

# BENTO BOXES



SHAMROCK  
CATERING CO

*est. 1994*

SHAMROCK CATERING'S  
REUSABLE BENTO BOXES



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# NEW HEALTHY SALAD BENTOS



**Mediterranean Chicken & Quinoa Rainbow Salad**

地中海香雞藜麥沙律



**Thai Chopped Chicken & Cashew Nut Salad**

泰式雞肉碎腰果沙律



**Smoked Salmon, Beetroot & Citrus Herb Salad**

煙三文魚紅頭菜香草橙子沙律



**Tuna White Bean & Herbs Provencal Salad**

吞拿魚白豆香草沙律



**BBQ Praw. Mango Salad**

烤蝦芒果牛油果沙律



**Roast Chicken, Sweet Potato & Pomegranate Salad**

烤雞肉番薯石榴沙律



**Grilled Tofu, Brown Rice & Rainbow Veg Salad**

糙米豆腐粒蔬菜沙律 (素食)



**Caprese Chicken Pasta Salad**

意式雞肉迷你芝士螺絲粉沙律

# REUSABLE BENTO BOXES



**Teriyaki Boneless Chicken Leg with Japanese Rice**  
 日式照燒無骨雞腿配日本珍珠米



**Indian Butter Chicken with Basmati Rice**  
 印度奶油雞配印度香米



**Italian Style Chicken Breast stuffed Spinach and Mozzarella with Pesto Penne**  
 意式雞胸肉餡菠菜和馬蘇里拉奶酪配香草汁通心粉



**Thai Minced Pork with Fried Egg and Thai Jasmine Rice**  
 泰式豬肉碎煎蛋配泰國茉莉香米



**Mexican Chili Beef with Coriander Rice**  
 墨西哥辣椒牛肉配芫荽飯



**HK Style Sweet and Sour Chicken with Pineapple and Rice**  
 港式咕嚕雞球飯



**Braised Eggplant with Minced Pork with Rice**  
 紅燒茄子肉碎飯



**HK Style Sweet and Sour Fish with Spring Onion and Rice**  
 港式咕嚕魚柳飯



**Japanese Pork Cutlet with Katsu Sauce and Rice**  
 日式吉列豬扒飯



**Beef Bolognese Lasagna**  
 牛肉肉醬千層麵



**Spaghetti Carbonara**  
 煙肉卡邦尼意粉



**Indian Chicken Masala with Basmati Rice**  
 印度瑪薩拉雞肉咖哩配印度香米

# REUSABLE BENTO BOXES



Thai Green Veggie Curry with Jasmine Rice (V)

泰式青咖哩蔬菜飯(素)



Mexican Roasted Vegetables and Red Kidney Beans Chili with Rice (V)

墨西哥紅腰豆烤蔬菜辣椒配飯(素)



Mexican Veggie Burritos (V)

墨西哥蔬菜捲餅(素)



Indian Masala Roasted Vegetables with Basmati Rice (V)

印度馬薩拉烤蔬菜配印度香米(素)



Rotisserie Chicken (1/4 quarter) and Rosemary Roasted New Potatoes

法式旋轉烤雞(1/4件)配迷迭香烤新薯



Thai Green Curry Chicken with Steamed Jasmine Rice

泰式青咖哩雞飯



Thai Pineapple Chicken Fried Rice with Raisin and Cashew Nuts and Rice

泰式菠蘿雞肉炒飯



Black Bean Beef with Rice

豉椒牛肉飯



Mapo Tofu with Chili Bean Paste and Rice

麻婆豆腐飯



Penne Pesto Chicken Pasta with Parmesan

巴馬臣芝士青醬雞肉長通粉



E fu- with Mushroom and Yellow Chives

香菇燜伊麵



Stuffed Sole Fillet with Spinach and cream sauce Spaghetti

忌廉菠菜魚柳卷及意粉