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Original
Services Centre
at Dockhouse
South East
Technological
University



Tiglin
life.restored.

• Published in August 2026



• 2025

Annual Report

MISSION STATEMENT

To provide individuals with effective and comprehensive solutions to life-controlling problems. Tiglin, operating under a Christian ethos, endeavours to help people become psychologically well, socially adjusted, physically healthy, and spiritually alive.

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Tiglin Challenge is a Company Limited by Guarantee and registered in Ireland no. 220213

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IMPACT 2025



175

Residents in our Supported Housing Services



109

Resided in our Residential Treatment Centres



112K

Meals distributed via our Frontline Services



388

Family Support Interventions



117

Participants on our CE Programme



15

Jobs created through our Social Enterprise

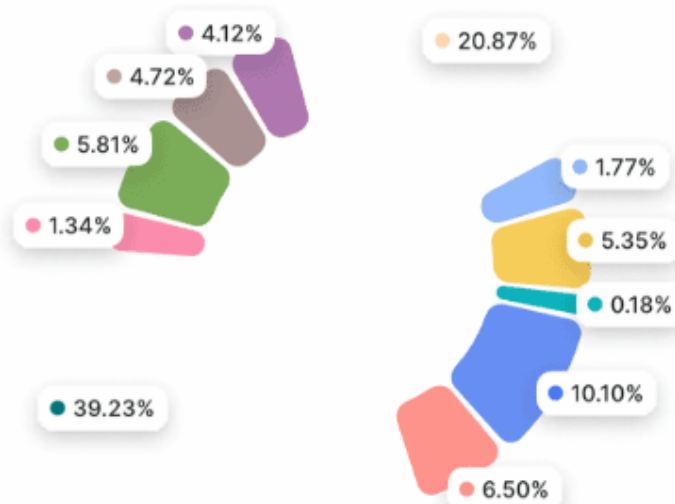


111

Residents completed a Third-level Certificate

FINANCIALS 2025

Sources of Income



Income	Share in %	Total, €
Rental Income	39.23%	2,820,864
Day Care Scheme Funding	20.87%	1,500,157
Health Board Funding	10.10%	726,488
Corporate Donations	6.50%	467,238
DCEDIY Funding	5.81%	417,374
Capital Assistance Scheme Funding	5.35%	384,725
Gifts & Donations	4.72%	339,549
Kildare County Council	4.12%	296,364
Grants	1.77%	127,453
Fundraising	1.34%	96,582
Other Income	0.18%	13,028
Total		7,189,822



Supporting whole-person recovery

MODEL OF CARE

At Tiglin, each resident receives personalised support through one-to-one key working sessions, where a client-led care plan is developed. This plan focuses on biological, psychological, social, and spiritual well-being, as outlined in the graphic below.

A Holistic and Evidence-Based approach

Rooted in a Christian ethos and grounded in evidence-based practices, Tiglin provides a comprehensive solution to life-controlling drug and alcohol challenges. Our approach empowers residents to become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive-ensuring a sustainable path to recovery.

Transforming Lives through Care and Commitment

Through compassionate support, structured interventions, and a faith-driven foundation, Tiglin helps individuals break free from addiction and step into a future filled with hope, stability, and opportunity.

Whole Person Model

Biological

Supporting individuals physical health through healthcare, nutrition, fitness classes, gym, sports, facilities and the promotion of a healthy lifestyle.

Social

Improving social health through housing support, advocacy, family support, educational opportunities, work experience, mentorship, coaching and reintegration.

Psychological

Supporting mental health and well-being through services such as counselling, psychotherapy, therapeutic groups, hydrotherapy, breathwork and promotion of self-care.

Spiritual

Promoting of spiritual health that helps to create a balance between biological, psychological and social aspects of human life through a personal recovery that is based upon core Christian Values.



Reflecting on Progress and Impact in 2025

CHAIRMAN'S MESSAGE

16 years ago Tiglin started with one residential program trying to make a difference in the lives those struggling.

From a little Acorn a mighty Oak tree has grown , that now shelters, feeds, clothes and heals hundreds of people.

We are determined to help people escape from homelessness and addiction, back onto a path of stability, sobriety and normal life.

We have changed many lives over the last few years but there are so many more that need help. There is scarcely a family in Ireland that has not been affected by the scourge of addiction.

Our organization has now grown to several centers and the latest addition , the former Loretto Convent in Bray ,will allow us offer increased services to women in need.

The SETU partnership is growing in strength and continues to produce third-level graduates from within our residential programmes, preparing people for the life after Tiglin.

We are truly proud of our staff each of whom has a vocation. They meet people at their most vulnerable point in their lives and lift them up with professional care and compassion.

We have many supporters without whom we would not exist. They comprise of government bodies, donors, volunteers, and County Councils. It strengthens our belief in humanity to see the level of good will , compassion shown towards people in need. With your help we are catering for 500 meals a day, over 100 residential places and many intensive rehabilitation programs.

The recent rise in homelessness numbers in Dublin, Kildare and Wicklow , along with the growing drug and alcohol addiction epidemic show the desperate need for Tiglin and its services. Our work will never be finished but with your continued support we will be there for those less fortunate than us.

"But for the Grace of God go I"



A WORD FROM THE CEO

Each year brings its own set of challenges, but also powerful reminders of why this work matters. This year has once again shown what is possible when people come together with a shared purpose to support those experiencing homelessness, addiction, and complex life circumstances.

In 2025, we walked alongside many people who needed our services. Across our residential services, 175 people resided with us, while 109 accessed our residential treatment centres. The Lighthouse Café served 112,000 meals on Pearse Street. 117 people completed a Level 6 certificate through our SETU partnership. Behind each of those figures is a person who came to us in serious difficulty. Many of them are living very differently now.

Those numbers sit against a national picture that continued to worsen in 2025. By December, 16,734 people were without a home in Ireland, up 1,870 from the same month in 2024. More than 5,000 of them were children. HRB figures show cocaine now accounts for 42% of all drug treatment cases nationally, up 24% on 2024 and up 336% since 2017. And research published this year by the HRB confirms what our frontline teams see daily: addiction treatment rates are 13 times higher in Ireland's most disadvantaged communities than in its most affluent. The people coming through our doors reflect where these pressures land hardest.



Our staff work in demanding settings, often alongside people at the lowest points of their lives, and they bring a consistency and quality of care that I don't think we acknowledge often enough. Across our residential centres, supported housing projects, drop-in facilities, youth services, and social enterprise sites, I see the same standard every time I visit.

That doesn't happen without people who genuinely believe in this work. Our volunteers carry a significant share of what Tiglin does. They drive, they mentor, they raise funds, they offer crucial support at the Lighthouse, they show up when it would be easier not to. Their contribution sits behind much of what we are able to report in these pages, and it's something we are genuinely grateful for.

