



Tiglin

Annual Report 2019

Mission Statement

To provide individuals with an effective and comprehensive solution to life-controlling addiction problems, in order to become productive members of society. Tiglin, operating under a Christian ethos, endeavors to help people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.

With continued support from:



An Roinn Coimirce Sóisialaí
Department of Social Protection

Chief Executive Statement

Graduation's in 2019 were evident reminders of the great impact that Tiglin has had on the lives of so many people. Reconnected families, proud parents and partners and tangible displays of HOPE signified the importance of rehabilitation and the services we offer at Tiglin. This is where I take my hat off to all the staff at Tiglin. On a grand scale there is a daily process that takes place where they lay down their lives for the one in our care. They model hope and inspiration and stand shoulder to shoulder with the residents and participants on the Tiglin programmes. During the summer of this year this message was once again compounded as I listened to the stories from our Arklow day programme participants as they shared about how their lives had changed as a result of finding a place where they were accepted and an ear of someone who didn't judge, only loved. As they said goodbye to the founding manager of Arklow Day Service, Barbara Reid, what echoed around the room was a deep sense of appreciation and gratitude that along their journey, their trajectory changed when they were inspired by the non-judgmental acceptance of a stranger who decided to care and knew how to do so. She has moved on to pastures new after 6 years with Tiglin. This change of chapter has said a sad goodbye to Barbara but a happy welcome back to Paula Valentine who now manages the programme alongside a strong and dedicated staff team.

Other changes were seen at the men's centre with Ger Ganley moving on from many years of hard work and dedication at Tiglin men's centre and making way for new management systems to take over. Ger's legacy at Tiglin is immense and his heart for those who are facing the "giant" of addiction has ensured that Hope was always on the menu at Tiglin. A new management structure came into place at Tiglin, seeing Dr Stephen Bradley and Alex Newcomb lead the centre to its next place. Dr. Stephen K Bradley Centre Manager, Tiglin Men's Centre Stephen has approx. 40 years' experience of working within care practice (NHS, Social Services, private and charity sectors) and latterly in academia. Registered mental health nurse (retired!); Qualified with BSc (Hons) Psychology; PhD in Social Sciences. Stephen has been in Ireland for 10 years, worked at NUIG and UCC; also, Consultant in Training & Development for Hope Trust (8 years). Alex Newcomb, Programme manager at Tiglin is originally from London but moved to Ireland with his wife and children in 2000. Alex has a BA (Hons) in addiction counselling and recently completed a masters in chaplaincy and pastoral studies. He has been working in addiction field for almost 30 years including 9 years in residential.

Tiglin Ladies centre continues to thrive under the leadership of Gary O'Heaire and his team. The facilities at the centre have received much investments from donors and grants alike seeing an educational room being developed alongside work starting on a new gym facility for the ladies.

This report will display the work of Tiglin in detail and highlights the ongoing needs of those who are addicted, in recovery or facing the challenges of homelessness. We thank you for your support. Generous donors and the continued support from our state sponsor's means that Tiglin can display this work to you in 2019's annual report.

Philip Thompson
CEO
Tiglin

Chairman's Statement

2019 has certainly been a very busy year with new services, new managers, new facilities, and a constant flow of challenges. As most of you know Tiglin was founded to provide a safe environment for individuals who had life controlling substance abuse problems. Now, as then, our aim is to provide care in as close to a home environment as possible for as long as necessary. We now have over 90 individuals in our care on any one day and we work in close conjunction with the HSE, Tusla, the Child and Family Agency, and other agencies, charities and churches who refer people to us and who provide monitoring and support.

The voluntary sector, like all others in recent times, has been under financial pressure and the grant funding and contributions from students cover approximately 60% of our expenses but it does not cover them all. In keeping with our ethos, Tiglin often funds extra supports for those in its care. This could range from counselling to educational courses etc. Partnership has been the key to ensuring that quality and safety of service provision has been key to Tiglin. We are continually grateful to the faithful support that our partners, supporters, and statutory bodies who invest in the work of Tiglin. We believe that in order to make the work of Tiglin sustainable into the future that a cross section of statutory bodies and private industries need to make budgetary adjustments to support rehabilitation and homeless services like Tiglin because these issues are not simply health and housing related concerns. To tackle these complex issues, one must look at the cause and the effect of homelessness and addiction and reflect on the cost and benefit of proper investment in these areas.

Housing for those exiting rehabilitation.

Tiglin anticipates that work on Carraig Eden will be complete by the end of 2020. This will be an incredible opportunity to present to those who have faced the immense challenge of addiction and access supportive housing options to promote independence and ensure people a successful introducing back into the community. This opportunity is a great example of Wicklow County Councils partnership with Tiglin and their willingness to see that the investment into Tiglin is an investment into people, and it is people who build community.

