BASKETBALL STAT SHEET

HOOPS HELM
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Team _____ Opponent _____ Date _____ Location _____ Final _____ – _____

#	Player	FG M	FG A	3P M	3P A	FT M	FT A	OREB	DREB	AST	STL	BLK	TO	PF	PTS
	TEAM TOTALS														

POSSESSIONS AND POINTS PER POSSESSION

Possessions (estimate) = FGA – OREB + TO + 0.44 × FTA

= _____ – _____ + _____ + 0.44 × _____ = _____

Points per possession = PTS ÷ Possessions = _____ ÷ _____ = _____

Use the team totals row. 0.44 is the usual estimate of how many free throw attempts end a possession.
FG = all field goals (2s and 3s). 3P = threes only. PTS = (FG M × 2) + 3P M + FT M.

NOTES

Keep it on paper, or tap the spot on a phone or iPad and let Hoops Helm add it up, with box scores, shot charts and points per play. Free 14-day trial at hoopshelm.com.