Recovery from addiction requires stable housing, education, employment, and family support, the conditions that allow change to hold over years. Our model addresses all of them. The data in this report shows that it works. We are building more of it.

To every staff member, volunteer, donor, corporate supporter, and government funder who stood behind Tiglin in 2025: the work in these pages is yours as much as ours. Thank you.

Going into 2026, the need for our services is growing and we are continuing to build the capacity to meet it. Work at Loreto Bray is progressing. Our women's services are expanding. The Lighthouse is getting busier. The foundations are solid and the team is ready.



ASSESSMENT & INTAKE TEAM

The Tiglin assessment team plays a vital role in supporting individuals battling addiction. In 2025, they remained on the frontline and steadfast at their work, assessing and assisting clients on their recovery journey. This report highlights their impact through service usage, treatment referrals, and community support.

Service Usage Statistics

The Tiglin assessment team supported 431 individuals this year through personalized assessments and referrals. Of these, 131 clients were referred to Tiglin rehabilitation centres—97 men and 34 women—while another 196 individuals were directed to other treatment centers or detox units. For those not requiring residential treatment, the team provided ongoing community support for 196 individuals, helping them maintain a better life through workshops, care plans, and weekly/regular check-ins. Many of these check-ins are done through pre-entry groups.

Dolores, an assessment coordinator for Tiglin's recovery services, explains the significance of pre-entry groups in the recovery process:

Tiglin's pre-entry groups take place at the Lighthouse on Pearse Street every Monday. Separate groups for men and women provide a safe space to share emotions, struggles, and experiences. These groups are designed for individuals who have been assessed and are on the waiting list for residential care. The goal is to build relationships, offer full support and help prepare them for the next step in their recovery. Pre-entry foster's structure, encourages regular attendance and demonstrates commitment to recovery while waiting for a bed to become available. During this time, participants learn more about Tiglin's residential programme, receive guidance from group facilitators, and connect with others on a similar journey. They are also introduced to Tiglin's faith-based program, which plays a key role in their recovery process.

In 2025, we had a significant number of individuals seeking help:

Total Clients Assessed **431**

Successful Referrals to Treatment

A key measure of the team's success is the number of clients referred to treatment and those supported within the community. Through comprehensive assessments, urinalysis, and pre-entry meetings, the team ensures that clients are directed towards the most suitable treatment pathways:

Referred to Tiglin **131**

Men **97**

Women **34**

Referred to different treatment centre's **196**

*both community and residential or detox Units

These figures highlight the effectiveness of Tiglin's assessment team in guiding individuals into tailored programs, significantly improving their chances of achieving long-term recovery.

Supporting Clients in the Community

For those not requiring residential treatment the team provided ongoing community support helping many maintain a better life through regular check-ins, personalized care plans, and specialized workshops.

Supported in the Community **298**

Many, once marginalized, now contribute meaningfully to their communities. Long-term support is essential in preventing relapses and ensuring sustained recovery.

A season of Connection, Growth, and Shared Experience

MEN'S CENTRE

This past season has been marked by moments that will remain etched in our hearts for years to come—a tapestry woven with connection, growth, and simple joys.

Our trip to Connemara stood out as a true highlight, a resounding success in every sense. For the first time we had the opportunity to take the entire house creating a space that was fully our own. Surrounded by the wild beauty of the landscape, our students and staff found themselves immersed not only in nature, but in each other's company. It was a time of genuine bonding and fellowship—where laughter echoed freely, conversations flowed deeply, and life was experienced in its simplest and purest form. Without distractions or substances, there was a refreshing rediscovery of what it means to truly enjoy the moment, to be present, and to belong.

Equally impactful was the visit from Katie Taylor, whose presence left a lasting impression on both students and staff. To encounter someone of her stature—an ambassador of excellence, discipline, and humility—in such an intimate setting was nothing short of extraordinary. Her story, her authenticity, and her willingness to share openly created an atmosphere of inspiration and reflection. It was a reminder that greatness is not only measured in achievements but in character and perseverance.

Another meaningful experience was our visit to Oberstown Children's Detention Campus. What could have been simply an outreach became something far deeper—a time of shared stories, mutual respect, and human connection. Through testimony and a spirited game of soccer, barriers were broken down and bridges were built. The success of this visit has opened the door to an ongoing relationship, and we now look forward to returning every eight weeks continuing to invest in these moments that matter.

Our faith-based worship evenings at The Granary also brought a unique sense of unity and spiritual depth. Partnering with Beulah Church and Victoria Johnston, and joined by the Tiglin Women's Centre, these gatherings became spaces of encouragement, reflection, and shared faith.



Voices lifted together, stories shared, and a sense of community strengthened—each evening leaving a quiet but powerful impact on all who attended.

Taken together, these experiences tell a story not just of events, but of transformation. They remind us that it is often in the simplest moments—shared meals, honest conversations, time spent together—that the most profound growth takes place. This has been a season of connection, and its impact will continue to ripple far beyond these moments.



A year of Healing, Growth, and Transformation

WOMEN'S CENTRE

2025 was a year of growth, change, and joy at the Women's Centre. We started the year with a full house and many of the ladies pushed through some very difficult circumstances. As with all long-term treatment services, retention rates can fluctuate and for a short while we had a couple of vacant beds. However, it was not long before our assessment team were in touch with some ladies from their pre-entry group ready to take on the next phase of their recovery journey. Within a short time we were at maximum capacity again.

As we sought continued growth of the program at the Women's Centre we have added and adapted things all following the Biopsychosocialspiritual model of recovery. We continued to see positive results from running our recovery classes and relapse prevention groups weekly. We continued college education for the girls as a teacher from SETU came to the centre twice a week to teach and tutor the girls. We saw incredible results in both educational achievements and self-confidence with many of the girls who would have experienced difficulty in these areas. Our one-to-one counselling and personal keyworking and care plans continued to develop as well.

As spring brought warmer weather, we ran a horticulture class and a sailing into wellness course. The girls loved experiencing different things. Summer brought a chance to slow down and change a few things for the girls. We took a trip to Connemara and had a great time there. We felt it important to include rest and fun into recovery as the girls are learning to

change every aspect of their lives. Some of the ladies experienced hard challenges as they worked through their individual care plans and these summer breaks worked a real treat.

Autumn always brings a level of consistency that is necessary after summer. Having our routine back allowed us all to focus on recovery and personal goals. We were able to get away as a staff team for some rest together. Autumn also saw a change in manager which brought a new dynamic to the centre. Christmas time is always busy, hard and joyful. Family Day allowed time with family and a chance for the girls to experience their kids in ways they may never have. It is hard to be away from family during Christmas, but the girls came together and had a lovely time.