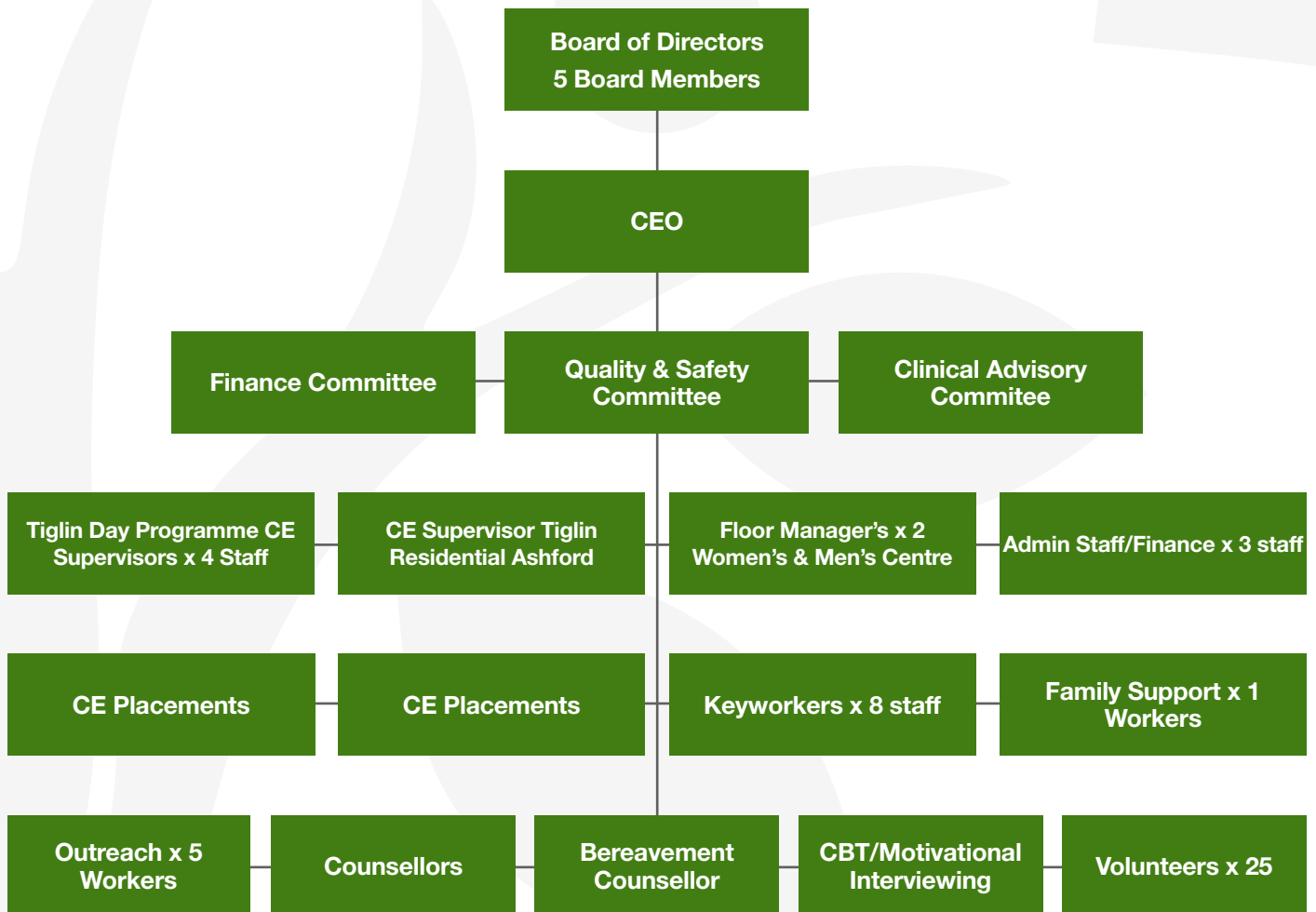
Recovery and Social Capital.

Witnessing the graduation of XX people from IT Carlow and seeing the impact that education from many other partners such as An Cosan has on the ability for Tiglin Graduates to secure a firm footing in employment and further education means that both Recovery and Social Capital are strengthened. The interlocking arenas of Housing, education, employments, and family support are just some examples of the brand impact the addiction has on an individual and Tiglin's response to addiction continues to be multi-faceted and person centred.

We look forward to the year that lies ahead knowing that as a board, the services we offer are managed and governed to a high standard of excellence, our funders and supporters are aware of the impact we are having and that the lives we have had the honour to impact in 2019 are stronger and inspire those around them that recovery is possible and it is a privilege.

Aubrey McCarthy
Chairman
Tiglin

Organisational Structure



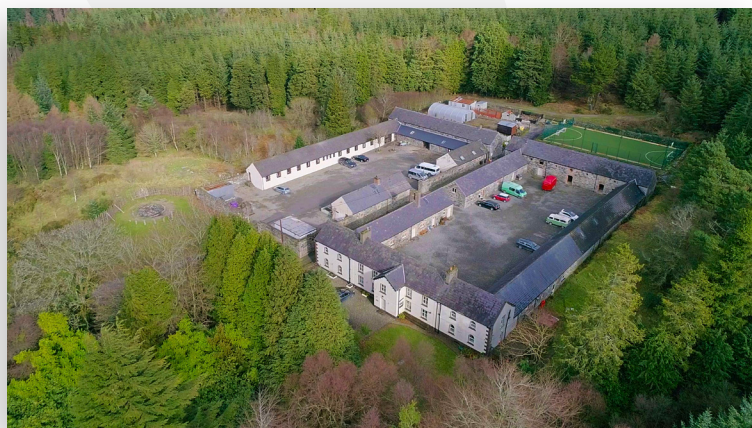
Tiglin Services

Residential Services

There continued to be very high demand for residential rehabilitation services in both Tiglin's men's and women's centres. The recovery process takes time, commitment and honesty and these are the factors that are encouraged within the programmes at Tiglin. Our work continues to hinge on the model of care that Tiglin operates from: Biological, Psychological, Social and Spiritual. Investments into these areas along with the commitment of time, and honesty results in resilient recovery.

Continuous emphasis on the re-entry process after the residential programmes are complete remains a priority. This has been greatly supported through strong partnerships with Wicklow County Council. Helping us to support people in both Arklow and Greystones while they adjust the life in recovery, build future employment options, discovery educational pathways and rebuild family and social connections with safety and security.

2019 was another example of educational partnerships being a lifeline to so many as they re-discover or perhaps discover for the first time the empowerment that education can bring and the opportunities it affords to those who partake. KWETB, IT Carlow and An Cosan are some of the most regular education providers and the DEASP, through their ongoing support of Community Employment at Tiglin ensure that people are supported financially and practically as they engage with educational and employment progressions.



**Tiglin Men's
Centre**



**Tiglin Women's
Centre**

Tiglin Services

Re-Integration House (Carraig Eden)

Carraig Eden has been home to students of Tiglin Men's Residential Centre since 2010, a place of safety and community for students who have left the Residential Program and are reintegrating into life. The men either work, go back to education or do voluntary work whilst living in Carraig Eden and stay there between 6 months and 3 years.

Renovations at Carraig Eden commenced with the leadership from WCC and the support of Dept of Housing this vital project is due for completion in early 2020. Once complete, it will accommodate 34 individuals and provide aftercare supports for those who have just left the main residential centre at Tiglin.

Day Programme

The aim of the Tiglin Day Service is to provide a supportive and progressive rehabilitation programme through education, training and personal development within a community setting.

The Tiglin Day Programme is supported by Department of Social Protection, which is funded by the Irish Government under the National Development Plan 2007 – 2013.

We work closely with the Wicklow partnership, HSE, the local GP's and other drug rehab residential facilities who have found it helpful to refer people into a day program after they have completed their fulltime residential programme.

Tiglin Services

Family Support Program

Our Family Support Worker, Marilyn, offers support, guidance and advice to all the loved ones who have been affected by addiction.

Marilyn is trained and certified in best practice models including the 5 Step Method and CRAFT (Community Reinforcement Approach and Family Training) in responding to alcohol and drug related problems in the family.

Within several days of intake, Marilyn phones the designated NOK to begin a connection with the family, answer questions, listen to their stories and provide them with a booklet explaining details of the programme such as the Phase schedule, phone calls, visits, curriculum, etc.

