers Solve That Composite Bonding Can't?

Porcelain veneers can better treat **severely stained teeth, larger chips, worn teeth, and multiple cosmetic problems at the same time**. They are also **more durable and stain-resistant**, so they stay whiter and maintain their appearance for longer. Composite bonding is a good option for small repairs and minor improvements, but veneers are often the better choice when a more dramatic and long-lasting smile transformation is needed.

Is Porcelain Veneer Treatment Reversible, Does It Hurt, and How Long Does It Take?

Porcelain veneer treatment is usually **not reversible** because a small amount of enamel is normally removed from the front of the teeth before the veneers are fitted. The procedure is **generally not painful**, and most of our patients experience little to no discomfort, although local anaesthetic can be used if needed. The treatment typically takes **two to three appointments over 2 to 4 weeks**, including the consultation, tooth preparation, creation of the custom veneers, and final fitting. Once bonded in place, veneers provide a long-lasting and natural-looking improvement to your smile.

How Long Do Porcelain Veneers Last?

Porcelain veneers typically last **10 to 15 years**, and in some cases even longer with good care. Their lifespan depends on factors such as oral hygiene, dental check-ups, and avoiding habits like biting hard objects or grinding your teeth. Because porcelain is strong and resistant to staining, veneers can maintain their appearance for many years, making them a long-lasting cosmetic dental treatment.

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Do Porcelain Veneers Look Fake?

Modern porcelain veneers are designed to look **very natural**, and when they are **properly made and fitted**, most people cannot tell they are veneers. Which is why choosing the right dentist practice is essential. Our dentists carefully match the colour, shape, size, and translucency of the veneers to your natural teeth, helping them blend in with your smile. Veneers can sometimes look "fake" if they are made too white, too large, or not suited to the

person's face and teeth.

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What Happens When Porcelain Veneers Need Replacing?

When porcelain veneers reach the end of their lifespan, they are usually **removed and replaced with new veneers**. Because a small amount of enamel was removed during the original treatment, the tooth will generally need to remain covered by a veneer or another suitable restoration. The replacement process is like the original treatment, with our dentist assessing the teeth, taking scans or impressions, and fitting new custom-made veneers. If the teeth and gums have been well cared for, replacing veneers is typically a straightforward procedure and can keep your smile looking natural and attractive for many more years.

Ready to Take the Next Step?

Thinking about Porcelain Veneers? Book a complimentary consultation today and let our experienced and friendly team decide the best path for you and your teeth. Your new and more confident smile is just around the corner.

See it before you decide

At Sale Dental Spa, every cosmetic journey starts with a **free Smile Design consultation**: photographs, a digital scan, and an on-screen preview of what is possible, plus a written plan you keep. For bonding, veneer and smile makeover cases, you can even **wear a trial smile and approve it before anything permanent is done**.

What does it cost?

Prices are always current on our website at saledentalspa.co.uk/fees, and 0% finance options are available through our finance partner.

Better still: book a **free Smile Design consultation** and you will leave with a written plan and exact pricing for your own teeth, with nothing to pay for the consultation and no pressure to go ahead.



A real Sale Dental Spa patient, treated at our practice. Shared with their kind permission.

The Smile Design journey

Visit 1 · Free Smile Design consultation	Chat, exam, photographs and a digital scan. See an on-screen preview of what is possible and leave with a written plan and exact pricing. Nothing to pay.
Visit 2 · Your trial smile	Your design is crafted by the lab and fitted as a temporary trial you wear and see in the mirror. We adjust until you approve it. Nothing permanent has happened yet.
Visit 3 · Treatment	Your approved design is made permanent. You already know exactly how it will look, because you chose it.

Rated 4.8 from over 370 Google reviews

Ready when you are

Book a free Smile Design consultation and see what is possible before you decide anything.

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