Throughout the year, several staff took part in continued professional development; our CE numbers stayed consistently high, and our engagement with the family support team and interagency work remained healthy.

With each challenge and hardship this year seemed to bring, we remained vigilant and determined to maintain a place of healing and peace. We celebrated with girls moving to the aftercare service and then graduating the entire program and reminded the ladies that it is so important to acknowledge the smaller wins as well as the larger ones. As a team we were reminded of the privilege that allowed us to embark on this recovery journey with those who were brave enough to choose it.



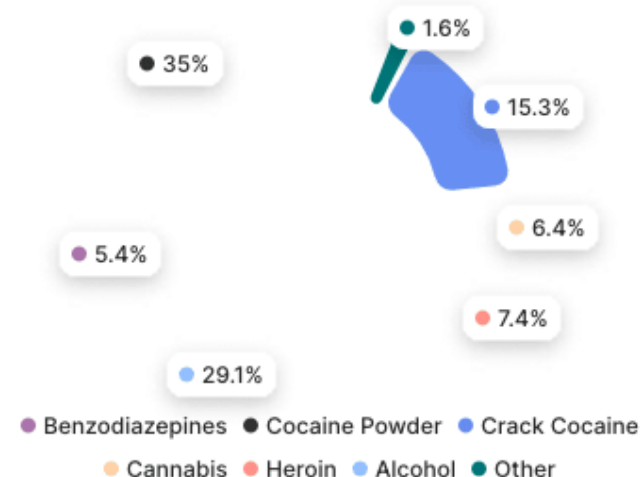
2025 Treatment Interventions

Men's Centre	Nº of cases	Total Nº of sessions
Brief intervention	66	1 699
Care Plan	66	66
Case manager appointed	66	75
Drive interventions	25	91
Family therapy	21	86
Group counselling	65	656
Group education / awareness programme	66	5 099
Individual counselling	66	860
Individual education / awareness programme	34	2 896
Key working	66	1 219
Multi-component model	34	3 141
Social and / or occupational reintegration	66	4 837
Teleworking	65	2 270
Total	706	22 995

Women's Centre	Nº of cases	Total Nº of sessions
Brief intervention	42	293
Care Plan	43	43
Case manager appointed	43	43
Drive interventions	17	22
Family therapy	39	298
Group counselling	43	1 669
Group education / awareness programme	42	2 449
Individual counselling	32	412
Individual education / awareness programme	42	2 360
Key working	42	385
Multi-component model	42	2 420
Social and / or occupational reintegration	42	1 501
Teleworking	40	1 819
Total	509	13 714

REHAB RECOVERY SERVICES STATS

Substance Use



CHO Area of Residence



2025 CHO

CHO 1-4	10
CHO 5	41
CHO 6	77
CHO 7	180
CHO 8	22
CHO 9	101

Gender Ration

2025 Gender

Female	172
Male	259

AFTERCARE

The Aftercare Programme continues to provide ongoing support to those completing our residential programmes helping them in their recovery journey and providing necessary tools for community re-integration. 2025 has been a year of exciting progress and meaningful moments for Tiglin's Aftercare Programme. We had visits from Senator Mary Fitzpatrick in September followed then by visits from Cllr Melanie Corrigan and Cllr Louise Fenelon Gaskin who commended the team for the work they are doing.

One of the year's highlights was celebrating the achievements of our 16 graduates during the 2025 Graduation ceremony. It was a privilege to encourage their commitment to recovery and encourage them as they embrace a new chapter in their lives.

Our partnership with South East Technological University continued this year, with QQI Level 6 modules delivered throughout the year. Our students also really enjoyed another outdoor behavioural therapy course, fostering self-awareness, connection, and emotional and physical well-being through engaging outdoor activities.

We enjoyed a memorable day at Trinity College, where we collaborated with Seán Adderley the Educational Outreach and Civic Engagement Manager who kindly brought us on a tour of the college and the Book of Kells. Sean also set up a workshop for our students to explain all that is on offer for our students in Trinity college.



Continuing with our interagency approach we welcomed The Dara Project onsite. After a nice local walk of Greystones we then shared a meal together where the students and clients of both the Aftercare and Dara project shared stories.

Our aftercare group attended the Darren Flood memorial Football tournament where some students and staff took part in the tournament.

The Aftercare team and students got to visit the Government Buildings where we were given a tour of both the Dail Eireann and Seanad Eireann by Senator Aubery McCarthy. A team from Tennessee who were over helping at Tiglin attended this with the Aftercare group.

The Tiglin Aftercare enjoyed a week's retreat to Connemara organised by Ben and Dorine Linn. This was a well enjoyed trip by all.

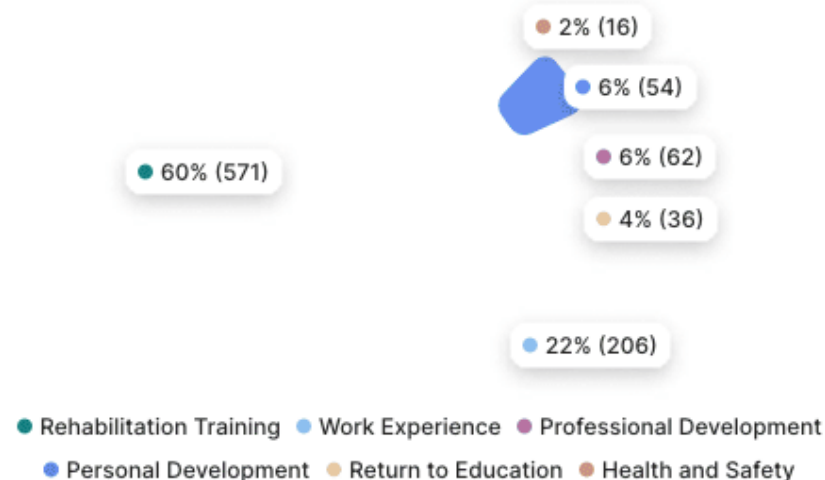
The aftercare team would like to extend heartfelt thanks to everyone who supported us throughout the year by delivering groups and resources, offered work experience to our students. The Aftercare team itself should be commended for all their hard work and dedication. This all added invaluable recovery capital for our students. Your contributions have made a lasting impact on their journeys.