Marilyn offers one-to-one meetings or phone support as requested and also facilitates a monthly support group in Dublin City Centre - half of the group time is used for open sharing and the other half is used for input around relevant topics such as:

- Understanding Relapse
- How to Prepare for Visits
- Strengthening Communication Skills
- Healthy Boundaries
- Dealing with Stress
- Coping Strategies

Meetings continued throughout 2019 between students, the key worker, Marilyn and family members to work through especially complex dynamics and challenges between the student and their families. This has allowed for better scope towards reconciliation as well as giving the key worker exposure to the broader picture of the effects of the addiction on the family and additional needs for growth in the student's recovery process.

Tiglin Services

Homeless Outreach – No Bucks Café

Homelessness was a issues that dominated many headlines and was the topic of numerous debates throughout the country in 2019. Access to accommodation is an obvious blockage in the solution to homelessness and this remained the focus of the media throughout much of 2019. With little emphasis on addiction or mental health in the media Tiglin continued to engage with those who were presenting to No Bucks Café, many of whom were critically and doubly disadvantaged by both homelessness and addiction/mental health. Crucial conversations took place to and these engagements ensured that referral pathways remained open and possible to help, not just with accommodation but with addiction supports, health needs and many other crisis interventions. In late 2019, we witnessed the service progress as it took up residence within the Lighthouse premises in Pearse Street where the out of hours supports of No Bucks Café now run and a service that is more than just food impacts those who present for help.



Life Story, Men's Centre

Tommy's Recovery

I grew up in Donegal as part of the traveling community and moved to Galway when I was 9 years old. That's when my addiction first began. I started smoking cigarettes at 10 years old to fit in with people. I didn't realise at the time, but I was trying to find my way in life. I started smoking cannabis at the age of 12 and gradually moved on to heavier drugs. At the age of 16 I was in prison in Spike Island and would repeat this cycle for the next 25 years. I got addicted to heroin in prison when I was 25 and it consumed my life for the next 16 years. I always wanted to stop using drugs, but every time I came out I would be using within weeks. I could never understand why. While in prison in the west of Ireland in 2017 I saw a drug counsellor and she suggested Tiglin as an option to try and help me to stop this horrible cycle of addiction. My last time in prison was January 22nd 2018 when I was released into Tiglin's care.

I spent 12 months in the centre and another 4 months in the re-entry house in Greystones. During my time in Tiglin I received one to one counselling, key working and in-house classes. I learnt to keep myself safe and to be around people that are good for me. The support I received from staff, volunteers and my peers was very different from anything I had encountered in my life before.

They only wanted for me what I wanted, which was to have a good life for myself and my family. It can be a hard thing to accept that there are nice people in the world when you have been beaten down so much in life.

In Tiglin I learned to be happy again with who I am. I was given an opportunity to go back to college and I achieved a Level 6 qualification. I also upskilled and got all my safety certificates for my work, including my Safe Pass and Manual Handling Certificate. My key worker got me some work experience with a local landscaper who gave me some work when I finished Tiglin and encouraged me to start up on my own as a gardener.

I am delighted to be drug free now for over two years, working in a job I enjoy and able to make a positive contribution to other people's lives.

Life Story, Women's Centre

Maggie's Recovery

My name is Maggie. I am 31 years old and grew up in north Dublin. I just want to share some of my journey of going from having no hope no motivation and no purpose in life to today having hope motivation purpose and a genuine love and gratefulness for my life.

I experimented with drugs in my early teens starting off smoking hash then moving on to party drugs such as cocaine and extasy. I always thought I was in control and planned on just having some fun. I thought if I had to stop taking drugs I could do it, so thought it really was not a big deal. At 19 I became pregnant with my daughter and I gave being a mum my best shot. But by 22 years of age I was back on the path of self-destruction. I was now taking Valium, anti-depressants and sleeping tablets and it was not long before I moved on to heroin.

Social services stepped in and I was faced with my worst fear. If I could not get clean from drugs they would take me to court for custody of my daughter. Looking back now, it was the best thing that could have ever happened to me but at the time I was my own worst enemy and felt like the whole world was against me.

A family member found Tiglin online and pleaded with me to see sense. By now I had lost my partner and many friends to addiction. My family feared if I did not get help that social services would take my daughter and addiction would take my life.

I went into Tiglin in November 2016, fragile and broken. I was so used to the company of misery and darkness that being in the company of kindness and smiles felt like a different world. I was assigned a keyworker that worked one on one with me. I began to learn a lot about myself through the classes and counselling and was healing and becoming strong in myself. I slowly start to rebuild the relationships I had destroyed over the years and I began to appreciate life again. I realised how precious my daughter was and my goal was to have her back with me.

I completed my programme and moved to teen challenge leadership academy in Nottingham UK in January 2018. I spent nine months in the UK reaching out to people in addiction or homeless on the street. I moved back to Ireland in 2019 and start working at Tiglin Women's centre. I went on to get a level 5 in community addiction studies and am currently studying mental health level 6. I moved into my own home this year and have my daughter back living with me full time. We have also been blessed with a beautiful back garden from RTE super garden which looks amazing. I have such a strong bond with my daughter now and we enjoy every minute of our new home and garden.

I am so far removed from that hopeless feeling I once had. I do not believe that any situation or circumstance is hopeless. I have shared my story in the hope it reaches anybody that might need to hear it and reassures them that there is no such thing as a hopeless case. If you are still breathing today it is because there is a plan and purpose for your life. Taking the first step is hard but if I had not taken that first step it scares me to think of where I could have been today.

Life Story, Women's Centre

Kathleen's Recovery

When I entered Tiglin 11 months ago now, I had spent some time previous being drug free but had just had a big relapse. I had not worked on myself at all in that time being drug free and realised that everything needed to change in my life. I entered Tiglin and felt understood straight away and that made me trust in the process that this place might just work. I have progressed so much in the programme with confidence in myself because I really have worked on everything that has held me back for years and thought I could never change or never feel any different about.

With the help of great people in Tiglin I am becoming the woman I was always meant to be and am continuing to progress more and more the longer I am there. I have learned a lot of coping skills in Tiglin while I have been there, I've learned how to cope with my feelings how to cope in my relationships.

I am now 8 months pregnant and having my baby next month I really had to work on a lot around shame n guilt and sadness around my 6 year old son who I have now a relationship with for the first time in 3 years, it has probably been my biggest struggle as I was always afraid of judgment if I told anyone about it or how I really felt around it but Tiglin has really helped me work on that stuff and it made me gain acceptance of my past and realise that's not who I am today. I am now confident in having my baby because of working on this stuff and also constantly working on who I am as a person as I really didn't know who I was as I had spent from the age of 12 in addiction. I am now 31.