2025 Treatment Interventions

Aftercare	Nº of cases	Total Nº of sessions
Brief intervention	23	186
Care Plan	24	78
Case manager appointed	24	24
Group education / awareness programme	24	5 810
Individual counselling	14	74
Key working	24	432
Multi-component model	24	2 958
Social and / or occupational reintegration	24	5 811
Structured Aftercare programme	24	5 811
Total	205	21 184

Courses and Training types



Longer-term homes for people who have moved on

TIGLIN HOUSING SUPPORTS

Our housing work now stretches beyond the programme itself. In Greystones, we have two houses for people who have completed their recovery, with four residents living in them during 2025. These homes provide a stable base as people rebuild their lives, while remaining connected to the support networks that helped them achieve lasting change.

During the year, we also opened a house in Wicklow Town, enabling a family to settle into a home of their own.

In a separate housing initiative, we provided a dedicated home for two young brothers who had come through the state care system. When care ends at eighteen, many young people face the transition to adulthood with limited support. The brothers now have a stable home with Tiglin and the practical and emotional support needed to help them build a positive future.

Building independence, and stability through transitional housing

CARRAIG EDEN

Each year at Carraig Eden is filled with stories of hope and lives transformed. Through the lens of recovery, social re-integration, positive connection, and peer support are vital. Carraig Eden facilitated all that and more in 2025.

One key innovation was the fact that two former Tiglin residents became assistant house managers, ensuring the house is peer-led and managed to a high standard by using their experience of recovery. They stepped up to the occasion and have made the house a truly vibrant place, creating a space where people do not hesitate to link in with them if not in a good place. The fact that they completed the programme makes all the difference.

In 2025 30 men resided at Carraig Eden of which all where either in employment or college and sometimes both.



The Tiglin model ensures that all Carraig Eden residents are moving forward in their recovery and actively pursuing their goals.

Throughout the year the men participated in various community events with 2 of the guys taking part in Strictly Come Dancing which raised over €50'000 for Tiglin's services.

Many of the residents also got involved in the local St. Patrick day and Christmas Day parades. One of the highlights was the arts event that was hosted in our aftercare programme where the residents got to showcase their art to the community, friends and local councillors.

At the house, we enjoyed ourselves through a variety of events championed by the house leaders, occasions such as the summer barbecue, where the residents got to invite their families. The residents also went out for meals together, where they got to experience recovery in a really fun way, while our Christmas meal was a four course culinary experience, where the Coolnagreina chef very kindly volunteered his time.

The Tiglin chaplain also launched his weekly bible study for those looking to explore their faith. We also welcomed a variety of guests, notably Senator Mary Fitzpatrick, who wanted to see Carraig Eden, as she had heard that it is a model that truly works.

Retention rates in our re-entry housing have remained high which is a real testament to the work of the Tiglin team.

Lastly, we want to say a huge thank you to all who supported us, from friends of the centre, donors, volunteers, and all of the support network, both on an organisational and individual level. To an even better 2026.

A year of stability, independence, and positive new beginnings

TIGLIN LADIES INTEGRATION HOUSE

Over the past year, Tiglin Ladies Transitional House has experienced a settled and positive period, marked by stability, growth, and meaningful progress for the women residing in the house.

Some minor adjustments to the living area proved highly beneficial as the women enjoyed a freshly painted, calm and welcoming environment that has supported their continued development and wellbeing.

The overall atmosphere within the house has been extremely positive. All residents are doing very well and continue to show commitment to their personal goals and independent living journeys. Weekly house meetings remain a key part of the structure, encouraging open communication, shared responsibility, and mutual support. The house is consistently maintained to a very high standard, reflecting the pride and respect the women have for their home. The women have enjoyed many social activities.



A significant highlight of the year has been the successful move-on outcomes achieved by residents.

Outcomes achieved:

Secured private rented accommodation

1

Returned to their family homes

2

Moved to permanent homes through social housing

2

Moved on to further transitional housing

1

Women Currently employed in Tiglin services

4

These outcomes represent meaningful steps toward long-term stability and independence. In addition, several families have been successfully reunified, marking important milestones in rebuilding relationships and support systems.

The women have also demonstrated strong community engagement. They actively participated in local initiatives such as Greystones Tidy Towns, contributing positively to the wider community and fostering a sense of belonging and purpose.

There has been a fantastic strengthening of communication between the aftercare service and the transitional house residents.

In summary, it has been a year of progress, stability, and achievement for Tiglin Ladies Transitional House. The continued dedication of the residents in maintaining a supportive environment, alongside their individual successes, reflects the strength and effectiveness of the program.



Stability, opportunity, and community for those rebuilding their lives

JIGGINSTOWN

Another year has passed at Jigginstown Manor, and it has been both eventful and fruitful. From growing fruit and veg in our polytunnel to the many visitors that have visited and come alongside us to help us with the tremendous task we have been given. As most are aware we have a housing crisis and what many of us consider to be the very basics of life, like having a permanent address to receive post, is considered a luxury to many of our residents.

At Jigginstown providing housing is only part of what we do, we journey with the residents through keyworking as well as fun interactions. Each resident is assigned a key worker even before they arrive so that on the day of their arrival their new key worker helps them get settled into their new home. In the subsequent weekly sessions, the resident and key worker will carefully discuss and identify their goals and how to achieve them, whether it be education or employment and of course housing. Many of our residents are just starting out in the employment world and some are not yet clear on what direction they would like to take.

With the help of a career guidance counsellor many residents have found help in identifying their next steps and in accessing appropriate courses. 8 of our residents throughout 2025 were involved in education and 12 had full or part time employment.

The residents and staff enjoyed some fun interactions together which included bowling, game nights, and film nights on our 3-metre cinema screen.

Throughout the year some of the staff enjoyed preparing food and inviting the residents along for a feast, the most popular being the hot jerk chicken

prepared for the summer BBQ. Of course, we must give an honorary mention to the domino's pizza night which is always very popular.

We are very thankful to various volunteers who came to help in one way or another. AIB bank staff came to help with some garden work, while the local men's shed kindly donated a few tomato plants. We also had teams up from Tiglin's aftercare programme who helped with some painting projects and more gardening work. We had a visit from a team of college students from America who were really touched as some of our residents shared their stories. It was lovely to be invited to other community services and groups to highlight the work we do and we really appreciated an invitation by the Moat Club theatre group to see their play about homelessness. They very kindly donated the gate receipts to the work at Jigginstown manor.

We couldn't do the work we do without others whose contributions help to create a caring and inviting atmosphere and we are so grateful. Finally, we are so grateful for the ongoing support of Homeless Care who have recently installed a removable cover that keeps our outside games room protected from the elements in winter but will allow to have the lovely warm air outside in the summer.