For me to have done any of this I really had to look at myself internally and I have gained huge growth in putting in the work in doing that.

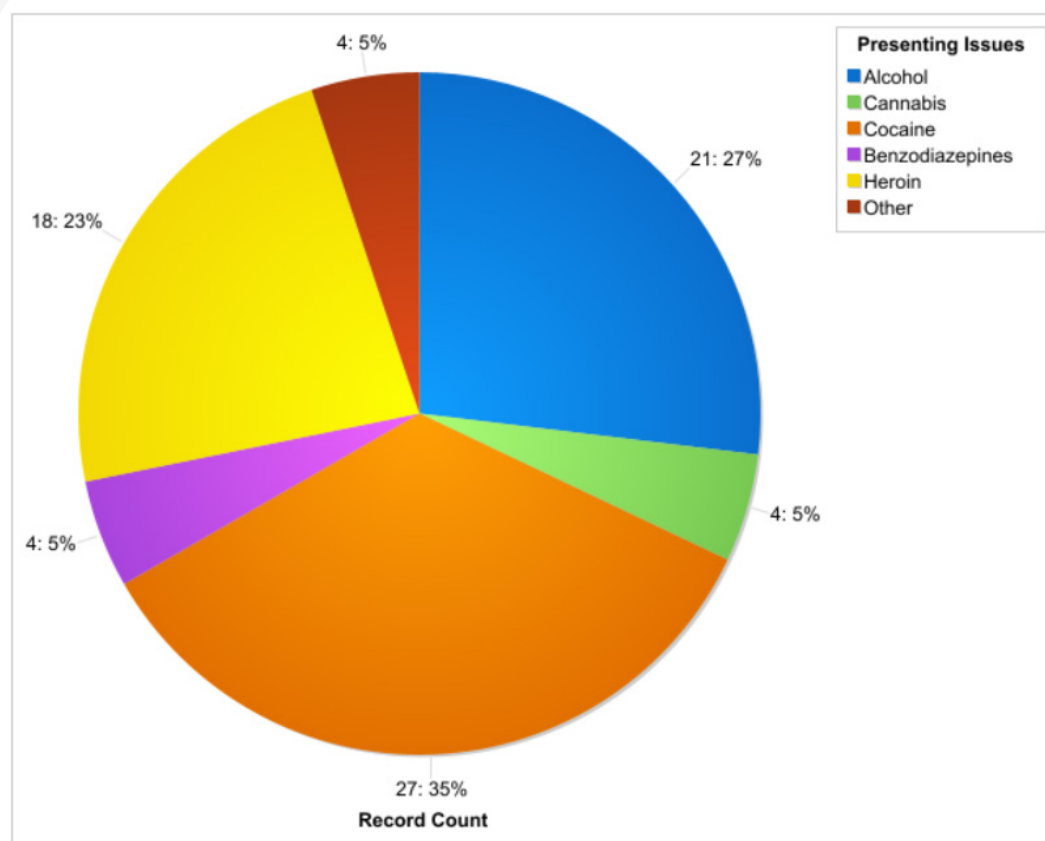
My hopes for the future would be to continue growing as a person and be who I was meant to be.

2019 Statistics Men's & Women's Residential Centre's

Tiglin Residential Overview

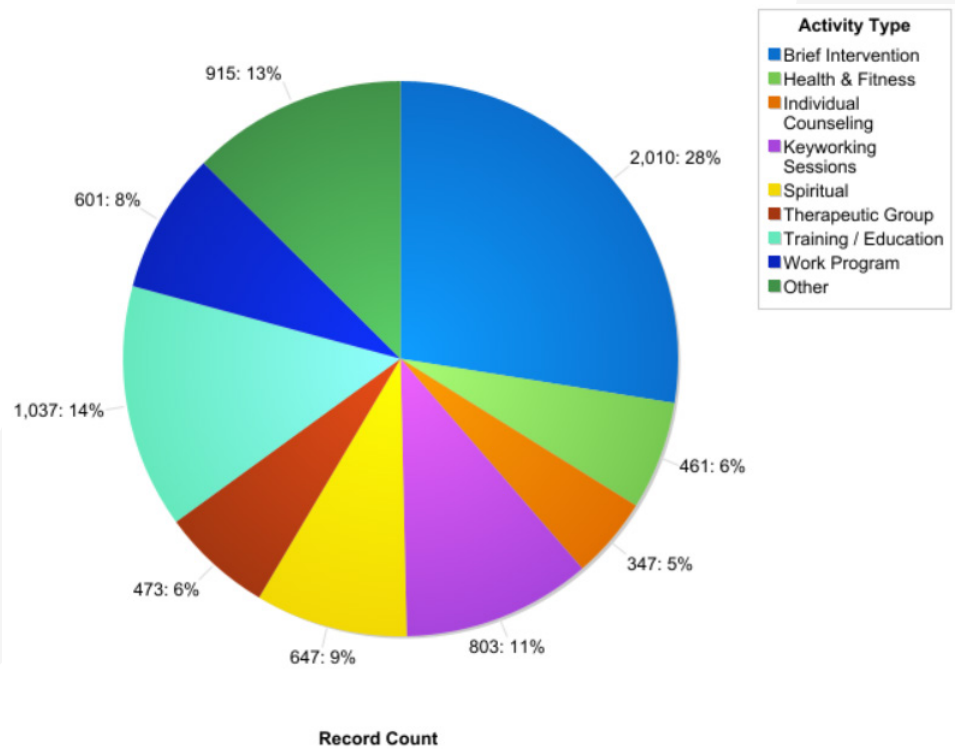
Figure	Indicator
247	Total people who were assessed for Tiglin residential in 2019
92	Total people who resided at Tiglin in 2019
21	Completed 8-11 months or more of treatment at Tiglin during 2019
32	Completed 4-7 months of treatment at Tiglin during 2019
24	Completed 1-3 months of treatment at Tiglin during 2019
20	Completed less than 1 month at Tiglin during 2019

Main Presenting Issues of Clients Accessing Tiglin Residential 2019



2019 Statistics Men's & Women's Residential Centre's

Residential Centre's 1:1 Interventions 2019

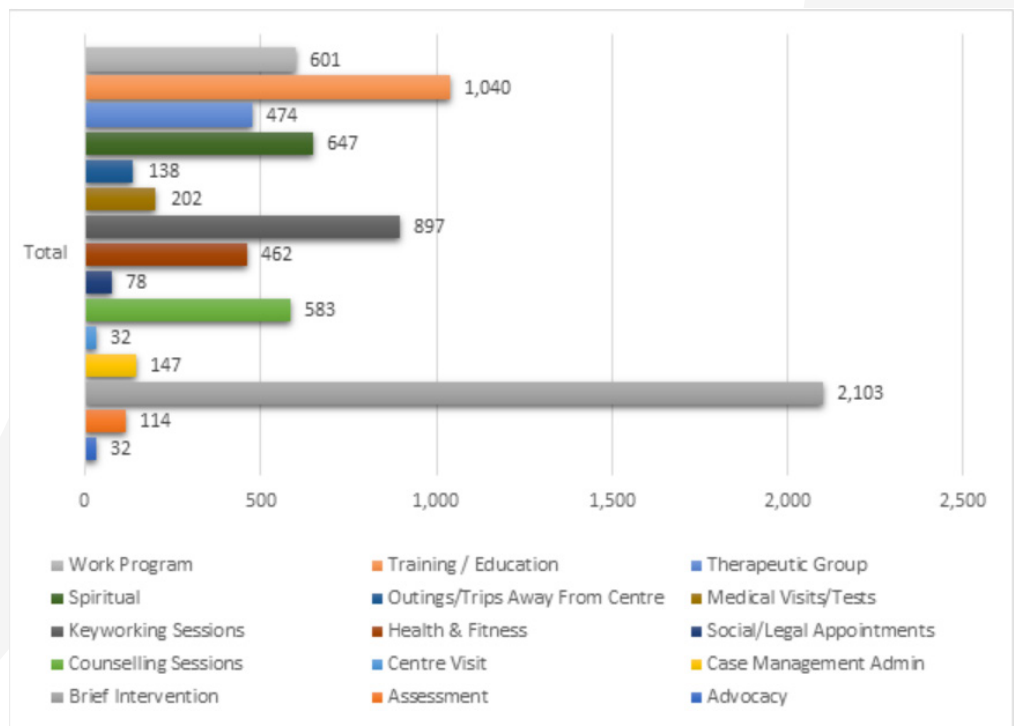


Total Number of Client Activities 2019



2019 Statistics Men's & Women's Residential Centre's

Residential Centres 1:1 Activities



Number of Clients referred to Tiglin Services in 2019



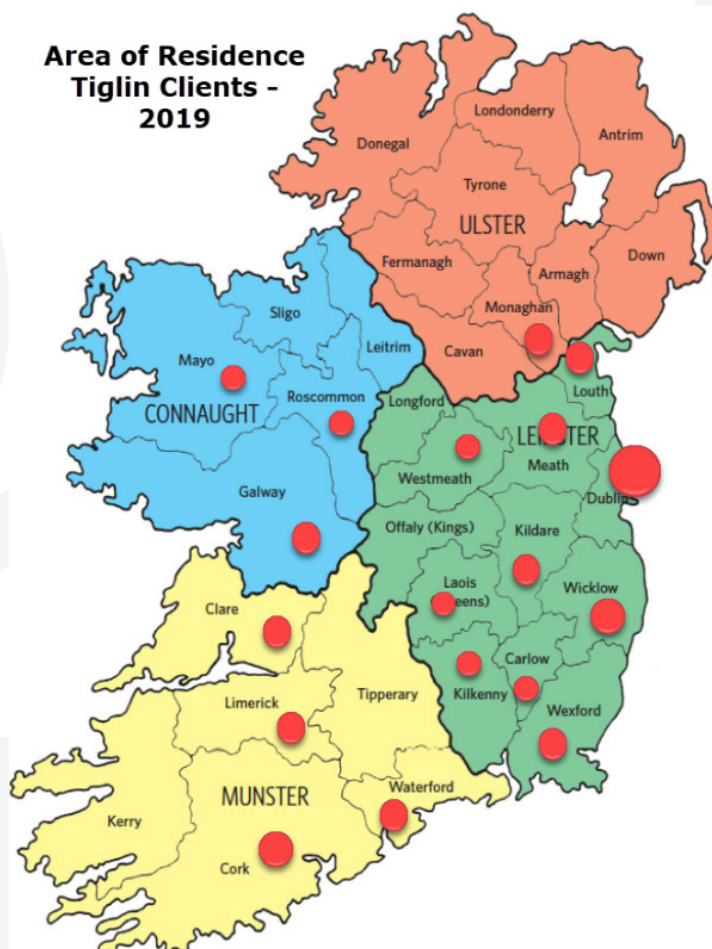
Gender of Clients Accessing Residential Treatment at Tiglin



2019 Statistics Men's & Women's Residential Centre's

Residential Centres 1:1 Activities

Area of Residence
Tiglin Clients -
2019



Number of individual
hours of educational
groupwork / literacy



Number of Staff Hours
worked with Clients in
Tiglin Services



**2019 Statistics
Men's & Women's
Residential
Centre's**

Personal Development, Education & Therapeutic Group Work

Hours	Indicator
1,480	One to one intervention / counseling / key-working
2,161	Education / Personal Development
1,217	Literacy classes, 13 clients accessed our literacy teacher
95	Occupational therapy
462	Fitness & Recreation

Programs that are running on a rotated yearly cycle

First Aid
Healthy Eating
Learning to Learn QQI 6
Manual Handling
Safe Pass Training
Tiglin Addiction Recovery Studies
Time Management
Woodwork QQI 4 KWETB
Personal Development Classes
QQI Level 6 Purchasing Strategy & Lean Six Sigma (IT Carlow)

**CE Drugs
Rehabilitation
Scheme – Men’s
Residential
Centre Ashford**

We currently have 10 places on our CE Drugs Rehabilitation Scheme in Ashford.

Each participant is referred from our men’s residential programme and is supported by his CE supervisor and his keyworker on an ongoing basis.

Training and Development of CE participants on our rehabilitation scheme in Ashford forms the core function of activities provided. Development aspects of what we offer to each participant includes elements of personal development that contribute to each participant’s wellbeing. Educational and training course are another aspect of what we offer to each participant and other supports such as one to one counselling, case management and organised physical activities.

All of what we do with each participant is recorded in an Individual Learning Plan that is person centred. This ILP maps the journey of recovery and wellbeing and provides a record of achievements and a basis for progression.

After care is another aspect of how we support participants on CE when moving on in their unique journey of recovery. Some will progress unto further education, work, or a mixture of both.