Key working sessions 330

Moved to private renting 7

Moved to Hostel 1

Back with family 2

In education 8

In working pt and ft 12

Residents in all 21

A Home away from Home COOLNAGREINA

Coolnagreina has continued to be a place our Ukrainian guests can truly call home — somewhere safe, welcoming, and closely connected to the Greystones community. Building on the spirit and tone of previous years 2025 has again been marked by change, resilience, and belonging. Over the course of the year, we said farewell to several residents who moved on either to other countries or into local rentals as they began new chapters in their lives. Their journeys will always remain part of the Coolnagreina story.

At the same time, new residents joined the house and quickly became part of the Coolnagreina family. As in previous years, the centre has remained a place where people can settle, rebuild confidence, and form meaningful friendships. The steady rhythm of daily life, shared meals, local connections, and community support has continued to make Coolnagreina a place of stability and hope for those living there.

During the summer, we hosted a Ukrainian-Irish community day filled with singing, dancing, conversation, and shared food — including a very memorable pig on a spit. It was a joyful occasion that brought together residents, TDs, clergy, and members of the local community, all eager to meet one another and celebrate the relationships that have grown around Coolnagreina.



Events like this reflect the centre's role not only as accommodation, but as a place of welcome, culture, and connection.

As our guests continue to embrace Irish traditions alongside their own, the festive season brought another special highlight. Santa visited on Christmas Eve, and families celebrated together with a big dinner followed by movies and games. These moments of joy and normality matter deeply, especially for families who have experienced displacement and uncertainty. They help create the sense of home that stands at the heart of Coolnagreina.

Looking ahead to 2026, our focus is on supporting family unification and helping residents plan for permanent homes. Coolnagreina remains committed to walking alongside each family as they move toward greater independence, security, and long-term belonging. As we continue into the next year, we do so with gratitude for the community around us and with a renewed commitment to delivering our service in a spirit of welcome and excellence.





Providing stability, dignity, and opportunity for Ukrainian families

LORETO CONVENT

Throughout 2025, the centre has maintained a calm and structured environment, where consistent routines and respectful relationships have played a key role in fostering a sense of safety and belonging for all residents. Loreto Convent continued to provide safe, secure, and supportive accommodation for our Ukrainian residents, promoting wellbeing, dignity, and stability, while supporting individuals in accessing education, employment, and community integration.

2025 was a year defined by stability, consistency, and meaningful progress at Loreto Convent. Our continued focus on daily structure, gradual improvements, and community engagement has strengthened both the quality of life for residents and the working environment for staff. Throughout the year, the centre maintained a steady and calm atmosphere, where consistent routines played a vital role in supporting residents' emotional wellbeing and sense of stability. Residents have continued to express satisfaction with the warm and welcoming environment, reflecting the positive and supportive culture within the centre.

Community and corporate involvement played a very important role throughout the year with Volunteer teams from AIB, PwC, and KPMG generously contributing their time and skills to support renovations across the center, including painting projects that really helped brighten up some spaces for our residents. Their contributions have significantly enhanced shared spaces, improved the overall environment, and boosted morale among residents and staff.



Centre Overview

Average number of residents

• 56

Residents under 18

• 3

Age range

• 8-91 years

Education & Employment

Residents working:

• 20

Residents studying:

• 15

School-going children:

• 3



Expanding outreach through compassion, partnership, and immediate action

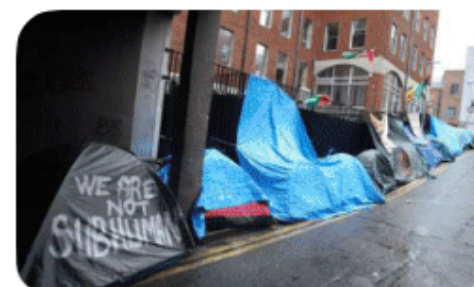
INTERNATIONAL PROTECTION APPLICANTS OUTREACH PROJECT

Our International Protection Outreach Team have successfully developed a structured and comprehensive seven-day a week outreach program, ensuring that asylum seekers experiencing homelessness receive support every day of the week. Our team conducts daily outreach visits, reaching rough sleeping locations at least twice per day. Through these efforts, we provide emergency supplies such as tents, sleeping bags, and clothing, while also referring individuals to emergency accommodations.

Besides immediate aid, we have increased our services and facilitated stronger inter-agency collaborations. Our partnerships with organizations like SafetyNet, St. Vincent De Paul, the Irish Red Cross, and Cross Care have fostered a more interconnected and supportive network. By strengthening communication with IPAS, we have improved placement coordination and streamlined service delivery. Meaningful change has occurred for individuals who find themselves with nowhere to go and very little options.

Our outreach data for December provided crucial insights into the demographic realities of rough sleepers. A small subset of nationalities consistently appeared in our records, with Somalia (31.05%) and Afghanistan (22.11%) and comprising a significant portion of those we supported.

Additionally, individuals from over 80 other countries also accessed our services, reflecting the diverse backgrounds of those in need. Together we are stronger, through dedication and collaboration, we continue to build a future where compassion and action drive.





'Leaving no one behind'

THE LIGHTHOUSE HOMELESS CAFÉ

The year 2025 has been one of the busiest years for The Lighthouse, one of the main bases of Tiglin's mission to address homelessness and the ongoing refugee crisis. With unprecedented numbers seeking help, the Lighthouse has been at the forefront, providing services that have left people with more stability and a sense of belonging to those who need it most. Some of this year's key achievements have seen our outreach team expanding its reach by helping those seeking refuge in Dublin City Centre, resulting in hundreds of individuals being referred to IPAS and subsequently offered emergency accommodation. Another key development was the introduction of a new team member who works directly with those struggling with cocaine & crack cocaine use.

Additionally, the Lighthouse team have supported many individuals through our pre-entry groups who are struggling with active addiction to Tiglin's rehabilitation centers, supporting them on their pathway to recovery.

Beyond its outreach, the Lighthouse has continued to serve as a "living room for those in need of one" offering comfort, meals, and a community that supports each other.

Partnerships with national & international corporations like KPMG, EY, and AIB have added stability, with staff volunteering to support services four days a week.

Collaborations such as these bolster our ability to meet rising demand. Music performances, guest chefs, plays, and other events continued to run creating moments of joy amid hardship. The third annual Grill & Chill Festival in the new venue of St Andrews Hall was a highlight, and attracted approx. 500 attendees and fostering a spirit of togetherness.

These efforts of staff, volunteers and support underscore dedication to sustained recovery and holistic care. Low threshold services such as these focus on removing barriers to addiction treatment through harm reduction, offering immediate access to care without requiring abstinence, often providing outreach and drop-in support.

These services are designed to connect "hard-to-reach" individuals to care through trust, flexibility, and non-judgmental support. Our focus is to create an environment that allows people to have a safe, friendly place to relax and enjoy a cuppa and a warm meal whilst relaxing from the hustle and bustle.

As The Lighthouse looks toward another busy year ahead in 2026, it remains steadfast in its mission to provide compassion and care to the most vulnerable, ensuring that no one feels forgotten.

Total meals served

Over
112,000



Building pathways out of homelessness

TIGLIN HOMELESS PROJECT

The Homeless project is currently in its second year in operation. With time comes increase in service provision. Which in turn needs increased workforce. The homeless project is extremely happy to announce the newest member of the team. Please welcome Jean Goad the new homeless link support worker to the team. Jean brings a significant skill set and knowledge of services to the team. We are excited to work with Jean and she is already complimenting our service delivery with her ability to manage extremely complex cases.

I think it is safe to say that the Homeless Link Service is now very much established into the county. This service has now become a key element to support clients across local authority homeless services. We have continued to build strong and trusted relationships with all services and stakeholders so that we can maximise the supports available to our service users. We have been very privileged to work alongside with some of the most amazing people who are truly invested into the lives of others.

Through ongoing interagency collaboration and individual case management we have witnessed some really great results. We have seen people secure housing, exit homelessness and access essential healthcare. We have continued to advocate strongly for those who are most marginalised in our community, with families being reunified and lives impacted regularly.



Jean Goad

Homeless link support worker

We have supported women exiting domestic violence and ensure every person we meet has access to all relevant supports.

Housing Tiglin

Tiglin Reintegration has such an amazing supportive group of ladies. There is an incredibly beautiful culture within the house, and the Faith based principals are very evident.

Moved on to brand new social housing 2

Moved home to start her journey 1

Moved into private rented 2

*Homeless Link clients only

Homeless project has also been involved in supporting Multiple homeless clients secure long-term housing and exit homelessness for good.

Housing Community

Secured social housing 5

Secured private rented 1



Bronagh Mc Brien

Lead Homeless link worker

Case load

Active referrals 156

Referrals received to date 314

Active Tiglin cases 14

2024 referrals received 118

2025 referrals received 153

2026 referrals received in first 2 months 40

It is not all clients and work. We also had some exciting opportunities as below.

TRIP TO THE DOCHAS. Yes, the rumours are true. We were in Prison. One of our inspirational ladies made such an impact in the Dochas Prison where she shared her story and inspired hope amongst the ladies there.

TIGLIN HOMELESS STAND. In December Tiglin provided information about their homeless services in the Little Flower Hall in Bray. This was organised by the Bray and North Wicklow area Partnership.



ROUGHSLLEEPERS COUNT. Attended two Bray Rough sleeper counts with multiple agency support including WCC Bray Municipal district, Garda Síochána, Bray BCAT, Dublin Simon, HSE BNWAP, and others. In May, we did enjoy some beautiful sunrises while out on the count, November was a little more Chill as we braved the sea wind and chilly weather.

PRISON RELEASE VISIT. We had the privilege of a visit from the prison RELEASE team and their colleagues from both Limerick women's prison and The Dochas centre. We had the opportunity to take a tour of the ladies re-integration housing where stories of hope were beautifully shared. 3 of our amazing Tiglin ladies shared snippets out of their journeys. Stories that impacted every professional in the room.





Safe spaces, new opportunities, and community connections for young people GREYSTONES YOUTH CAFÉ

2025 has brought a great deal of positive change to Greystones Youth Café, along with many new faces through the door. We expanded our volunteer team and hired a new coordinator, Samantha, who has led the work of the café. We opened our doors five days a week during the summer, and hosted a welcome BBQ for sixth class students.

We have held volunteer interest nights and team celebration evenings, and delivered a wide range of workshops including leather belt making, sewing and scrunchie making, character strengths workshops, boxing, barista training, film workshops and more.

We also provided a quiet, calming study space for Junior Cert and Leaving Cert students during the exam period.

Throughout the year, we built strong connections with various community groups, attended the Summer Plaza Market and Harvest Festival, and will also be present at the Christmas Plaza Market.

One recent highlight was a film workshop where Long Lost Studios, Wicklow Stories Film Festival and Emer O'Neil collaborated with Greystones Youth Café to deliver a film making workshop for our young people.

Three young participants who attended had recently completed a school project for their Film and Media Studies class and were invited to have their work shown as the opening film of the festival.



Opportunities for growth, learning, and long-term progression

COMMUNITY EMPLOYMENT

The Community Employment (CE) Scheme has continued to deliver strong, measurable impact, supporting participants to build confidence, develop transferable skills and actively contribute within their communities. Across all locations, the program provided structure, purpose, and clear progression pathways through a combination of practical learning, supported work experience, and community engagement.

Participants engaged in a wide range of activities designed to strengthen teamwork, communication, and resilience. A key highlight was the Ashford group's overnight team-building experience, in which individuals stepped outside their comfort zones, developing trust, collaboration skills, and personal confidence through shared challenges and reflective group work. Experiences such as these played an important role in strengthening group cohesion and individual self-belief.

Participants on our
CE Programme

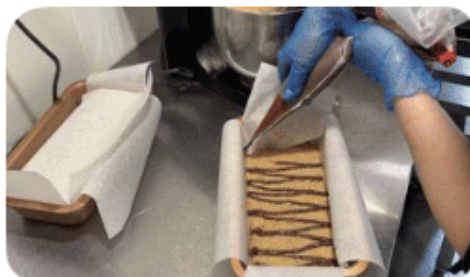
117

Skills Development & Practical Learning

Training remained central to the CE experience, with participants engaging in a diverse range of workshops aimed at enhancing both personal well-being and employability. These included:

- Art therapy
- Horticulture
- Culinary and food preparation skills
- Health and safety training
- Outdoor Behavioral Therapy
- Woodwork

Creative woodwork sessions provided a strong practical element, allowing participants to design and produce high-quality handcrafted items. These sessions supported the development of technical skills, attention to detail, and safe working practices, while also encouraging creativity and pride in achievement.



Ongoing training days ensured participants continued to build confidence in everyday skills, supporting both personal development and readiness for future employment or education opportunities.

Community Engagement & Social Impact

Community involvement remained a cornerstone of the program. Participants contributed to meaningful local initiatives, including the preparation and development of a community mural. From initial groundwork to final presentation, this project fostered a strong sense of ownership, teamwork, and pride, while strengthening connections with the local community.

The program also extended its impact beyond the local level through participation in an international humanitarian initiative. Participants supported the construction of housing and engaged with local communities, gaining valuable insight into global social issues. This experience broadened perspectives and reinforced the importance of teamwork, service, and cultural awareness.

Throughout the year, community events, shared activities, and seasonal celebrations further strengthened relationships between participants, staff, and partner organizations, creating a supportive and inclusive environment.