All participants are encouraged to link in with local addiction services to help them have the best possible opportunity of growing personally in their journey of recovery and to engage with the community and working life.

An Inter-agency approach is key to helping each participant have the best possible opportunity of progressing on their mapped out journey of recovery and wellbeing.

Participants in the Ashford CE Scheme have progressed through the Scheme during the year as follows:

No.	Progression from Ashford CE Scheme
1	Exited CE to Fulltime work as Apprentice Roofer
2	Transferred to another Ce Scheme & Part-time work
2	Exited CE and progressed to fulltime education course
1	Premature Exit moved home and tying in with local support services
1	Premature exit employment terminated

**CE Drugs
Rehabilitation
Scheme – Men’s
Residential
Centre Ashford**

Participants in the Ashford Scheme completed the following Programs:

No.	Completed Programs by Ashford CE Scheme Participants
8	Online Training Alison.com - Introduction to Time management
7	IT-Carlow course Level 6 Completed
5	Completed IT Training - Intro to Navigating the internet and Social Media
4	Manual Handling
4	Healthy Food Made Easy
4	Woodwork QQI Level 3
4	CV Presentation and cover letter
2	Communications QQI Level 5
1	Nursing Studies Level 5
1	Diploma in Community and Alcohol work Level 7
1	Theory test for car license
1	Hip-Dip Applied Social Care
1	Community Addiction Studies Level 5
1	Functional skills Maths and English

2019 Statistics Tiglin Aftercare Program

2019 Yearly Overview

Statistics Aftercare Program	Indicator
12	Re-Entry Phase: Minimum 6 months in length
6	Participants were housed in our community house
5	Moved into housing
3	Moved into family/friends accomodation following treatment
7	Participants gained full time/part time employment

Employment/Training & Education status who completed Tiglin Aftercare Programme in 2019

No. of People	Current Status
4	Full time Employment
3	Part time employment
4	Part time employment & education
1	Full time education

Tiglin Counselling & Psychotherapy

As part of our holistic recovery programme, Tiglin Challenge offers students the opportunity to avail of one to one psychotherapeutic and/or pastoral counselling by professionally trained counsellors. Within the context of a person-centred therapeutic relationship, students can talk about and work through issues underlying or related to their substance use such as trauma, loss and bereavement, guilt, shame, anxiety, depression and relationship breakdown.

In 2019 Bereavement Counselling, for example, was provided for 14 students, totalling 228 hours of one to one therapy sessions. Anxiety assessment tools were used as part of the bereavement counselling process with those students which resulted in a reported significant reduction in cognitive, emotional and physical anxiety symptoms.

Other students opted to avail of different psychotherapeutic or pastoral interventions depending on the issues they wished to address. Counsellors draw on a variety of evidence-based models including Cognitive Behavioural Therapy, Choice Theory and Motivational Interviewing within a research-supported Christian spiritual ethos.

The counselling room also provides a respectful, non-judgemental space where students have the freedom, if they wish, to discuss or explore their faith in a personal way in relation to their recovery journey and to consider what beliefs and practices promote positive change in their lives.

Students have reported experiencing 'comfort', 'relief', 'hope', 'forgiveness', the neutralising of 'an inner ache', as well as the motivation to take positive steps to 'give back' to their communities as a result of attending one to one counselling.

Bereavement Counselling

Bereavement counselling/therapy has been provided for students on the Tiglin program since 2012, by Rosaleen Conroy. Bereavement counselling supports students who are coming out of addiction by releasing emotions and feelings around loss, or many losses in some cases that have not been expressed without substances having been consumed.

The grieving process we all go through in life is natural, we all have losses, for example; loss of jobs, loss of health, loss of relationships, some of us loose our homes, and the inevitable loss by death, each of us will have a death of someone close to us, at some point in our lives.

In addiction masking happens and our natural emotional responses are stopped, this includes the grieving process, which is hindered by shutting off and the blocking of emotions and feelings.

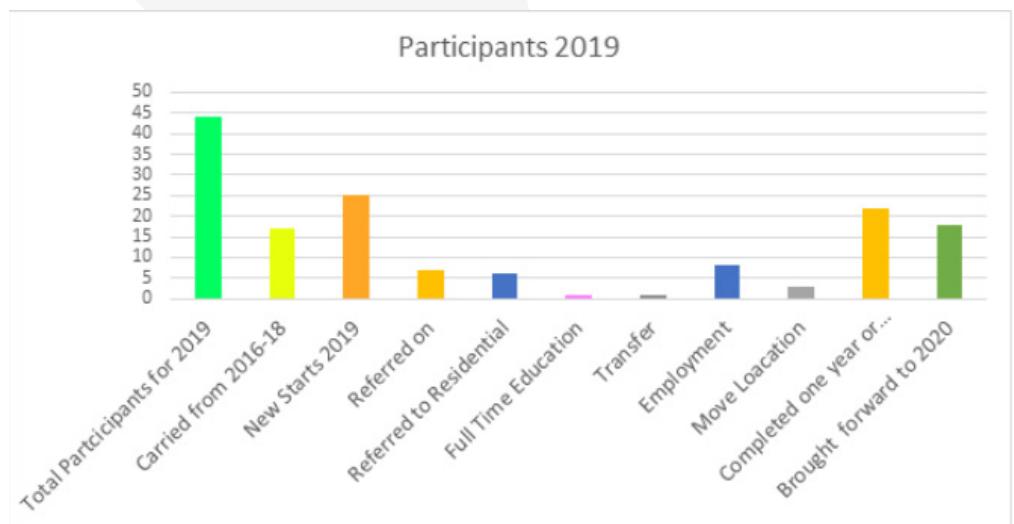
2019 Statistics Tiglin Day Service

Community Employment Day Program

No. of People	Indicator KPI's
73	Total number of People assessed in 2018
94	Number of people the day programme worked with in 2018 and on ongoing basis
9	Progressed to work in 2018
1	Progressed to full time/part time education in 2018
13	Progressed to other treatment options
28	Enrolled in QQI Accredited Courses/Industry Standard Courses
1	Enrolled in Third Level College Courses
280	Completed personal development groups and soft skills courses

The Day service worked with a total of 94 individuals throughout 2019, 73 comprehensive assessments where completed 45 of those accepted a place on the programme. There were 280 enrolments into Personal Development courses. 1 enrolment in to third level education, 28 attended QQ1 accredited courses, 1 progressed to part time education and 9 progressed to full time employment. 13 where referred for further treatment options.

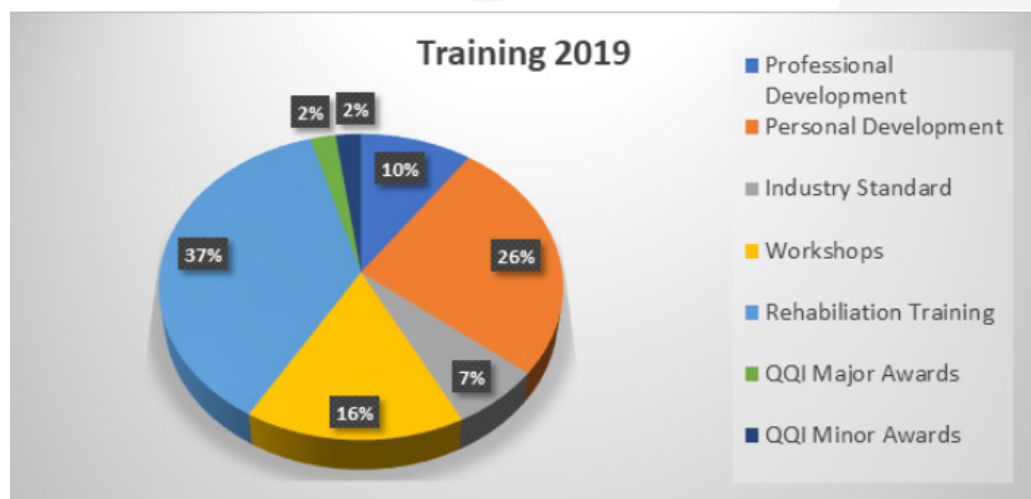
CE Participants



Total Community Employment (CE) Participants for 2019 was 45 individuals. 16 of those were carried forward from 2017/2018. 25 new starts within the year 7 of those where referred on to other services and 5 of which were referred back into residential treatment due to relapse. One moved location and was transferred to another service within his area. 22 completed one year or more on the programme. 17 participants where carried forward to 2020.

2019 Statistics Tiglin Day Service

Training



Professional Development

Basic Computer Course
Intro to IT Skills
CV Prep & Interview Skills
Communications, Connections & Conflict
Basic Reading & Writing Skills

Workshops

Pottery
Wellness Retreat with Dorine
Creative Affirmation Workshop
Bio Diversity Project
Reflexology Workshop
Breakthrough Workshop

Rehabilitation Training

Educational Outings
Relapse Prevention evidence Based
Care Farm
Introduction into Community Addiction Studies
Laragh Project
Drug Education & Development
Community Drug & Awareness
Recover Me
CRA
Smart Recovery
Mindfulness

Industry Standard

Safe Pass
Keyworking & Care Plan
Sailing into Wellness
Manual Handling
First Aid Training

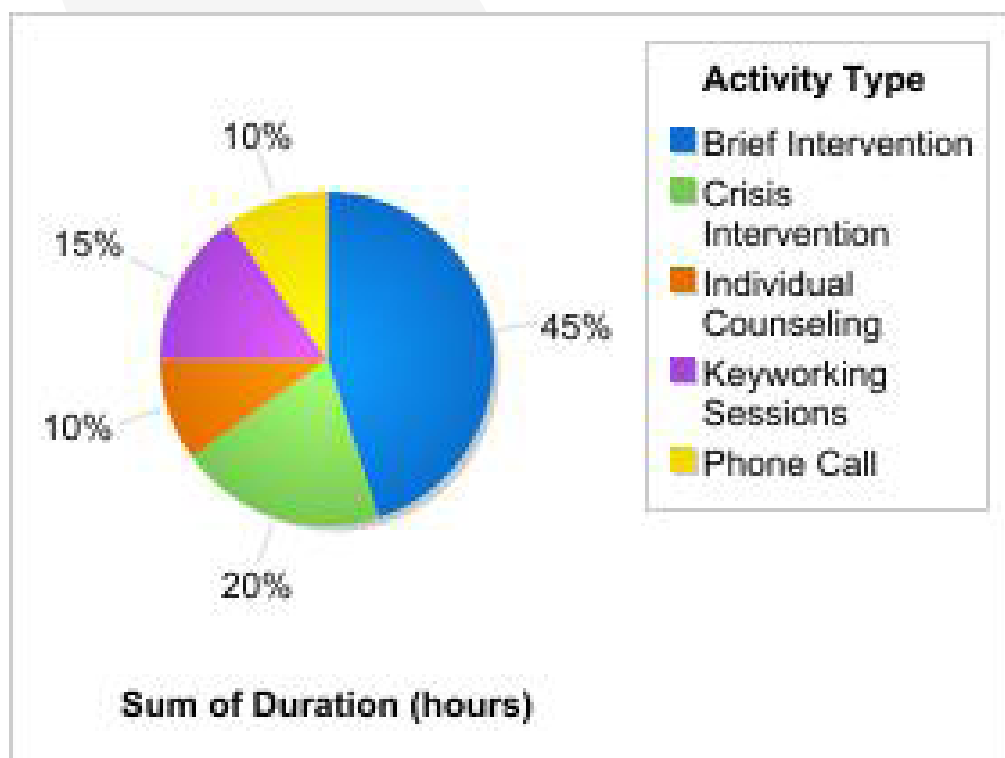
2019 Statistics Tiglin Day Service

Training

Personal Development
Self Defence
Healthy Eating Made Easy
Community Drug & Awareness
Self-Development with Jean Carr
Emotional Intelligence DL Training
Reality Therapy / Choice Theory
CBT- Self Esteem & Confidence Building
GYM Sessions
Personal Health & Wellness
Communications

QQI Awards
QQI Level 8 Degree in Applied Social Studies
QQI Level 5 Community Addiction Studies
QQI Level 5 Addiction Studies
QQI Level 7 Community Reinforcement Approach