Experience & Progression

At the Lighthouse, CE participants played an active role across key operational areas, including:

- Café services
- Kitchen support
- Maintenance
- Community support roles
- Youth Work
- Administration Skills

Their contribution was integral to the daily operation of the centre, while also providing structured, hands-on work experience in a supportive setting. Participants developed workplace competencies such as time management, responsibility, communication, and teamwork.

Collaboration with training providers and community organisations continued to expand opportunities for accredited learning, skills development and progression. These partnerships ensured participants had access to relevant training aligned with current employment pathways.

Outcomes & Achievements

The program continues to deliver positive progression outcomes, supporting participants in moving towards employment, education and further opportunities:

Full-time Employment

16

Full-time Education

1

Alternative pathways

6

These outcomes reflect the program's effectiveness in helping individuals build confidence, gain experience, and take meaningful next steps.

Looking Ahead

Building on the progress of the past year, the CE Scheme will continue to strengthen and expand its impact through:

- Enhanced training and development opportunities
- New creative and community-based initiatives
- Increased collaboration with partner organisations

The continued success of the program highlights that, when individuals are supported with the right structure, encouragement, and access to opportunities, they are empowered to achieve meaningful personal growth and make a positive contribution to their communities.





Expanding access to education as a pathway to growth and stability

SETU PARTNERSHIP

For several years, people in Tiglin rehabilitation and homeless programmes have taken part in structured third level classes delivered directly on campus by SETU lecturers. What began as an ambitious collaboration has become a trusted part of Tiglin life. The confirmation of new funding ensures that this work will continue beyond the original pilot period, keeping education firmly at the centre of our mission.

The continued support for our partnership with South East Technological University has secured the future of a learning pathway that has already strengthened recovery and restored opportunity across our services.

The past year brought significant progress. In 2025, people in Tiglin care completed one hundred and eleven third level certificates. Each certificate represents courage, stability and genuine personal growth. It reflects a person choosing to step forward, choosing to try and choosing to believe that change is possible.

In December 2025, Tiglin hosted an event to look back on the impact of the initiative.

The Minister for Further and Higher Education attended, met learners face to face and acknowledged the real progress being made.

Speaking to the group, he remarked that addiction does not define a person, potential does.

His words captured the heart of the programme and recognised the role education plays in building recovery, dignity and social capital.

The subjects studied throughout the year supported personal development, emotional understanding and preparation for further education.

More importantly, they rebuilt confidence in people who once believed that classrooms were beyond their reach. Learning became a source of stability, structure and hope, and it created momentum that will carry into the year ahead.

The renewed investment from government confirms that this work is valued at national level. It recognises the evidence seen in every course completed and every learner supported. It ensures continuity for those who are beginning to trust education again and provides a stable foundation for future growth.

This coming year, Tiglin remains committed to strengthening the partnership, expanding the subjects available and deepening the role of education within recovery. The achievements of 2025 were steady and life giving, and the path forward is clear. We will continue opening doors, empowering individuals and standing firmly behind the belief that every person has the capacity to rebuild their future.

Education will remain a vital part of Tiglin life. It will remain a place where people discover who they can become, not simply who they once were.



“ This partnership between Tiglin, SETU and the HEA shows what happens when recovery and education walk hand in hand. People who once believed college was beyond their reach are now proud graduates. That is lifelong learning in action. It proves what we have always known in Ireland: *Ní neart go cur le chéile*, there is no strength without unity. Addiction does not define a person; potential does.

~James Lawless, Minister for Higher Education



“ This programme has delivered more than three hundred third-level certificates, diplomas, and degrees to people in Tiglin's care. What makes this achievement even more extraordinary is that many of those who took part came from homelessness and addiction, and many never engaged with third-level education before. This initiative has restored lives and created new ones.

~Senator Aubrey McCarthy, Co-founder of Tiglin.



“ Second chances are vital for those in addiction. A person is hidden beneath the addiction, and if you can excavate them back into the light, you might find them to be a very different person than the one who used to appear before me in court.

~Judge Gillian Hussey

Resident Certificate Completions at SETU

Women's Centre



Men's Centre



Reintegration Programme



Building bridges & strengthening bonds

FAMILY SUPPORT

For the past two years, I have had the privilege of walking alongside families as they navigate the complex journey of recovery.

When a loved one enters Tiglin, many families first feel profound relief. After years of worry, sleepless nights and the weight of addiction, they can finally breathe. For the first time in a long time, there is hope.

But relief is often followed by new questions. Will they be okay? What happens when they leave the programme? Can we rebuild what was lost?

At Tiglin, we believe addiction does not happen in isolation, and neither does recovery.

My mission has been to ensure that no family member carries these questions alone. While my role involves supporting individuals, my greatest passion has been helping families reconnect.

There is incredible power in shared experience. Whether in person or online, being surrounded by people who understand the heartache, uncertainty and hope of loving someone in recovery helps reduce isolation. We have worked to create a safe, welcoming and non-judgmental space where families can be heard, supported and encouraged.

Together, Alex and I (Jenny) facilitate our in-person and online monthly Family Support groups. With years of experience, Alex brings a deep commitment to Tiglin's ethos of Restoring Bonds. Working together allows us to provide more regular support, facilitate four-way family meetings and offer stronger continuity of care.

This year, we have continued to focus on the ripple effect of recovery. While students work hard to rebuild their lives within our programme, families often begin their own journey of healing at home.

From my experience, four-way family support meetings are one of the most valuable parts of this process, especially as students prepare to return home. They create space for honest conversations, deeper listening and healthier communication, helping families rebuild trust and prepare for future challenges.

The Power of Peer Support

One of the greatest lessons from the past two years is that some of the most meaningful healing happens within our Family Support groups.

For many families, attending a group becomes a turning point. They discover they are not alone, learn practical ways to care for themselves, and hear stories that show recovery is not just possible — it is real.

These connections often grow into lasting friendships, creating a network of support that continues long after a student completes the programme.

The true impact of Family Support is seen in the lives that are changed and the relationships that are restored. While no statistic can fully capture that transformation, the numbers from this past year reflect the depth of our commitment to supporting every family who walks this journey with us.

2025 Statistic

Brief Interventions

245

Attended In Person Family Support Meetings

84

Attended Online Family Support Meetings

55

Family Interventions

4

Growth, employment, and social enterprise success

RISE AT THE COVE

2025 was another hugely successful year for Rise at the Cove. For the 4th year running we increased our revenue and served more happy customers than ever. We also increased our staff to the highest level since we opened in 2021 and throughout the year gave employment and work experience to more male and female graduates of the programme than ever before. As of December 2025 we had 15 employees working in the cafe full and part time. We also had 4 staff working at Coolnagreina bakery producing pastries, breakfast pots and freshly made sandwiches daily. We had 4 Tiglin students in on work experience throughout the year and 4 graduates on CE employment in the cafe.

In October the cafe was recognised at the inaugural National Social Enterprise Awards 2025. We were shortlisted for 3 Awards, the most of any social enterprise in the country, and we won the "Buy Social" category. The event was attended by our manager Gavin, Tiglin CEO Phil Thompson and Tiglin graduate and cafe staff member Lisa Dineen. The awards were presented by Minister Jerry Buttimer.

We continued to add more Rise merchandise to the cafe including caps, which were really popular, as well as new 8oz keep cups from Ecoset.

The bakery at Coolnagreina constantly added new exciting baked goods to our counter throughout the year as well as a new breakfast pot which has become a crowd favourite.

The cafe also launched its own range of smoothies, juices and homemade lemonades which have become a firm favourite with our regulars and new customers alike.

The cafe is now the regular meeting spot for several local groups including Forus Endurance running club and the men's group WNOW.

We have continued our policy of taking on transition year students for work experience and have a new student in almost every week, which we believe provides these young adults with invaluable social and life skills. As in previous years we hired several of these students last summer and they are all still currently employed in the cafe.



Employees working full and part time in our Social Enterprise:

Rise at the Cove

15

Coolnagreina Bakery

4

Tiglin students in on work experience

4

Graduates on CE employment

4



EXTRA NEWS

Strictly Come Dancing

Strictly Come Dancing for Tiglin 2025 once again demonstrated the impact of a community coming together to support a shared cause. Organised in partnership with Dance Greystones and led by choreographer Vicky Andreanska, the annual fundraiser brought together local dancers, businesses, sponsors and supporters for an unforgettable evening while raising vital funds for Tiglin's life-changing services.

Following six weeks of intensive training, participants took to the stage to perform a spectacular show. Four Tiglin students also took part, gaining confidence, building friendships and experiencing the support of a welcoming community. One participant shared that the event helped him move from isolation to belonging, describing the friendships he made as "friends for life."

The event raised an outstanding **€54,450**, thanks to the generosity of attendees, businesses, sponsors and donors. These funds will directly support Tiglin's work with people experiencing homelessness, addiction and social disadvantage. Beyond its fundraising success, the event strengthened community connections, raised awareness of Tiglin's mission, and celebrated the resilience and generosity of everyone involved.



Eimear's Recovery Journey

Eimear has been open about her experience with alcoholism, describing a journey shaped by personal struggles, public pressure, and eventual recovery. Known for her successful career in Irish radio, she has spoken about how the demands of the industry, combined with underlying trauma and anxiety, contributed to a gradual dependence on alcohol.

Over time, her drinking escalated from a coping mechanism into a serious addiction that began to affect multiple areas of her life, including mental health, relationships, and professional stability. There were periods where things became overwhelming, leading to crises that ultimately forced her to confront the reality of her situation.

A turning point came when she sought professional help and entered treatment. Through this process, she began addressing not only her alcohol use but also the deeper emotional issues connected to it. She has described recovery as far from straightforward, acknowledging relapses along the way. However, these setbacks became part of a broader process of learning, accountability, and recommitment to change.

Central to her recovery has been the support of structured programmes, therapy, and a strong network around her. She has also emphasised the importance of honesty, both with herself and others, in maintaining progress. Over time, she has worked to rebuild her life, including reconnecting with her career and focusing on her role as a mother.

In recent years, she has used her platform to speak candidly about addiction and recovery, helping to challenge stigma and encourage others to seek support. Her story highlights that recovery is not a single moment of transformation, but an ongoing commitment to healing, resilience, and personal growth.



Graduation ceremony

One of the most meaningful moments in our calendar is graduation; it's a day when we publicly celebrate the incredible achievements of men and women who have completed Tiglin's 16-month residential and aftercare programme. It's a powerful reminder that lives can be restored, hope can be renewed, and new chapters can begin.



South Africa Trip

A group of Tiglin participants travelled to South Africa this year in partnership with Walking On Water, supporting local communities through recovery groups, prison visits, a soup kitchen, and a family fun day. They also revisited a community supported in 2024 and helped provide practical improvements, including a new home for a man named Zailo and water tanks for the site.

A key outcome was the personal impact on the participants, including 3 women who recently graduated from Tiglin's programme, whose experience and leadership left a lasting impression on those they met. Connections have continued since their return, and Tiglin's partnership with Walking On Water is now developing further through work on a recovery day programme.



Sleep Out

We are delighted to report that the Not At Home Sleepout raised an outstanding **€11,732.99** for our homeless & recovery services. This result happened because people showed up, backed the mission, and delivered. We were genuinely blown away by the level of support from sponsors, donors, performers, local schools, and the many people working behind the scenes who made the night run flawlessly. Every euro raised strengthens frontline services and supports people rebuilding their lives. This was a community effort in the truest sense, and it delivered real impact.



Katie Taylor Visit

Humbled to welcome the undisputed world champion Katie Taylor and her husband & family to Tiglin.

Her quiet strength and powerful message uplifted everyone in the room. Katie reminded us that recovery, like boxing, demands courage, discipline & heart.

Katie's continued commitment to giving back, both in Ireland and internationally, is deeply meaningful to all of us at Tiglin, and we are honoured to be a charity close to her heart. Her journey and achievements are a powerful source of hope and inspiration for so many of the young people we work with.



WAYS TO GET INVOLVED

There are many ways to help us and make a difference in seeing lives changed and impacted. If you'd like to get involved, here are a few ideas to get you started:

As an Individual:



Could you give an hour or two a month to be a mentor for someone going through our residential rehabilitation program?



Could you give a morning, an afternoon or an evening per week to help serve food and make cups of tea at our homeless service in Dublin?



Do you have a skill you could come and teach vulnerable adults as a one-off, or for a few sessions?



Have you considered including a legacy donation to Tiglin in your will?



Could you organise an event to fundraise for us, or participate in a sponsored event?



Follow us, like and share our posts on social media

As an Organisation:



Could your organisation donate items, such as food or warm clothing for our homeless outreach service at the Light House in Dublin?



Would your staff like to spend a team-building day volunteering in our soup kitchen, gardening, or helping decorate a building?



Does your organisation have a charity partner?



Could your organisation sponsor a building, a service or a project?

If you'd like to get involved, we'd love to hear from you!

To enquire about any of these opportunities, or to suggest another idea, email us at admin@tiglin.ie

You can always make an individual donation through our website: www.tiglin.ie/donate

- €10 will provide a hot meal and a care package of toiletries, socks and underwear
- €55 will provide an hour of counselling for someone coming from trauma or facing addiction
- €100 will provide a starter kit for someone moving into a new home)