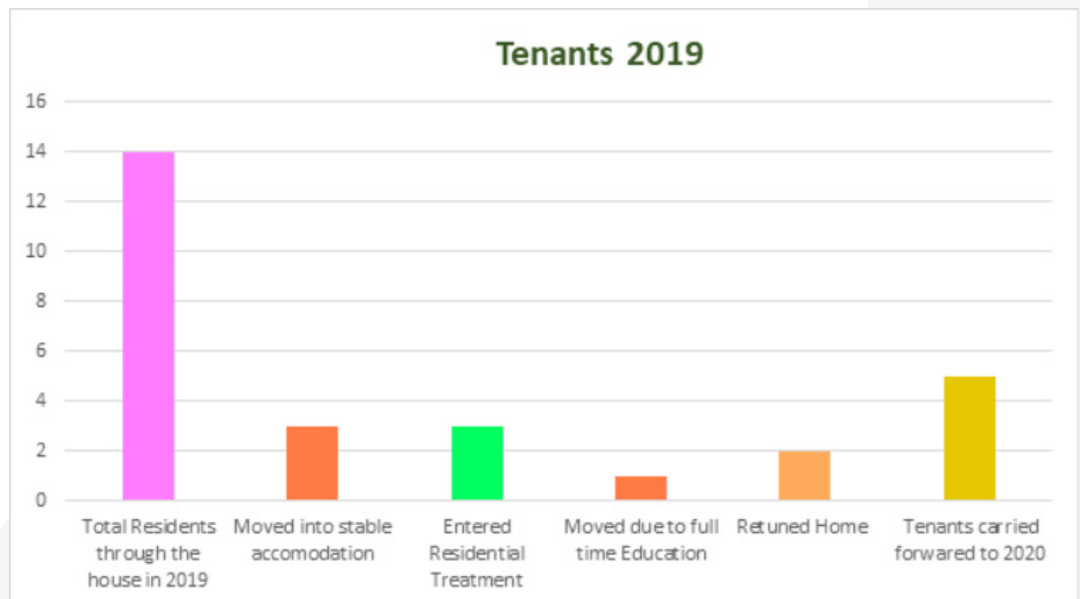
Rehabilitation Participants



In 2019 the majority of our rehabilitation 1-1 hours were delivered through brief interventions, key work sessions, crisis interventions, individual counselling and phone support.

2019 Statistics Tiglin Day Service

Transition House



We had a total of 14 residents throughout the year. 3 residents moved into stable accommodation, 3 were referred into residential treatment due to relapse. 1 moved location due to full time education programme. 2 returned to family homes and 5 residents were still living in transition house Dec 19/ Jan 20.

Governance

Tiglin Challenge is a registered charity and a company limited by guarantee without a share capital. The purposes and objectives in how it conducts its business are set out in its Memorandum of Association as available from the Companies Registration Office. The activities of the company in its operation are to support each individual in their recovery from substance abuse. Tiglin Challenge provides a range of services both day services and residential services to support each individual with recovery capital that will empower them to live independently free from a life beyond addiction.

Tiglin Challenge is compliant with The Governance Code for the Community, Voluntary and Charitable sector in Ireland as a Type C organization. The financial statements are prepared in accordance with the Charities SORP. Tiglin Challenge is also compliant with the Guidelines for Charitable Organizations on Fundraising from the Public. Governance is a recurring agenda item at Board meetings due to the regulatory obligations which arise under service level agreements with the HSE and also the Approved Housing Body. The Board is also cognizant of further regulations notably GDPR in May 2019.

Tiglin Challenge is currently working on safer better healthcare standards and governance in line with national guidelines and data collection. Tiglin Challenge adheres to all GDPR regulations.

Tiglin Challenge is currently re-vamping the website which will reflect all the work that Tiglin do and provide transparency to all.

There is regular communication between Board members, Management, Staff/Sub Committees & Students to ensure that good Governance is being administered within Tiglin Challenge. All Students are given the opportunity to discuss issues that are affecting them as participants in the project.

Tiglin Challenge has regular in-house meetings with its Students to problem solve and suggest improvements to the Tiglin service. Governance in Tiglin Challenge is adhered to through a strong Board of Directors who constantly and consistently review that Tiglin Management & Staff are in compliance with the Code of Governance. All financial statements are published on Tiglin website (www.tiglin.ie) in line with best practice guidelines and for full transparency and good governance practice.

Tiglin Challenges Board has a minimum of six voluntary Directors. As per Tiglin Challenge protocol for Directors, the term of office for a Board Director is three years, with an option for reappointment for a second term in office; this reappointment needs to take place at Annual General Meeting (AGM).

Partnership, Funders and Supporters

The Board of Directors, Management/Staff & Students in Tiglin services would like to say a huge thank you to all of our partners, funders and supporters.

Without your ongoing support we would not be able to see lives changed and transformed, it is thanks to you that we have helped individuals who were once addicted to reach a goal of “life beyond addiction”.

Amongst all our funders we here at Tiglin would like to say a specific thanks to:

- South Inner-City Drug & Alcohol Task Force
- East Coast Regional Drug & Alcohol Task Force
- Health Service Executive
- Salesforce
- Co. Wicklow Partnership
- Wicklow Co. Council
- Electric Ireland
- KWETB
- IT Carlow
- Department of Social Protection
- An Cosan
- Mac-Interiors

We are so grateful to many agencies and individuals that have and continue to provide much needed help with us here at Tiglin. We would like to acknowledge our appreciation for all the community fundraising efforts that took place in 2019. Thanks to those that organized and partook in bag packing, homeless sleep outs, marathons/mini marathons. In particular we would like to thank and express our gratitude to our staff, volunteers and students who were always willing to lend a hand with our many fundraising events.

A sincere thank you must go to our Staff and Counsellors who have provided the best care, compassion and commitment that is needed whilst upholding ongoing professional conduct. We are deeply indebted to the commitment and work of all the Staff and Counsellors who work tirelessly to provide each student with the recovery capital to sustain a “life beyond addiction”. Thank you so much!!!!

Finally, we would like to thank everyone who supported and supports Tiglin both in a financial, practical and prayerful way. From the smallest to the largest gift it all counts in the Kingdom. You all have made a difference to so many lives by your kindness to our students.

To Salesforce: For their ongoing support in fundraising, IT Assistance, yearly football tournament & sleep-out.

Board of Directors

Chairman	Aubrey McCarthy
Company Secretary	Aidan Nevin
Board Members	Gerald Farrell
	Susan Phillips
	Emmanuel Eguare
	Keith Flynn
	Jerry Conlon

Fundraising Opportunities

There are many ways to help us here at Tiglin and make a difference in seeing “Life beyond Addiction”

Ways to Donate:



Volunteer
Fundraise for Tiglin
Organise an event
Individual Donate

Ways to Get Involved:

Involve Your Company
Partner With Tiglin
Staff Volunteering
Individually Donate

If you would like to get involved or help out in anyway, please contact us at admin@tiglin.ie

Showcase: Annual Funding Raising Event - Salesforce Sleepout for Tiglin

Every year staff from Salesforce sleep for one night outside the Gaiety Theatre as a fundraising effort. This year was no different and the Sleep was a huge success 42 salesforce employees doing the sleepout.

salesforce

